

QUEEN OF ANGELS CATHOLIC CHURCH

THE MESSENGER

2569 W Victoria Drive
Alpine, CA 91901

Office: 619.445.2145

Website

www.queenofangels.org

Holy Sacrifice of The Mass

Saturday: 5:30 pm

Sunday: 8:00 am
& 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, Pray for Us!

First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,
Mass 11:30 am

First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

Mother of Perpetual Help Devotion

Wednesday: after 8:00 am Mass

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

Confession

Tuesday-Friday: 7:15 am,
Saturday: 4:00 pm,
or by appointment

Sacraments

Baptism, Holy Matrimony, & Funerals
Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexner@queenofangels.org

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriqueta@queenofangels.org

Jacob Brown: **Administrative Assistant**, jacob@queenofangels.org

Glenn D'Abreo : **Music Coordinator**, glenn@queenofangels.org

Darlene Ames: **The Messenger**, bulletin@queenofangels.org

Parish Email: parish@queenofangels.org

The Mission of Queen of Angels Church is to:

Grow in our relationship with God through Jesus Christ.

Strengthen our faith by living and teaching the Gospel.

Serve God's People in our parish, our community, and our world.

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619.442.4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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STEWARDSHIP OF TIME, TALENT & TREASURE**January 8, 2023**

Envelopes Used	82
Envelope Collections	\$15,424.50
Plate Collections	\$ 1,926.66
TOTAL	\$17,351.16
December Online Giving	\$ 5,361.00

January 15, 2023

Envelopes Used	58
Envelope Collections	\$ 4,251.00
Plate Collections	\$ 1,403.00
TOTAL	\$ 5,654.00

**READINGS & MASS INTENTIONS JANUARY 21-29, 2023**

Sunday: Is 8:23—9:3/Ps 27:1,4, 13-14 (1a)/
1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

Monday: Heb 9:15, 24-28/Ps 98:1, 2-3ab, 3cd-4, 5-6/
Mk 3:22-30

Tuesday: Heb 10:1-10/Ps 40:2 and 4ab, 708a, 10, 11/
Mk 3:31-35

Wednesday: Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/
Mk 16:15-18

Thursday: 2 Tm 1:1-8 or Tit 1:1-5/12/
Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

Friday: Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40/
Mk 4:26-34

Saturday: Heb 11:1-2, 8-19/Lk 1:69-70, 71-72, 73-75/
Mk 4:35-41

Next Sunday: Zep 2:3; 3:12-13/Ps 146:6-7, 8-9, 9-10/
1 Cor 1:26-31/Mt 5:1-12a

<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Jan 21	5:30 pm	†Nancy Silva
Sunday, Jan 22	8:00 am	†Geraldine Dellet
Sunday, Jan 22	10:30 am	Jacob Pickett
Monday, Jan 23	7:30 am	Rosary
Tuesday, Jan 24	8:00 am	Dee Clague
Wednesday, Jan 25	8:00 am	†Mary Stenson
Thursday, Jan 26	8:00 am	Katie Larson
Friday, Jan 27	8:00 am	Teri Morgan
Saturday, Jan 28	5:30 pm	†Peggy Welch
Sunday, Jan 29	8:00 am	†Gene Fisher
Sunday, Jan 29	10:30 am	†Al Florance



*Continue to Keep in Your Prayers and Hearts those on
our Healing and Deployed Military Lists.*



*Kelly Barker
Katie Clark Larson
Jim Easterling
Jim Hill
Carmen Holt
Jason Laccone
Joan Smith
Kailyn & Charis Whaley*

**Deployed Military**

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
Rebekah Meyer, BM3(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletin@queenofangels.org.

*Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletin@queenofangels.org.*

ANNOUNCEMENTS



Queen of Angels Women's Auxiliary **ATTENTION** all ladies of the Parish. Our first meeting of the 2023 year will be on **January 25** at 5:30 PM in the parish hall. Please bring your favorite small hors d'oeuvre/appetizer to share but more importantly bring yourself! All women of the parish are welcome to join and there's no better time than the new year. So mark your calendar as we look forward to seeing you there.



Please Remember Upon leaving Mass, please make sure all Missalettes, Hymnals, Prayer Cards, and donation envelopes are put back neatly in the pew backs. It only takes a few seconds and greatly enhances the appearance of the church when arriving to celebrate Mass. Thank You~



PLEASE Consider Assisting As attendance at Masses are growing, so does the need for more **Altar Servers, Communion Ministers, Lectors and Ushers**. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David in the parish office at 619.445.2145. We will work with your availability to serve at the Mass which you now attend.

It's Still Not Too Late to Join Our Newest Bible Study

"Conversion"

This Study began on **Tuesday, January 17**
but registration is still open.

Classes meet in the parish hall from
9 am—11 am
AND
6 pm—8 pm

every Tuesday for a total of 8 weeks.

Following the Call of Christ

WORD
on FIRE

QUEEN OF ANGELS CATHOLIC CHURCH

MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish and regularly participating in the Liturgy here are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact Father David at 619-445-2145 during regular business.



Welcome to **QUEEN OF ANGELS**, our hidden jewel in the Diocese of San Diego!

W H I F Y Y S T Y U M D B L
C I D L L R K I N G D O M W
N J T W A O E K F E A K K W
I A O H N T B V T T W T O H
M F Z H D I H S E T F L P E
M U - A N R E P A C L E D N
E L I P R R E E A O T W L S
D F L I R E E W F N E E B H
I I M A A T T H A L H E O H
A L D H L I G H T S P E N U
T L E A V I N G H O O D E B
E E L I L A G E E M R E K T
L D L A H C A E R P P B O N
Y E A S F R N E L P O E P F
T S C I D N U L U B E Z S N

THIRD SUNDAY IN ORDINARY TIME

ARRESTED	BEEN	BOAT
BROTHER	CALLED	CAPERNA-UM
DWELT	EVERY	FATHER
FOLLOW	FULFILLED	GALILEE
HEARD	IMMEDIATELY	ISAIAH
JOHN	KINGDOM	LAND
LEAVING	LEFT	LIGHT
NAPHTALI	NAZARETH	PEOPLE
PREACH	PROPHET	SPOKEN
TERRITORY	WENT	WHEN
WITHDREW	ZEBEDEE	ZEBULUN

PASTOR'S PAGE

Friends,

Back when I was in the Marines, there was a humorous saying that became a sort of inside joke while I was at Quantico for the Basic Officer Course: "Chow, like camouflage, is continuous." In effect, you are always trying to improve your camouflage, whether you are dug in or on the move, and since you don't know the next time you're going to get an operational pause to eat, you keep doing both while you're out in the field. But inevitably someone (or if you were unlucky, several someones) above you had approximately 493 other tasks that they thought were just as important as chow and camouflage, so those would get added to your ever-growing list, and the expression over time came to be, "_____, like camouflage, is continuous." But the one constant, accidentally or not, was camouflage. That never changed. Now, maybe in this case that was just so that we could keep the joke running; however, it remains that there was an underlying understanding that something had to be constant. There had to be something we could always go back to and lean on.

I think that, in one aspect at least, the spiritual life is similar to our ridiculous (and ridiculously overused) inside joke back when I was at Quantico. The longer I play this game of life and try to make sense of how to follow our Savior, the more I become convinced that the singular virtue we need the most is humility. We need humility to acknowledge our need for Christ Jesus; we need humility to confess our sins and ask forgiveness; we need humility to recognize that we cannot depend on ourselves or our own understanding, only Him; we need humility to lie prostrate before the King and admit that we are incapable of doing any of the great things he has called us to without His help; and we need humility to acknowledge that in the end, our holiness has less to do with ourselves and what we do, and infinitely more to do with His love for us and what He wants to do for us, in us, and through us. Humility reminds us that our simple yet difficult mission is to love and be loved by God... and then allow His love to transform us from the inside out so that we can share it with others. What if it was really that simple? And note that I didn't say easy. I said "simple." Just like good camouflage isn't easy pull off, even though it is conceptually simple to understand. There was one thing we always needed to focus on and get right in the field, and there's one thing that we always need to focus on and get right – or at least do the best we can – in the spiritual life.

Because camouflage, like humility, is continuous.

With Humility,

Fr. David



ANNOUNCEMENTS



Day of Prayer for the Legal Protection of Unborn Children

January 23, 2023

MOST PRECIOUS LORD, YOU DWELT WITHIN THE WOMB OF YOUR DEAR MOTHER, SANCTIFYING THE WOMB, AND ELEVATING THE DIGNITY OF ALL HUMAN LIFE. I PRAY TODAY FOR THE FULL LEGAL PROTECTION OF EVERY UNBORN CHILD. I ALSO PRAY THAT EVERY HEART THAT SUPPORTS ABORTION WILL BE CHANGED SO AS TO EXPERIENCE THE FREEDOM THAT COMES FROM LIVING IN THE TRUTH. I OFFER TO YOU, THIS DAY, ALL MY SUFFERINGS AND SACRIFICES TO HELP ATONE FOR EVERY VIOLATION AGAINST HUMAN DIGNITY COMMITTED THROUGH ACTS OF ABORTION. PLEASE BRING HEALING, HOPE, AND FREEDOM TO ALL. MOTHER MARY, PRAY FOR ME. JESUS, I TRUST IN YOU. AMEN.

Gospel Meditation **3rd Sunday in Ordinary Time**

When I was a young seminarian, I asked a wise old priest how to pray better. He said simply, "Don't lie when you pray." He helped me to see how much energy I waste in trying to appear acceptable to God when I pray. For me, prayer was showing off for God and hiding what was ugly.

It's stunning that the Gospel of Matthew tells us of Jesus, "He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulon and Naphtali..." This isn't just the Lord's relocation up north. It's his moving into places of shame and defeat. This region was where the enemy invasion of Israel began centuries before. Jesus left the comfortable confines of Nazareth and sought out a place of darkness, not to bring shame, but to announce the dawning of his light.

When we pray, we usually prefer Jesus to stay put in our little Nazareths — where we feel comfortable, successful, and in control. But he moves. He re-locates into the Zebulons and Naphtalis of our shame, embarrassment, fear, and sense of being defeated. The question for us is: will we allow him to take up residence in those places in our prayer time? Will we talk to him honestly about our places of darkness? If we do, we're no longer lying when we pray.

— Father John Muir

ANNOUNCEMENTS

Revival's in the Air

**AN EXCITING JOURNEY AHEAD
GOD IS DOING SOMETHING NEW—
AND HE IS CALLING **YOU** TO BE A PART OF IT!**

Our world is hurting. We all need healing, yet many of us are separated from the very source of our strength. Jesus Christ invites us to return to the source and summit of our faith in the celebration of the Eucharist. The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery here in the United States by helping us renew our worship of Jesus Christ in the Eucharist.

Ready to be a part of something life-changing? Jesus needs each one of us to be his hands and feet throughout this Eucharistic Revival. We're seeking laypeople, families, religious orders, and priests to volunteer their time, talents, and prayers in pursuit of the grassroots renewal our world so desperately needs.

The Revival is a grassroots movement of Catholics, each responding to the gift of the Eucharist in their own way. This page is home to free educational and inspirational content to help you learn more about the reality of Jesus in the Eucharist and fall more deeply in love with him. We will expand this section as more resources become available.

Just as many humble pieces come together to form a glorious stained-glass image, so too will God use each of us, however ordinary or imperfect, to bring about this Revival. He only asks that you listen for his voice!

For more information visit:

EucharisticRevival.com website and **Eucharist.Formed.org** platform



**NATIONAL
Eucharistic
Revival**

ANNOUNCEMENTS

Everyday Stewardship Reflections

So the NFL season is almost over. For some fans, the season is already over since their team is now sitting at home. It is amazing the allegiance some people have to their teams. Some people bleed Green Bay green and yellow or believe the only team is supposedly America's team, the Dallas Cowboys. Of course, if you are reading this outside the States, perhaps you live and breathe a team like the New Zealand All Blacks or the Calgary Flames.

In the early church, people took their allegiance to certain leaders to an extreme. Paul chastised them for thinking that the baptism of one community or the teachings of a certain leader were superior to anything else in this new movement of Jesus followers. He reminded them that there is to be no division in Christ and that all things flow from Christ, not from the leaders in the community. Those who follow Jesus are one body of Christ: a place where there is no room for competition or condescension.

Sometime our stewardship efforts in a parish become all about the parish. We seek to get people to do more stuff and give more money and we lose sight of why we live a stewardship way of life in the first place: Jesus. It is wonderful to watch our parishes grow into more vibrant communities that lead people to Jesus. We should rejoice to be in such a parish family. But one day there will be no parishes and those who have received his gifts freely and have followed him will live with Christ as one forever. In your stewardship, always keep Jesus as *the main thing*.



A Dating Retreat and Study Series for Single Catholics!

NCSC is hosting a FREE online Dating Retreat with guest speaker Fr. Robert Spitzer,
January 27 & 28.

Over 400 single Catholics from around the world have already signed up and we're expecting 500+.
Don't miss the opportunity to meet other like-minded singles and go deeper in your faith!

Starting the week of **February 6th**, NCSC will also be hosting a 6-week study series -
"Relationship Ready: A Single Catholic's Roadmap to Marriage"
that will cover topics such as the meaning of love, communication, conflict resolution,
male/female complementarity and much more.

To sign up for these programs or for more information, visit NationalCatholicSingles.com.

Connect with like-minded single Catholics

At the

the Dating Retreat

Find what you're looking for

January 27 & 28

Join us for

Relationship Ready:

The Single Catholic's Roadmap
to Marriage

Starting the week of **February 6th**

NationalCatholicSingles.com