

# QUEEN OF ANGELS CATHOLIC CHURCH

## THE MESSENGER

2569 W Victoria Drive  
Alpine, CA 91901

Office: 619.445.2145

### Website

[www.queenofangels.org](http://www.queenofangels.org)

### Holy Sacrifice of The Mass

**Saturday:** 5:30 pm

**Sunday:** 8:00 am  
& 10:30 am

### Daily Mass

**Tuesday-Friday:** 8:00 am

### Rosary

**Monday-Friday:** 7:30 am



Mary, Queen of Angels, Pray for Us!

### First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,  
Mass 11:30 am

### First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

### Mother of Perpetual Help Devotion

**Wednesday:** after 8:00 am Mass

### Eucharistic Adoration

**Friday:** after 8:00 am Mass  
until 9:30 am

### Confession

**Tuesday-Friday:** 7:15 am,  
**Saturday:** 4:00 pm,  
or by appointment

### Sacraments

**Baptism, Holy Matrimony, & Funerals**  
Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexner@queenofangels.org](mailto:frdexner@queenofangels.org)

### Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriqueta@queenofangels.org](mailto:enriqueta@queenofangels.org)

Jacob Brown: **Administrative Assistant**, [jacob@queenofangels.org](mailto:jacob@queenofangels.org)

Glenn D'Abreo : **Music Coordinator**, [glenn@queenofangels.org](mailto:glenn@queenofangels.org)

Darlene Ames: **The Messenger**, [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org)

**Parish Email:** [parish@queenofangels.org](mailto:parish@queenofangels.org)

The Mission of Queen of Angels Church is to:

*Grow in our relationship with God through Jesus Christ.*

*Strengthen our faith by living and teaching the Gospel.*

*Serve God's People in our parish, our community, and our world.*

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619.442.4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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**STEWARDSHIP OF TIME, TALENT & TREASURE****September 25, 2022**

Envelopes Used	67
Envelope Collections	\$ 3,121.00
Plate Collections	\$ 638.51
<b>TOTAL</b>	<b>\$ 3,759.51</b>

**Annual Catholic Appeal**

*Thank you to those who have made a pledge to the Annual Catholic Appeal 2022 Collection. It is encouraging to see your commitment to our Parish and the Diocese. If you haven't done so, pledges may be placed in the collection or dropped off at the Parish Office.*

*To date we've raised 51% of our goal! Thank You.*

**PLEDGED: \$ 15,355.00 BALANCE: \$ 14,645.00 GOAL: \$ 30,000.00**

2022 ANNUAL CATHOLIC APPEAL | DIOCESE OF SAN DIEGO

**READINGS & MASS INTENTIONS OCTOBER 1-9, 2022**

**Sunday:** Hb 1:2-3; 2:2-4/Ps 95:1-2, 6-7, 8-9/  
2 Tm 1:6-8, 13-14/Lk 17:5-10

**Monday:** Gal 1:6-12/Ps 111:1b-2, 7-8, 9 and 10c/  
Lk 10:25-37

**Tuesday:** Gal 1:13-24/Ps 139:1b-3, 13-14ab, 14c-15/  
Lk 10:38-42

**Wednesday:** Gal 2:1-2, 7-14/Ps 117:1bc, 2/Lk 11:1-4  
**Thursday:** Gal 3:1-5/Lk 1:69-70, 71-72, 73-75/  
Lk 11:5-13

**Friday:** Gal 3:7-14/Ps 111:1b-2, 3-4, 5-6/Lk 11:15-26  
**Saturday:** Gal 3:22-29/Ps 105:2-3, 4-5, 6-7/  
Lk 11:27-28

**Next Sunday:** 2 Kgs 5:14-17/Ps 98:1, 2-3, 3-4/  
2 Tm 2:8-13/Lk 17:11-19

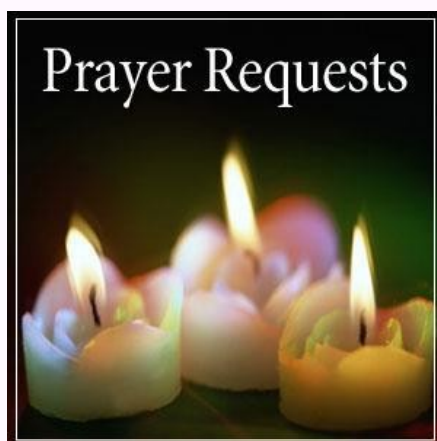
<b>DATE</b>	<b>TIME</b>	<b>INTENTION</b>
Saturday, Oct 1	9:00 am	†Delphina B. Medina
Saturday, Oct 1	5:30 pm	
Sunday, Oct 2	8:00 am	†Tyler Gray
Sunday, Oct 2	10:30 am	†Toshiko Brown
Monday, Oct 3	7:30 am	Rosary
Tuesday, Oct 4	8:00 am	
Wednesday, Oct 5	8:00 am	
Thursday, Oct 6	8:00 am	
Friday, Oct 7	11:30 am	
Saturday, Oct 8	5:30 pm	Sr. Giannah Thrower
Sunday, Oct 9	8:00 am	Jim Hill
Sunday, Oct 9	10:30 am	For the People



*Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.*



*Kelly Barker  
Bill Brundage  
Vita Cano  
Jim Easterling  
Josephine Gonzalez  
Jim Hill  
June Hill  
Carmen Holt  
Jim Nelson  
Joan Smith  
Kailyn & Charis Whaley*

**Deployed Military**

**Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
Rebekah Meyer, BM3(sw)  
Jacob Tweed, HM3  
Mattison Underhill, USN**



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).

*Names remain listed for four weeks and can be renewed by contacting Darlene Ames at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).*

## ANNOUNCEMENTS



**Faith Formation** Faith Formation begins Sunday, **October 2** from 9:15 am-10:15 am in the parish hall. Please pray for all children and teens, as well as the leaders and volunteers for a rewarding and successful year.



**Adult Faith Formation/RCIA** RCIA, the Rite of Christian Initiation for Adults, will take place after the Sunday 10:30 AM Mass in the parish hall. If you are interested in learning more about, or joining the Catholic Church, or if you are an adult who has not received all of your sacraments, we look forward to seeing you there. For more information contact Father David at 619-445-2145 in the parish office.



**Online Giving** If you haven't registered yet, we ask that you consider using this service, especially if you currently manage your bills or banking online. To sign up and register, visit [queenofangels.org](http://queenofangels.org) and click on the "Donate Securely Online" tab located at the bottom right corner of the page. For more information or assistance please contact Enriqueta in the parish office at 619.445.2145.



**Craft Fair & Bake Sale** The Our Lady of Grace Parish Catholic Women's Club will hold its Annual Holiday Craft Fair and Bake Sale on Saturday, **November 5**, from 9 AM to 3 PM at the Parish Center and Patio Area, 2766 Navajo Road, El Cajon 92020. Admission is free and there will be over 70 crafters featuring fashion apparel, home decor and artwork for the upcoming holidays. Freshly baked items, fudge, peanut brittle, cakes, cookies, etc. will be available. Lunch will also be available. For more information, call 619-980-6841



### **First Saturday to Honor the Immaculate Heart of Mary—October 1**

8:30 am—Rosary  
9:00 am—Mass  
9:30 am—Devotions



### **First Friday to Adore the Sacred Heart of Jesus—October 7**

10:00 am—Exposition/Reconciliation  
11:30 am—Mass

### **Do You Feel the Calling?**

If so, why not consider start serving Queen of Angels. We are always in need of Altar Servers, Communion Ministers, Lectors and Ushers. Please help! We will work with your availability to serve at the Mass which you now attend. Please contact Jacob in the parish office at 619.445.2145 if you *feel the call*.



### **Holy Hearts Homeschool Co-Op**



Thank you for your continued prayers and generous support! Holy Hearts has had a fantastic start this new school year.

If you would like to support our school in one small way the teachers would greatly appreciate food treats for the Teacher's Lounge.

Food treats can be dropped off in the parish hall on Fridays before 9AM or at the parish office during normal business hours. Treats will be stored in the hall refrigerator until class on Friday. (Please label all treats Holy Hearts).

For any questions or for more information contact Rebecca or Christy at [HolyHeartsCoop@gmail.com](mailto:HolyHeartsCoop@gmail.com).

### **QUEEN OF ANGELS CATHOLIC CHURCH**



#### **MEMBERSHIP IN THE PARISH**

All Catholic adults living in the parish and regularly participating in the Liturgy here are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact the parish office during regular business.

Welcome to **QUEEN OF ANGELS**,  
our hidden jewel in the Diocese of San Diego!



#### **Reporting Sexual Abuse**

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.



**PASTOR'S PAGE**

Friends,

On a recent walk through the neighborhood I encountered a... well, I suppose the correct word is neighbor, even though we'd never met before, and I'm pretty sure we live over half a mile away from each other. At any rate, the following exchange took place:

Him: "Hi, how are you?"

Me: "Hey, what's up?"

Him: "Good."

And that was it. But as we continued on our respective ways, I smiled and started laughing interiorly, because although there was certainly an understanding between us, and the exchange had been congenial, it was also very obvious that we had not just walked right past each other, but had also *talked* right past each other. Neither of us actually answered the other's question, and in fact, he actually answered his own question when I spoke to him instead of answering my question for him, similar to how I answered his question with a completely different question of my own.

It made me think about prayer – or rather, how easy it is to pray poorly if we're not careful. Archbishop Fulton Sheen said that, "prayer is a dialogue," so if we recognize that prayer really is a conversation, which by definition requires that both parties involved speak *and listen*... Well, then the big question becomes: *do we try to listen to the Lord as He speaks to us, or do we only listen to ourselves?* How often does my prayer – and specifically my *listening* in prayer – resemble the "conversation" I had with the aforementioned neighbor? I would venture to say that every time I don't pause and take the time to try to listen to what God wants to say to me in prayer, I run the risk being so caught up in myself that I only hear myself.

Listening in prayer is, in my opinion, easily the hardest part of prayer – but it is also the most important. So my encouragement for you is this: don't let your prayer be reduced to only what you want to say. Take at least a few minutes every day to pause, make some space to be silent, and practice listening to God so that your prayer can, over time, become a true conversation with the One who loves you most. So pray! And always remember to listen.

Luke 9:35,

*Fr. David*



Please Join

**Children of the Immaculate Heart**

at our Annual Oktoberfest  
on October 15 from 6pm-9pm

at St. Mary Catholic Church, 1170 S Broadway, Escondido, CA 92025

The event features a live Oompah band, an art workshop for children,  
traditional German food and drinks,  
a silent auction & raffles and CIH speakers talking on the fight against trafficking.

Tickets: \$30-Adult & \$10 age 3-12.



For more info and to purchase tickets visit [childrenoftheimmaculateheart.org/events.html](https://childrenoftheimmaculateheart.org/events.html)

## ANNOUNCEMENTS



Queen of Angels K of C Council #10118 Proudly Presents:

*3rd Annual*



Join in the fun with your fellow parishioners and support *K of C Charities* as well. Even if your not participating, come out and root the teams on!

**WHEN: Saturday, October 15, 2022**  
**WHERE: Queen of Angels Church parking lot**  
**TIME: 11:00 AM – 5:00 PM or until Teams finish**



**Food & Drinks will be available for purchase!**

N E E I Y C U U R O S I M  
T R E E S P R E I I H R U  
S H B D E D N A M M O C S  
D O N E L I N H T O N Y T  
N K H V T F A I T H C S A  
E S E R S W R E A A E G R  
B A E E O E D D M R B R D  
T I E S P G R I V W G L N  
Y D S P A I N A G H M C E  
L P U N N E N I P F T M N  
F S N K H T R G W E O W N  
D G D W D D H C L O R D T  
Y K C C O D E T N A L P R  
K N O I Y B D L E I F P F

### TWENTY-SEVENTH SUNDAY OF ORDINARY TIMES

APOSTLES	COME	COMMANDED
DONE	DRINK	FAITH
FIELD	GIRD	GRAIN
INCREASE	KEEPING	LORD
MUSTARD	OBEY	ONCE
PLANTED	PLOWING	PREPARE
RATHER	ROOTED	SAID
SEED	SERVANT	SERVE
SHEEP	SUPPER	SYCAMINE
TABLE	TREE	WHEN

### Helpful Prayer

Zachary had been misbehaving and was sent to his room.  
After a while he emerged and informed his mother that he had thought it over and even said a prayer.  
"Great," said the pleased mother. "If you ask God to help you not misbehave, He will help you."  
"Oh, I didn't ask Him to help me not misbehave," said Zachary. "I asked Him to help you put up with me."



**ANNOUNCEMENTS**

We give thanks to God for the recent overturning of Roe v. Wade by the Supreme Court, but the situation in California for the unborn has become even worse since then, as leftist pro-aborts have leaned into trying to make California an "abortion sanctuary" for other states. In some ways things are even more dire than before, so we are already looking ahead to **40 Days for Life** campaign, which will run from **September 28-November 6**.

Along with our neighboring parishes, we will be manning the sidewalk outside the Planned Parenthood in El Cajon on Tuesdays, and our first day will be Tuesday, **October 4**, the Feast of Saint Francis of Assisi.

**Please see the sign-up sheet by the main entrance of the church  
if you are interested in getting involved,**

and keep our state, our leaders, and especially the unborn and their mothers in prayer!

Please contact Patricia at [hansenpat@msn.com](mailto:hansenpat@msn.com) or 619-445-3822 to sign up or for more information.

**VOTE "NO" ON PROPOSITION 1**

Proposition 1 is a worst-case scenario for abortion in California. It is an expensive and misleading ballot measure that allows unlimited late-term abortions — for any reason, at any time, even moments before birth, paid for by tax dollars.

Prop 1 isn't needed. Sadly, California already has some of the most permissive abortion laws in the nation that would remain in effect without the amendment, including our current limit on late-term abortions that are permitted only for the life and health of the mother. Prop 1 destroys this common-sense limit.

California does not limit state spending on abortion, and with thousands more traveling from other states, the cost will be in the hundreds of millions. Don't hand lawmakers a blank check to pay for abortions, and don't let them make California an "abortion sanctuary."

To learn more, visit [www.CAcatholic.org/Prop1](http://www.CAcatholic.org/Prop1)



California  
Catholic Conference

#NoOnProp1  
[www.CAcatholic.org/Prop1](http://www.CAcatholic.org/Prop1) | 2022



## ANNOUNCEMENTS

### GOSPEL MEDITATION 27th Sunday in Ordinary Time

As adults, unless we are dealing with children, "obedience" is not a word we typically like to hear. It often brings connotations of military protocols, deference to superiors at work, or conforming to laws and practices. In a culture that has learned to challenge authority, being obedient is understood more as something I "have" to do, not "want" to do. Do you ever see merit in wanting to be obedient? Encouraged to develop independent, self-sufficient egos and personas, we learn to focus on our own wills and merits as we strive for success and achieve a sense of well-being. Giving ourselves over to the will of another, especially when done blindly, can sometimes carry more risk than we are willing to take. Also, blindly following orders without any deference to ethics or morality can lead to atrocious crimes and violence against humanity.

St. Ignatius of Loyola states, "There are three sorts of obedience; the first, obedience when a strict obligation is imposed upon us, and this is good; the second when the simple word of the superior, without any strict command, suffices for us, and this is better; the third, when a thing is done without waiting for an express command, from a knowledge that it will be pleasing to the superior, and this is the best of all." St. Ignatius sees obedience as an act of love. When the person we are obeying genuinely has our best interest in mind, acting themselves with love and integrity, then what St. Ignatius says makes excellent sense. When mutual trust and a bond of love and respect are present, obedience can lead to freedom and truth.

We ask God to increase our faith. In other words, increase our trust that God knows best how to live and act in this world. We desire the same confidence, determination, and patience Jesus had that the fulfillment of God's vision would one day come. Nurturing a deep love of God and trusting in his providence, we obediently do what we know is pleasing to God: love, repent of sin, show mercy, be compassionate and fight injustice. As we willingly give witness to our faith, we do only what we are obliged to do, expecting nothing in return. Spared from the task of having to figure it all out for ourselves, we discover freedom.

©LPi

*Where Charity and Love prevail  
there God is ever found,  
brought here together by Christ's Love,  
**BY LOVE ARE WE THUS BOUND.***



### DIOCESAN SYNOD

Earlier this year our parish held a group session to listen to our faithful's experiences in the Church, a process called a Synod. The diocese of San Diego will offer a opportunity for Queen of Angels parishioners to be heard, this time via a survey.

This survey is particularly important for those who did not participate in our church session to participate on a diocesan level. The insight we gather will be used to respond to the needs of the faithful at all of its levels of our Church.

The survey can be found at:  
[www.surveymonkey.com/r/SanDiegoSynod](http://www.surveymonkey.com/r/SanDiegoSynod)