

# QUEEN OF ANGELS CATHOLIC CHURCH

## THE MESSENGER

2569 W Victoria Drive  
Alpine, CA 91901

Office: 619.445.2145

### Website

[www.queenofangels.org](http://www.queenofangels.org)

### Holy Sacrifice of The Mass

**Saturday:** 5:30 pm

**Sunday:** 8:00 am  
& 10:30 am

### Daily Mass

**Tuesday-Friday:** 8:00 am

### Rosary

**Monday-Friday:** 7:30 am



Mary, Queen of Angels, Pray for Us!

### First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,  
Mass 11:30 am

### First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

### Mother of Perpetual Help Devotion

**Wednesday:** after 8:00 am Mass

### Eucharistic Adoration

**Friday:** after 8:00 am Mass  
until 9:30 am

### Confession

**Tuesday-Friday:** 7:15 am,  
**Saturday:** 4:00 pm,  
or by appointment

### Sacraments

**Baptism, Holy Matrimony, & Funerals**  
Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexner@queenofangels.org](mailto:frdexner@queenofangels.org)

### Parish Office Staff

Pamela Stanley: **Business Manager**, [pamela@queenofangels.org](mailto:pamela@queenofangels.org)

Jacob Brown: **Administrative Assistant**, [jacob@queenofangels.org](mailto:jacob@queenofangels.org)

Enriqueta Luquin: **Administrative Assistant**, [enriqueta@queenofangels.org](mailto:enriqueta@queenofangels.org)

Aaron Potter: **Music Coordinator**, [aaron@queenofangels.org](mailto:aaron@queenofangels.org)

Darlene Ames: **The Messenger**, [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org)

**Parish Email:** [parish@queenofangels.org](mailto:parish@queenofangels.org)

The Mission of Queen of Angels Church is to:

*Grow in our relationship with God through Jesus Christ.*

*Strengthen our faith by living and teaching the Gospel.*

*Serve God's People in our parish, our community, and our world.*

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619.442.4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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**STEWARDSHIP OF TIME, TALENT & TREASURE****July 10, 2022**

Envelopes Used 69  
 Envelope Collections \$ 4,611.00  
 Plate Collections \$ 655.05  
**TOTAL** \$ 5,266.05  
 June Online Giving \$ 7,742.00

Annual Catholic Appeal

*Thank you to those who have made a pledge to the Annual Catholic Appeal 2022 Collection. It is encouraging to see your commitment to our Parish and the Diocese. If you haven't done so, pledges may be placed in the collection or dropped off at the Parish Office.*

*To date we've raised 43% of our goal! Thank You.*

**PLEDGED: \$ 12,945.00 BALANCE: \$ 17,055.00 GOAL: \$ 30,000.00**  
 2022 ANNUAL CATHOLIC APPEAL | DIOCESE OF SAN DIEGO

**READINGS & MASS INTENTIONS JULY 16-24, 2022**

**Sunday:** Gn 18:1-10a/Ps 15:2-3, 3-4, 5 [1a]/  
 Col 1:24-28/Lk 10:38-42  
**Monday:** Mi 6:1-4, 6-8/Ps 50:5-6, 8-9, 16bc-17,  
 21 and 23/Mt 12:38-42  
**Tuesday:** Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8//  
 Mt 12:46-50  
**Wednesday:** Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab,  
 15 and 17/Mt 13:1-9  
**Thursday:** Jer 2:1-3, 7-8, 12-13/Ps 36:6-7ab, 8-9,  
 10-11/Mt 13:10-17  
**Friday:** Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6,  
 8-9/Jn 20:1-2, 11-18  
**Saturday:** Jer 7:1-11/Ps 84:3, 4, 5-6a and 8a, 11/  
 Mt 13:24-30  
**Next Sunday:** Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8  
 [3a]/Col 2:12-14/Lk 11:1-13

DATE	TIME	INTENTION
Saturday, Jul 16	5:30 pm	Carmen Holt
Sunday, Jul 17	8:00 am	Denise Mills
Sunday, Jul 17	10:30 am	Rochelle Poe
Monday, Jul 18	7:30 am	Rosary
Tuesday, Jul 19	8:00 am	Alfonso & Carmen Luquin
Wednesday, Jul 20	8:00 am	
Thursday, Jul 21	8:00 am	†Esther Villa
Friday, Jul 22	8:00 am	Michelle Andreoli
Saturday, Jul 23	5:30 pm	Delphina Medina
Sunday, Jul 24	8:00 am	Bob Ferrier
Sunday, Jul 24	10:30 am	†Al Florance



*Continue to Keep in Your Prayers and Hearts those on  
 our Healing and Deployed Military Lists.*



Ryan Andreoli  
 Bill Brundage  
 Vita Cano  
 Jim Easterling  
 Abram Figueroa  
 Gene Fisher  
 Humberto Hernandez  
 Jim Hill  
 June Hill  
 Carmen Holt  
 Olivia, Travis & Sunny Rachner  
 Joan Smith  
 Robert Craig Wiederkehr  
 Kailyn & Charis Whaley  
 Anne Yoon

Deployed Military

Meagan Abad, LT  
 Matthew D. Fuller, PV2  
 William W. Fuller II, PFC  
 Edward R.M. Lopez, SSgt  
 Rebekah Meyer, BM3(sw)  
 Jacob Tweed, HM3  
 Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).

*Names remain listed for four weeks and can be renewed by contacting  
 Darlene Ames at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).*

## ANNOUNCEMENTS



**Spiritual Rosary Books** The Scriptural Rosary book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours; M-F, 9 am-2 pm for \$15.00 each.



**Summer Stewardship** An important way to teach children about the importance of Mass attendance is to build it even on vacation. It is important to remember that the stewardship way of living the Christian life is to decide in advance how much of our treasure we share with our own parish community. We hope that you remember to mail in your envelopes in support of our parish even when you are on vacation.



**Coffee & Donuts** Did you know all parishioners are invited to coffee, juice and donuts sponsored by our very own Knights of Columbus after all Sunday Masses in the Church multipurpose room? Why not consider treating yourself and your family to some delectable and satisfying morning treats. Suggested donation is \$1 per item. This is also a perfect time to meet fellow parishioners and promote fellowship outside of the Mass setting. So, will I see you on Sunday?

## QUEEN OF ANGELS CATHOLIC CHURCH



### MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish, and regularly participating in the Liturgy here, are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact the parish office during regular business.

Welcome to **QUEEN OF ANGELS**,  
our hidden jewel in the Diocese of San Diego!

### Eucharistic Ministers & Lector Needed

With the Summer Season upon us and with many of us travelling during this time we at Queen of Angels are in need of your assistance at a few of the Masses in August. The Mass date and need is listed below. If you can help out please contact Jacob in the parish office at 619-445-2145 during normal business hours.  
**THANK YOU!**

SUNDAY-AUGUST 7, 8 AM	TWO (2) EUCHARISTIC MINISTERS
SATURDAY-AUGUST 13, 5:30 PM	ONE (1) LECTOR
SUNDAY-AUGUST 14, 8 AM	ONE (1) EUCHARISTIC MINISTER
SUNDAY-AUGUST 21, 8 AM	ONE (1) EUCHARISTIC MINISTER

N U L T H L U P V E Y N  
L C C S T T V A T O O K  
A A L T T R L S R W S H  
U L O O E E O S E I M B  
G F R O N T O A E F D A  
H I D D T U K I L E O E  
A P P E A R E D I M B K  
S R L B B N D U F A H T  
T E S E R V A N T K S R  
E P A H A T H R E E V T  
N A R O H E A T D O O R  
E R A L A S P R I N G I  
D E H D M M E Y E S G S

### SIXTEETH SUNDAY OF ORDINARY TIMES

ABRAHAM	APPEARED	BEHOLD
CALF	DOOR	EYES
FRONT	HASTENED	HEAT
LAUGH	LIFTED	LOOKED
LORD	MAKE	PASS
PREPARE	RETURN	SAID
SARAH	SERVANT	SPRING
STOOD	TENT	THREE
TOOK	TREE	WIFE



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**PASTOR'S PAGE**

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Friends,

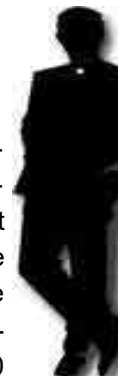
A couple weeks ago we celebrated July 4th, which is rightly best known for the celebration of American independence. As you have probably started figuring out about me, I am a huge history buff, and that includes sports history. This past July 4th was also the 83rd anniversary of Lou Gehrig's famous "luckiest man alive" speech, given at Yankees Stadium in 1939. Now, first I feel that I have to mention that I **HATE** the New York Yankees with the fire of a thousand suns – it comes with growing up cheering for the Baltimore Orioles (don't laugh). But as I said, I love history, and I was always captured by the colorful pageantry of the Ruth-Gehrig years in the Roaring 20s. In particular, as an Orioles fan, I had great admiration for Lou Gehrig, the "Iron Horse," whose impossible streak of 2,130 consecutive games was finally broken by Cal Ripken Jr., Baltimore's "Iron Man." So despite my lifelong loathing of the Yankees, I've always had a soft spot in my heart for Lou.

Which is why the "luckiest man alive" speech he gave when he officially retired from baseball after being diagnosed with ALS (how tough was Lou? It took a terminal illness to get him off the field) can be instructive to us. Or rather, not the speech, but what happened between him and his estranged friend, the Babe, Bambino. Something that does not get talked about much anymore because century-old grudges aren't usually considered interesting, is that around 1932 or 1933, the friendship between these two baseball giants, Babe Ruth and Lou Gehrig, soured terribly. Reporting from that era was not renowned for perfect accuracy (some things don't change over time, I suppose), so accounts as to exactly what was said by and to whom differ, but everyone agrees that the fallout was over what ordinarily should have been a minor spat that good friends could have worked through if they had tried. The next seven years were icy at best, which is why I believe that even more important than the words that Gehrig spoke on July 4th, 1939 was what happened when he finished. The Babe, maybe the largest and most gregarious personality to ever grace a baseball diamond, went up to his soft-spoken friend, who had refused to forgive the Babe or be reconciled with him for years, and hugged him. He hugged him, and then whispered something in his ear that no one else heard, but that made Lou, who was crying, break into a warm smile. And suddenly they were both smiling again. The ice had melted, and while they were too different, and Lou's life on too much of a different trajectory at that point, for them to regularly visit after that, the bond between two friends had been mended.

Why do I bring all of this up? Not just because I love baseball, and baseball history. But because of the lesson these two iconic ballplayers can teach us. In the friendship between the Babe and the Iron Horse, we see the power of forgiveness to heal old wounds. Forgiving the Babe did not cure Lou's ALS, but it did heal their friendship. We would do well to look at our own lives and ask ourselves if there is anyone we have not forgiven, or if there are any old grudges we are senselessly holding onto. Babe Ruth and Lou Gehrig were given the rare opportunity to reconcile at the end, and while the stubbornness of both men caused the rift to last as long as it did, the humility of Gehrig, one of his constant hallmarks on and off the field, allowed him to receive Ruth's offer of reconciliation when it came. And if we follow the command of Christ to forgive one another as we have been forgiven, we will be able to say something even better than Lou on July 4th, 1939: we are not the luckiest people on earth; we are the most blessed.

Forgiven,

*Fr. David*





## ANNOUNCEMENTS



### St. Martin of Tours Academy

Pilon® Workshop Way® School - La Mesa, CA.

CA GREEN RIBBON SCHOOL -GOLD • FAIR TRADE SCHOOL

### ST. MARTIN OF TOURS ACADEMY

*Engaged Citizens of the World*

#### Thinking of a Catholic School?

St. Martin of Tours Academy (K-8) and Preschool (ages 3-5) in La Mesa, fully accredited by the Western Catholic Education Association and Western Association of Schools and Colleges, offer students the best in education in a family oriented environment that is Christ-centered and peace-filled. We are currently accepting applications for the next school year.

If you would like to schedule a tour, contact the school office at 619-466-3241 or email: [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org).

For further information please visit our website: [stmartinoftoursacademy.org](http://stmartinoftoursacademy.org).

## Marriage & Family Ministry Gathering 2022: Escondido



SERVING FAMILIES OF NORTHEAST SAN DIEGO AREA



### ST. MICHAEL'S CATHOLIC PARISH



15546 Pomerado Rd. Poway, CA 92064

WEDNESDAY, JULY 20

7-8:30PM

We hope to see you there to pray and share resources/best practices. Bring a dish to share!

Please RSVP to [jprust@sdccatholic.org](mailto:jprust@sdccatholic.org) or at 858-490-8256

#### Ponder This

The best mathematical equation I have ever seen: 1 Cross + 3 Nails = 4 Given



**ANNOUNCEMENTS****TETHERED  
2022***Discipleship Retreat***AUGUST 12-14, 2022  
WILLIAM HEISE, JULIAN, CA**

This retreat is open to teens who have already received the Sacrament of Confirmation and want to dive into the call to be intentional disciples. Spend a weekend in community under the stars where classic camping adventures and the Sacraments are in one place!

**TO REGISTER, VISIT  
WWW.STGABRIELSPWAY.ORG/YOUTH-MINISTRY**

**KIDS KORNER**

journey	woman	listening	Martha	chosen
village	Mary	serving	anxious	better

j n r e y o u	<u>  j  o  u  r  n  e  y  </u>
v a g e l l i	<u>                                </u>
w a m n o	<u>                                </u>
r a y M	<u>                                </u>
l e n t s i n g i	<u>  </u>
s i g v e r n	<u>  </u>
h a r t M a	<u>  </u>
a x i n o s u	<u>  </u>
c e s h o n	<u>  </u>
b r e t e t	<u>  </u>

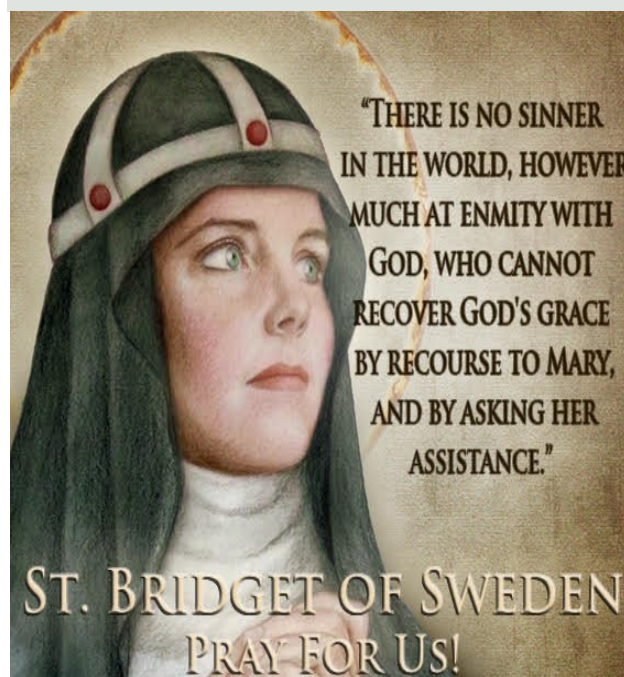
**Saint of the Week**

Saint Bridget or Birgitta was born in 1303, the daughter of Birger Petersson, governor of Uppland and his wife Ingeborg Bengtsdotter. She was married to Ulf Gudmarsson, who became governor of the province of Nericia. They had eight children, all of whom survived past infancy which was rare for the 12th century. One of their daughters would become St. Catherine of Sweden.

Saint Bridget was hailed as a mystic and her visions, which began in her early childhood when she had visions of Christ Crucified, made her somewhat of a Middle Ages celebrity. Her vision of the Nativity of Jesus even influenced the art of the Nativity through the Baroque era! She is said to have predicted the Vatican State. Saint Bridget's Revelations, which she dictated to Peter Olafsson, the prior at the Cistercian monastery of Alvastra near which she retired after her husband's death in 1344, were published in 1492. They have since been published in many languages and can still be purchased today.

Some of her most profound visions regarded the founding of a new religious order which would be primarily for women, ruled by an abbess, but with a separate house for monks who would serve as order chaplains. Her visions detailed everything from the abbey church to the clothing that would be adopted as the nun's habit, and how the order would be ruled. King Magnus II of Sweden granted Bridget land and buildings. The order, called the Bridgettines or the Order of the Most Holy Savior was approved by Pope Urban V in 1370.

Saint Bridget was canonized in 1391 by Pope Boniface IX and in 1999 Pope John Paul II named her one of the Patron Saints of Europe.





## ANNOUNCEMENTS

### BE READY FOR GOD TO “STOP BY”

In my experience, most people can be divided into two groups: those who are old enough to remember when you kept food on hand for company, and those who aren't.

For those of you in the latter group, let me explain. Before text messaging and social media made us all unconditionally, mercilessly reachable, people would do this thing called “stopping by.” They would be passing by a friend's house, maybe on the way home from work or shopping, and they would just ... stop. With no warning. No notice whatsoever. “I was just in the neighborhood,” they would say. I remember my mother and I would do this on many a Saturday. It wasn't an everyday occurrence, but it was common enough that you had to be ready.

“Crazy,” you might exclaim. “People just appeared on your doorstep? How did you cope

with the uncertainty?” Well, most of us had moms who kept a little something on hand to eat or drink that was extra nice, just in case anyone stopped by. That way, we were always ready.

Today's readings are about a lot of things: prayer, hope, redemptive suffering. They're about what it means to be a Christian, and not just what it means to do Christian things.

Most of all, though, they're about readiness. If God showed up at your door, would you be ready for Him? Would you be ready for what He gives you, or what He takes away? Would you be ready for Him to interrupt the plans you have for yourself? To disrupt the idea you carry in your mind of what a servant or a steward is supposed to be?

Read your Bible. Say your rosary. Go to Mass. Get to Confession. Talk to God — every day, not just when you think you need Him. That way, you are always ready.

—Tracy Earl Welliver, MTS

### This time of year, I attend a lot of weddings. Why do Catholic weddings need to take place in a church?

Technically, there is a clause in Church law that could allow for weddings to take place outside of a church, in a suitable space under special circumstances, but it requires the rare permission of the bishop. But the meaning of marriage goes very, very deep, and the Church has a vested interest in protecting that meaning. As Catholics, we don't see a wedding as an event that needs a pleasing backdrop.

Marriage is a sacrament, both an occasion of joyful promise and symbolic solemnity. It is a spiritual event. The loving bond of marriage symbolizes the mystical union between Christ and his Church. The man and woman profess lifelong vows of fidelity, and they receive supernatural grace from God to keep their promises. Receiving the sacrament of Marriage in a church has broader symbolic meaning for the couple as well. Marriage isn't simply

two people in isolation from the world around them. Marriage is the joining of families and the beginning of a new, holy mission in the life of the couple. Weddings are sacred occasions, and it's fitting that they occur in sacred spaces.

