

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**February 3-4, 2024**

Envelopes Used	68
Envelope Collections	\$ 3,867.00
Plate Collections	\$ 421.00
TOTAL	\$ 4,288.00
January Online	\$ 5,518.40

**Collection of old Blessed Palm Leaves**

Queen of Angels will be collecting old blessed palm leaves from last year's Palm Sunday. Look for the basket in the vestibule of the church to place the leaves in. Father David will burn the leaves and the ash will be added to our reserve.

**READINGS & MASS INTENTIONS FEBRUARY 17-25, 2024****Sunday:** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/

1 Pt 3:18-22/Mk 1:12-15

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/

Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/

Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/

Lk 11:29-32

Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19**Friday:** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/

Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48**Next Sunday:** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10,

15, 16-17, 18-19 (116:9)/Rom 8:31b-34/Mk 9:2-10

DATE**TIME****INTENTION**

Saturday,	Feb 17	5:30 pm	†Jacqueline Meyer
Sunday,	Feb 18	8:00 am	Deacon Fred Thornton
Sunday,	Feb 18	10:30 am	Jim Hill
Monday,	Feb 19	7:30 am	Rosary
Tuesday,	Feb 20	8:00 am	†John & Man Dao & Parents
Wednesday,	Feb 21	8:00 am	Our Parish Family
Thursday,	Feb 22	8:00 am	The Souls in Purgatory
Friday,	Feb 23	8:00 am	
Saturday,	Feb 24	5:30 pm	Celeste Woestman
Sunday,	Feb 25	8:00 am	
Sunday,	Feb 26	10:30 am	†Al Florance

Prayer Requests

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Bill Brundage
Katie Clark
Mike Gust
Jim Hill
Chik Hylton
Carmen Holt
Jason Laccone
Steven McMeeken
Richard Nixon
Becky Rangel
Steve Rodkey
Joan Smith
Deacon Fred Thornton
Kailyn & Charis Whaley
Celeste Woestman

*...may they find joy in
the healing love of Christ.*

**Deployed Military**


Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Rebekah Meyer, BM2(sw)
Nicholas Palstorm, E8
Jacob Tweed, HM3
Mattison Underhill, USN





If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.



*Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.*


ANNOUNCEMENTS


 **Faith Formation** There will be no Faith Formation classes this Sunday, **February 18** in observance of Presidents' Day. Classes will resume on **February 25**.


 **Please Note:** The parish office will be closed on Monday, **February 19**, in observance of Presidents' Day. We will reopen on Tuesday, February 20, at 9:00 AM.


 **Additional Confession** In addition to our normally scheduled Confession times offered here at Queen of Angels, there will be a Penance Service on **Wednesday, February 21 at 7 PM**. Please take time to go to confession. *"Repent, and Believe in the Gospel!"*


 **Stations of the Cross & Eucharistic Adoration** During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. New this year, we will be having Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions. 


 **Soup Supper** Please join fellow Queen of Angels parishioners on Friday, **February 23** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by **Tuesday Bible Studies**.


 **Queen of Angels Women's Auxiliary** **ATTENTION** all ladies of the Parish. Our next meeting will be on **February 28** at 5:30 PM in the parish hall. All women of the parish are welcome to join in. Mark your calendar as we look forward to seeing you there!

Lenten Literature Try and stop by the donut/multi-purpose room any time after Mass to pick up material to enhance your **Lenten Journey**. We have resources for all ages. 

The Magnificat Lenten Companion Are you looking for a way to develop a more fervent practice of your Catholic faith this Lenten season? Let *The Magnificat Lenten Companion* be your guide. This booklet is available in the vestibule of the church. Suggested donation \$1.00. 

Friendly Reminder Queen of Angels switched over to a new email server last October. Make sure that when you email the office, you are using the updated email addresses which can be found on the front page of the bulletin and on the parish website. 

Thank You A big **THANK YOU** to the Knights of Columbus for hosting and supplying the delicious soups and bread at our Soup Supper on February 16. 

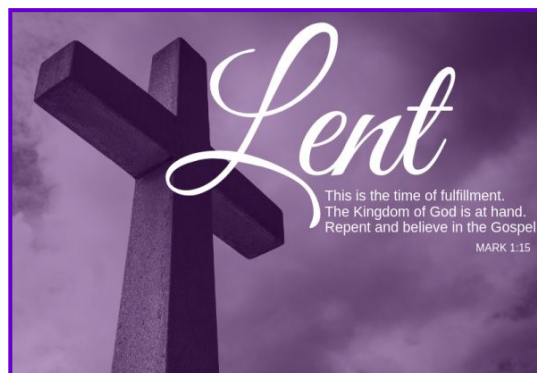
Green Thumb Gardeners There still are several beautiful Poinsettia plants that weren't picked up from the Christmas season. With proper care these plants can thrive year round and rebloom. If you would like one or two please help yourself. 

Additional Opportunities for Reconciliation 2024

St. John of the Cross, Lemon Grove	February 19	7:00 PM
Santa Sophia, Spring Valley	February 20	7:00 PM
Queen of Angels, Alpine	February 21	7:00 PM
St. Martin of Tours, La Mesa	March 4	7:00 PM
St. Therese, San Diego	March 6	7:00 PM
St. Pius X, Jamul	March 7	7:00 PM
Our Lady of Perpetual Help, Lakeside	March 11	10:00 AM
Guardian Angels, Santee	March 11	7:00 PM
Holy Trinity, El Cajon	March 12	7:00 PM
St. Luke, El Cajon	March 14	7:00 PM
Our Lady of Grace, El Cajon	March 20	7:00 PM

*"Confession is the sacrament of the tenderness of God,
his way of embracing us."*

Pope Francis



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

WE NEED YOUR HELP!

Starting February 20th – March 24th

**Covering prayer shifts,
from 7:00am – 7:00pm every Tuesday for 5 weeks**

Please join us for **at least one hour** in peaceful pray to end abortion in the public right-of-way outside

Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

**For more information or to schedule your prayer time
sign-up after all Masses or contact Yvonne Harris at
yvonne@goharris.net
www.40daysforlife.com/elcajon**

PASTOR'S PAGE

My Dear Friends,

Every year we are invited to participate in the Diocesan Annual Catholic Appeal (ACA), which is an opportunity for each and every one of us to be a part of the work of Christ in and through many essential ministries that support and help the local Church in San Diego. And before we go any further, I really need to thank everyone who participated in our ACA last year. For the first time in many years, we not only hit our target on time, but also went slightly over – but more on that later.

There is, I have found, sometimes an idea that the Church in general, and the Diocese in particular, is rolling in dough, or that its coffers are filled to the brim, or however people think about money. In short, there is a misconception that the Church is just sitting on piles of money, and that is simply not true. The truth is that the Church is completely dependent on the generosity of regular people like you and me just to keep the lights on and keep functioning. In particular, we see this bear out when it comes to the Annual Catholic Appeal.

The theme for this year's ACA is "United in Christ," and the money from it goes to various ministries and programs that are operated and supported at the diocesan level. This includes, but not limited to: Catholic schools, catechist training, Pro-Life events, retreats for married and engaged, assisting retired priests and consecrated religious, training seminarians, and serving the poor. Our parish has been asked to contribute \$25,607.00 to the ACA to go towards these ministries, each of which is essential in its own way to the life and work of the Church. As recently as 8 years ago, the ACA was helping me as I was finishing up my time at the seminary, so I can directly attest to its importance and its effect.

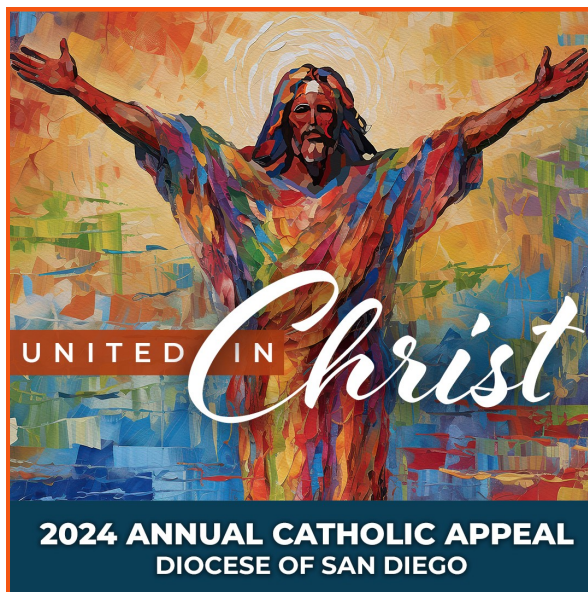
I mentioned earlier that last year was the first time in many years that we as a parish not only hit our goal well before the expected deadline, meaning that we did not have to pull the remaining difference from our savings in order to reach our expected target, but we actually slightly exceeded our goal. Which makes this the perfect time to remind everyone that every cent that we go over is returned to the parish for all of local ministries and needs that we have.

With all of this said, I would like to invite each of you to prayerfully consider how the Lord is inviting to give towards the ACA this year. We are told in Scripture to give back to the Lord, and to do so joyfully. We can participate in the ACA by using the response card to make a pledge and return it via the weekend collection or directly to the office, or you may visit the diocesan website. Even if you are unable to donate at this time, what I do ask of everyone is that you pray for our Church, for our Diocese, and for our Church leaders, especially Pope Francis and Cardinal McElroy, that they become saints and lead us to Christ in full fidelity to the truth.

Your participation, regardless of the size or amount, makes a difference. Remember that Jesus fed the multitudes with 5 loaves and 2 fish, then did it again just for good measure with 7 loaves, and each time there was more than enough left over. The amount is always less important than the heart that gives it.

Yours in Christ,

Rev. David Exner



ANNOUNCEMENTS



"Revival's in the Air"



Unfold the Mystery at the Heart of Our Faith

Lent has begun! This holy season invites us to draw closer to Our Lord through the mystery of his Passion and Death on the Cross. This makes Lent a profoundly Eucharistic season, as it is through the Eucharist that we enter most deeply into the mystery of Christ's sacrifice.

Lent during the National Eucharistic Revival is the perfect time to explore this mystery anew! In partnership with the Augustine Institute, we've created a seven-session video series called *Jesus and the Eucharist*—and you can watch the full series now completely **FREE** at eucharisticrevival.org/jesus-and-the-eucharist.

Jesus and the Eucharist is a dynamic, 7-session study designed to help you connect with your fellow parishioners as you fall deeper in love with our Eucharistic Lord. Immerse yourself in the beauty of our faith in an intimate small group setting, hear from some of the most brilliant voices in Catholicism, and explore the mystery of the Eucharist anew as a part of the National Eucharistic Revival.

You can watch the entire series now with a free account on our Learn platform, but we recommend making this journey with a small group. Create an account now at learn.eucharisticrevival.org/login? so you can come back and explore the full series.

Jesus and the Eucharist

During this time of Eucharistic Revival, Jesus is inviting us to encounter him in our life stories. Together, we'll explore the story of salvation as told through Scripture, fulfilled in the death and resurrection of Jesus, and lived out in the Church and the Sacraments—especially the Eucharist. At the conclusion of this series, participants will be empowered to live out the Gospel in their own lives and share its message of hope with others.

ANNOUNCEMENTS

GOSPEL MEDITATION

February 18, 2024
1st Sunday of Lent

When I feel down, I sometimes watch the famous "Double Rainbow" video on YouTube to feel better. It's hilarious. A young man camping in Yosemite Park sees two rainbows stretching across the sky. He bursts into a kind of ecstasy. "Double rainbow, all the way! Oh my God!" he announces. Then he starts to weep. He cries out, "What does it mean?" Beneath the humor of his glorious overreaction is the deep intuition we all have, I think, when we see the colorful bow in the sky. This Sunday, God sends a rainbow to Noah, and to us. What does it mean?

Long before YouTube had the double rainbow, Dante's medieval poem *The Divine Comedy* featured one in his image of paradise. Seeing two rainbows, he muses that one is born of the other. The bow is God's promise of peace. For Dante, it's even more: nature's encrypted image of the Trinitarian God. One visible rainbow (God the Son) is begotten of another usually invisible one (God the Father) united by invisible light between them (God the Spirit). Like invisible light, Trinitarian glory surrounds us in every moment — but Jesus has made it visible in his glorious body.

Lenten challenge: This might seem silly, but this Lent I invite you to find a rainbow and meditate on it. You might have to make one yourself, like this current desert-dweller will. Gaze on it. See there a natural gift from the Creator, saying to you, "Here I am! I will love and protect you, surrounding you in My glory." This Lent let's embrace that with confidence, rain, or shine.

— Father John Muir

©LPI



LENTEN WORD SEARCH

Y L B K T J P F S S Y I T W K X K W R J O L Y Q
P D B D Y A D I R F D O O G R G V I J A X B F Y
L U M U O H Y E N Y V M Z H C V A U T H C F I B
D X J A R P Y V P H C Z S T A T I O N S R C U O
N Q F S S P M O B B I C V K P O E I C H C J U Z
Z M A R Y C F L Q T L G O Y P R A Y E R S O A O
A B R B M X X A S A O V X V M G A F K Z E Q V F
V G N I T S A F Z C H R X D I V I N E M E R C Y
X G K W S K I H Q I T B A V J C O B F T K F K T
P G I O W Y F B K N A N O I S S A P I W Q V I X
P W U E T T Q Z K O C G H H C H V X T O J A Q P
E C B U O E S V S R V K F V W X I F I C U R C A
H R Q T A S C U F E P J G O O D T H I E F R K L
K S Q E S Y Z H A V N D J H B I B H T T N E I M
J M B O H A B A C W C R O S S A Q R D D V P X S
F K X H E D H L S N R O H T F O N W O R C P P U
K L Y G S Y O C P P U S Q V S L Y J W S U U Q N
O Z F C Y T S M L A V I X O M O V E H I E S P D
E K V K L R F S A C R I F I C E Y S W R T T D A
W I Z I K O W C Z B X L P E P V B U T K K S Z Y
Y E Y L U F R R R G W P E L L S W S V L H A K M
P O G X K E O H Q X I J L E N T K W Y W W L A X
M E L P R U P Q R V W F B S B X L E T P M Q E P
T N C O N F E S S I O N B E M Y M L D X R Z U J

Confession	Love
Veronica	Mary
Forty Days	Last Supper
Sacrifice	Crown of Thorns
Fasting	Jesus
Palm Sunday	Ashes
Divine Mercy	Passion
Good Thief	Stations
Catholic	Good Friday
Cross	Crucifix
Purple	Prayer
Lent	Alms

ANNOUNCEMENTS

A HEALING RETREAT FOR ADULTS WITH DIVORCED OR SEPARATED

Parents



Mission San Luis Rey Retreat Center

MARCH | 1 - 3 | 2024

Join the Archdiocese of Los Angeles, the Diocese of Orange and the Diocese of San Diego for this unique experience of Christ's healing. For more information, contact Janelle at jperegoyesdcatholic.org

Register at <https://rcbo.org/acod>

\$375 for Single Occupancy, \$325 for Double Occupancy before Jan. 15

Marriage Enrichment Retreat 1

MARCH 16-17 2024

MISSION SAN LUIS REY
4050 MISSION AVE
OCEANSIDE, CA



FOR MORE INFO CONTACT
HOWEN 858-833-8591 OR JANICE 858-837-2581



Early Bird Price \$285

ends January 31st

Regular Price \$300

Scan QR to Register



ST. PAUL CENTER *presents* 2024 LENT CHALLENGE



This Lent, join Scott Hahn and John Bergsma as they lead us out of exile and on the journey home. Like the Israelites of old, we are not home. And yet, there is great hope in our sojourning - in our movement back to God.

Each day of Lent, spend ten minutes with John Bergsma as he reads and reflects on one chapter of the Book of Exodus and then gives you a daily challenge to complete.

Once a week, join Scott Hahn as he delivers an inspiring series of 8 talks based on his new book *Catholics in Exile* – filmed with a live audience at the new St. Paul Center headquarters.

Exodus & Exile officially began on **Ash Wednesday** and ends on **Easter Sunday-March 31st** but there is still time to join.

For more information and to sign up visit:
www.stpaulcenter.com/exodus/

