

QUEEN OF ANGELS CATHOLIC CHURCH

THE MESSENGER

2569 W Victoria Drive
Alpine, CA 91901

Office: 619.445.2145

Website

www.queenofangels.org

Holy Sacrifice of The Mass

Saturday: 5:30 pm

Sunday: 8:00 am
& 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, Pray for Us!

Church is Handicapped Accessible

First Saturday to Honor the Immaculate Heart of Mary

Mass 9:00 am

First Friday to Adore the Sacred Heart of Jesus

Exposition/Adoration
10:30-11:15 am

(Benediction follows)

Confessions
10:35-11:15 am,
Mass 11:30 am

Confession

Tuesday-Friday: 7:15-7:45 am,

Saturday: 4:00-5:00 pm,
or by appointment

Baptism

Contact Fr. David

Clergy

Rev. David Exner, **Pastor**, frdexner@queenofangels.org

Parish Office Staff

Pamela Stanley, **Business Manager**, pamela@queenofangels.org

Enriqueta Luquin, **Administrative Assistant**, enriqueta@queenofangels.org

Jacob Brown, **Administrative Assistant**, jacob@queenofangels.org

Aaron Potter, **Music Coordinator**, aaron@queenofangels.org

Darlene Ames, **The Messenger**, bulletin@queenofangels.org

Parish Email, parish@queenofangels.org

The Mission of Queen of Angels Church is to:

Grow in our relationship with God through Jesus Christ.

Strengthen our faith by living and teaching the Gospel.

Serve God's People in our parish, our community, and our world.

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619.442.4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

Table of Contents

Church Directory	Pg 1
Weekly Readings	Pg 2
Mass Intentions	Pg 2
Announcements	Pg 3
Pastor's Page	Pg 4
Announcements	Pg 5-7

STEWARDSHIP OF TIME, TALENT & TREASURE

March 20, 2022

Envelopes Used	70
Envelope Collections	\$ 4,140.00
Plate Collections	\$ 556.00
TOTAL	\$ 4,696.00

The 2022 Annual Catholic Appeal "Living Our Mission", has begun.

Queen of Angels assessment for 2022 is \$30,000.

This is your opportunity to make possible the work that affects so many in our diocese: assistance to the poor, education of those who attend Catholic school, formation of new priests and care for our retired priests, evangelization and accompaniment of Young Adults, and the consoling presence of Christ for those imprisoned.

We ask you to prayerfully consider how much you can give to this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

GOAL: \$ 30,000.00 PLEDGED: \$ 5,130.00 BALANCE: \$ 24,870.00

READINGS & MASS INTENTIONS MARCH 26-APRIL 3, 2022

Sunday: Jos 5:9a, 10-12/Ps 34:2-3, 4-5, 6-7 [9a]/
2 Cor 5:17-21/Lk 15:1-3, 11-32

Monday: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a
and 13b/Jn 4:43-54

Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/
Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14,
17-18/Jn 5:17-30

Thursday: Ex 32:7-14/Ps 106:19-20, 21-22, 23/
Jn 5:31-47

Friday: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and
23/Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/
Jn 7:40-53

Next Sunday: Is 43:16-21/Ps 126:1-2, 2-3, 4-5, 6
[3]/Phil 3:8-14/Jn 8:1-11

DATE	TIME	INTENTION
Saturday, Mar 26	5:30 pm	For the People
Sunday, Mar 27	8:00 pm	Rachel & David Poe
Sunday, Mar 27	10:30 am	†Al Florance
Monday, Mar 28	7:30 am	Rosary
Tuesday, Mar 29	8:00 am	
Wednesday, Mar 30	8:00 am	
Thursday, Mar 31	8:00 am	
Friday, Apr 1	11:30 am	†April Williams
Saturday, Apr 2	9:00 am	
Saturday, Apr 2	5:30 pm	For the People
Sunday, Apr 3	8:00 pm	Jestin Zacharias
Sunday, Apr 3	10:30 am	Jim Pickett

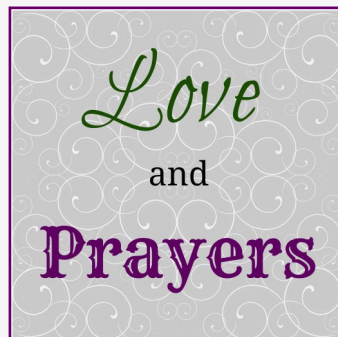


Continue to Keep in Your Prayers and Hearts those on
our Healing and Deployed Military Lists.



PRAYER REQUESTS

Vita Cano
Carmen Holt
Jerry Price
Joan Smith
Robert Craig Wiederkehr
Kailyn & Charis Whaley
Jestin Zacharias



Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletin@queenofangels.org.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Rebekah Meyer, BM3(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is
serving in our military and is deployed
or will be deployed, please contact
Darlene at bulletin@queenofangels.org.

ANNOUNCEMENTS



Thank You THANK YOU Queen of Angels Woman's Auxiliary for hosting a delicious and yummy Soup Supper on March 18. You ladies are a treasure to Queen of Angels!



Soup Supper Please join in with fellow Queen of Angels parishioners on Friday, **April 1** after 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by the Picnic Committee.



Monthly Tecate & ECPCC Collection Please leave your donations after all the Masses next weekend, **April 2-3**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. Drive your car around to the back and it will be just a few steps away. You will be able to access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPCC. As always, thank you for your support!



Baptisms We congratulate the newest member of our parish. *Brayton Davis* son of Kyle Davis and Geneva Dalton was baptized on Sunday, March 13, 2022. We lovingly welcome him into our Queen of Angels Faith Community!

MUSIC MINISTRY IS BACK AT QUEEN OF ANGELS!



PLEASE JOIN US IN WELCOMING, AND PRAYING FOR, OUR NEW MUSIC COORDINATOR, **AARON POTTER**, AS HE TAKES OVER AND GUIDES OUR PARISH MUSIC MINISTRY WITH THE HELP OF THE HOLY SPIRIT. MAY THE LORD RICHLY BLESS HIS MINISTRY, AND OUR PARISH THROUGH IT! WELCOME ABOARD, AARON!

First Friday to Adore the Sacred Heart of Jesus ~ April 1, 2022



10:30 am–11:15 am—Exposition/
Adoration
(Benediction to follow)
10:35 am–11:15 am—Confessions
11:30 am—Mass

First Saturday to Honor the Immaculate Heart of Mary ~ April 2, 2022



9:00am—Mass

Communal Penance Services in Neighboring Parishes:

Parish	Date	Time
Guardian Angels, Santee	29-Mar	7:00 PM
Santa Sophia, Spring Valley	30-Mar	7:00 PM
St. Pius X, Jamul	31-Mar	7:00 PM
Holy Trinity, El Cajon	4-Apr	7:00 PM
Our Lady of Grace, El Cajon	5-Apr	7:00 PM

Stations of the Cross

Every Friday in Lent

at 6:30 PM in the Church
(APRIL 1 & 8)

Followed by a Soup Supper Meal
at 7:00 PM in the parish hall
Hosted by various parish ministries

Adoration of the Blessed Sacrament

Every Friday in Lent
following the
8:00 AM morning Mass until 9:30 AM

First Friday Devotions-
Friday, APRIL 1 AT 10:30 AM

First Saturday Devotion to the Immaculate Heart of Mary

Saturday, APRIL 2
Rosary at 8:30 AM, Mass at 9:00 AM

Reconciliation

Tuesday-Friday: 7:15-7:45 AM
Saturday: 4:00-5:00 PM,
or by appointment

Lenten Prayer materials will be available in
the church multi-purpose room.

Friday are Days of Abstinence. (Fasting is not obligatory)



PASTOR'S PAGE

Friends,

As we continue our Lenten journey, I wanted to take a moment to reflect on our second Lenten observance this week: PRAYER. We finished last week by observing that fasting (our first Lenten observance) strengthens our prayer. And so it does. As I wrote before, it has been said that praying without fasting is like fighting with one hand tied behind your back, and if you doubt that I would challenge you to take fasting more seriously and give it a try.

But prayer, of course, goes well beyond what we could ever imagine. Volumes have been written on this very subject, and any attempt to “sum it up” in a single page will fall woefully short. So today we’ll try stick with a few general principles, specifically as regards prayer during Lent – which Pope Emeritus Benedict XVI reminds us is meant to be a time of hope, because “Lent renews in us the hope in the One who made us pass from death to life... [and] Prayer nourishes hope because nothing expresses the reality of God in our life better than praying with faith. Even in the loneliness of the most severe trial, nothing and no one can prevent me from addressing the Father ‘in the secret’ of my heart, where he alone ‘sees’, as Jesus says in the Gospel (cf. Mt 6:4, 6, 18).” Authentic prayer is perhaps the greatest expression of faith in action, and is the surest way to connect us to the ultimate Source of our peace, hope, and joy. Benedict goes on to point out that authentic prayer opens us up, not only the voice of God, who is constantly speaking to us, but it also reminds us to look to others as we learn to see Christ in them. “Without the dimension of prayer, the human ‘I’ ends by withdrawing into himself, and the conscience, which should be an echo God’s voice, risks being reduced to a mirror of the self, so that the inner conversation becomes a monologue, giving rise to self-justifications by the thousands.” Let’s unpack that briefly. If we find ourselves frequently trying to justify behavior in our lives that we know to be wrong, or if we cannot find it in our hearts to be loving and forgiving towards our brothers and sisters, then there’s a good chance that our “prayer,” if we’re even praying at all, has started to become a self-absorbed echo chamber where the only thing we are hearing is our own internal broken record. Significantly, this means that if we fall into this trap, then we are no longer hearing the voice of God, who wants to set us free, teach us how to follow Him completely and wholeheartedly, and show us how to worship Him in Spirit and in Truth. We cut ourselves off from all of that and from every good gift if we are not people of prayer, becomes it is prayer that draws us out of ourselves and raises our hearts and minds to the One who knows us best and loves us most.

“I am the vine, you are the branches,” said the Lord Jesus (cf. Jn 15:5a). And unless we want to wither and die a slow and agonizing spiritual death, we must remain connected to Him in prayer. There is no substitute.

With You Always in Prayer,

Fr. David

[quotations taken from Lenten Homilies by Pope Benedict XVI]



ANNOUNCEMENTS



If you would like to donate a "Spring Floral Bouquet" for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.)

The suggested donation for each intention is \$15.00.

In memory of:

Donated by:



If you would like to donate a "Spring Floral Bouquet" for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.)

The suggested donation for each intention is \$15.00.

In memory of:

Donated by:



If you would like to donate a "Spring Floral Bouquet" for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.)

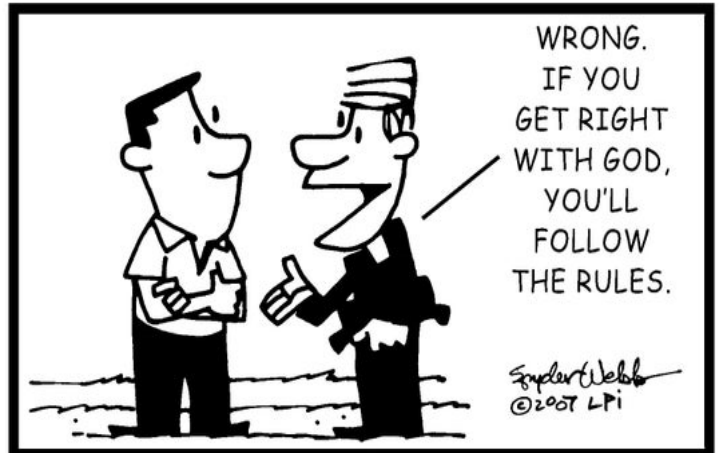
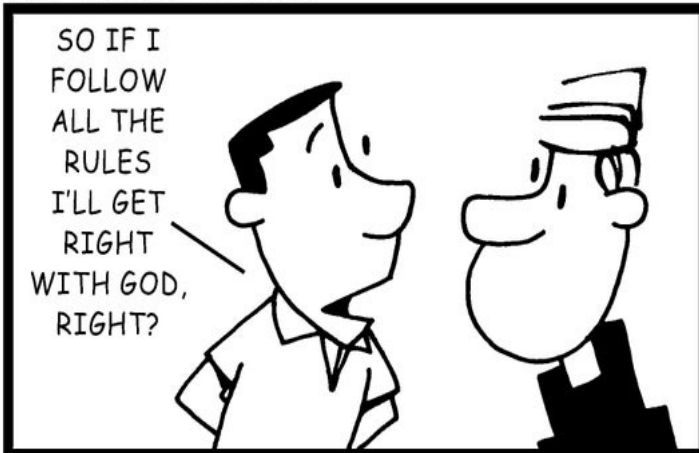
The suggested donation for each intention is \$15.00.

In memory of:

Donated by:



4TH SUNDAY OF LENT



ANNOUNCEMENTS***Do You Hear the Call to Serve?***

Attendance at Masses are growing as we return back to some normalcy. And with that comes the need for more Altar Servers, Communion Ministers, Lectors and Ushers. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well.

If you feel the call to serve, and want to consider helping with any of these positions please contact the parish office at 619.445.2145. We will work with your availability to serve at the Mass which you now attend.

**Lenten Soup Supper**

If you haven't had the opportunity to join in on one of our Soup Suppers there still is plenty of time to do so. Come enjoy a variety of delicious homemade soups, bread and dessert hosted by various Parish Ministries with fellow Queen of Angels parishioners. Soup Supper is served on Fridays during Lent at 7 PM.

Why not make it an evening and attend Stations of the Cross at the 6:30 PM. There's nothing better than a full heart and full tummy! Hope to see you this Friday, April 1, 2022. (Donations accepted)



Lenten Season

A time for Prayer, Penance, & Alms Giving



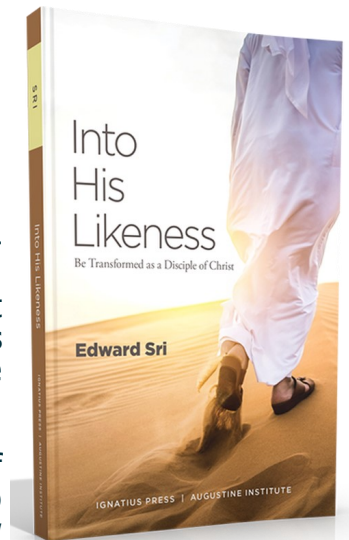
ANNOUNCEMENTS

[Join our Newest Bible Study](#)

Into His Likeness: **Be Transformed as a Disciple of Christ**

In the ancient disciple-rabbi relationship, the disciple would follow the rabbi so closely that he would be covered in the dust kicked up from his rabbi's feet. Thousands of years later, though we walk on roads of pavement and not dust, we are still called to be disciples—to follow our Rabbi, Jesus Christ, so closely that we are covered with his life, changed, and made new.

Into His Likeness provides an approachable but in-depth exploration of how to live as a disciple and experience the transformation Jesus wants to work in our lives. We might desire to live more like Christ, but we know we fall short.



This Study begins on Tuesday, [April 26, 2022](#).
Classes meet in the Hall from 6 pm -- 8 pm
every Tuesday for 6 weeks.

The class is free. Optional participation guide is \$13.99
and the paper back is \$15.95 plus shipping.

Both books can be ordered at

[https://catholic.market/featured-authors/dr-edward-sri/into-his-likeness-participant-guide/](https://catholic.market/featured-authors/dr-edward-sri/into-his-likeness-participant-guide/#discription)
#discription. Or call 855-777-0746.

Please order it early to ensure you receive it by the first class.

For more information or questions call the office at 619-445-2145.



From now until April 10, you're invited to join other Christians from 7am - 7pm for 40 Days for Life - 40 days of peaceful prayer and fasting for an end to abortion.

You're invited to stand and peacefully pray during a 40-day period in the public right-of-way outside Planned Parenthood at 1685 E. Main Street in El Cajon, and also to help spread the word about this important community outreach.

If you'd like more information and especially if you'd like to participate, please contact: Pat Hansen at 619-445-3822 ASAP to schedule your prayer time.

Or visit their websites at 40daysforlife.com/elcajon OR elcajon40days@hotmail.com