

# QUEEN OF ANGELS CATHOLIC CHURCH

## THE MESSENGER

2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619.445.2145

### Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

### Website

[www.queenofangels.org](http://www.queenofangels.org)

### Holy Sacrifice of The Mass

**Saturday:** 5:30 pm

**Sunday:** 8:00 am  
& 10:30 am

### Daily Mass

**Tuesday-Friday:** 8:00 am

### Rosary

**Monday-Friday:** 7:30 am



Mary, Queen of Angels, Pray for Us!

### First Friday Devotions to the Sacred Heart of Jesus

Exposition/Confession: 10:00 am,  
Mass 11:30 am

### First Saturday Devotions to the Immaculate Heart of Mary

Rosary: 8:30 am, Mass: 9:00 am

### Mother of Perpetual Help Devotion

**Wednesday:** after 8:00 am Mass

### Eucharistic Adoration

**Friday:** after 8:00 am Mass  
until 9:30 am

### Confession

**Tuesday-Friday:** 7:15 am,  
**Saturday:** 4:00 pm,  
or by appointment

### Sacraments

**Baptism, Holy Matrimony, & Funerals**  
Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexner@queenofangels.org](mailto:frdexner@queenofangels.org)

### Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriqueta@queenofangels.org](mailto:enriqueta@queenofangels.org)

Jacob Brown: **Administrative Assistant**, [jacob@queenofangels.org](mailto:jacob@queenofangels.org)

Glenn D'Abreo : **Music Coordinator**, [glenn@queenofangels.org](mailto:glenn@queenofangels.org)

Darlene Ames: **The Messenger**, [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org)

**Parish Email:** [parish@queenofangels.org](mailto:parish@queenofangels.org)

*The Mission of Queen of Angels Church is to:*

*Grow in our relationship with God through Jesus Christ.*

*Strengthen our faith by living and teaching the Gospel.*

*Serve God's People in our parish, our community, and our world.*

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619.442.4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858.490.8353.

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**STEWARDSHIP OF TIME, TALENT & TREASURE****May 7, 2023**

Envelopes Used 80

Envelope Collections \$ 4,750.45

Plate Collections \$ 564.00

**TOTAL \$ 5,314.45**



Queen of Angels 2023 Annual Catholic Appeal  
"Living our Faith", has begun

We ask you to prayerfully consider how much you can give to this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church. If you cannot donate at this time, we ask you to pray for a successful 2023 Annual Catholic Appeal for our parish.

**GOAL: \$26,004.00 PLEDGE: \$ 5,485.00**  
**BALANCE: \$24,119.00**

**READINGS & MASS INTENTIONS MAY 13-21, 2023**

**Sunday:** Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16, 20  
(1)/1 Pt 3:15-18/Jn 14:15-21

**Monday:** Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/  
Jn 15:26—16:4a

**Tuesday:** Acts 16:22-34/Ps 138:1-2ab, 2cde-3, 7c-8/  
Jn 16:5-11

**Wednesday:** Acts 17:15, 22—18:1/Ps 148:1-2, 11-12,  
13, 14/Jn 16:12-15

**Thursday:** Acts 18:1-8/Ps 98:1-3ab, 3cd-4/Jn 16:16-20

**Friday:** Acts 18:9-18/Ps 47:2-3, 4-5, 6-7/Jn 16:20-23

**Saturday:** Acts 18:23-28/Ps 47:2-3, 8-9, 10/  
Jn 16:23b-28

**Next Sunday:** Ascension: Acts 1:1-11/Ps 47:2-3, 6-7,  
8-9 (6)/Eph 1:17-23/Mt 28:16-20

DATE	TIME	INTENTION
Saturday, May 13	5:30 pm	Mary Koch
Sunday, May 14	8:00 am	Mother's Day Novena
Sunday, May 14	10:30 am	Mother's Day Novena
Monday, May 15	7:30 am	Rosary
Tuesday, May 16	8:00 am	Mother's Day Novena
Wednesday, May 17	8:00 am	Mother's Day Novena
Thursday, May 18	8:00 am	Mother's Day Novena
Friday, May 19	8:00 am	Mother's Day Novena
Saturday, May 20	5:30 pm	Mother's Day Novena
Sunday, May 21	8:00 am	Mother's Day Novena
Sunday, May 21	10:30 am	Mother's Day Novena

Prayer Requests

Continue to Keep in Your Prayers and Hearts  
those on our Healing and Deployed Military Lists.



Kelly Barker  
Sue Dodds  
Jim Hill  
Carmen Holt  
Jason Laccone  
Stephen McMeeken  
Steve Rodkey  
Joan Smith  
Kailyn & Charis Whaley  
Celeste Woestman  
Melissa Yelvington

**Deployed Military**

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
Rebekah Meyer, BM2(sw)  
Jacob Tweed, HM3  
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).

Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletin@queenofangels.org](mailto:bulletin@queenofangels.org).

## ANNOUNCEMENTS



**Holy Heart's Homeschool Co-Op** Please join the staff and students of Holy Heart's Co-Op for an Open House/Meet & Greet on Tuesday, **May 16** from 6pm-8pm in the parish hall. This is a great opportunity to ask any questions and gather information if you have been considering homeschooling for your children. Hope to see you there!



**Women's Auxiliary** Our April meeting will be on Wednesday, **May 24** at 5:30 PM in the parish hall. All woman of the parish are welcome to join. Mark your calendar and we look forward to seeing you there.



**Monthly Tecate Collection** Due to unforeseen logistical issues Queen of Angels has suspended the collecting of dry and can goods items for the Tecate Orphanages. We can however take monetary donations if you would still like to donation to this worthwhile cause. Thanks you for your continued support to the Tecate Orphanages over the years.



**PLEASE Consider Assisting!** We here at Queen of Angels are always in need of **Altar Servers, Communion Ministers, Lectors and Ushers**. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David in the parish office at 619-445-2145. We will work with your availability to serve at the Mass which you now attend. Note: We specifically need volunteers for the 8AM Mass. If you can assist just only once a month it would be greatly appreciated.

*In honor of the  
**Ascension of the Lord-May 21***

*&*

***Pentecost Sunday-May 28,***

*Queen of Angels will have  
**Eucharistic Adoration***

*prior to Sunday Mass services on both days.*

*Adoration will begin at*

***7:00AM & 9:00 AM***

*for each respective Mass.*

*This is a great opportunity to increase our  
Eucharistic devotion as a church and ready  
ourselves for the upcoming  
National Eucharistic Revival.*

***Revival is in the Air!***



**DEAR LORD, I APPROACH YOU TO GIVE  
THANKS TO ALL MOTHERS WHO SO  
GENEROUSLY AND FREELY GIVE LOVE,  
COMFORT, AND GUIDANCE TO THEIR  
CHILDREN EVERY DAY.**

**I ASK YOU, LORD, TO PROVIDE THEM  
WITH THE STRENGTH TO CONTINUE DOING  
THEIR WORK. GIVE THEM PATIENCE AND LET  
THEM SEE THAT THEY ARE LOVED,  
APPRECIATED, AND RESPECTED.**

**I THANK YOU FOR THE SACRIFICE EACH  
MOTHER MAKES EVERY DAY. AND I PRAY YOU  
TO BLESS THEM AND TOUCH THEM WITH YOUR  
GRACE. I PRAY THIS IN YOUR MIGHTY NAME.  
AMEN.**

## KNIGHTS OF COLUMBUS SCHOLARSHIP

The Knight of Columbus will once again be awarding the

Andrew Tompkins  
Memorial College Scholarship Award

to practicing Catholics and members of  
Queen of Angels Parish. Applicants must be a senior in a  
Catholic, Public, Charter or accredited Home High School or a  
full-time student at an accredited College or Trade School.

Applications will be available online at [queenofangels.org](http://queenofangels.org).  
and in the parish office.

Applications must be completed and  
**POSTMARKED NO LATER THAN MAY 31st.**





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**PASTOR'S PAGE**

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Friends,

This past week I had a wonderfully embarrassing moment that was too amazing to not share...

I had arrived at our quarterly deanery meeting about 5 minutes late, and I noticed another priest arriving about the same time. I didn't recognize this priest, but that is not terribly uncommon this time of year based on how we get moved around. Because I didn't recognize him, even though I had just gone to confession the prior week, I immediately thought, "What a great chance to go to confession!" It was perhaps the first time in years that I had the opportunity to go to confession with a priest I didn't know. He graciously agreed to hear my confession, and we were off to the races. Now, quick reminder: he is never allowed to share what transpired next, but since I was the penitent, I can share as much as I want about my own sins! Anyway, moving on... One of the sins I brought up – something that I really needed to confess, honestly – was a spirit of pride that had especially expressed itself in anger towards and speaking ill of others, specifically some individuals who work at the Diocese who I know are just trying to help me. Well, after we had finished everything and he had granted me absolution, it was time for introductions. Please permit me to recount what happened next as if it were the script of a play:

Him: By the way, my name is Father Sebastian. What's your name?

Me: David.

Him: Great to meet you, David!

Me: Great to meet you too, Sebastian! Are you new to the deanery?

Him: No, I work at the Missions Office up at the Diocese.

Me: ...

...

*[Fr. David dies internally from a simultaneous overdose of humiliation and laughter]*

Friends, it hurt **so good!** It's easy to talk about the importance of humility, and by the grace of God I have over the years become, by degrees, less resistant about accepting humiliations when they come, but even so, I had no idea being humiliated could be **that** hilarious and gentle at the same time! God's comedic timing in that moment was absolutely perfect! I will still be laughing about this years from now. I was certainly still laughing about it on the ride home, several hours later, and I took some time to give thanks to God for how that had transpired. And as I did that, it occurred to me what a tremendous gift that confession had been – not only because my sins were absolved and I got a terrific laugh in the process, but for another reason.

How many times have we ever hurt someone else, and sometime later – months, years, or even decades – we finally realize how badly we hurt them? And all we want to do is go back and apologize, but in many cases, for any number of reasons, we can't. That option is just not available to us anymore. Now, I had no idea who Fr. Sebastian was prior to meeting him, so I obviously hadn't been badmouthing him specifically, but let's not kid ourselves: he was lumped in with the rest of the group, and he's smart enough to know that. My words and actions had directly harmed him and people he works alongside with. I truly did want to apologize. Because God is so loving and gracious... I got to. And because His mercy endures forever, I also got to hear Him say, "I forgive you."

My dear brothers and sisters, if I can offer you any encouragement today, it would be this: do not run from humiliation, and especially do not run from Christ and His mercy. It is beyond our human comprehension. And if we're really lucky, and if we listen closely, we may even get to hear the Father's joyful laughter as He welcomes us back home.

With Immense Gratitude (and just enough Humility),

*Fr. David*

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## ANNOUNCEMENTS



### *“Revival’s in the Air “*

[EucharisticRevival.com](https://EucharisticRevival.com) (website)

[Eucharist.Formed.org](https://Eucharist.Formed.org) (platform)

Dear Friends,

One of my earliest memories of the Virgin Mary goes something like this: I woke up early one morning a little after dawn, and across the family room I saw a glowing figure. Immediately I thought, *it must be Mary!* My mother had been reading to us about how Our Lady appeared to the little children at Fatima, and my imagination was in high gear. As I approached the light, I soon realized it was nothing more than my mom’s ironing board, reflecting some rays of dawn off the metallic cover. Describing my disappointment with the word “bummer” would be an understatement.

Why is it that we gravitate toward what we perceive to be extraordinary when it comes to our life of faith? True, Our Lady has appeared time and again throughout Christian history, and through these apparitions she has drawn us to herself. Yet, her goal isn’t to dazzle us by some sort of magical presence.

It wasn’t until years later, as a young adult, that my devotion to Mary began to mature, and I discovered all that Mother Mary wants is for me—and for you—to belong completely to Jesus. And doesn’t she show us how to love him, how to adore him, how to be truly present to him?

This month of May, as we remember Mary in a special way, let’s ask her to help us be truly present at Mass and in our times of Eucharistic adoration. Jesus has given her to us to be our spiritual Mother. We desperately need her, and she deeply longs to help us draw near to Jesus, especially in the Eucharist.

Virgin Mary, Mother of God, pray to Jesus for us!

In Jesus,

*Sister Alicia Torres*

Managing Editor

***“MARY TEACHES US ALSO TO LIVE EUCHARISTICALLY,  
IN OTHER WORDS TO GIVE THANKS, TO CULTIVATE PRAISE, AND NOT  
TO BE FIXATED ONLY ON PROBLEMS AND DIFFICULTIES.”***

**Pope Francis**

*Greeting to Participants in the Syro-Malabar Youth Leaders Conference, June 18, 2022*



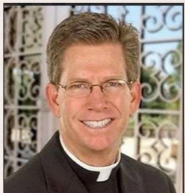
**ANNOUNCEMENTS***May is National Mental Health Month***Diocesan Therapists Referral Network**

The Diocesan Office for Family Life & Spirituality maintains a referral network of local therapists who are adept at integrating their clients' Catholic faith and spirituality into their practice. Please reach out to the office (858-490-8256) or to your local parish for therapist referrals.

**San Diego and  
Imperial Counties****NAMI San Diego**

NAMI San Diego offers support groups for those affected by serious mental illnesses, presented by trained facilitators who have "been there." In addition, NAMI is for family members and friends of those who live with mental illness.

NAMI Family Support Groups are for relatives, caregivers, and others involved with individuals with mental illness. The support groups are run by local affiliates and have facilitators trained by NAMI in order to provide a structure which encourages full group participation. Support groups provide a caring atmosphere for individuals to share their common experiences and assist individuals in developing the skills for understanding and the strengths needed to cope.

**MENTAL HEALTH**  
*Awareness Mass***PRESIDER:**  
**FR. MATTHEW SPAHR****SUNDAY  
MAY 21ST, 2023  
@ 11:30 AM**

Mental health  
resource fair in the  
courtyard  
following the  
Mass.

The Immaculata Catholic Church  
5998 ALCALA PARK WAY,  
SAN DIEGO, CA. 92110

*All are welcome!*

Presented by:

The Office for Family Life and Spirituality &  
The Mental Health Ministry Network of the Diocese of San Diego

[www.sdcatholic.org/mentalhealth](http://www.sdcatholic.org/mentalhealth)
**MENTAL HEALTH MINISTRY INVITES YOU!****THE SANCTUARY COURSE®**  
FOR CATHOLICS

It is an 8-session course, specially designed for small groups. The objective is to explore the different realities and mental health issues. The current needs generate the urgency to create space to have these collective faith-based conversations about mental health.

1 in 4 people is affected by a mental health challenge.

The stigma around this issue silences many and impedes religious communities from responding compassionately and effectively.



**Tuesdays 6:30pm – 8:30pm**  
May 16 & 30  
June 13 & 21  
July 11 & 25  
August 1 & 15

Good Shepherd Parish  
St. Bernard Room  
8200 Gold Coast Drive  
San Diego, CA 92126

Each session includes a video that present the stories of Catholics living with mental health issues. The perspective of archbishops, theologians and psychologists regarding mental health is also explained.

*The objectives of this course are educational only and the information provided is not a substitute for medical or therapeutic advice.*

THERE IS NO HOMEWORK, BUT IT'S RECOMMENDED THAT YOU READ/LISTEN TO THE SESSIONS IN ADVANCE OF MEETING. YOU HAVE THE OPTION OF READING THE TEXT ONLINE OR FOR A \$10 DONATION PURCHASE A PRINTED COPY. THERE WILL BE A LIMITED NUMBER OF COPIES IN THE FIRST SESSION. TO RESERVE YOUR COPY, PRE-REGISTER FOR THE CLASS.

**FOR MORE INFORMATION: MENTALHEALTHMINISTRY@GOODSHEPHERDPARISH.NET**



## ANNOUNCEMENTS



# First Holy Communion

WELCOME TO THE TABLE OF THE LORD!

*Karsen Beron*  
*Kade Castro*  
*Grace Ennis*

*Dalila Jimenez*  
*Bryce La Falce*  
*Kamila Magana*

*Alejandra Rospigliosi*  
*Gianfranco Rospigliosi*  
*Sawyer Surina*