

# QUEEN OF ANGELS CATHOLIC CHURCH

## THE MESSENGER

2569 W Victoria Drive  
Alpine, CA 91901

Office: 619.445.2145

### Website

[www.queenofangels.org](http://www.queenofangels.org)

### Holy Sacrifice of The Mass

**Saturday:** 5:30 pm

**Sunday:** 8:00 am  
& 10:30 am

### Daily Mass

**Tuesday-Friday:** 8:00 am

### Rosary

**Monday-Friday:** 7:30 am



Mary, Queen of Angels, Pray for Us!

### First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,  
Mass 11:30 am

### First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

### Mother of Perpetual Help Devotion

**Wednesday:** after 8:00 am Mass

### Eucharistic Adoration

**Friday:** after 8:00 am Mass  
until 9:30 am

### Confession

**Tuesday-Friday:** 7:15 am,  
**Saturday:** 4:00 pm,  
or by appointment

### Sacraments

**Baptism, Holy Matrimony, & Funerals**  
Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexner@queenofangels.org](mailto:frdexner@queenofangels.org)

### Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriqueta@queenofangels.org](mailto:enriqueta@queenofangels.org)

Jacob Brown: **Administrative Assistant**, [jacob@queenofangels.org](mailto:jacob@queenofangels.org)

Glenn D'Abreo : **Music Coordinator**, [glenn@queenofangels.org](mailto:glenn@queenofangels.org)

Darlene Ames: **The Messenger**, [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org)

**Parish Email:** [parish@queenofangels.org](mailto:parish@queenofangels.org)

The Mission of Queen of Angels Church is to:

*Grow in our relationship with God through Jesus Christ.*

*Strengthen our faith by living and teaching the Gospel.*

*Serve God's People in our parish, our community, and our world.*

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619.442.4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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**STEWARDSHIP OF TIME, TALENT & TREASURE****November 6, 2022**

Envelopes Used	80
Envelope Collections	\$ 4,785.02
Plate Collections	\$ 588.50
<b>TOTAL</b>	<b>\$ 5,373.02</b>
All Saints' Day	\$ 1,145.00

**National Collection for the Archdiocese  
for the Military Services, USA**

The collection this weekend **November 12-13**, will support the pastoral care and ministry of Catholic U.S. Military and VA chaplains serving with AMS endorsement and faculties including all AMS programs and their offices. Vocations, Evangelization, Religious Education, Sacramental Records, a Tribunal, and Veterans Affairs are some of the areas supported. This collection is only held every three years so please be as generous as you are able.

**READINGS & MASS INTENTIONS NOVEMBER 12-20, 2022**

**Sunday:** Mal 3:19-20a/Ps 98:5-6, 7-8, 9/  
2 Thes 3:7-12/Lk 21:5-19

**Monday:** Rv 1:1-4; 2:1-5/Ps 1:1-2, 3, 4 and 6/  
Lk 18:35-43

**Tuesday:** Rv 3:1-6, 14-22/Ps 15:2-3a, 3bc-4ab, 5/  
Lk 19:1-10

**Wednesday:** Rv 4:1-11/Ps 150:1b-2, 3-4, 5-6/  
Lk 19:11-28

**Thursday:** Rv 5:1-10/Ps 149:1b-2, 3-4, 5-6a and 9b/  
Lk 19:41-44

**Friday:** Rv 10:8-11/Ps 119:14, 24, 72, 103, 111, 131/  
Lk 19:45-48

**Saturday:** Rv 11:4-12/Ps 144:1b, 2, 9-10/  
Lk 20:27-40

**Next Sunday:** 2 Sm 5:1-3/Ps 122:1-2, 3-4, 4-5/  
Col 1:12-20/Lk 23:35-43

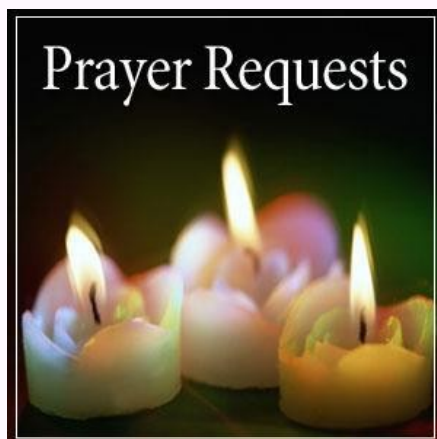
<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Nov 12	5:30 pm	†Ramon Gonzales
Sunday, Nov 13	8:00 am	†Gene Kennon
Sunday, Nov 13	10:30 am	†Edwin Piontek, Jr.
Monday, Nov 14	7:30 am	<i>Rosary</i>
Tuesday, Nov 15	8:00 am	Bishop John Dolan & Family
Wednesday, Nov 16	8:00 am	†Mary Elizabeth Dolan
Thursday, Nov 17	8:00 am	
Friday, Nov 18	8:00 am	Doreen Needham
Saturday, Nov 19	5:30 pm	For the People
Sunday, Nov 20	8:00 am	†Juliette Conde-Cruz
Sunday, Nov 20	10:30 am	†Jim Archer



*Continue to Keep in Your Prayers and Hearts those on  
our Healing and Deployed Military Lists.*



Joyce Drexler  
Jim Easterling  
Gene Fisher  
Jim Hill  
June Hill  
Carmen Holt  
Jason Laccone  
Jim Nelson  
Jacqueline Meyer  
Joan Smith  
Kailyn & Charis Whaley

**Deployed Military**

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
Rebekah Meyer, BM3(sw)  
Jacob Tweed, HM3  
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).

*Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).*

## ANNOUNCEMENTS



**Parish Office** The parish office will be closed **November 23-November 28**, in order to celebrate Thanksgiving with our families and friends. We will re-open at 9:00 AM on Tuesday, **November 29**. Best wishes to all for a blessed and memorable Thanksgiving.



**Thanksgiving Liturgy** Please join us for this special Mass **November 24**, at 9:00 AM to express our gratitude to Almighty God for His many blessings. We will bless food during Mass; if you would like food to be blessed, you may place it in front of the altar before Mass begins. You may pick up your food items after Mass.

**Please Mark Your Calendars** Friday, **November 25** there will be NO 8:00 AM Morning Mass. Please mark your calendars to reflect this change. Thanks you. We will however be reciting the Rosary at 7:30 AM.

**MARK YOUR CALENDAR!**

**Advent Wreaths** Stop by the Multi-purpose/Donut room on Sunday, **November 20** after both Masses to pick up supplies to make a new wreath, (suggested donation of \$10) or get new candles and decorations, (suggested donation of \$5) to freshen up your already purchased wreath.

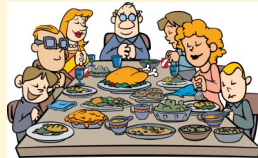


## Faith FORMATION

Following is the schedule for classes during the Thanksgiving holiday:

### 1st-8th Grade:

**November 20: Class**  
**November 27: No class**  
**December 4: Class resumes**



### 9th & 10th Confirmation Formation:

**November 20: Class**  
**November 27: No class**  
**December 4: Class resumes**

**NOTE: There will be no morning Mass on Friday, November 25.**  
**We will however be reciting the rosary at 7:30 AM. Please consider joining us**

## QUEEN OF ANGELS CATHOLIC CHURCH

Welcome to all members and visitors who are joining us for the celebration of the Eucharist. If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here! The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We invite you to enrich your life through joining our parish family. In addition to our liturgies there are many ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

To register at Queen of Angels:

Please contact Father David during normal business hours. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs.



Welcome to **QUEEN OF ANGELS**, our hidden jewel in the Diocese of San Diego!



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**PASTOR'S PAGE**

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Friends,

I enjoy using gifs in text threads. In a recent thread with some friends, the idea or notion of taking a leap of faith came up, so I looked for a gif of someone jumping off of a high dive, and accidentally discovered a gem...

With apologies to the poor woman who would probably be mortified to find out that someone caught this event on camera, I found this particular gif to be terribly funny. As it begins, she makes her way to the edge of a high dive platform. At the last second, she second guesses her life choices and reaches out to grab the handrail to stop her forward momentum, but by then it's too late. Although she is able to keep her feet from taking that last, critical step, her inertia is enough that she tips over the high dive; however, because she is gripping the handrail, she doesn't actually fly off of the platform. Instead she slides down the handrail, and lacking enough upper body strength to do anything else, she lets go when she reaches its terminus. Unfortunately for her, her inertia is now going diagonally *backwards* thanks to the slanted handrail, so she falls, *not* towards the water, but towards the next platform. Thankfully she doesn't land on the lower platform on either her head or a single limb, which probably would have caused serious bodily injury. What does happen is that her entire lower body smacks the lower platform and sort of bounces her back into the air and towards the water with the grace of a drunken cow attempting to fly. She sails up in the air, performing two complete aerial cartwheels before somehow, incredibly, accidentally, almost managing to dive into the water, if you can count it as a dive when someone's limbs are splayed outward like a Leonardo da Vinci drawing. It was, with respect to the poor individual in question, absolutely hilarious.

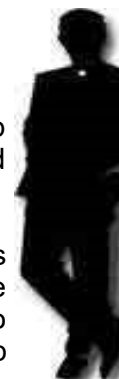
I bring up this little episode of human clumsiness, not to highlight someone else's embarrassment, but because after I stopped laughing, I realized that in a way it was a great allegory of the spiritual life. There are many things in life other than the high dive that work best when you fully commit to them, but can (and often do) end in disaster if you enter them half-heartedly. For example, if you go to Marine Corps boot camp to find out if you enjoy military life, you won't last five minutes; you have to show up already *committed* to becoming a Marine! The same could be said of marriage, or the priesthood. If you enter into either of those vocations with anything less than a wholehearted commitment to see it through and (by the grace of God) outlast every storm that comes, then you've already lost. And the same is also true of our walk with Christ: the less we commit and the more we hold back, the harder, scarier, and more painful the journey is. Consider how much easier, how much more fun, and how much less humiliating it would have been for the poor woman on the high dive had she simply jumped. But because she couldn't bring herself to commit, because she tried to back out, her journey to the water was... well, far worse and less enjoyable than it could have been – and memorable for all the wrong reasons.

Jesus tells us in the Gospels that, "Anyone who puts a hand to the plow and then looks back is not fit for the kingdom of God" (Lk 9:62). If we are going to commit to Jesus, then we ought to *commit* to him! That doesn't mean that we all need to run off to the nearest monastery or convent, or that we should abandon our families and spend 20 hours a day in the church; but it does mean that we need to follow him on *his* terms, and stop holding back. I keep returning to that poor woman on the high dive, but that's because she shows us what it's like when we only sort-of-follow Jesus. Grace, like gravity, is inexorable and will complete the work that God has begun in us. One way or another, we're going to reach the water. Death comes for us all in the end, and there's an element of scariness in life that we can't escape, but whether or not there's joy in the journey is completely up to us. Are we willing to cooperate with grace and take a leap of faith to follow Jesus off of the high dive? Or will we cling to the handrails that give us a false sense of security and will, ultimately, only make the trip more painful and more humiliating? The choice is up to us.

Diving In,

*Fr. David*

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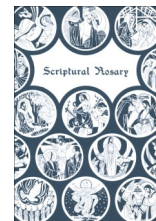
## ANNOUNCEMENTS

### Spiritual Rosary Books

The Scriptural Rosary book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary.

The books are available in the office during normal business hours; M-F, 9 am-2 pm for \$15.00 each.

(Plan ahead; these make perfect Christmas gifts)



# BAKE SALE



Queen of Angels Women's Auxiliary  
December 3-4, 2022 after all Masses



To make this truly successful we need donations of baked goods. If you would like to donate any baked goods please drop them off in the multi-purpose/donut room on Friday, December 2 from 2pm-4pm OR in the multi-purpose/donut room BEFORE the Mass you attend.

Thank you in advance!

*All proceeds will support and benefit our diocese's Seminarians and other Auxiliary projects.*

**ANNOUNCEMENTS****HOMEBOUND AND SHUT-IN PARISHIONERS**

Homebound and Shut-In parishioners can be brought Holy Communion. If you have family members who are homebound please contact the office at 619.445.2145 so that they can be placed on the Holy Communion List for the homebound/shut-ins.

**PRO-LIFE RESOURCES**

Birthline San Diego - 858.270.2491

National Life Center - 800.848.5683

Culture of Life Family Services - 619.692.4401

College Area Pregnancy Serv. "CAPS" - 619.337.8080

**POST ABORTION HEALING &  
RECONCILIATION**

Rachel's Hope

858.581.3022 - [www.rachelshope.org](http://www.rachelshope.org)

**Stock and IRA Charitable Gift Donations**

A gift of your securities, including stocks, mutual funds and IRA Charitable Rollover Distributions are an easy way to make a gift to the church! By making a gift of your appreciated securities or retirement account, you can avoid paying capital gains tax that may otherwise be due if you sold these assets. Contributions are deductible for tax purposes. There are no transaction fees or other costs and the full value of the sold securities benefits the parish, school or other Catholic charities you select. For more info on making a gift, please visit [www.sdcatholic.org](http://www.sdcatholic.org) and click on Giving – Stock Donations at the top of the screen. Or call Thomasina Sanchez at Merrill Lynch, the Diocese's broker, at (760) 930-3122.

**RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

Eyes On Your Own Paper

"Nation will rise against nation, and kingdom against kingdom. There will be powerful earthquakes, famines, and plagues from place to place."

Looking at these words, I have to wonder. Am I reading the Bible or today's newspaper headline?

It's never easier to despair than when you glance up and take a good look at what's going on in the world: disasters, natural and contrived, wars, resentments, rivalries, and divisions. It is almost too much sometimes, isn't it? The twenty-four-hour news cycle doesn't help. Add social media and it's enough to push anyone into a nervous breakdown.

When you find yourself in this place of despair, remember Paul's admonishment in his letter to the Thessalonians. Work quietly and eat your own food.

It's not so different from the old "keep-your-eyes-on-your-own-paper" rule of the classroom. Poking our noses into other people's business, we may think we are getting a shortcut to the right answer, but we're really just getting distracted. When we become too preoccupied with events that we cannot control — whether they are happening in our neighborhood or half-a-world away — we are tempted to leave off the very specific work God has given us in our own lives. We are easily lured into anger, bitterness, and anxiety.

What is the work that God has called you to? Is it your career? Your family? Your community? What is your food — what nourishes you, sustains you, connects you to something real, powerful, and life-giving? This is what you should be concerned with. This is where your thoughts and your efforts should be.

Work quietly and eat your own food.

— Tracy Earl Welliver, MTS

## ANNOUNCEMENTS

### PUZZLE

Unscramble words from today's Gospel:

temple  
stones  
attack

starve  
trial  
faith

wisdom  
betrayed  
saved

tmepel     t e m p l e

fitha     \_\_\_\_\_

stneso     \_\_\_\_\_

widoms     \_\_\_\_\_

atackt     \_\_\_\_\_

btrayed     \_\_\_\_\_

sarvet     \_\_\_\_\_

sveda     \_\_\_\_\_

tialr     \_\_\_\_\_

### MISSION

Write down three things that scare you.  
Tell God about them. Ask God to help you.

## GROWING WITH THE *Gospel* CYCLE C

### COLOR

Read the Gospel of the week and color the image.



M N C H Y D I N G I S O  
N L S F D O A R E A R N  
O E Y G E E G G I H A I  
O F T A N M T D C M W F  
F T E R R I F I E D A D  
F U A N O T H E R E T D  
E M C O D S S T E R H T  
R U H B A D N A H M R P  
I L E L P M E T Y H O W  
N T R E A C D K E I W S  
G S O N A O E A S K N L  
S M Y L T M R L Y A A G  
A S P O K E N O T S S T

## THIRTY-THIRD SUNDAY IN ORDINARY TIME

ADORNED	ANOTHER	ASKED
ASTRAY	COME	DAYS
HAND	HEAR	HEED
HERE	LEFT	MANY
NAME	NOBLE	OFFERINGS
PLACE	SAID	SAYING
SIGN	SOME	SPOKE
STONE	TAKE	TEACHER
TEMPLE	TERRIFIED	THERE
THINGS	THROWN	TIME
TUMULTS	WARS	WHEN