

Extraordinary Minister of Holy Communion

The “ordinary” ministers at Mass are the ordained clergy. The Diocese allows extraordinary ministers to help the clergy distribute Holy Communion.

To become a communion minister you must have already received the sacrament of Confirmation.

Communion Ministers must have a firm belief in the Real Presence of Christ in the Eucharist, and show proper reverence.

Communion ministers must be able to dress appropriately as follows:

Men/Boys:

Slacks
Dress shoes and socks
Belt
Collared shirt
Jacket and tie are encouraged

Women/Girls:

Nice slacks and shirt/blouse (or)
Skirt (of modest length) and
shirt/blouse (or)
Dress of modest style and length

Both Men/Boys and Women/Girls:

No jeans
No shorts
No t-shirts
No tennis shoes
No flip-flop sandals
No beach attire
Back, shoulders, midribs and undergarments should be covered.

Communion ministers are also required to cleanse the vessels after Mass.

If you are interested in this ministry please call 619-445-2145 and speak with Diana. Or you can email her: diana@queenofangels.org. You will receive training, and you can be scheduled for the Mass time your family normally attends.