

QUEEN OF ANGELS CATHOLIC CHURCH

THE MESSENGER

2569 W Victoria Drive
Alpine, CA 91901
Office: 619.445.2145

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Website

www.queenofangels.org

Holy Sacrifice of The Mass

Saturday: 5:30 pm

Sunday: 8:00 am
& 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, Pray for Us!

First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,
Mass 11:30 am

First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

Mother of Perpetual Help Devotion

Wednesday: after 8:00 am Mass

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Sacraments

Baptism, Holy Matrimony, & Funerals
Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexner@queenofangels.org

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriqueta@queenofangels.org

Jacob Brown: **Administrative Assistant**, jacob@queenofangels.org

Glenn D'Abreo : **Music Coordinator**, glennd@queenofangels.org

Darlene Ames: **The Messenger**, bulletin@queenofangels.org

Parish Email: parish@queenofangels.org

The Mission of Queen of Angels Church is to:

Grow in our relationship with God through Jesus Christ.

Strengthen our faith by living and teaching the Gospel.

Serve God's People in our parish, our community, and our world.

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619.442.4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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STEWARDSHIP OF TIME, TALENT & TREASURE


Stewardship

WHEN IT COMES
TO GIVING, SOME
PEOPLE STOP
AT NOTHING.

— UNKNOWN

Living Our *Queen of Angels 2023 Annual Catholic Appeal*
"Living our Faith", has begun

We ask you to prayerfully consider how much you can give to this year's appeal.
Your continued generosity in support of our local Church is vital
to the mission of the Universal Catholic Church.
If you cannot donate at this time, we ask you to pray for a successful
But someone will say, "2023 Annual Catholic Appeal for our parish."

GOAL: \$26,004.00 PLEDGE: \$ 11,924.01 BALANCE: \$14,079.99

READINGS & MASS INTENTIONS JULY 8-16, 2023

Sunday: Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14 (see 1)/Rom 8:9, 11-13/Mt 11:25-30

Monday: Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/
Mt 9:18-26

Tuesday: Gn 32:23-33/ Ps 17:1b, 2-3, 6-7ab, and 15/
Mt 9:32-38

Wednesday: Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3,
10-11, 18-19/Mt 10:1-7

Thursday: Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17,
18-19, 20-21/Mt 10:7-15

Friday: Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28,
39-40/Mt 10:16-23

Saturday: Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7/
Mt 10:24-33

Next Sunday: Is 55:10-11/Ps 65:1, 11, 12-13, 14
(Luke 8:8)/Rom 8:18-23/Mt 13:1-23 or 13:1-9

DATE	TIME	INTENTION
Saturday, Jul 8	5:30 pm	Celeste Woestman
Sunday, Jul 9	8:00 am	†Sandy Henry
Sunday, Jul 9	10:30 am	Caleb Lee
Monday, Jul 10	7:30 am	Rosary
Tuesday, Jul 11	8:00 am	Rosary
Wednesday, Jul 12	8:00 am	Rosary
Thursday, Jul 13	8:00 am	Rosary
Friday, Jul 14	8:00 am	Rosary
Saturday, Jul 15	5:30 pm	†Caterina Lo Coco
Sunday, Jul 16	8:00 am	†Jacqueline Meyer
Sunday, Jul 16	10:30 am	Carmen Holt

Prayer Requests

Continue to Keep in Your Prayers and Hearts
those on our Healing and Deployed Military Lists.



Bob Aguilar
Kelly Barker
Jim Hill
Carmen Holt
Jason Laccone
Steve McMeeken
Becky Rangel
Steve Rodkey
Joan Smith
Kailyn & Charis Whaley
Celeste Woestman



Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
Rebekah Meyer, BM2(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is
serving in our military and is deployed
or will be deployed, please contact
Darlene at bulletin@queenofangels.org.

Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletin@queenofangels.org.

ANNOUNCEMENTS



Mark Your Calendars There will be NO morning Mass **July 11-14**. Please however consider joining us as we recite the rosary during these days. We'd love to see you there.



Knights of Columbus There will be a Council meeting on Tuesday, **July 11** at 7:00 PM in the parish hall. All Knights are encouraged to attend.



Important Reminder Weekday Confessions before daily Mass on Tuesday through Friday are at 7:30 AM. Thank you.~



Holy Hearts Homeschool Co-Op Registration is now open for the 2023-24 school year at homeschool-life.com/CA/holyhearts or email holyheartscoop@gmail.com to sign up, have any questions or for more information. Also, if you'd like to teach a class, or assist in any other way to support our ministry, please reach out by email. We are always in need of volunteers. We look forward to you joining us!

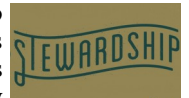


Please Leave the Cry Room Cleaner Than You Found It Upon leaving Mass when using the Cry Room **PLEASE** clean up after your children. Picking up all books and toys off the floor and placing them back in the storage basket only takes a few seconds and greatly enhances the appearance of the church. Thank You~



Mass Times for Travelers Traveling this Summer? As Rev. Patrick Keyes, CSSR, writes in the Liguori Sunday Bulletin, "We're never on vacation from our faith. If you plan where you'll attend Mass just as you do the rest of your trip, you may discover a historic church, a widely recognized choir, or an award-winning homilist. But no matter where you go to Mass, you'll find Jesus, waiting to nourish you with his Word and feed you with his Body and Blood." MassTimes.org has listings for Catholic churches in the United States and around the world. To find a Mass in your traveling area, visit MassTimes.org.

Summer Stewardship An important way to teach children about the importance of Mass attendance is to build it even on vacation. It is important to remember that the stewardship way of living the Christian life is to decide in advance how much of our treasure we share with our own parish community. We hope that you remember to mail in your envelopes in support of our parish even when you are on vacation.



Faith Formation

Registration for the 2023-2024 Year
is officially OPEN!

You can find the link to the registration form
on the parish website

queenofangels.org

And remember, registration is **FREE** from
now until the end of July, so sign up early
and sign up now!



QUEEN OF ANGELS CATHOLIC CHURCH

MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish and regularly participating in the Liturgy here are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family.

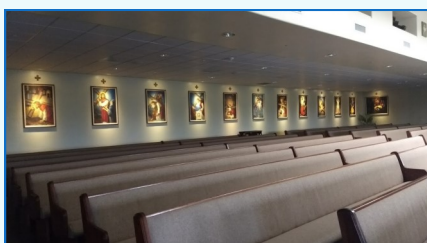
Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our Religious Education programs.

To register, please contact Father David at 619-445-2145 during regular business.

Welcome to

**QUEEN OF
ANGELS,**

our hidden jewel in
the Diocese of San
Diego!



Do You Hear the Call to Serve?



Queen of Angels is always in need of
Altar Servers, Communion Ministers, Lectors and Ushers.
These volunteer positions are a vital and integral part of
celebrating Mass and are not only necessary but
rewarding as well.

If you hear the call to serve,
and want to consider helping with any of these positions please
contact the parish office at 619.445.2145. We will work with
your availability to serve at the Mass which you now attend.

Note: We specifically need volunteers for the 8AM Mass.
If you can assist just only once a month it would be
greatly appreciated.

ANNOUNCEMENTS**National Natural Family Planning Awareness Week**

July 21–27 has been designated as *National Natural Family Planning Awareness* week. This week highlights the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love and responsible parenthood. The dates also mark the feast of Saints Joachim and Anne (July 26), the parents of the Blessed Mother. For further information, contact nfp@uscgb.org.

**COLOR**

Read the Gospel of the week and color the image.

**Fourteenth Sunday in Ordinary Time**

G	H	E	K	A	T	L	M	V	F	K	T
N	E	V	A	E	H	L	A	D	E	N	S
I	A	I	F	I	N	D	F	B	M	W	E
D	V	G	C	J	E	S	U	S	O	D	R
N	Y	G	H	I	D	D	E	N	C	R	O
A	L	Y	O	K	E	F	K	B	T	O	S
T	S	U	O	I	C	A	R	G	A	L	U
S	O	R	S	E	L	T	N	E	G	B	C
R	G	M	E	Y	A	H	T	R	A	E	H
E	N	N	S	V	R	E	K	N	A	H	T
D	E	L	I	V	E	R	E	D	C	E	A
N	E	K	W	H	D	A	Y	L	W	O	L
U	B	E	M	I	T	G	L	D	I	L	J

BABES

BEEN

CHOOSES

COME

DECLARED

DELIVERED

EARTH

FATHER

FIND

GENTLE

GIVE

GRACIOUS

HEART

HEAVEN

HEAVY

HIDDEN

JESUS

KNOWS

LABOR

LADEN

LEARN

LORD

LOWLY

REST

REVEAL

SUCH

TAKE

THANK

THINGS

TIME

UNDERSTANDING

WISE

YOKE

**GOSPEL**

Jesus knows that you can get tired. Doing your best in school is hard work. You also may feel tired, sad, or left out on the playground. Whenever you start to feel tired, remember that Jesus is with you. Learn from Jesus. Follow his example. Be honest. Be kind. Help others do the right thing. Jesus will help you.



ANNOUNCEMENTS



NATIONAL
**Eucharistic
Revival**

Revival's in the Air “

[EucharisticRevival.com](https://eucharisticrevival.com) (website)

[Eucharist.Formed.org](https://eucharistformed.org) (platform)

Dearest Friends,

“The Eucharist is my highway to Heaven.” This statement captures the mission of Blessed Carlo Acutis, the young Italian boy who died at the age of fifteen after a short battle with aggressive leukemia.

I think “ordinary holiness, plus a whole lot of zeal” would be the title I’d give if I were to prepare a talk on Blessed Carlo. In an era in which life is seen through the lens of instant gratification and self-fulfillment, Carlo lived for others. At age seven, he began to attend daily Mass as much as possible. As a youth, he taught catechesis at his parish. He was particularly mindful of the poor and took St. Francis of Assisi as his patron saint. He loved video games, yet he restricted his screen time to cultivate balance in his life. He used his remarkable tech skills to develop a website listing Eucharistic Miracles around the world as a creative means of digital Eucharistic Evangelization. The website he created is still being used in new *and* old media (aka, printed posters!) worldwide.

At the end of the day, Carlo understood what life was all about—being in communion with God and loving your neighbor. He depended on Our Lady and the saints to help him grow closer to Jesus and allowed himself to bathe in the rays of grace flowing from the Eucharist every day.

I hope this week’s edition of *Heart of the Revival* helps you and those you love get to know one of our National Eucharistic Revival patrons. May his “ordinary holiness, plus a whole lot of zeal” inspire you to live *your* everyday holiness with enthusiasm and joy!

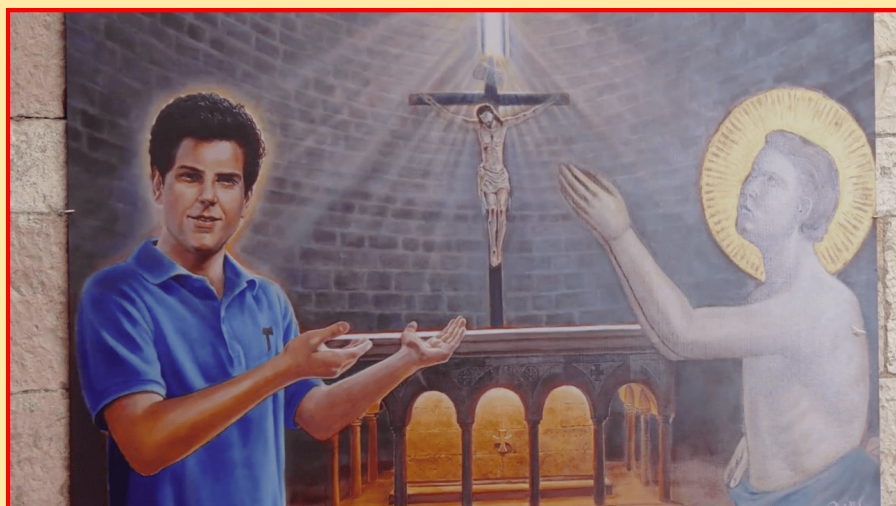
In Jesus,

Sister Alicia Torres, F.E.

PS: If you haven’t prayed a Holy Hour for Pope Francis and the Revival yet, it is not too late. Register your Holy Hour today at <https://app.smartsheet.com/b/form/ec6cde1c41e44866a8dc12044d88c2de?utm>

*“The more Eucharist we receive, the more we will become like Jesus, so that
on earth we will have a foretaste of heaven.”*

Blessed Carlos Acutis



ANNOUNCEMENTS

Liturgical Life

“Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.”

- Mt 11:28-30

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading

The prophet Zechariah saw the future king of Israel restoring both the land and the people, bringing peace and justice to all the nations. How might you help build toward this promised future?

Second Reading

Paul speaks of the power of the Spirit living in those who believe in Jesus. When have you felt or experienced the presence of the Holy Spirit in your life?

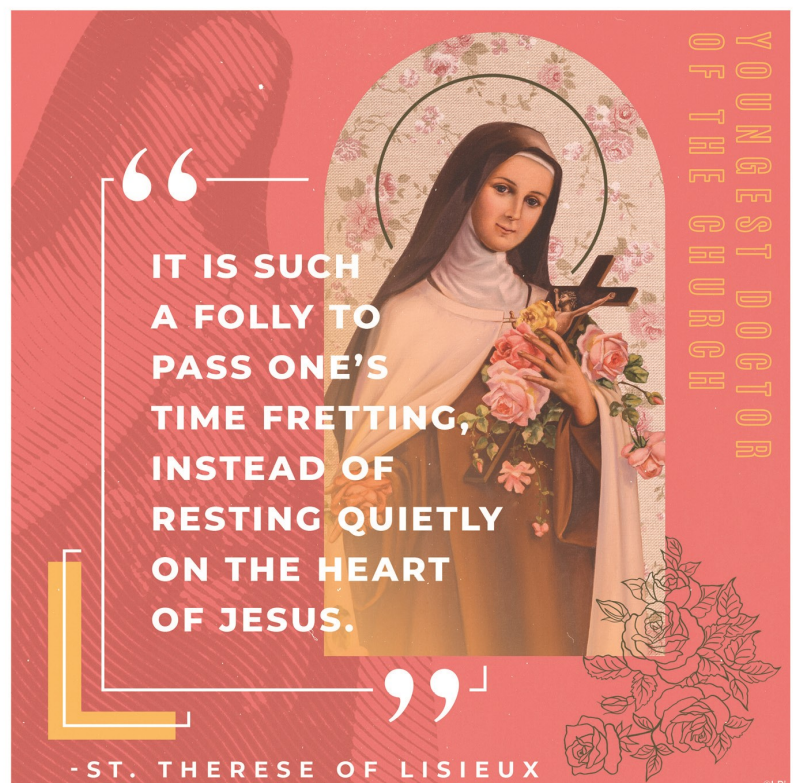
Gospel Reading

Jesus invites all who are burdened and laboring to find “rest” in him. What burdens do you or your family need lifted from your life?



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ANNOUNCEMENTS

Liturgical Life

(PRACTICING) CATHOLIC

A Ballad of Flesh and Spirit

"My yoke is easy and my burden is light," says the man hanging from a cross. And if we only went on what we see with our eyes — flesh driven through by nails and sword, swollen from beating and inches from expiration — it would seem like a joke.

I'll tell you something we all know: this life on earth is hard. It's either too long or it's too short. It's frequently painful. It's riddled with problems that seem to make no sense. It is, as Dickens wrote, "made of ever so many partings welded together."

But it's also shockingly, senselessly beautiful. It is full of physical experiences of love, joy, and peace that are so powerful they leave you breathless.

It is both these things — good and bad, hard and wonderful, just as we are both body and soul, spirit and flesh.

No one knows the Father except the Son, who entered into our bodily existence to free us from enslavement to it. No one knows the Son except the Father, and the means by which they know one another — the love passing between them, the Third Person himself — has been shared with us, has made its dwelling within us through baptism.

*"Brothers and sisters, we are not debtors to the flesh, to live according to the flesh."
— Romans 8:12*

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

I have been away from the Church for a few years and really want to get active again, not so much for me, but for my children. Is this a bad reason to come back to Church?

Answer:

If you are on your way to the supermarket, and you are forced to detour from your usual route because of road work, does the food you buy taste different? Is the meal less filling? Are the vegetables less tasty? Of course not. In our faith journey, there are many detours called sin. Some are greater than others, some are even a bit longer. But God's grace comes to us in ways we understand and recognize and need. Your children leading you back to the Church is not as important as the fact that you are back. This is an opportunity for you to renew, strengthen, and deepen your faith. Regardless of how we get to Church, or what draws us closer to God, the fact is we are there. Do what you need to do to get right with God and the Church. Go to confession, begin good family religious practices, and be involved in the ministries your parish offers. Be more than a lukewarm parishioner. Be the kind of Catholic you want your children to be.