

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**Nov 18-19, 2023**

Envelopes Used 65

Envelope Collections \$ 3,235.00

Plate Collections \$ 310.00

TOTAL \$ 3,545.00

Nov 25-26, 2023

Envelopes Used 69

Envelope Collections \$ 3,080.00

Plate Collections \$ 505.00

TOTAL \$ 3,585.00

**READINGS & MASS INTENTIONS DECEMBER 2-10, 2023**

Sunday: Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19 (4)/1 Cor 1:3-9/Mk 13:33-37

Monday: Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/
Mt 8:5-11

Tuesday: Is 11:1-10/Ps 72:1-2, 7-8, 12-13, 17/
Lk 10:21-24

Wednesday: Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/
Mt 15:29-37

Thursday: Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a/
Mt 7:21, 24-27

Friday: Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4/
Eph 1:3-6, 11-12/Lk 1:26-38

Saturday: Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/
Mt 9:35—10:1, 5a, 6-8

Next Sunday: Is 40:1-5, 9-11/Ps 85:9-10, 11-12,
13-14 (8)/2 Pt 3:8-14/Mk 1:1-8

<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Dec 2	9:00 am	†Ken Gennaro
Saturday, Dec 2	5:30 pm	Jacque Glick
Sunday, Dec 3	8:00 am	Father Minh Doh
Sunday, Dec 3	10:30 am	
Monday, Dec 4	7:30 am	Rosary
Tuesday, Dec 5	8:00 am	Danielle Zdunich
Wednesday, Dec 6	8:00 am	†John, Man Dao & Parents
Thursday, Dec 7	8:00 am	Katie Clark
Friday, Dec 8	8:00 am	
Friday, Dec 8	6:00 pm	
Saturday, Dec 9	5:30 pm	†Jacqueline Meyer
Sunday, Dec 10	8:00 am	Phil Avvampato
Sunday, Dec 10	10:30 am	†Brian Clark

Prayer Requests

*Continue to Keep in Your Prayers and Hearts
those on our Healing and Deployed Military Lists.*



Kelly Barker
Bill Brundage
Katie Clark
Bernadette Gross
Mike Gust
Jim Hill
Carmen Holt
Jason Laccone
Steven McMeeken
Jamie Perrin
Becky Rangel
Steve Rodkey

Joan Smith
Kailyn & Charis Whaley
Celeste Woestman

*...may they find joy in
the healing love of Christ.*

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PV2
Rebekah Meyer, BM2(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

*Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.*

ANNOUNCEMENTS

OFFICE CLOSED

Please Take Note Because of scheduling conflicts the parish office will be **CLOSED** on Mondays for the month of December. Please make note of this change and schedule any office visits Tuesdays-Fridays of the week. Thank You.



Monthly ECPCC Collection Please leave your donations after all the Masses this weekend, **December 2-3**, in the "**ECPCC COLLECTION CHEST**" directly behind the church. You can access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing.



Feast of the Immaculate Conception Friday, **December 8**, is the Immaculate Conception of the Blessed Virgin and **IS** a Holy Day of Obligation. Join us as we celebrate Mass at 8:00 AM and 6:00 PM.



Baptism We congratulate the newest member of our parish. **Lucan Shane Gumienny** son of Richard Gumienny & Ashley Krall was baptized on November 18, 2023. We lovingly welcome him into our Queen of Angels Faith Community!



Holy Matrimony Congratulations to **Mr. & Mrs. Cabezuela; Jaime & Luze & Cindy** who were married at Queen of Angels on November 17, 2023. May they always find peace and love in God's word.



Dia de los Muertos Ofrenda Candles & Photos If you purchased a Dia de los Muertos ofrenda candle in memory and for remembrance of your deceased loved one, you may pick up your candle(s) & any original photos in the multi-purpose/donut room any time after Mass.



Halloween Candy Collection for Casa de los Pobres A great big THANK YOU to you the parishioners of Queen of Angels. Your donations of leftover Halloween candy and toothbrushes & toothpaste for the Christmas distribution at the Casa de los Pobres (House of the Poor) in Tijuana, Mexico was incredible! This special treat for those who have so little will mean so much to them at Christmas Time.

It's HERE!!

**Queen of Angels
Women's Auxiliary**

**Annual Christmas
Bake Sale**

**Purchase your scrumptious goodies
after all Masses THIS WEEKEND,
December 2 & 3**

All proceeds will support and benefit our Diocese's Seminarians, January's Parish Woman's Retreat and other Auxiliary projects.



Queen of Angels Giving Tree December 2-29

This year we continue our Giving Tree practice with its home in the back of the church. Take an envelope off the Giving Tree and donate cash for the Rancho Nazareth and Villa Anahuac, or monetary donations; cash or checks for Children of the Immaculate Heart of Mary and East County Pregnancy Care Center.

PLEASE NOTE:

**We can only accept CASH donations for the
Rancho Nazareth and Villa Anahuac.**



Our next youth group meeting, open to middle school and high school, will be this Wednesday, **December 13** at 7 PM in the parish hall.

Come and bring a friend for an evening of fun and fellowship!

Music/Faith/Fun Activities

If you have any questions or for more information contact Father David at 619-445-2145.



SPIRITUAL ROSARY BOOKS ARE BACK IN STOCK!



The Scriptural Rosary book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours. Books are \$15.00 each.



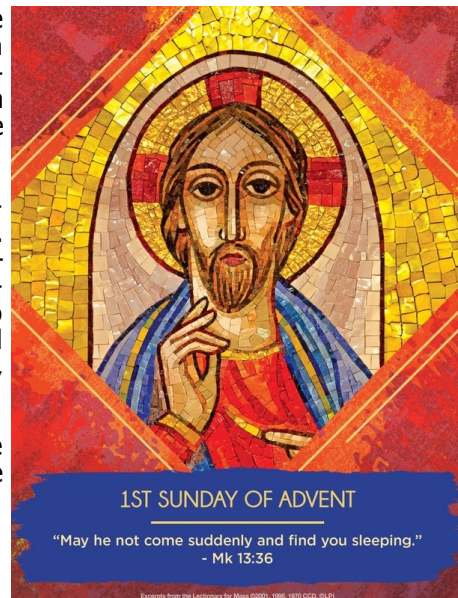
ANNOUNCEMENTS**GOSPEL MEDITATION**December 3, 2023
1st Sunday of Advent

Lately I've been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I'm trying to get more, and better, slumber, and it's helping me feel energized. So, why in the world should we follow Christ's advice this week? "Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep." Isn't sleep, especially at midnight and cockcrow, a good thing?

Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it's not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.

May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we'll be amazed at the spiritual wakefulness that results, too.

— Father John Muir
©LPi



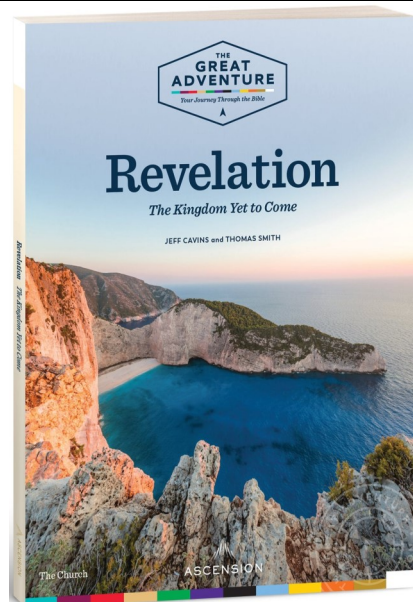
Word Search
First Sunday of Advent

ANGELS	CHARGE	COCKCROW
COME	COMMANDS	DOORKEEPER
EACH	EVEN	FATHER
GOING	HEAVEN	HEED
HOME	HOUR	HOUSE
JOURNEY	KNOW	LEAVES
LIKE	MASTER	MIDNIGHT
ONLY	PRAY	PUTS
SERVANTS	TAKE	THEREFORE
TIME	WATCH	WHEN

W E O N L Y A R P A D F
W P M J H C T A W E P W
N U D O O R K E E P E R
G T U U H G V H S M R E
I S L R C O C K C R O W
E V E N O I O N T A F C
M N A E M N N H A R E N
I E V Y M G G O N E R E
T H E K A I H U G T E V
E W S T N A V R E S H A
K K E D D O A T L A T E
A O I L S H W K S M A H
T M G L C R A F F K F K



ANNOUNCEMENTS



Upcoming Bible Study

REVELATION, THE KINGDOM YET TO COME

A 10 week course beginning **January 16** from 9am-11am in the Parish Hall

An intriguing eleven-session study program that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. In this study, presenter Jeff Cavins pulls back the veil on the rich symbolism present in Revelation. Discover what the mysterious figures and images of Revelation mean and see how Revelation is more than an apocalyptic vision of the "end times." Explore the Church's teaching on the second coming of Christ and the Last Judgment. Understand how God, the Divine Bridegroom, and the Church, his spotless bride, enter into a heavenly, holy, and mystical marriage every time we celebrate Mass.

ascensionpress.com/collections/revelation-the-kingdom-yet-to-come/products/revelation-the-kingdom-yet-to-come-study-set-1 \$29.95 with digital access

ascensionpress.com/products/copy-of-revelation-the-kingdom-yet-to-come-study-set \$27.95 study set only

Note: (We will be using a video that the Church purchased about 10 years ago so if you buy a new study guide there may be some slight variations)



OUR LADY'S ROSES
FLORAL DESIGNS

Our Lady's Roses Floral Designs is a Catholic, woman owned small business serving San Diego, CA. We specialize in weddings, events, workshops and more- glorifying God in all we do and with every client interaction we make (1 Cor 10:31).

We believe the beauty of your wedding flowers should reflect the beauty of the sacrament you are to become. We are champions for marriage- praying for you before, during, and after your wedding day.

We are committed to quality and creating gorgeous, customized floral arrangements with love and attention to detail. Remember Our Lady's Roses for your next special event!

CONTACT INFORMATION

619-739-0455

maria@ourladysroses.com

[ourladysroses.com](https://www.ourladysroses.com)

for more information or to book a free consultation

You are cordially invited to the



*Holy Hearts
Christmas Market*

SATURDAY, DECEMBER 9TH / FROM 10:00AM-2:00PM
OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH
HOLY FAMILY CENTER
13208 LAKESHORE DRIVE, LAKESIDE 92040

Baked goods, handcrafts, candles, soaps & much more!

Support local vendors & Great handmade gifts for everyone on your list!
our Holy Hearts Homeschool mission

For more info. email
holyheartscoop@gmail.com

ANNOUNCEMENTS

Prepare the Way of the Lord by Preparing Your Heart

Experience God's loving forgiveness in this sacrament. There will be a Service of the Word followed by the opportunity for individual reception of the Sacrament of Reconciliation.

In addition to the regularly scheduled confession times (Tues-Fri 7:30 AM, Sat 4 PM) here at Queen of Angels, there will also be several Advent penance services throughout the El Cajon deanery in the coming weeks:

St. John of the Cross, Lemon Grove – Monday, December 4 at 7 PM

Santa Sophia, Spring Valley – Tuesday, December 5 at 7 PM

St. Pius X, Jamul – Thursday, December 7 at 7 PM

Guardian Angels, Santee – Monday, December 11 at 7 PM

St. Martin of Tours, La Mesa – Monday, December 11 at 7 PM

St. Kateri Tekawitha, Lakeside/Barona – Tuesday, December 12 at 7 PM

St. Therese, San Diego – Wednesday, December 14 at 7 PM

St. Luke, El Cajon – Thursday, December 14 at 7 PM

Holy Trinity, El Cajon – Friday, December 15 at 7 PM

Queen of Angel, Alpine – Friday, December 15 at 7 PM

Our Lady of Perpetual Help, Lakeside – Monday, December 18 at 10 AM and 7 PM

Our Lady of Grace, El Cajon – Tuesday, December 19 at 7 PM

Question:

What's the story behind the Advent wreath?

Answer:

Each season in the liturgical calendar comes with its own local and regional rituals. During the Advent season, wreaths adorn church sanctuaries and family dining room tables. You may have said Advent wreath prayers in childhood or taken a turn lighting the candles. The Advent wreath is full of symbolism about Christ and his coming at Christmas. The wreath is made of evergreen boughs, reminding us that the life of grace doesn't falter with the changing seasons. It always remains fresh and new. Similarly, a circular wreath reminds us of the eternal, never-ending nature of God's love.



Candles remind us that Christ is the light of the world, the One who "shines in the darkness, and the darkness has not overcome it." We use four candles to represent each week of Advent. Traditionally they come in the liturgical colors of the season. Purple has historically represented penance and sacrifice. We see the same color for the season of Lent. On the third Sunday of Advent, however, we light a rose color. The priest will wear rose vestments at Mass. This is Gaudete Sunday. Gaudete means "rejoice" in Latin. On the third Sunday of Advent, we're roughly halfway through the season. The Church chooses the midpoint to remind us to celebrate in the midst of our anticipation! Whatever the color and whatever the day, the Advent wreath is a beautiful practice to focus our attention on Christ's coming at Christmas.

ANNOUNCEMENTS



Poinsettia Memoriam



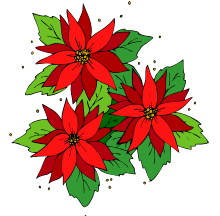
If you would like to have a poinsettia placed at the altar for Christmas in memory of a family member or friend, please complete the following form. You may return this form to the parish office or place it in the weekend collection basket.

(Please use one form per donation.) The suggested donation for each intention is \$15.00.

In memory of: _____

Donated by: _____

The names will be listed in memoriam at Christmas time.



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