

# QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619-445-2145  
www.queenofangels.org

## Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

## Holy Sacrifice of The Mass

Saturday: 5:30 pm  
Sunday: 8:00 & 10:30 am

## Daily Mass

Tuesday-Friday: 8:00 am

## Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

## Confession

Tuesday-Friday: 7:30 am,  
Saturday: 4:00 pm,  
or by appointment

## Eucharistic Adoration

Friday: after 8:00 am Mass  
until 9:30 am

## First Friday Devotions

Adoration/Confession: 10:00 am  
Mass: 11:30 am

## First Saturday Devotions

Rosary: 8:30 am  
Mass: 9:00 am

## Baptism, Holy Matrimony & Funerals

Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexnerqofa@gmail.com](mailto:frdexnerqofa@gmail.com)

### Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriquetaqofa@gmail.com](mailto:enriquetaqofa@gmail.com)

Jacob Brown: **Administrative Assistant**, [jacobqofa@gmail.com](mailto:jacobqofa@gmail.com)

Rebecca Krawczak: **Faith Formation Coordinator**, [rebeccaqofa@gmail.com](mailto:rebeccaqofa@gmail.com)

Glenn D'Abreo : **Music Coordinator**, [glennqofa@gmail.com](mailto:glennqofa@gmail.com)

Darlene Ames: **Messenger Editor**, [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com)

**Parish Email:** [parishqofa@gmail.com](mailto:parishqofa@gmail.com)

**Women's Auxiliary:** [womensauxiliaryqofa@gmail.com](mailto:womensauxiliaryqofa@gmail.com)

**Knights of Columbus:** [knightsofcolumbusqofa@gmail.com](mailto:knightsofcolumbusqofa@gmail.com)

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619-442-4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

## STEWARDSHIP OF TIME, TALENT & TREASURE



*Advent is a busy season and will be over in a blink of an eye. Take a moment to pause and spend some time with the Lord. It is important to slow down and to "just be" in His Presence. His Presence in our lives is one of the greatest presents of the season.*

*As we begin the new liturgical year and look forward to the new calendar year, may we continue to be thankful to the Lord for all the blessings we have received and respond to these blessings with joyful hearts. May God continue to bless His beautiful Queen of Angels parish.*

## READINGS & MASS INTENTIONS DECEMBER 14-22, 2024

**Sunday:** Zep 3:14-18a/Is 12:2-3, 4, 5-6 (6)/Phil 4:4-7/  
Lk 3:10-18

**Monday:** Nm 24:2-7, 15-17a/Ps 25:4-5ab, 6 and 7bc,  
8-9/Mt 21:23-27

**Tuesday:** Gn 49:2, 8-10/Ps 72:1-2, 3-4ab, 7-8, 17/  
Mt 1:1-17

**Wednesday:** Jer 23:5-8/Ps 72:1-2, 12-13, 18-19/  
Mt 1:18-25

**Thursday:** Jgs 13:2-7, 24-25a/Ps 71:3-4a, 5-6ab, 16-17/  
Lk 1:5-25

**Friday:** Is 7:10-14/Ps 24:1-2, 3-4ab, 5-6/Lk 1:26-38

**Saturday:** Sg 2:8-14 or Zep 3:14-18a/Ps 33:2-3, 11-12,  
20-21/Lk 1:39-45

**Next Sunday:** Mi 5:1-4a/Ps 80:2-3, 15-16, 18-19 (4)/  
Heb 10:5-10/Lk 1:39-45

DATE	TIME	INTENTION
Saturday,	Dec 14 5:30 PM	Fr. David Exner
Sunday,	Dec 15 8:00 AM	†Brian Ford
Sunday,	Dec 15 10:30 AM	†Jim Hill
Monday,	Dec 16 7:30 AM	Rosary
Tuesday,	Dec 17 8:00 AM	The Souls in Purgatory
Wednesday,	Dec 18 8:00 AM	Queen of Angels' Staff & Volunteers
Thursday,	Dec 19 8:00 AM	The Souls in Purgatory
Friday,	Dec 20 8:00 AM	Pope Francis
Saturday,	Dec 21 5:30 PM	†William Blankinship
Sunday,	Dec 22 8:00 AM	†Beverly Bohacek
Sunday,	Dec 22 10:30 AM	†David Pinal, Sr.

### PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



*Kelly Barker  
Mike Gust  
June Hill  
Eugene Isaacs  
Jason Laccone  
Katie Clark Larson  
Dale Lee  
Susan Lopez  
Renee Schmiedeberg  
Kailyn & Charis Whaley*

*...may they find joy  
in the healing love of Christ.*



*Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).*


### Deployed Military


Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
David J. McIntyre, PFC  
Nicholas Palstorm, E8  
Jacob Tweed, HM3





If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).


## ANNOUNCEMENTS


 **Women's Auxiliary** Our December meeting will be on Wednesday, **December 18** at 5:30 PM in the parish hall. All women of the parish are welcome to join. Mark your calendar and we look forward to seeing you there.

 **Faith Formation Schedule** Following is the schedule for classes during the Christmas holiday:  
**Faith Formation & Confirmation:**  
**December 15: No class-La Posada**  
**December 22: No class**  
**December 29: No class**  
**January 5: Class resumes**

 **Mark Your Calendars** The parish office will be closed **Wednesday, December 25, 2024—Friday, January 3, 2025**. We will reopen on **Monday, January 6, 2025**. We would like to wish all of our parishioners a Blessed and Joyous Christmas Season!

 **Morning Weekday Mass Schedule** Please make note: There will be no morning Masses on **Thursday, December 26**. We will however be reciting the rosary and would love to see you there.

 **Tithes and Offerings** We are grateful to you for your presence, your participation and your financial support of Queen of Angels Church. In order for any monies to be applied to the 2023 calendar year, they must be in the parish office no later than **December 31**. Please note the parish office will be closed December 25, 2023-January 1, 2024 so any contributions made during that time need to be mailed or dropped in the Mass donation baskets. Thank You.

 **Bible Study** Looking ahead, remember to save the date for the upcoming Bible Study; **Lectio: Philipians: Life in Christ**. Beginning Tuesday, **January 7, 2025** from 6 PM - 8 PM for 6 weeks in the parish hall. Registration is free. The study guide is \$24.95 and can be purchased at [catholic.market/publishers/augustine-institute/lectio-philippians-study-guide](http://catholic.market/publishers/augustine-institute/lectio-philippians-study-guide).

### Prayer for the Third Sunday of Advent

Dear Lord, Give us boldness as we move through the motions of the holiday season, to reflect and remind those around us of Your deep and abiding love for them.  
Allow them to encounter Your love, through us.  
Amen.

### THE NATIVITY OF THE LORD 2024 MASS SCHEDULE

**Christmas Eve Vigil**  
Tuesday, December 24  
4:00 PM, 6:00 PM

**Christmas**  
Wednesday, December 25  
9:00 AM & 10:30 AM



### *Queen of Angels Giving Tree* *November 30-December 29*

This year we continue our Giving Tree practice with its home in the back of the church. Take an envelope off the Giving Tree and donate cash for Rancho Nazareth and Villa Anahuac, or monetary donations; cash or checks for Children of the Immaculate Heart of Mary, East County Pregnancy Care Center, and new this year Almsgiving for the Parish Poor.

**PLEASE NOTE:**  
**We can only accept CASH donations for the Rancho Nazareth and Villa Anahuac.**



## THANK YOU!!

The Woman's Auxiliary would like to thank all parishioners who participated in this year's Bake Sale whether through supplying the delicious goodies or purchasing them. We couldn't have done it without your support so THANKS again.



Also, please watch for more information regarding the Parish Women's Retreat coming this January.

## ANNOUNCEMENTS



## *Prepare the Way of the Lord by Preparing Your Heart*

*Experience God's loving forgiveness in this sacrament. There will be a Service of the Word followed by the opportunity for individual reception of the Sacrament of Reconciliation.*

In addition to the regularly scheduled confession times (Tues-Fri 7:30 AM, Sat 4 PM) here at Queen of Angels, there will also be several Advent penance services throughout the El Cajon deanery in the coming weeks:

*(unless otherwise noted, all penance services begin at 7 PM)*

**Monday, Dec 16** – Our Lady of Grace (El Cajon)

**Monday, Dec 16** – Guardian Angels (Santee)

**Tuesday, Dec 17** – St. Tekakwitha (Lakeside/Barona)

**Wednesday, Dec 18** – Our Lady of Perpetual Help (Lakeside) 10 AM

**Wednesday, Dec 18** – Our Lady of Perpetual Help (Lakeside)

## You are Invited to *LA POSADA*

**Sunday, December 15**  
after the 10:30 AM Mass

Join us for  
Food, Music, a  
Pinata & More!

**Hosted by**  
**QUEEN OF ANGELS PARISH**

Celebrate the  
journey that  
Joseph and Mary  
made from  
Nazareth to  
Bethlehem

# PASTOR'S PAGE

Dear Friends,

As we rapidly approach the birth of Jesus, I would like to pause to consider the heavenly host of angels that we get to hear from in Luke 2 when they visit the shepherds. It is worthwhile to explore what we know about angels from Sacred Scripture.

The nine choirs of angels are divided into three triads, and we can see how their missions affect which triad (and which choir) they are placed in. So for example, the first triad adores God in Himself, the second triad oversees and fulfills the execution of God's divine plan, and the third triad serves humanity and are the angels who typically interact with humanity when there is need for that.

A couple fun takeaways, if I may...

We notice that the higher choirs of angels exist to contemplate and adore God, whereas the lower choirs interact with humanity and serve. In other words, the highest choirs participate in "the better part" of being with God and contemplating Him, while the lowest choirs, like Martha, are concerned with "many things" (cf. Lk 10:38-42). Something to remember when we consider how we live and pray.


Another point is that Lucifer, who started out as the greatest of the Seraphim (highest choir of the highest triad), after he chose to rebel against God, lost so much of who he was and was so diminished by his sin, that he was easily thrown out of heaven by Michael, a member of the second lowest choir from the lowest triad. This teaches us that sin destroys and diminishes more than we realize, but with God we can overcome all things.

In the interest of space I will end here for today. May our prayers and praise join in the hymn of all of God's holy angels!

With expectation and praise,

*Fr. David*


EXPLANATION AND HIERARCHY OF THE  
**9 CHOIRS OF ANGELS**



**1ST TRIAD - CONTEMPLATE AND ADORE GOD DIRECTLY**


**SERAPHIM** ISAIAH 6:1-7  
6 WINGS - 2 COVER FEET, 2 COVER FACE, AND 2 FOR FLIGHT

Name means the burning ones, and they are Attendants at the Throne of God. They praise God singing, "Holy Holy Holy is the Lord of Hosts!"




**CHERUBIM** EXD 25:18-21, EZK 10:14, REV 4-6  
4 FACES AND 4 WINGS - 2 COVER FEET AND 2 FOR FLIGHT

Name means the Fullness of Wisdom, and they Contemplate God's providence. Assigned to protect special places.



**THRONES** EZK 10:17, COL 1:16, DAN 7:9  
FLAMING, ROTATING RINGS COVERED WITH EYES


Represent the steadfastness of the love of God. The contemplate God's power and judgment, and they appear as the most unlike the others when revealed.



**2ND TRIAD - FULFILL GOD'S PLAN IN THE UNIVERSE**


**DOMINIONS** EPH 1:21, COL 1:16

Lord over the lower choirs and humanity. They take illumination from the higher hierarchies and govern the universe.




**VIRTUES** EPH 1:21

Run the operation of movement in the universe. They are often associated with planets, elements, seasons, and nature.



**POWERS** EPH 3:10, EPH 6:12


Assist in governing the natural order. They are warrior angels tasked with fighting the war against the demonic choirs.



**3RD TRIAD - INTERACT & SERVE HUMANITY CLOSELY**


**PRINCIPALITIES** EPH 3:10, EPH 1:21

Princes of the lowest triad assigned to care and guard communities, kingdoms, states, and parishes. They are associated with transitions in power.




**ARCHANGELS** JUDE 9, 1 THES 4:16, TOB

Leader angels assigned to communicate and carry out God's important plans for man. Michael, Gabriel, and Rafael are the only 3 names we know.



**ANGELS** LUK 22:43, MAT 18:10, HEB 13:2

Angels are closest to the material world and humanity. The lowest choir is where we get the majority of our personal guardian angels.



DESIGN BY: CRISTÓBAL ALMANZA © 2015 SOULPAINTER.COM

\*Angels are symbolically depicted with wings, but they are purely spiritual beings that do not have a physical body. They can take on the appearance of man to better communicate with humans.  
SOURCES: SACRED SCRIPTURE, THE CELESTIAL HIERARCHY - PSEUDO-DIONYSIUS, AND SUMMA THEOLOGIAE - THOMAS AQUINAS

**ANNOUNCEMENTS****Poinsettia Memoriam**

If you would like to have a poinsettia placed at the altar for Christmas in memory of a family member or friend, please complete the following form. You may return this form to the parish office or place it in the weekend collection basket.

(Please use one form per donation.) The suggested donation for each intention is \$15.00.

In memory of: \_\_\_\_\_

Donated by: \_\_\_\_\_

*The names will be listed in memoriam at Christmas time.*



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## ANNOUNCEMENTS



### ENCOUNTER THE NEWBORN CHRIST IN SCRIPTURE

This Advent, join Scott Hahn, John Bergsma, and other respected Catholic scholars on a free Advent journey from promise to fulfillment.

In Walking with the Holy Family—a free 32-day Advent series from the St. Paul Center—you'll explore the key messianic promises of the Old Testament, and their typological fulfillment in Christ and His Church.



### YOUR JOURNEY ABOUT THE ADVENT SERIES

- 32 Brief video reflections exploring the scriptures and the Churches mystical liturgical tradition.
- 8 Distinguished theologians you trust, including Scott Hahn, John Bergsma, and other Catholic scholars.
- 1 Journey from promise toward fulfillment. Join us.

To sign up visit: [stpaulcenter.com/advent#signup](http://stpaulcenter.com/advent#signup)

### QUESTIONS

Is Journey through Advent really free? Yes, there is no cost to joining Journey Through Advent, and you do not need to enter any credit card information to participate.

After I sign up, how do I access the Journey through Advent videos? After signing up, you'll have access to all Journey through Advent videos in the Digital Library. New videos will appear each morning, and you'll receive a daily email reminder, as well.

How long are the daily videos? The daily videos range from 5 to 10 minutes in length.

### UNITED STATES BANKRUPTCY COURT FOR THE SOUTHERN DISTRICT OF CALIFORNIA

In re The Roman Catholic Bishop of San Diego  
Case No. 24-02202

Notice of Deadline for Filing Claims:  
FEBRUARY 3, 2025

### YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE DIOCESE OF SAN DIEGO

On June 17, 2024, The Roman Catholic Bishop of San Diego, sometimes referred to as The Diocese of San Diego ("Debtor") filed for protection under chapter 11 of Title 11 of the United States Code (the "Bankruptcy Code").

If you were sexually abused by any person connected with Debtor, you must file a claim so as to be received by February 3, 2025, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Debtor. Even if you have already filed a lawsuit against Debtor alleging abuse you must still file a claim to maintain and/or preserve your rights.

Claims based on acts or omissions of the Debtor that occurred before June 17, 2024, must be filed on or before February 3, 2025, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before June 17, 2024.

For more information on how to obtain and file a proof of claim form and associated documents, please visit <https://www.donlinrecano.com/rcbsd>, or contact Donlin Recano, the Debtor's claims agent, via email at [rcbsdinfo@drc.equiniti.com](mailto:rcbsdinfo@drc.equiniti.com) or by phone at 1-866-521-4424, between the hours of 9:00 a.m. and 5:00 p.m. (prevailing Eastern Time), Monday through Friday.

**THIRD SUNDAY  
OF ADVENT**

THE LORD, YOUR GOD, IS IN YOUR MIDST,  
A MIGHTY SAVIOR;  
HE WILL REJOICE OVER YOU WITH GLADNESS,  
AND RENEW YOU IN HIS LOVE.

—ZEPHANIAH 3:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI