

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexner@queenofangels.org

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriqueta@queenofangels.org

Jacob Brown: **Administrative Assistant**, jacob@queenofangels.org

Glenn D'Abreo : **Music Coordinator**, glennd@queenofangels.org

Darlene Ames: **The Messenger**, bulletin@queenofangels.org

Parish Email: parish@queenofangels.org

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**September 9-10, 2023**

Envelopes Used	66
Envelope Collections	\$ 6,399.02
Plate Collections	\$ 311.00
TOTAL	\$ 6,710.02

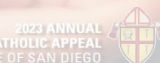
Living Our Faith

Queen of Angels 2023 Annual Catholic Appeal

"Living our Faith", has begun

*We ask you to prayerfully consider how much you can give to this year's appeal.
Your continued generosity in support of our local Church is vital
to the mission of the Universal Catholic Church.
If you cannot donate at this time, we ask you to pray for a successful 2023
Annual Catholic Appeal for our parish.*

But someone will say, "You have faith and I have works." Show me your faith apart from your works, and I will show you my faith by my works.

GOAL: \$26,004.00**PLEDGE: \$ 16,376.11 BALANCE: \$ 9,627.89****READINGS & MASS INTENTIONS SEPTEMBER 16-24, 2023****Sunday, Catechetical Sunday** : Sir 27:30—28:7/

Ps 103:1-2, 3-4, 9-10, 11-12 (8)/Rom 14:7-9/

Mt 18:21-35

Monday: 1 Tm 2:1-8/Ps 28:2, 7, 8-9/Lk 7:1-10**Tuesday:** 1 Tm 3:1-13/Ps 101:1b-2ab, 2cd-3ab, 5, 6/
Lk 7:11-17**Wednesday:** 1 Tm 3:14-16/Ps 111:1-2, 3-4, 5-6/
Lk 7:31-35**Thursday:** Eph 4:1-7, 11-13/Ps 19:2-3, 4-5/Mt 9:9-13**Friday:** 1 Tm 6:2c-12/Ps 49:6-7, 8-10, 17-18, 19-20/
Lk 8:1-3**Saturday:** 1 Tm 6:13-16/Ps 100:1b-2, 3, 4, 5/Lk 8:4-15**Next Sunday, Priesthood Sunday:** Is 55:6-9/

Ps 145:2-3, 8-9, 17-18 (18a)/Phil 1:20c-24, 27a/

Mt 20:1-16a

DATE**TIME****INTENTION**

Saturday,	Sep 16	5:30 pm	†Alfonso Redondo
Sunday,	Sep 17	8:00 am	Margaret Bustamante
Sunday,	Sep 17	10:30 am	†Norma Pinal
Monday,	Sep 18	7:30 am	Rosary
Tuesday,	Sep 19	8:00 am	Simon Mattar
Wednesday,	Sep 20	8:00 am	†David Owen
Thursday,	Sep 21	8:00 am	Fr. Timothy Deutsch
Friday,	Sep 22	8:00 am	†Erilinda Silva
Saturday,	Sep 23	5:30 pm	Samea Mattar
Sunday,	Sep 24	8:00 am	Alejandro Martinez
Sunday,	Sep 24	10:30 am	†Al Florance

Prayer Requests

*Continue to Keep in Your Prayers and Hearts
those on our Healing and Deployed Military Lists.*



Kelly Barker
Bill Brundage
Margaret Bustamante
Denny Grogg
Bernadette Gross
Mike Gust
Jim Hill
Carmen Holt
Jason Laccone
Alejandro Martinez
Steven McMeeken
Steve & Eileen Porter
Becky Rangel
Steve Rodkey

Joan Smith
Kailyn & Charis Whaley
Celeste Woestman

*...may they find joy in
the healing love of Christ.*

**Deployed Military**

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PV2
Rebekah Meyer, BM2(sw)
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletin@queenofangels.org.

*Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletin@queenofangels.org.*

ANNOUNCEMENTS



Faith Formation Please be advised that classes will begin in October. Sacramental Prep classes however will begin sooner and all students registered in those classes will be notified of the actual start date.



OCIA (formerly RCIA) OCIA will begin **September 17** after the 10:30 AM Mass in the parish hall. If you are interested in registering or finding out more there's still time to sign up. Please check the parish website and click on the link for the OCIA inquiry form.



Faith Formation Catechists ASK YOURSELF: is God is calling **YOU** to be a Catechist? If so we can use your assistance as we are still in need of more catechists and volunteers to make this year's Faith Formation program possible. Even if you don't have children old or young enough to participate in program your help would be greatly appreciated. For more information or to volunteer contact Father David the parish office at 619.445.2145.



Women's Auxiliary Our September meeting will be on Wednesday, **September 27** at 5:30 PM in the parish hall. All woman of the parish are welcome to join. Mark your calendar and we look forward to seeing you there.



ARE YOU A DAUGHTER OF GOD?

QUEEN OF ANGELS WOMEN'S AUXILIARY
IS HOSTING THE
1ST PARISH WOMAN'S RETREAT
ON SATURDAY, **SEPTEMBER 23RD.**

JOIN FELLOW LADIES OF THE PARISH IN A DAY
OF SPIRITUAL INTERACTION AS WE LEARN
JUST HOW MUCH GOD LOVES HIS DAUGHTERS.

MORE INFORMATION COMING SOON
REGARDING THE DAY'S ACTIVITIES.
REGISTRATION WILL BEGIN ON **SEPTEMBER 30**
VIA ONLINE AND AFTER MASS
IN THE PORTICO.



Please take Note Due to the Priestly Convocation, there will be no morning Mass **September 26 -29**. Mass will resume on Tuesday, **October 3** at 8:00 am. We will however be reciting the rosary at 7:30 AM and would love to have you join us.



Congratulations A blessed First Eucharist to our First Communicants, **Orion Maverick Bowers** and **Tennyson Pearl Bowers** who received our Lord Jesus in the Blessed Sacrament on September 2, 2023.



ALL MIDDLE AND HIGH SCHOOL TEENS

If you are interested in joining teens your own
age and learn more about the love of Jesus Christ
and the beauty of the Catholic faith
Queen of Angels Youth Group is for YOU!

We will gather in the parish hall every other
Wednesday at 7:00 PM. Our next meeting will be
September 27.

Music/Faith/Fun Activities

If you have any questions or for more information
contact Father David at 619-445-2145.
Hope to see you there!



YOUTH

GROUP

Holy Hearts Homeschool Co-Op

The new school year is upon and we are so excited!
To help make the year a successful one we are in need of a few
items. If you can assist in any way we would be truly grateful.

Current Needs:

- rocking chair/glider for the nursery (used donated item)
- changing table for the nursery (used donated item)
- funds for P.E. equipment
- funds for new whiteboards in the parish hall

Thank you for your continued support
HolyHeartsCoOp@gmail.com

PASTOR'S PAGE

Friends,

Next weekend, on Sunday (Sept 24) after the 10:30 Mass in the parish hall (the kitchen area behind where we are currently celebrating Mass) we will be having a parish forum on the Eucharist, and in particular to discuss how we can implement the Eucharistic Revival to an even greater degree at Queen of Angels.

While there will be elements of the discussion that resemble how our parish synod from last year was organized for those of you who attended that, the purpose of our parish forum will be to approach and understand our experience of the Eucharist on both an affective (that is, dealing with our affections and emotions) and practical level. I also hope to gain from all of you a better idea of how to more effectively (which is very different from affective) help our devotion to Jesus hidden in the Eucharist grow, and how to provide more and better opportunities for us to grow in that devotion as a parish family. I can't wait to hear from everyone, so I hope to see you there! Revival's in the air!

Grace and peace,

Fr. David

"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

JOHN 6:51



ANNOUNCEMENTS



NATIONAL
**Eucharistic
Revival**

Revival's in the Air “

EucharisticRevival.com (website)

Eucharist.Formed.org (platform)

Five Points To Keep In Mind When Receiving The Eucharist

1. Receive the Eucharist in a State of Grace

This first key point isn't only a good recommendation, **but actually a requirement.**

The Code of Canon Law gives us some insight into this. Can. 916 “A person who is conscious of grave sin is not to celebrate Mass or to receive the Body of the Lord without prior sacramental confession unless a grave reason is present and there is no opportunity of confessing...”

In summary: If you have committed a mortal sin, walk right on over to the confessional, be reconciled with the Lord, and **then** go receive Him in the Eucharist.

2. Observe the 1 Hour Eucharistic Fast

Again, this one **is also a requirement...**

Can 919: One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception only of water and medicine, for at least the period of one hour before Holy Communion. This doesn't apply to those who are sick or elderly. It's great to know the requirements, but **why** does the Church require us to do this? There are two main reasons. First, mortification is good and helps us grow in spiritual discipline. Second, the physical hunger we feel should remind us of the hunger and thirst we should have for the Eucharist. And really, one hour isn't **that** long, the fast used to begin the midnight preceding receiving the Eucharist.

3. Arrive at Mass a few Minutes Early

Attending Mass and receiving Jesus Christ in the Eucharist is the most significant thing we could ever do. If you were going to an important dinner, say with diplomats or bishops, would you just walk right in, seat yourself at the dinner table, and start eating? Probably not. You would get dressed and ready, arrive early to speak with people, seat yourself when called to dinner, and follow the “protocol” for such an event. There is a certain sense of preparation. If we put this much attention into a formal dinner, how much more should we prepare for the eternal wedding banquet? Take a few minutes before Mass to prepare your heart to receive Christ, pray, and be intentional.

4. Make an Act of Reverence before Receiving the Eucharist

You are going to receive the body, blood, soul, and divinity of the King of the universe, how could you possibly show the respect and reverence due in this moment? Honestly, we can probably never show the amount of respect that our Savior deserves, but we can do what we can! How? This can be done by genuflecting or making a deep bow before receiving the Eucharist. In this reverential act, we acknowledge who we are before God and humble ourselves to receive Him.

5. Make a Prayer of Thanksgiving after Mass

Let's return to the fancy dinner scenario (remember the bishops and diplomats). Once you have finished eating, would you get up and walk out of the room? No! Especially if other people were still eating dinner and there was more to come. After we receive Communion, we are the most united with Jesus we can be on this side of heaven. This is our chance to open our hearts to Him without reserve. To pour out our love, and ask for whatever grace we need. By staying a few minutes after Mass we are telling Jesus that He is important to us, that our relationship with Him matters and warrants our love and attention. So, back to the opening click-bait question: Receive Jesus on your tongue or in your hands? Both are allowed by the United States Conference of Catholic Bishops.

When receiving in your hand, St. Cyril of Jerusalem offers some further instruction: “When you approach, take care not to do so with your hand stretched out and your fingers open or apart, but rather place your left hand as a throne beneath your right, as befits one who is about to receive the King. Then receive him, taking care that nothing is lost.”



ANNOUNCEMENTS

B	P	B	L	W	G	S	W	T	M	N	M
T	A	P	U	R	M	O	D	G	N	I	K
T	T	H	G	U	O	S	E	B	N	E	P
I	I	D	E	V	I	G	R	O	F	I	W
M	E	R	C	Y	A	O	A	E	E	P	K
E	N	O	R	E	T	E	P	J	L	P	T
S	C	L	H	H	P	R	M	I	L	J	G
N	E	J	E	S	U	S	O	A	O	A	K
W	W	R	A	N	E	L	C	F	W	N	M
V	H	I	V	V	M	E	T	B	E	D	K
C	D	E	E	A	C	E	M	K	O	L	D
U	H	N	N	K	N	C	A	M	E	O	L
A	H	Y	N	E	H	T	F	R	C	A	M

Twenty-Fourth Sunday in
Ordinary Time

BESOUGHT	BROTHER	CAME
COMPARED	DEBT	FELL
FELLOW	FORGIVE	HEAVEN
JESUS	KING	KINGDOM
LORD	MANY	MERCY
OFTEN	PATIENCE	PETER
PLACE	SAID	SERVANT
SEVEN	TAKEN	THEN
TIMES	WENT	WHEN

A Priest was completing a temperance homily; and with great expression he said, "If I had all the beer in the world, I'd throw it in the river!"

Then with greater emphasis he said, "And if I had all of the wine in the world, I'd throw it in the river!"

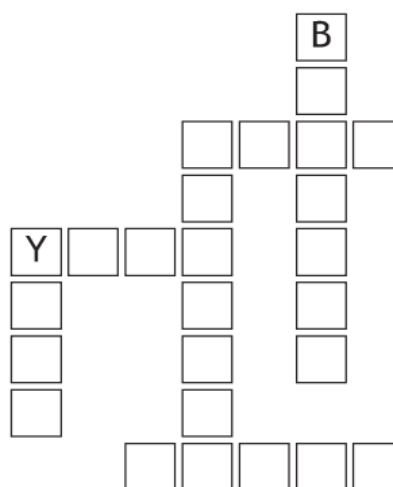
And finally with much greater emphasis he said, "And if I had all the whiskey in the world, I'd throw it in the river also!" Then he sat down.

The choir leader stood up and very cautiously announced with a smile, "For our closing song, let us sing Hymn #364";

"Shall We Gather at the River"

**KIDS PUZZLE**

Fit this Gospel message into the empty squares:
Forgive your brother from your heart.

**MISSION**

Name one person you are angry with. Pray to God.
Ask God to help you let go of your anger
and really forgive.

ANNOUNCEMENTS

Rachel's
Hope



After Abortion Healing and
Reconciliation for Catholic Women
(or Catholic-friendly)

Serving San Diego, Escondido, El Centro and Imperial Valley CA

AFTER-ABORTION HEALING RETREAT

"Not judged, not lectured, just healed"

on Oct. 13-15, 2023

*Held at the Diocesan Pastoral Center, 3888
Paducah Drive, San Diego.*

*Professionally led. Confidentiality maintained.
Closing Mass included. Group Size limited. Cost
\$60; partial scholarships available. Housing
available if needed.*

*For information/registration call Rosemary
Benefield (858) 581-3022, text (858) 752-9378 or
email rachels_hope@juno.com.*

Visit us on our website: www.RachelsHope.org



If you are grieving the loss of your marriage through
death, divorce or separation, join us at

the **Prince of Peace Abbey** in Oceanside, CA
On **October 13-15, 2023**

A trained team leads participants through a healing and
growth program. If you are ready to move through
your feelings of grief, into the light of a new beginning
and hope, this weekend may be for you.

|For more information or to register contact
beginningexperiencesd@gmail.com or
Vicki 858-748-2273



COME & PRAY WITH US!

|Beginning **September 27th – November 5th**
Prayer shifts run from 7:00am – 7:00pm every day for 40 Days
Queen of Angels' prayer day is Tuesday

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside
Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

Please contact Vicki at 619-647-5793 ASAP to schedule your prayer time

Join us for our Opening Ceremony:

Tuesday, September 26th at 5:00PM

1625 E. Main Street, El Cajon
(on the sidewalk in front of the East County Urgent Care)

We will proceed in prayer to the Planned Parenthood location

For more information visit elcajon40days@hotmail.com or www.40daysforlife.com/elcajon