

# QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619-445-2145  
www.queenofangels.org

## Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

## Holy Sacrifice of The Mass

Saturday: 5:30 pm  
Sunday: 8:00 & 10:30 am

## Daily Mass

Tuesday-Friday: 8:00 am

## Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

## Confession

Tuesday-Friday: 7:30 am,  
Saturday: 4:00 pm,  
or by appointment

## Eucharistic Adoration

Friday: after 8:00 am Mass  
until 9:30 am

## First Friday Devotions

Adoration/Confession: 10:00 am  
Mass: 11:30 am

## First Saturday Devotions

Rosary: 8:30 am  
Mass: 9:00 am

## Baptism, Holy Matrimony & Funerals

Contact Fr. David

### Clergy

Rev. David Exner: **Pastor**, [frdexnerqofa@gmail.com](mailto:frdexnerqofa@gmail.com)

### Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriquetaqofa@gmail.com](mailto:enriquetaqofa@gmail.com)

Jacob Brown: **Administrative Assistant**, [jacobqofa@gmail.com](mailto:jacobqofa@gmail.com)

Rebecca Krawczak: **Faith Formation Coordinator**, [rebeccaqofa@gmail.com](mailto:rebeccaqofa@gmail.com)

Glenn D'Abreo : **Music Coordinator**, [glennqofa@gmail.com](mailto:glennqofa@gmail.com)

Darlene Ames: **Messenger Editor**, [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com)

**Parish Email:** [parishqofa@gmail.com](mailto:parishqofa@gmail.com)

**Women's Auxiliary:** [womensauxiliaryqofa@gmail.com](mailto:womensauxiliaryqofa@gmail.com)

**Knights of Columbus:** [knightsofcolumbusqofa@gmail.com](mailto:knightsofcolumbusqofa@gmail.com)

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619-442-4357

### Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

## STEWARDSHIP OF TIME, TALENT & TREASURE



*Advent is a busy season and will be over in a blink of an eye. Take a moment to pause and spend some time with the Lord. It is important to slow down and to "just be" in His Presence. His Presence in our lives is one of the greatest presents of the season.*

*As we begin the new liturgical year and look forward to the new calendar year, may we continue to be thankful to the Lord for all the blessings we have received and respond to these blessings with joyful hearts. May God continue to bless His beautiful Queen of Angels parish.*

## READINGS & MASS INTENTIONS DECEMBER 7-15, 2024

**Sunday:** Bar 5:1-9/Ps 126:1-2, 2-3, 4-5, 6 (3)/  
Phil 1:4-6, 8-11/Lk 3:1-6  
**Monday:** Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4/Eph 1:3-6,  
11-12/Lk 1:26-38  
**Tuesday:** Is 40:1-11/Ps 96:1-2, 3 and 10ac, 11-12, 13/  
Mt 18:12-14  
**Wednesday:** Is 40:25-31/Ps 103:1-2, 3-4, 8 and 10/  
Mt 11:28-30  
**Thursday:** Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab/  
Jdt 13:18bcde, 19/Lk 1:26-38 or Lk 1:39-47  
**Friday:** Is 48:17-19/Ps 1:1-2, 3, 4 and 6/Mt 11:16-19  
**Saturday:** Sir 48:1-4, 9-11/Ps 80:2ac and 3b, 15-16,  
18-19/Mt 17:9a, 10-13  
**Next Sunday:** Zep 3:14-18a/Is 12:2-3, 4, 5-6 (6)/  
Phil 4:4-7/Lk 3:10-18

DATE	TIME	INTENTION
Saturday,	Dec 7 5:30 PM	Erika Meachum
Sunday,	Dec 8 8:00 AM	†Victoria & George Waters
Sunday,	Dec 8 10:30 AM	†Phyllis Wilma James
Monday,	Dec 9 8:00 AM	†Jim Nelson
Monday,	Dec 9 6:00 PM	†Fr. Dennis Conway
Tuesday,	Dec 10 8:00 AM	
Wednesday,	Dec 11 8:00 AM	The Souls in Purgatory
Thursday,	Dec 12 8:00 AM	Faith Formation Leaders & Volunteers
Friday,	Dec 13 8:00 AM	All Expectant Mothers
Saturday,	Dec 14 5:30 PM	Fr. David Exner
Sunday,	Dec 15 8:00 AM	†Brian Ford
Sunday,	Dec 15 10:30 AM	†Jim Hill

### PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker  
Mike Gust  
June Hill  
Eugene Isaacs  
Jason Laccone  
Susan Lopez  
Kailyn & Charis Whaley

*...may they find joy  
in the healing love of Christ.*



### Deployed Military

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
David J. McIntyre, PFC  
Rebekah Meyer, BM2(sw)  
Nicholas Palstorm, E8  
Jacob Tweed, HM3



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

Names remain listed for four weeks and can be renewed by contacting Darlene Ames at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

## ANNOUNCEMENTS



**Feast of the Immaculate Conception** Monday, **December 9**, is the Immaculate Conception of the Blessed Virgin and **IS** a Holy Day of Obligation. Join us as we celebrate Mass at 8:00 AM and 6:00 PM.

**All Souls' Day Novena Commemoration Candles** If you still have not picked up your candle(s) & any original photos from the All Souls' commemorative altar now is the time to do so. The candles and photos are located in the multi-purpose/donut room after can be picked up after ALL Masses.



**Knights of Columbus** Attention fellow Knights: Our monthly Council meeting will be held on Tuesday, **December 10**, at 7:00 PM in the parish hall. All Knights are encouraged to attend.

**Baptism** We congratulate the newest member of our parish. **Leo James Calip Woestman** son of son of Konrad Woestman & Casie Alohilani Calip who was baptized on November 30, 2024. We lovingly welcome him into our Queen of Angels Faith Community!



**Mark Your Calendars** The parish office will be closed **Wednesday, December 25, 2024—Friday, January 3, 2025**. We will reopen on **Monday, January 6, 2025**. We would like to wish all of our parishioners a Blessed and Joyous Christmas Season!



**Morning Weekday Mass Schedule** Please make note: There will be no morning Masses on **Thursday, December 26**. We will however be reciting the rosary and would love to see you there.



**Faith Formation Schedule** Following is the schedule for classes during the Christmas holiday:

- Faith Formation & Confirmation:**
- December 15: No class-La Posada**
- December 22: No class**
- December 29: No class**
- January 5: Class resumes**



**Bible Study** Looking ahead, remember to save the date for the upcoming Bible Study; **Lectio: Philipians: Life in Christ.** Beginning Tuesday, **January 7, 2025** from 6 PM - 8 PM for 6 weeks in the parish hall. Registration is free. The study guide is \$24.95 and can be purchased at catholic.market/publishers/augustine-institute/lectio-philippians-study-guide.

### THE NATIVITY OF THE LORD 2024 MASS SCHEDULE

**Christmas Eve Vigil**  
Tuesday, December 24  
4:00 PM, 6:00 PM

**Christmas**  
Wednesday, December 25  
9:00 AM & 10:30 AM



### Queen of Angels Women's Auxiliary Annual Christmas Bake Sale is Here!

After all Masses this weekend,  
**December 7 & 8**

Baked goods can still be dropped off in the Multipurpose/Donut Room on **before any Mass you attend on December 7 or 8.**



**All proceeds will support and benefit our Diocese's Seminarians, January's Parish Woman's Retreat and other Auxiliary projects.**

### Queen of Angels Giving Tree November 30-December 29

This year we continue our Giving Tree practice with its home in the back of the church. Take an envelope off the Giving Tree and donate cash for Rancho Nazareth and Villa Anahuac, or monetary donations; cash or checks for Children of the Immaculate Heart of Mary, East County Pregnancy Care Center, and new this year Almsgiving for the Parish Poor.

**PLEASE NOTE:**  
**We can only accept CASH donations for the Rancho Nazareth and Villa Anahuac.**



## ANNOUNCEMENTS



## *Prepare the Way of the Lord by Preparing Your Heart*

*Experience God's loving forgiveness in this sacrament. There will be a Service of the Word followed by the opportunity for individual reception of the Sacrament of Reconciliation.*

In addition to the regularly scheduled confession times (Tues-Fri 7:30 AM, Sat 4 PM) here at Queen of Angels, there will also be several Advent penance services throughout the El Cajon deanery in the coming weeks:

*(unless otherwise noted, all penance services begin at 7 PM)*

**Tuesday, Dec 10** – Santa Sophia (Spring Valley)

**Wednesday, Dec 11** – St. Therese (San Diego)

**Thursday, Dec 12** – St. Luke (El Cajon)

**Monday, Dec 16** – Our Lady of Grace (El Cajon)

**Monday, Dec 16** – Guardian Angels (Santee)

**Tuesday, Dec 17** – St. Tekakwitha (Lakeside/Barona)

**Wednesday, Dec 18** – Our Lady of Perpetual Help (Lakeside) 10 AM

**Wednesday, Dec 18** – Our Lady of Perpetual Help (Lakeside)

You are Invited to  
***La Posada***

Join us for Food,  
Music, a Pinata  
& More!

**Sunday, December 15**  
after the 10:30 AM Mass

Celebrate the  
journey that  
Joseph and  
Mary made  
from Nazareth  
to Bethlehem

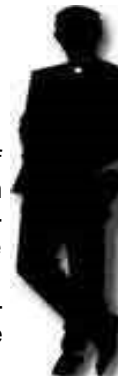
## ANNOUNCEMENTS

Dear Friends,

Earlier this week I was reminded of something very important that I think is worth passing along, something that is important for us to put into practice in general, but that finds particular meaning during the season of Advent. I was sitting by myself before one of the week's daily Masses, praying and collecting my own thoughts as I typically do, when a well-meaning parishioner came up, wanting to talk. The topic is inconsequential to this article, but I was about to emotionally tune him out, as my own thoughts and interior dialogue felt more important to me in the moment. Fortunately I caught myself in time. My encouragement, brothers and sisters, is to remember to place value on what deserves and merits *true* value. Regardless of how important or trivial I thought the topic was at the time, the person in front of me was – IS – important. When we say that people have infinitely more intrinsic value than things (including my own thoughts or even my time), we would do well to recall that forgetting this truth led to perhaps the most embarrassing faux pas in human history, when the Holy Family was relegated to sleeping a cave despite Mary being late in her third trimester and about to give birth. "There was no room at the inn" (cf. Lk 2:7) is a devastating reminder to us that it is easier than we think to become so preoccupied with things that we *presume* are important, that we can miss what is *truly* important. Friends, please carve out some extra time, even if it's just a few minutes, in your busy schedules this Advent to pray – think of it as "finding room at the inn" if that helps – and take full advantage of the opportunities you have to spend time with the people in your lives, especially family and friends. After God Himself, there is nothing in our lives more important than the people God sends us to love. No one says on their deathbed, "Boy, I sure am glad that I spent those extra hours at work replying to emails," or, "You know what I'm going to miss the most? Getting anxious about silly things, like Christmas shopping and decorations, and then taking out that frustration on my family." People are, and always have been, more important than things. As we continue to prepare for the coming of Christ, I hope we can all remember that, and find room for Jesus, and each other, at the inn.

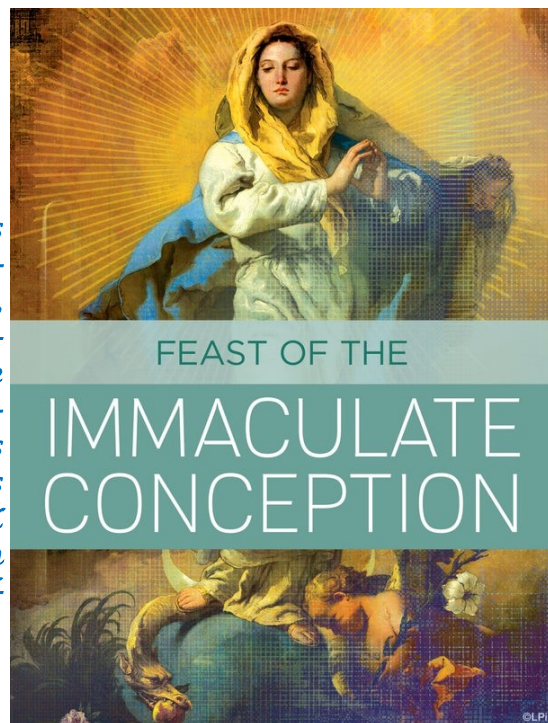
With great love and gratitude,

*Fr. David*



### *Immaculate Conception*

*"Immaculate Mary, your praises we sing!" December 8th is one of our feasts celebrating Mary - the Solemnity of the Immaculate Conception. From the beginnings of the Church, spiritual writers and theologians have acknowledged the innocence and holiness of Mary. St. Irenaeus called her the "new Eve." Both faced with the pure freedom to accept or reject God, Mary began with work of redemption with her yes to Christ! The Church began to celebrate the feast of Mary's conception in the early Middle Ages. In 1854, Pope Pius IX infallibly declared that Mary was free of original sin from the first moment of her conception. On this feast day, we celebrate the beauty and goodness of Our Lady!*



**ANNOUNCEMENTS***Poinsettia Memoriam*

If you would like to have a poinsettia placed at the altar for Christmas in memory of a family member or friend, please complete the following form. You may return this form to the parish office or place it in the weekend collection basket.

(Please use one form per donation.) The suggested donation for each intention is \$15.00.

In memory of: \_\_\_\_\_

Donated by: \_\_\_\_\_

*The names will be listed in memoriam at Christmas time.*



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## ANNOUNCEMENTS



### ENCOUNTER THE NEWBORN CHRIST IN SCRIPTURE

This Advent, join Scott Hahn, John Bergsma, and other respected Catholic scholars on a free Advent journey from promise to fulfillment.

In Walking with the Holy Family—a free 32-day Advent series from the St. Paul Center—you'll explore the key messianic promises of the Old Testament, and their typological fulfillment in Christ and His Church.



### YOUR JOURNEY ABOUT THE ADVENT SERIES

- 32 Brief video reflections exploring the scriptures and the Churches mystical liturgical tradition.
- 8 Distinguished theologians you trust, including Scott Hahn, John Bergsma, and other Catholic scholars.
- 1 Journey from promise toward fulfillment. Join us.

To sign up visit: [stpaulcenter.com/advent#signup](http://stpaulcenter.com/advent#signup)

### QUESTIONS

Is Journey through Advent really free? Yes, there is no cost to joining Journey Through Advent, and you do not need to enter any credit card information to participate.

After I sign up, how do I access the Journey through Advent videos? After signing up, you'll have access to all Journey through Advent videos in the Digital Library. New videos will appear each morning, and you'll receive a daily email reminder, as well.

How long are the daily videos? The daily videos range from 5 to 10 minutes in length.

## Our Lady of Guadalupe

*Question:*

**Is Our Lady of Guadalupe only a cultural devotion?**

*Answer:*

You may be familiar with Our Lady of Guadalupe from devotions in Hispanic communities. There is a rich heritage originating in Mexico, the site of the apparition of Our Lady of Guadalupe. But Mary is for all of us! Our Lady of Guadalupe is, in fact, named the patroness of *all* the Americas, from the Chilean Patagonian mountains to the Arctic islands of Canada. After Mary appeared to St. Juan Diego as a young, mestizo woman, conversions to Catholicism began to grow exponentially throughout Latin America. Our Lady of Guadalupe has been meaningful to the Mexican people, and her image and devotions have been incorporated as broader symbols of culture.

This apparition inspires across lines of nationality and culture. Juan Diego, recipient of the apparition, was a poor laborer. The famous image of Our Lady of Guadalupe did not appear on silk or stone, but on the simple, natural woven fibers of Juan Diego's tunic. The apparition affirms the dignity of the poor and shows striking solidarity. Mary appeared as the people appeared. In the apparition, Mary is indeed radiant, with the sun behind her and a cloak of stars around her. But her dress is simple, and she is pregnant. This apparition also reminds us of the sanctity of life and the need for life's protection at all stages. Mary's moving words to Juan Diego are words for us all: "*Am I not here who am your mother? Are you not under my shadow and protection? Are you not in the folds of my mantle, in the crossing of my arms?*"

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