

QUEEN OF ANGELS CATHOLIC CHURCH

THE MESSENGER

2569 W Victoria Drive
Alpine, CA 91901

Office: 619.445.2145

Website

www.queenofangels.org

Holy Sacrifice of The Mass

Saturday: 5:30 pm

Sunday: 8:00 am
& 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, Pray for Us!

Church is Handicapped Accessible

First Saturday to Honor the Immaculate Heart of Mary

Mass 9:00 am

First Friday to Adore the Sacred Heart of Jesus

Exposition/Adoration

10:30-11:15 am

(Benediction follows)

Confessions

10:35-11:15 am,

Mass 11:30 am

Confession

Tuesday-Friday: 7:15-7:45 am,

Saturday: 4:00-5:00 pm,

or by appointment

Baptism

Contact Fr. David

Clergy

Rev. David Exner, **Pastor:** frdexner@queenofangels.org

Parish Office Staff

Pamela Stanley, **Business Manager,** pamela@queenofangels.org

Enriqueta Luquin, **Administrative Assistant,** enriqueta@queenofangels.org

Jacob Brown, **Administrative Assistant,** jacob@queenofangels.org

Darlene Ames, **The Messenger.** bulletin@queenofangels.org

Email: parish@queenofangels.org

The Mission of Queen of Angels Church is to:

Grow in our relationship with God through Jesus Christ.

Strengthen our faith by living and teaching the Gospel.

Serve God's People in our parish, our community, and our world.

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619.442.4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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STEWARDSHIP OF TIME & TALENT**November 14, 2021**

Envelopes Used 66
Envelope Collections \$ 3,995.00
Plate Collections \$ 341.00
TOTAL \$ 4,336.00



Monthly Tecate & ECPCC Collection
Please leave your donations after all the Masses next weekend, **December 4-5**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. Drive your car around to the back and it will be just a few steps away. You will be able to access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPCC. As always, thank you for your support!

**READINGS & MASS INTENTIONS NOVEMBER 27-DECEMBER 5, 2021**

| | | DATE | TIME | INTENTION |
|---------------------|--|------------------|-------------|-----------------------|
| Sunday: | Jer 33:14-16/1 Thes 3:12—4:2/Ps 25:4-5, 8-9, 10, 14/Lk 21:25-28, 34-36 | Saturday, Nov 27 | 5:30 pm | †Doris Woehl Selder |
| Monday: | Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/Mt 8:5-11 | Sunday, Nov 28 | 8:00 am | |
| Tuesday: | Rom 10:9-18/Ps 19:8, 9, 10, 11/Mt 4:18-22 | Sunday, Nov 28 | 10:30 am | For the People |
| Wednesday: | Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/Mt 15:29-37 | Monday, Nov 29 | 7:30 am | Rosary |
| Thursday: | Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a/Mt 7:21, 24-27 | Tuesday, Nov 30 | 8:00 am | |
| Friday: | Is 29:17-24/Ps 27:1, 4, 13-14/Mt 9:27-31 | Wednesday, Dec 1 | 8:00 am | |
| Saturday: | Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/Mt 9:35—10:1, 5a, 6-8 | Thursday, Dec 2 | 8:00 am | †Ken Gennaro |
| Next Sunday: | Bar 5:1-9/Ps 126:1-2, 2-3, 4-5, 6/Phil 1:4-6, 8-11/Lk 3:1-6 | Friday, Dec 3 | 11:30 am | Elizabeth Bodle |
| | | Saturday, Dec 4 | 9:00 am | |
| | | Saturday, Dec 4 | 5:30 pm | For the People |
| | | Sunday, Dec 5 | 8:00 am | †Lyle Thompson Rumsey |
| | | Sunday, Dec 5 | 10:30 am | |

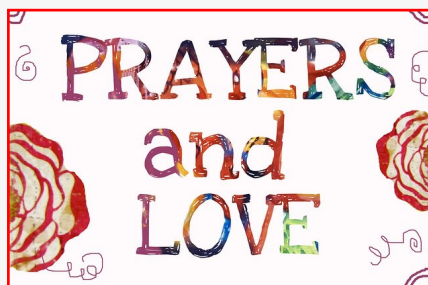


Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.

**Prayer Requests**

Luise Barrett
Toshiko Brown
Vita Cano
Don Fall
Al Florance
Michael Figueroa
Jim Hill
Chik Hylton
Carmen Holt
Estela Lopez
Connie Maguire
Jacqueline Meyer
Marion Montgomery
Evelyn Peoples
Joseph Queja
Ray Rachner

Sharon Rachner
Jeffery Silva
Joan Smith
Kathy Spacone
Robert Craig Wiederkehr
Kailyn & Charis Whaley
Jane Yamamoto



Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletin@queenofangels.org.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Rebekah Meyer, BMSN(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletin@queenofangels.org.

ANNOUNCEMENTS



Parish Office Please take notice. The parish office will be closed **November 29**. We will re-open at 9:00 AM on Tuesday, **November 30**. Thank you.



Mindfulness of Others In consideration and respect of all attending Mass we ask that if you have even a slight cough or cold please refrain from attending Mass until your symptoms are gone. Thank you.



Don't Forget If any of your personal information has changed please call the Parish Office at 619-445-2145 to let us know. We strive to keep our family records up-to-date.

First Friday to Adore the Sacred Heart of Jesus

10:30 am-11:15 am—Exposition/Adoration

(Benediction to follow)

10:35 am-11:15 am—Confessions

11:30 am—Mass



First Saturday to Honor the Immaculate Heart of Mary

9:00am—Mass



IMPORTANT INFORMATION REGARDING MASSES FOR CHRISTMAS 2021

Since Christmas falls on a Saturday this year, we need to pay extra attention to the observance of the liturgical days and the prescribed holy days of obligation.

In order to fulfill the obligation to attend Mass on Christmas, we must either attend Mass on Friday, December 24 after 4 PM, or at any point on Saturday, December 25. This 32 hour period counts as the liturgical day of Christmas.

In order to fulfill the Sunday obligation for the Feast of the Holy Family, which this year falls on December 26, we must go to Mass at some point on Sunday. Attending Mass the prior Saturday cannot be counted towards the Sunday obligation in this case because it is a different feast day.

Christmas Octave Mass Schedule:

Christmas Eve – Friday, December 24: 5:30 PM and 7:00 PM

Christmas Day – Saturday, December 25: 8:00 AM and 10:30 AM

Feast of the Holy Family – Sunday, December 26: 8:00 AM and 10:30 AM

Solemnity of Mary, Mother of God – Saturday, January 1: 9:00 AM (obligation dispensed)

(Please feel free to clip, save and post.)



Queen of Angels Giving Tree November 27 – December 26



This year we continue our Giving Tree practice with its home in the back of the church. Take an ornament or envelope off the Giving Tree and donate cash for the Tecate Orphanages and Villa Anahuac, or monetary donations; cash or checks for Children of the Immaculate Heart of Mary and East County Pregnancy Care Center.

PLEASE NOTE:

We can only accept CASH donations for the Tecate Orphanages and Villa Anahuac.

PASTOR'S PAGE

Friends,

As we begin the new liturgical year with the First Sunday of Advent, I would like to address a question that has come up a few times in recent months. Back in the late Spring / early Summer, when we were starting to make serious headway coming out of COVID, the optimistic hope was that we would be able to reinstate the distribution of the Precious Blood in the chalice to the laity starting in Advent. Unfortunately that timeline has been pushed further down the road. Bishop McElroy, after consulting with the Presbyteral Council and meeting with all of the pastors of San Diego (via Zoom), has decided, with nearly unanimous support from the pastors, to postpone reintroducing Communion to the laity in both species for now. Our hope is that our new target – Lent, or that failing, Easter – will prove to be more achievable than Advent was. There were a lot of disappointed faces in the meeting, including Bishop McElroy's, but it was the decision that, as much as none of us wanted to make it, we felt was still the most prudent response for now.



This, however, does present us with a great opportunity to consider a part of the Eucharist that we do not usually spend a lot of time talking about, so once again we can see how Christ Jesus is able to take bad situations and bring good from them. In this case, it is a good reminder to us that while there is something very special in being able to receive Jesus in both species ("species" here referring to the bread and wine after they have been consecrated and changed into the Body and Blood of Christ), and while each species tells us something different about the Paschal Mystery of Christ's sacrifice on the Cross, we believe that *Jesus is fully present, Body, Blood, Soul, and Divinity, in both species*. That is to say, we receive the fullness of the gift of Jesus Christ into ourselves when we consume the smallest crumb of the consecrated bread (which is no longer bread) or the tiniest drop of consecrated wine (which is no longer wine). Jesus is fully present in both species, withholding no part of himself in either, and that means that while it is good for me to receive Communion under both species, strictly speaking it is not necessary. In fact, the only person who is required to receive under both species at Mass is the priest, along with any concelebrating priests. This is because, although Jesus is fully present in each species, each species has its own prayer of consecration within the sacrifice of the Mass, and for the sacrifice to be complete, the priest must consume (a portion of) every part of the sacrifice he has offered up, not just one part of it. This is also, incidentally, why the priest must consume a host that was consecrated *at that Mass*, and not one that was taken from the tabernacle. If he does not consume both species, or if he does not consume a host that was consecrated at that Mass, then he has not completed the sacrifice. And offering prayer and sacrifice to God is, as it has been for thousands of years, even going back to the millennia before Christ, the primary function of a priest.

But back to our main point, which is that we are not being denied anything if we are not being permitted to consume the Precious Blood from the chalice. This takes faith; even if it were not painful and hard, it would take faith. But the Church teaches and believes with her whole heart that Jesus is fully present, Body, Blood, Soul, and Divinity, in both species, and this means that he does not withhold any grace or blessing from us simply because we can "only" receive him and his infinite love one way. The entire universe is smaller than one fragment of the consecrated host, because that one tiny fragment contains all of God's love for us, hidden in plain sight in the person of Jesus Christ. And that is a great consolation.

With you in the Sacrifice,

Fr. David



ANNOUNCEMENTS

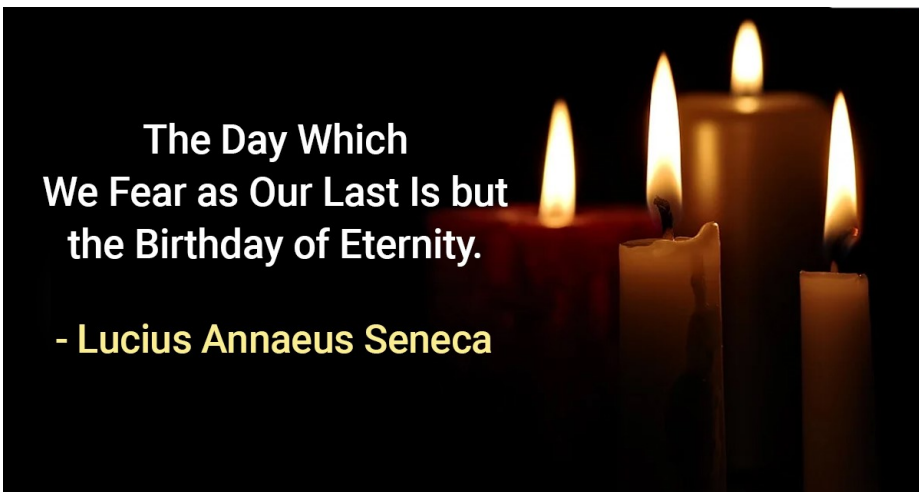
Commemoration of All Souls Photos

If you have submitted a photo of a deceased loved one for remembrance during All Souls' Month either this year or in previous years, you may pick up your photo from the parish office any time during normal business hours; M-F, 9AM-2PM.

Unfortunately we no longer have the capacity to store these photos and would like to return them to you.

The Day Which
We Fear as Our Last Is but
the Birthday of Eternity.

- Lucius Annaeus Seneca



ADVENT *Penance Service*

Prepare the Way of the Lord by Preparing Your Heart

Experience God's loving forgiveness in this sacrament. There will be a Service of the Word followed by the opportunity for individual reception of the Sacrament of Reconciliation.

In addition to the regularly scheduled confession times (Tues-Fri 7:15-7:45 AM, Sat 4 PM) here at Queen of Angels, there will also be several Advent penance services throughout the El Cajon deanery in the coming weeks:

St Therese, San Diego – Thursday, December 2 at 7 PM

Santa Sophia, Spring Valley – Wednesday, December 15 at 7 PM

St Kateri Tekawitha, Lakeside/Barona – Monday, December 6 at 7 PM

Holy Trinity, El Cajon – Thursday, December 16 at 7 PM

St Luke, El Cajon – Thursday, December 8 at 7 PM

St Pius X, Jamul – Thursday, December 16 at 7 PM

St Martin of Tours, La Mesa – Monday, December 13 at 7 PM

St John of the Cross, Lemon Grove – Friday, December 17 at 7 PM

Our Lady of Perpetual Help, Lakeside – Tuesday, December 14 at 9 AM and 7 PM

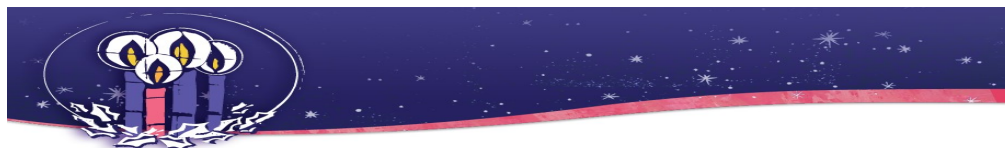
Our Lady of Grace, El Cajon – Tuesday, December 21 at 7 PM

ANNOUNCEMENTS

N G S D A E H R U O Y E S I A R P C G N
 Y V N Z X G D R U N K E N N E S S N X Y
 Q U S S N O I T A L U B I R T S P R A Y
 S C B E Y L G D N R Q J M E H S T L G M
 T R B L V T C I K K Q Q N L V O N A Z N
 A K K P X A V S X T R A K P G N Z F R B
 N X P T Q Q W M M L N X T O W O R L D S
 D S N G R P X A N X N N X E P F W L L T
 B N M O O N H Y I H A L E P K M P J G L
 E G S X E Y D E B L J T T S Y A N R H U
 F I K U S F T Q I G H P P C C N E M N A
 O S P W R I I G L G T E W R E A P C O S
 R S O K E P I L I Q R B P N T R P H I S
 E R H S N V R R Y P A H W G H Z E E T A
 D B W A K N F I L L P Q L L D Q R P P V
 F Z J T K F Z E S T I O B G D D H Z M H
 T F F K O E X C J E R A W M B A E S E H
 P T R E K E N J V Y R K D G C Z T T D H
 W T I Q D T N K L P V W Z R M L N M E X
 C D N N N E V A E H F O S R E W O P R L

**1ST SUNDAY OF
ADVENT**

| | |
|---------------|------------------|
| anxieties | moon |
| assault | people |
| daily life | perplexed |
| die of fright | powers of heaven |
| dismay | pray |
| drowsy | raise your heads |
| drunkenness | redemption |
| erect | sea |
| escape | shaken |
| great glory | signs |
| trap | Son of Man |
| tribulations | stand before |
| vigilant | stars |
| waves | sun |
| world | surprise |

**Stock and IRA Charitable Gift Donations**

A gift of your securities, including stocks, mutual funds and IRA Charitable Rollover Distributions are an easy way to make a gift to the church! By making a gift of your appreciated securities or retirement account, you can avoid paying capital gains tax that may otherwise be due if you sold these assets. Contributions are deductible for tax purposes. There are no transaction fees or other costs and the full value of the sold securities benefits the parish, school or other Catholic charities you select. For more info on making a gift, please visit www.sdcatholic.org and click on Giving – Stock Donations at the top of the screen. Or call Daniel Pritchard at Merrill Lynch, the Diocese's broker, at (760) 930-3122.

Do not be afraid to set your sights higher, to allow yourself to be loved and liberated by God. Do not be afraid to let yourself be guided by the Holy Spirit. Holiness does not make you less human, since it is an encounter between your weakness and the power of God's grace.



~ Pope Francis, @Pontifex, 11/1/21

ANNOUNCEMENTS

Question:

What's the story behind the Advent wreath?

Answer:

Each season in the liturgical calendar comes with its own local and regional rituals. During the Advent season, wreaths adorn church sanctuaries and family dining room tables. You may have said Advent wreath prayers in childhood or taken a turn lighting the candles. The Advent wreath is full of symbolism about Christ and his coming at Christmas. The wreath is made of evergreen boughs, reminding us that the life of grace doesn't falter with the changing seasons. It always remains fresh and new. Similarly, a circular wreath reminds us of the eternal, never-ending nature of God's love.

Candles remind us that Christ is the light of the world, the One who "shines in the darkness, and the darkness has not overcome it." We use four candles to represent each week of Advent. Traditionally they come in the liturgical colors of the season. Purple has historically represented penance and sacrifice. We see the same color for the season of Lent. On the third Sunday of Advent, however, we light a rose color. The priest will wear rose vestments at Mass. This is Gaudete Sunday. Gaudete means "rejoice" in Latin. On the third Sunday of Advent, we're roughly halfway through the season. The Church chooses the midpoint to remind us to celebrate in the midst of our anticipation! Whatever the color and whatever the day, the Advent wreath is a beautiful practice to focus our attention on Christ's coming at Christmas.

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Blessed First Sunday in Advent to Each of You!

Advent and Lent are the two penitential seasons of the church year. However, Advent is a season in anticipation of the birth of Christ in time. Now, what is meant by "the birth of Christ in time"? Our four Sundays of Advent are not just Sundays in preparation for the birth of a child destined to become the Savior of the nations, but the birth of a child every day in the hearts of every Christian and the future return of the second coming in time where everything will be taken back by our God.

In today's Gospel, for some this reading might strike fear into their hearts: "...perplexed by the roaring of the sea and the waves. People will die of fright." Even today, we hear about doomsday sayers professing the end of the world on a particular date. To be sure, the end of the world will come! However, we truly do not know the time. Only God knows when God will call everything to return to him.

In the final lines of today's Gospel we are told to "be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent."

This first Sunday in the season of Advent is a time for us to joyfully await the coming of Christ for the first time, at birth; for the second time, into our everyday lives; and looking forward to the last time when he will come to take all of creation back to his Father.



ADVENT



HOPE. LOVE. JOY. PEACE.

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