

# QUEEN OF ANGELS CATHOLIC CHURCH

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2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619-445-2145  
[www.queenofangels.org](http://www.queenofangels.org)

## Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

## Holy Sacrifice of The Mass

Saturday: 5:30 pm  
Sunday: 8:00 & 10:30 am

## Daily Mass

Tuesday-Friday: 8:00 am

## Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

## Confession

Tuesday-Friday: 7:30 am,  
Saturday: 4:00 pm,  
or by appointment

## Eucharistic Adoration

Friday: after 8:00 am Mass  
until 9:30 am

## First Friday Devotions

Adoration/Confession: 10:00 am  
Mass: 11:30 am

## First Saturday Devotions

Rosary: 8:30 am  
Mass: 9:00 am

## Baptism, Holy Matrimony & Funerals

Contact Fr. David

## Clergy

Rev. David Exner: **Pastor**, [frdexnerqofa@gmail.com](mailto:frdexnerqofa@gmail.com)

## Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriquetaqofa@gmail.com](mailto:enriquetaqofa@gmail.com)

Jacob Brown: **Administrative Assistant**, [jacobqofa@gmail.com](mailto:jacobqofa@gmail.com)

Glenn D'Abreo : **Music Coordinator**, [glennqofa@gmail.com](mailto:glennqofa@gmail.com)

Darlene Ames: **The Messenger**, [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com)

**Parish Email:** [parishqofa@gmail.com](mailto:parishqofa@gmail.com)

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619-442-4357

## Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

**STEWARDSHIP OF TIME, TALENT & TREASURE****February 17-18, 2024**

Envelopes Used	60
Envelope Collections	\$ 3,841.00
Plate Collections	\$ 552.00
<b>TOTAL</b>	<b>\$ 4,393.00</b>
Ash Wednesday Collection	\$ 1,055.00

**STEWARDS OF GOD'S INFLUENCE**

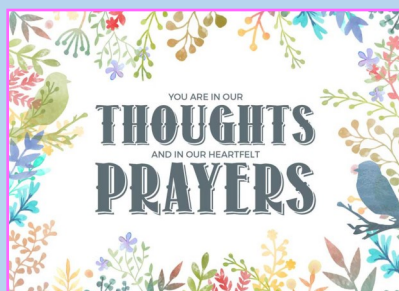
Time, Talents, Treasure and Testimony

**READINGS & MASS INTENTIONS FEBRUARY 24-MARCH 3, 2024****Sunday:** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 (116:9)/Rom 8:31b-34/Mk 9:2-10**Monday:** Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38**Tuesday:** Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12**Wednesday:** Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28**Thursday:** Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31**Friday:** Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46**Saturday:** Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32**Next Sunday:** Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 (Jn 6:68c)/1 Cor 1:22-25/Jn 2:13-25 *Scrutiny:* Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42**DATE****TIME****INTENTION**

Saturday,	Feb 24	5:30 pm	Celeste Woestman
Sunday,	Feb 25	8:00 am	Helen Santos
Sunday,	Feb 25	10:30 am	†Al Florance
Monday,	Feb 26	7:30 am	<i>Rosary</i>
Tuesday,	Feb 27	8:00 am	†Stephen Gebert
Wednesday,	Feb 28	8:00 am	Cain & Caleb Lee
Thursday,	Feb 29	8:00 am	Ron Cuevas
Friday,	Mar 1	11:30 am	Carmen Holt
Saturday,	Mar 2	9:00 am	Our Parish Family
Saturday,	Mar 2	5:30 pm	Celeste Woestman
Sunday,	Mar 3	8:00 am	†Emiliana de Ocampo
Sunday,	Mar 3	10:30 am	David Gloria

*Prayer Requests*Continue to Keep in Your Prayers and Hearts those  
on our Healing and Deployed Military Lists.

Kelly Barker  
Bill Brundage  
Katie Clark  
Mike Gust  
Jim Hill  
Chik Hylton  
Carmen Holt  
Jason Laccone  
Steven McMeeken  
Becky Rangel  
Steve Rodkey  
Joan Smith  
Kailyn & Charis Whaley  
Celeste Woestman

...may they find joy in  
the healing love of Christ.**Deployed Military**

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
David J. McIntyre, PFC  
Rebekah Meyer, BM2(sw)  
Nicholas Palstorm, E8  
Jacob Tweed, HM3  
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

*Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).*

## ANNOUNCEMENTS



**Stations of the Cross & Eucharistic Adoration** During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. New this year, we will be having Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions.



**Queen of Angels Women's Auxiliary** **ATTENTION** all ladies of the Parish. Our next meeting will be on **February 28** at 5:30 PM in the parish hall. All women of the parish are welcome to join in. Mark your calendar as we look forward to seeing you there!



**Youth Group** All middle school and high school youths are invited to our next meeting on **February 28**. Bring a friend; bring two friends and join in some fun, music and fellowship.



**Soup Supper** Please join fellow Queen of Angels parishioners on Friday, **March 1** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by **Woman's Auxiliary**.




**Monthly Tecate & ECPCC Collection** Please leave your donations after all the Masses next weekend, **March 2-3**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. You can access the chest any day of the week. Please remember to close the lid tightly when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPCC. As always, thank you for your support!




**The Magnificat Lenten Companion** Are you looking for a way to develop a more fervent practice of your Catholic faith this Lenten season? Let *The Magnificat Lenten Companion* be your guide. This booklet is available in the vestibule of the church. Suggested donation \$1.00.



**Friendly Reminder** Queen of Angels switched over to a new email server last October. Make sure that when you email the office, you are using the updated email addresses which can be found on the front page of the bulletin and on the parish website.

**Thank You** A big **THANK YOU** to *Tuesday's Bible Studies* for hosting and suppling the delicious soups and bread at our Soup Supper on February 23. 

**Collection of old Blessed Palm Leaves** Queen of Angels will be collecting old blessed palm leaves from last year's Palm Sunday. Look for the basket in the vestibule of the church to place the leaves in. Father David will burn the leaves and the ash will be added to our reserve. 



### **First Friday to Adore the Sacred Heart of Jesus-March 1**

9:30 AM—Rosary  
10:00 AM—Adoration/Reconciliation  
11:30 AM—Mass



### **First Saturday Devotions to the Immaculate Heart of Mary-March 2**

8:30 AM—Rosary  
9:00 AM—Mass  
9:30 AM—Devotions  
4:00 PM—Adoration/Reconciliation

## **LENT 2024**

### **SACRAMENT OF RECONCILIATION**

Tuesday-Friday at 7:30 AM; Saturday at 4:00 PM

### **FRIDAYS DURING LENT**

(all Fridays during Lent are days of abstinence from meat)

**ADORATION AFTER DAILY MASS** until 9:30 AM

**ADORATION BEFORE VIA CRUCIS** at 5:30 PM

**VIA CRUCIS (STATIONS OF THE CROSS)** at 6:30 PM followed by Lenten Soup Supper in the Parish Hall

**FIRST FRIDAY ADORATION & RECONCILIATION** at 10:00 AM; MASS at 11:30 AM

### **EASTER TRIDUUM – MARCH 28-31**

**HOLY THURSDAY** – MASS OF THE LORD'S SUPPER at 7:00 PM

**GOOD FRIDAY** (day of fasting and abstinence)

**OUTDOOR VIA CRUCIS** at 12:00 PM

**COMMUNION SERVICE WITH VENERATION OF THE CROSS** at 3:00 PM

**HOLY SATURDAY** – EASTER VIGIL MASS at 8 PM

**EASTER SUNDAY** – FIRST COMMUNION MASS at 8 AM; MASS at 10:30 AM

**LENTEN PRAYER MATERIALS WILL BE AVAILABLE IN THE DONUT/MULTI-PURPOSE ROOM.**

### **Additional Opportunities for Reconciliation 2024**

St. Martin of Tours, La Mesa	March 4	7:00 PM
St. Therese, San Diego	March 6	7:00 PM
St. Pius X, Jamul	March 7	7:00 PM
Our Lady of Perpetual Help, Lakeside	March 11	10:00 AM
Guardian Angels, Santee	March 11	7:00 PM
Holy Trinity, El Cajon	March 12	7:00 PM
St. Luke, El Cajon	March 14	7:00 PM
Our Lady of Grace, El Cajon	March 20	7:00 PM

*"Confession is the sacrament of the tenderness of God, his way of embracing us."*

Pope Francis



**ANNOUNCEMENTS****GOSPEL MEDITATION**February 25, 2024  
2nd Sunday of Lent

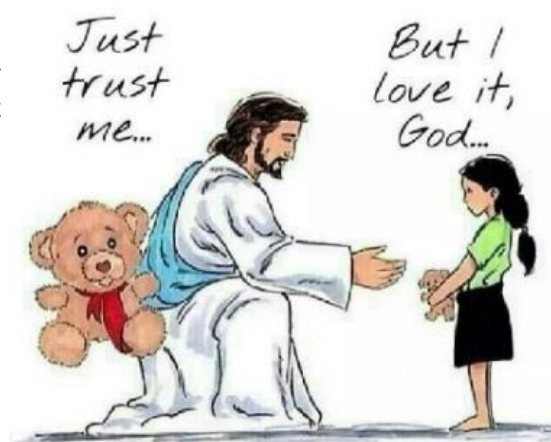
As a college student, my prized possession was an after-market car stereo. It was my pride and joy: glorious audio, eye-catching display screen, and multi-disc CD changer. It drained my hard-earned dollars, but it was totally worth it. It drenched me in music everywhere I drove. On Ash Wednesday of my senior year of college, Father Tom, the Jesuit priest at my university said, "Pray for God to tell you what he wants you to sacrifice for Lent." I did. In my heart, the answer came: "Give up listening to your car stereo for forty days." I winced. Not possible, I thought. Can't do it. I made other plans. The next morning, I was stunned to find that my car had been broken into, and my fancy stereo ripped out and stolen.

God's command to sacrifice what we love is no joke. This week in Genesis 22, God says: "Abraham!" "Here I am," he replied. Then God said, "Take your son, your only son, whom you love — Isaac — and go to the region of Moriah. Sacrifice him there as a burnt offering on a mountain I will show you." Believe me, I know. We like to be in control. It chafes us that God sets the terms of what we must sacrifice, and how. But this is no impersonal, tyrannical process. Remember that God uses their names, Abraham and Isaac. God knows each one of us and the precious gifts He commands us to offer. Finally, our sacrifices are for our own good. Do we trust this enough to do what Father Tom asked me to do?

Lenten challenge: This week, if you haven't done so yet, I dare you to ask God: "What do you want me to give up?" He may ask for that which you love most. It will be something precious to you: time, money, a relationship, a dream, an opportunity. What matters is we trust Him and act sacrificially in line with His command. Whatever we sacrifice will of course come back to us as surely as the Risen Jesus — but that doesn't make it easy.

— Father John Muir

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**The 2023 Annual Catholic Appeal**  
**"United in Christ",**  
*has begun*

**Queen of Angels assessment for 2024 is \$25,607.00. Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.**

**We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal.**



**Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.**

**If you cannot donate at this time, we ask you to pray for a successful 2024 Annual Catholic Appeal for our parish.**

## ANNOUNCEMENTS



### "Revival's in the Air"



### Unfold the Mystery at the Heart of Our Faith

Lent is here! This holy season invites us to draw closer to Our Lord through the mystery of his Passion and Death on the Cross. This makes Lent a profoundly Eucharistic season, as it is through the Eucharist that we enter most deeply into the mystery of Christ's sacrifice.

Lent during the National Eucharistic Revival is the perfect time to explore this mystery anew! In partnership with the Augustine Institute, we've created a seven-session video series called *Jesus and the Eucharist*—and you can watch the full series now completely **FREE** at [eucharisticrevival.org/jesus-and-the-eucharist](https://eucharisticrevival.org/jesus-and-the-eucharist).

*Jesus and the Eucharist* is a dynamic, 7-session study designed to help you connect with your fellow parishioners as you fall deeper in love with our Eucharistic Lord. Immerse yourself in the beauty of our faith in an intimate small group setting, hear from some of the most brilliant voices in Catholicism, and explore the mystery of the Eucharist anew as a part of the National Eucharistic Revival.

You can watch the entire series now with a free account on our Learn platform, but we recommend making this journey with a small group. Create an account now at [learn.eucharisticrevival.org/login?](https://learn.eucharisticrevival.org/login?) so you can come back and explore the full series.

#### Jesus and the Eucharist

During this time of Eucharistic Revival, Jesus is inviting us to encounter him in our life stories. Together, we'll explore the story of salvation as told through Scripture, fulfilled in the death and resurrection of Jesus, and lived out in the Church and the Sacraments—especially the Eucharist. At the conclusion of this series, participants will be empowered to live out the Gospel in their own lives and share its message of hope with others.

<https://www.youtube.com/live/9Pe0OLRzoD0?si=cVqV9nm4UyxNBQzQ>

## ANNOUNCEMENTS

### On the Mountain

By Colleen Jurkiewicz Dorman

Why climb a mountain? "Because it's there," George Mallory famously said, before perishing in an attempt to scale Mount Everest.

God is an event planner; every detail matters, and the location is most crucial of all. On the mountain, God demanded the sacrifice of Isaac. On the mountain, he restored Isaac to his father. On the mountain, Jesus was transfigured, revealed in all his mystifying glory as the beloved Son of God, the sacrifice which would finally balance the scale.

These things happened on a mountain because they could only happen on a mountain. The mountain is where the reckoning happens. It is where God takes, where He gives back, where He hands down.

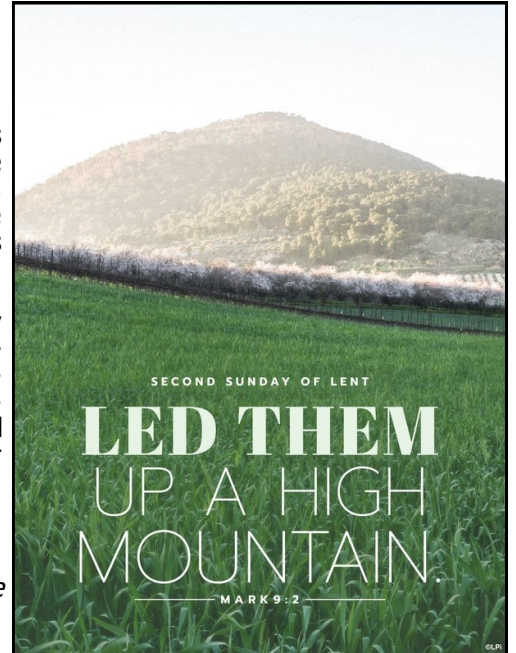
In Lent, we encounter the mountain. We are removed from the distractions of ordinary life and placed outside the confines of our everyday habits. We find silence and mystery, pain and truth. We struggle and we become tired, and there is always a moment when we wonder if, perhaps, it would have been easier not to climb. There is always a moment when others look at us and think: "Why climb a mountain?"

I confess, I am not much of an outdoorswoman. Hiking, in my family, is any walking you do on a trail that is not paved, so I am far from qualified to comment on whether or not the view from the summit was worth George Mallory's life. But I do know a thing or two about struggling through a difficult experience. I know the strange peace that exists in the moment after it's all over and you catch your breath and realize you are a better, stronger, wiser person for the pain.

The mountain is there. Let's climb it.

*"God put Abraham to the test. He called to him, 'Abraham!' 'Here I am!' he replied."* — Genesis 22:1

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T H E N S W B I U B H T  
O N L Y A O L L I U H G  
H A N D I O F F E R G B  
C L O R D D Y O U N G E  
A A K T H I N G S T A Y  
L I F T E D U T O O K E  
L D P F A R O S E G H S  
E B I I V F A T H E R E  
D E S C E N D A N T S B  
W H A T N A B R A H A M  
E O A P R O V I D E U M  
N L C B R O T H E R E V  
T D T O L D P P L A C E

### SECOND SUNDAY OF LENT

ABRAHAM	AROSE	BEHOLD
BROTHER	BURNT	CALLED
DESCENDANTS	EYES	FATHER
HAND	HEAVEN	HERE
ISAAC	LAI	LIFTED
LORD	OFFER	ONLY
PLACE	PROVIDE	SAID
THEN	THERE	THINGS
TOGETHER	TOLD	TOOK
WENT	WOOD	YOUNG



## ANNOUNCEMENTS



February 14 - March 24  
**40 DAYS FOR LIFE**

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

### WE NEED YOUR HELP!

**From Now – March 24<sup>th</sup>**

**Covering prayer shifts,  
from 7:00am–7:00pm every Tuesday until March 19th**

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside Planned Parenthood at 1685 E Main St., El Cajon  
(near Greenfield and East Main Street next to McDonalds)

For more information or to schedule your prayer time sign-up after all Masses or contact Yvonne Harris at [yvonne@goharris.net](mailto:yvonne@goharris.net)

[www.40daysforlife.com/elcajon](http://www.40daysforlife.com/elcajon)

### A HEALING RETREAT FOR ADULTS WITH DIVORCED OR SEPARATED

*Parents*

LIFE-GIVING  
*Wounds*

Mission San Luis Rey Retreat Center

**MARCH | 1 - 3 | 2024**

Join the Archdiocese of Los Angeles, the Diocese of Orange and the Diocese of San Diego for this unique experience of Christ's healing. For more information, contact Janelle at [jperegoyesdcatholic.org](mailto:jperegoyesdcatholic.org)

**Register at <https://rcbo.org/acod>**

\$375 for Single Occupancy, \$325 for Double Occupancy before Jan. 15

An evening with Father Burke Masters

*"A Grand Slam for God"*



Please join us for an evening with Father Burke Masters, author of the book *"A Grand Slam for God: A Journey from Baseball Star to Catholic Priest."*

Burke Masters had the perfect game plan for his life: to play Major League Baseball. As a star infielder for Mississippi State with a game-winning grand slam to help his team reach the College World Series, he was well on his way to the career of his dreams. But little did he know that his life-changing call would not be from a recruiter to become a Major League player—it would be from God to become a Catholic priest.

**When:** Wednesday, March 6<sup>th</sup> at 6:30pm  
**Where:** Church of the Nativity  
6309 El Apajo Road  
Rancho Santa Fe, CA

Books will be available for sale at the event, with an opportunity for Father Masters to sign your copy after sharing the story of his journey. Look forward to seeing you there!