

QUEEN OF ANGELS CATHOLIC CHURCH

THE MESSENGER

2569 W Victoria Drive
Alpine, CA 91901

Office: 619.445.2145

Website

www.queenofangels.org

Holy Sacrifice of The Mass

Saturday: 5:30 pm

Sunday: 8:00 am
& 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, Pray for Us!

First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,
Mass 11:30 am

First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

Mother of Perpetual Help Devotion

Wednesday: after 8:00 am Mass

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

Confession

Tuesday-Friday: 7:15 am,
Saturday: 4:00 pm,
or by appointment

Sacraments

Baptism, Holy Matrimony, & Funerals
Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexner@queenofangels.org

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriqueta@queenofangels.org

Jacob Brown: **Administrative Assistant**, jacob@queenofangels.org

Glenn D'Abreo : **Music Coordinator**, glenn@queenofangels.org

Darlene Ames: **The Messenger**, bulletin@queenofangels.org

Parish Email: parish@queenofangels.org

The Mission of Queen of Angels Church is to:

Grow in our relationship with God through Jesus Christ.

Strengthen our faith by living and teaching the Gospel.

Serve God's People in our parish, our community, and our world.

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619.442.4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

Table of Contents

Church Directory	Pg 1
Weekly Readings	Pg 2
Mass Intentions	Pg 2
Announcements	Pg 3-7
Pastor's Page	Pg 4

STEWARDSHIP OF TIME, TALENT & TREASURE

February 26, 2023

Envelopes Used	56
Envelope Collections	\$ 2,676.00
Plate Collections	\$ 574.00
TOTAL	\$ 3,250.00
Ash Wednesday Collection	\$ 2,590.00



Monthly Tecate & ECPC Collection

Please leave your donations after all the Masses this weekend, **March 4-5**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. Drive your car around to the back and it will be just a few steps away. You will be able to access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPC. As always, thank you for your support!



READINGS & MASS INTENTIONS MARCH 4-12, 2023

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/2 Tm 1:8b-10/Mt 17:1-9
Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38
Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12
Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31
Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46
Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32
Next Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

DATE	TIME	INTENTION
Saturday, Mar 4	9:00 am	Melissa Yelvington
Saturday, Mar 4	5:30 pm	Terry Fraenzl
Sunday, Mar 5	8:00 am	Connie Florance
Sunday, Mar 5	10:30 am	Carmen Holt
Monday, Mar 6	7:30 am	Rosary
Tuesday, Mar 7	8:00 am	Joan Torbett
Wednesday, Mar 8	8:00 am	Lupita Vecchitto
Thursday, Mar 9	8:00 am	Wendy Gregory & Family
Friday, Mar 10	8:00 am	Melissa Yelvington
Saturday, Mar 11	5:30 pm	Melissa Yelvington
Sunday, Mar 12	8:00 am	Fr. Dave Leon
Sunday, Mar 12	10:30 am	Luise Barrett



Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
 Nonie Beach
 Joyce Drexler
 Katie Clark Larson
 Jim Hill
 Carmen Holt
 Jason Laccone
 Joan Smith
 Kailyn & Charis Whaley



Deployed Military


Meagan Abad, LT
 Matthew D. Fuller, PV2
 William W. Fuller II, PFC
 Edward R.M. Lopez, SSgt
 Rebekah Meyer, BM3(sw)
 Jacob Tweed, HM3
 Mattison Underhill, USN




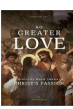
If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletin@queenofangels.org.


Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletin@queenofangels.org.


ANNOUNCEMENTS

 **Additional Confession** In addition to our normally scheduled Confession times offered here at Queen of Angels, there will be a Penance Service on **Tuesday, March 7 at 7 PM**. Please take time to go to confession. *“Repent, and Believe in the Gospel!”*

 **Soup Supper** Please join fellow Queen of Angels parishioners on Friday, **March 10** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by Queen of Angels Music Ministry.

 **Bible Study** *Thousands sought Jesus during his life. Only a few followed him to Calvary. What will you do?* Join our latest Bible Study to be held Tuesday evenings beginning March 7, at 6 PM-8 PM in the parish hall. This is a five week study. Class is free. Additional study guide set is \$26.95 and the book only is \$14.99 plus shipping. To sign-up visit: ascensionpress.com/collections/no-greater-love#study-materials.

 **Morning Weekday Mass Schedule** Please make note: There will be no morning Masses **March 14-23**. We will however be reciting the rosary at 7:30 AM and would love to see you there. Thank you for your understanding.

 **Thank You** A big **THANK YOU** to Tuesday’s Bible Study Classes and Queen of Angels Office Staff for hosting and suppling the delicious soups and bread at our Soup Supper on February 24 and March 4. We are truly blessed!

 **SPRING FORWARD** Don’t forget to set your clocks forward one hour next weekend, **March 11-12**. *Alleluia, I See the Light!!*



HOP On Over
to the
**1ST ANNUAL QUEEN OF ANGELS
EASTER EGG HUNT**

Hosted by the Knights of Columbus

**On Easter Sunday, April 9
after the 10:30AM Mass**

In the Church Playground

BYOB (Bring Your Own Basket/Bag)

All ages welcome; 18 years and younger.

Parents are highly
encouraged to supervise their children.



Additional Opportunities for Reconciliation 2023



Holy Trinity, El Cajon	March 6	7:00 PM
Queen of Angels, Alpine	March 7	7:00 PM
Santa Sophia, Spring Valley	March 7	7:00 PM
St. Kateri Tekakwitha, Lakeside/Barona	March 7	7:00 PM
St. Therese, San Diego	March 8	7:00 PM
St. Pius X, Jamul	March 9	7:00 PM
Our Lady of Perpetual Help, Lakeside	March 13	10:00 AM
Our Lady of Perpetual Help, Lakeside	March 13	7:00 PM
St. Martin of Tours, La Mesa	March 14	7:00 PM
St. John of the Cross, Lemon Grove	March 15	7:00 PM
St. Luke, El Cajon	March 23	7:00 PM
Guardian Angels, Santee	March 27	7:00 PM
Our Lady of Grace, El Cajon	March 28	7:00 PM

Stations of the Cross

Every Friday in Lent

at 6:30 PM in the Church
(MARCH 10, 17, 24 & 31)

Followed by a Soup Supper Meal

at 7:00 PM in the parish hall

Hosted by various parish ministries

Adoration of the Blessed Sacrament

Every Friday in Lent (EXCEPT MARCH 17)

following the

8:00 AM morning Mass until 9:30 AM

Reconciliation

Tuesday-Friday: 7:15-7:45 AM

Saturday: 4:00 PM, or by appointment

Lenten Prayer materials will be available in
the church donut/multi-purpose room.

Friday are Days of Fasting & Abstinence.



PASTOR'S PAGE

Friends,

Lent is officially upon us! And it's a good opportunity for us to revisit the precepts of the Church. As a quick refresher, they are:

- 1-To attend Mass on Sundays and other holy days of obligation, and to refrain from work and activities which could impede the sanctification of those days;
- 2-To confess one's sins, receiving the sacrament of Reconciliation at least once each year;
- 3-To receive the sacrament of the Eucharist at least during the Easter Season;
- 4-To abstain from eating meat on Fridays and to observe the days of fasting established by the

Church;

- 5-To help provide for the material needs of the Church, each according to his own ability.

I would like to draw your attention, if I may, to (2) and (3) in particular. The third precept, that we are to receive Holy Communion during the Easter season, is directly supported by the second, our need to confess our sins at least once a year. And I want to point out that it is OUR need, not God's. The need for forgiveness and reconciliation is ours. And once a year, honestly, is quite generous. Imagine if you were to only clean your house, or take a shower, once a year. And yet, that is all that the Church insists upon when it comes to our souls. Second, if we want to receive the Eucharist well and in a state of grace during Easter, then it stands to reason that the more recent our last confession, the better. Which makes Lent maybe the best liturgical season to go to confession. So I want to encourage everyone to **go to confession** this Lent.

And on that note, I also want to encourage you to take advantage of the many penance services taking place in our deanery (the collection of nearby parishes). The first one this Lenten season will actually be right here, at Queen of Angels, this coming **Tuesday, 8 March at 7 PM**. We will have a couple visiting priests from other parishes to hear our confessions and absolve us of our sins – and I do mean “us” and “our,” because I hope to go to confession this Tuesday too! But what a great way to be able to start off Lent! So I hope to see you again on Tuesday, for your mandatory once-a-year “spiritual shower.” But if not, at least take the time to go to confession before Holy Week. We are all sinners in need of a savior, and one of the easiest and most beautiful ways the Church offers us to receive the grace of Jesus is to meet him in the confessional when we ask for pardon from our sins. I'll see you there.

A Fellow Sinner,

Fr. David



ANNOUNCEMENTS



Living Our

Faith

But someone will say, "You have faith and I have works." Show me your faith apart from your works, and I will show you my faith by my works.
James 2:18

2023 ANNUAL
CATHOLIC APPEAL
DIOCESE OF SAN DIEGO



The 2023 Annual Catholic Appeal "Living our Faith", has begun

Queen of Angels assessment for 2023 is \$27,804.00. Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include our schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how much you can give to this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church. If you cannot donate at this time, we ask you to pray for a successful 2023 Annual Catholic Appeal for our parish.



WE NEED YOUR HELP!

Now Thru – April 2nd

Covering prayer shifts,
from 7:00am – 7:00pm every day for 40 Days
Tuesday is Queen of Angels' Day to Pray

Please join us for at least one hour in peaceful pray to end abortion
in the public right-of-way outside Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

Please contact Anne Baldwin at 619-572-8478 or Pat Hansen at 619-445-3822
to schedule your prayer time.

elcajon40days@hotmail.com www.40daysforlife.com/elcajon

ANNOUNCEMENTSNATIONAL
**Eucharistic
Revival****"Revival's in the Air "**NATIONAL
**Eucharistic
Revival****The Eucharist*****What is the Eucharist?***

The Eucharist is the source and summit of the Christian life. The term "Eucharist" originates from the Greek word *eucharistia*, meaning thanksgiving.

In the celebration of the Eucharist, bread and wine become the Body and Blood of Jesus Christ through the power of the Holy Spirit and the instrumentality of the priest. The whole Christ is truly present -- body, blood, soul, and divinity -- under the appearances of bread and wine, the glorified Christ who rose from the dead. This is what the Church means when she speaks of the "Real Presence" of Christ in the Eucharist.

Where is the Eucharist mentioned in the Bible?

The Lord Jesus, on the night before he suffered on the cross, shared one last meal with his disciples. During this meal our Savior instituted the sacrament of his Body and Blood. He did this in order to perpetuate the sacrifice of the Cross throughout the ages and to entrust to the Church a memorial of his death and resurrection. The Institution of the Eucharist is written down in the four Gospels below:

Matthew 26:26-30, Mark 14:22-26, Luke 22:14-20, John 6:22-59 (The Bread of Life Discourse)

Why does Jesus give himself to us as food and drink?

Jesus gives himself to us in the Eucharist as spiritual nourishment because he loves us. By eating the Body and drinking the Blood of Christ in the Eucharist, we become united to the person of Christ through his humanity. "Whoever eats my flesh and drinks my blood remains in me and I in him" (Jn 6:56). In being united to the humanity of Christ, we are at the same time united to his divinity. Our mortal and corruptible natures are transformed by being joined to the source of life.

Is the Eucharist a symbol?

The transformed bread and wine are truly the Body and Blood of Christ and are not merely symbols. When Christ said "This is my body" and "This is my blood," the bread and wine are transubstantiated. Though the bread and wine appear the same to our human faculties, they are actually the real body and blood of Jesus.

The Liturgy of the Eucharist

The Liturgy of the Eucharist begins with the preparation of the gifts and the altar. As the ministers prepare the altar, representatives of the people bring forward the bread and wine that will become the Body and Blood of Christ. The celebrant blesses and praises God for these gifts and places them on the altar, the place of the Eucharistic sacrifice. In addition to the bread and wine, monetary gifts for the support of the Church and the care of the poor may be brought forward. The Prayer over the Offerings concludes this preparation and disposes all for the Eucharistic Prayer.

The Eucharistic Prayer


The Eucharistic Prayer is the heart of the Liturgy of the Eucharist. In this prayer, the celebrant acts in the person of Christ as head of his body, the Church. He gathers not only the bread and the wine, but the substance of our lives and joins them to Christ's perfect sacrifice, offering them to the Father.

The introductory dialogue establishes that this prayer is the prayer of the baptized and ordained, is offered in the presence of God, and has thanksgiving as its central focus. Following this dialogue, the celebrant begins the Preface, which consists of four different Eucharistic Prayers. After these prayers, communion is then given.

The following timeline follows the traditional Liturgy of the Eucharist:

Presentation of the Gifts and Preparation of the Altar
Prayer over the Offering
Eucharistic Prayer
 Preface
 Holy, Holy, Holy
 First half of prayer, including Consecration
 Mystery of Faith
 Second half of prayer, ending with Doxology
The Lord's Prayer
Sign of Peace
Lamb of God
Communion
Prayer after Communion


ANNOUNCEMENTS



30th ANNIVERSARY

Pregnancy Care Clinic

30th Anniversary Celebration



WALK FOR LIFE TO BOLDLY GO


Prov 28:1


MARCH 11, 2023


Registration Begins at 8:30 AM
Celebration Starts at 9:00 AM


Prescott Promenade 201 E. Main Street—El Cajon, CA 92020


- To kick off our 30th Anniversary Year Long Celebration, we are expanding the Walk to include a few additional fun items.
- A concert will kick off the event!
- Face painting for the kids!
- Limited edition 30th Anniversary Sweatshirts for those raising \$500!
- Fill out the form on the back with pledges from your family, friends, coworkers, strangers...OR go to our website www.supportpcc.com and click on the link to register online and create your very own Walk Fundraising page! (see below)
- **After the walk, stick around for the picnic! (Hot dogs provided—you bring the chips!)**











**RECORDING ARTIST
MISAEAL GARCIA**

USE SOCIAL MEDIA TO REACH YOUR GOAL!

Go to www.supportpcc.com and click on the link in the Walk Information announcement. You will be directed to our Walk website and given the opportunity to create your very own web page which you can share with family and friends!

Pregnancy Care Clinic

677 S. Magnolia Ave—El Cajon, CA 92020 (619) 442-4357
4130 Alpha Street — San Diego, CA 92113 (619) 326-8595
www.supportpcc.com - www.unplannedparenthood.org

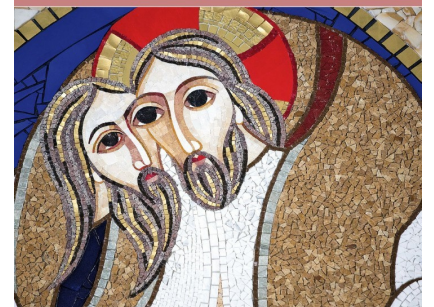
EXPLORER DAY

Explorer Day is a six-hour discernment experience sponsored by the Diocese of San Diego for men interested in the priesthood. It includes Mass & other common prayer, presentations from priests, and an opportunity to ask questions and discuss topics such as: What is a priest? What does a priest do? What is the preparation process like? What are some of the rewards and challenges of priestly ministry? How does a man know if God is calling him to the priesthood?

If you think you may be interested in exploring a possible vocation to the priesthood, please join us on Saturday, **March 18**, at St. Francis Center on the campus of the University of San Diego from 8:30 am to 3:30 pm. If living a life of service for Christ and the people of God is attractive to you, take advantage of the opportunity to attend this upcoming Explorer Day.

For more information or to register please contact Fr. Lauro Minimo at St. Francis Center at 858.490.8385. Or contact Father David at 619-4452145 during normal business hours. Cost is free. Pre-registration is required for this event.

IS GOD CALLING YOU TO BE A PRIEST?



The Church is the house of mercy, and it is the "soil" where vocations take root, mature and bear fruit.
- Pope Francis



If you are grieving the loss of your marriage through **death, divorce or separation**, join us on **April 28 to 30, 2023** at the **Prince of Peace Abbey Oceanside, CA.**

A trained team leads participants through a healing and growth program. If you are ready to move through your feelings of grief, into the light of a new beginning and hope, this weekend may be for you.

Contact beginningexperiencesd@gmail.com for more information.