

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**January 27-28, 2024**

Envelopes Used 66

Envelope Collections \$ 7,406.00

Plate Collections \$ 635.00

TOTAL \$ 8,041.00



"Do not be afraid to say 'yes' to Jesus, to find your joy in doing his will, giving yourself completely to the pursuit of holiness, and using all your talents in the service of others!"

— Pope Benedict XVI

READINGS & MASS INTENTIONS FEBRUARY 3-11, 2024

Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6
(see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13

Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23

Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10

Next Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor 10:31—11:1/Mk 1:40-45

<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Feb 3	9:00 am	
Saturday, Feb 3	5:30 pm	Richard (Dick) Nixon
Sunday, Feb 4	8:00 am	Chik Hylton
Sunday, Feb 4	10:30 am	June Hill
Monday, Feb 5	7:30 am	Rosary
Tuesday, Feb 6	8:00 am	Bill Gray
Wednesday, Feb 7	8:00 am	The Souls in Purgatory
Thursday, Feb 8	8:00 am	Bill Clague
Friday, Feb 9	8:00 am	For the People
Saturday, Feb 10	5:30 pm	Erica Rangel McCall
Sunday, Feb 11	8:00 am	†Bernadette Gross
Sunday, Feb 11	10:30 am	†Tom & Toshiko Brown

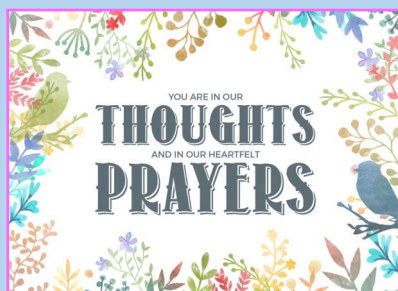
Prayer Requests

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Bill Brundage
Katie Clark
Mike Gust
Jim Hill
Chik Hylton
Carmen Holt
Jason Laccone
Steven McMeeken
Becky Rangel
Steve Rodkey
Joan Smith
Kailyn & Charis Whaley
Celeste Woestman

...may they find joy in the healing love of Christ.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Rebekah Meyer, BM2(sw)
Nicholas Palstorm, E8
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Volunteers Needed Thank you to those who have so selfishly and willingly signed up to volunteer and sponsor a Lenten Soup Supper here at Queen of Angels. Your kind deed does not go unappreciated. There are a few more dates available so if you or your ministry community hasn't signed up yet there is still time to do so. If you have any questions regarding Soup Supper don't hesitate to reach out to Darlene Ames at bulletin@queenofangels.org or at 619-445-2145. Available dates are:

**February 23
March 1**



Monthly Tecate & ECPCC Collection Please leave your donations after all the Masses this weekend, **February 3-4**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. You can access the chest any day of the week. Please remember to close the lid tightly when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPCC. As always, thank you for your support!



PLEASE Consider Assisting As attendance at Masses are growing, so does the need for more **Altar Servers, Communion Ministers, Lectors and Ushers**. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David or call the office at 619.445.2145. We will work with your availability to serve at the Mass which you now attend.

QUEEN OF ANGELS CATHOLIC CHURCH



Welcome to all members and visitors who are joining us for the celebration of the Eucharist. If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here! The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We invite you to enrich your life through joining our parish family. In addition to our liturgies there are many ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

Queen of Angels invites you to be a "sharing member" and register: Please call the parish office during normal business hours. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs.

Welcome to **QUEEN OF ANGELS**,
our hidden jewel in the Diocese of San Diego!



February 14 - March 24
40 DAYS FOR LIFE

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

WE NEED YOUR HELP!

Starting February 20th – March 24th

Covering prayer shifts,
from 7:00am – 7:00pm every Tuesday for 5 weeks

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside
Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

To schedule your prayer time sign-up after all Masses or contact Yvonne Harris at yvonne@goharris.net

FOR MORE INFORMATION VISIT:

www.40daysforlife.com/elcajon

Join us for our Opening Ceremony & Sidewalk Prayer Procession:

Tuesday, February 13th at 5:00 PM, 1625 E. Main Street, El Cajon
(Dress comfortably and for the weather. Will be held Rain or Shine!)



National Marriage Week USA
MARRIAGE IS WORTH IT! • EVERY FEB 7-14

*Celebrate!
Learn more.*

PASTOR'S PAGE

Friends,

Last month I ran across a list of “holidays and observances” for the month of January. Some were unsurprising (e.g., January 1st – New Year’s), but others were downright... well, I’ll let you decide for yourself what adjective you’d like to assign them.

January 1st – New Year’s Day (also apparently National Hangover Day)
 January 10th – Peculiar Day
 January 12th – National Pharmacist Day
 January 13th – Make Your Dream Come True Day
 January 18th – Martin Luther King Jr. Day
 January 20th – National Cheese Lovers Day
 January 29th – National Puzzle Day

From that list I count only two days that I would consider actual holidays, and no, I do not mean National Cheese Lovers Day. But as ludicrous as this list is – and it *is admittedly pretty funny* – *it highlights something else about human nature that deserves some very real consideration. I think this list of “holidays” inadvertently reveals that we know, deep down, that we were made for joy. And in our vain attempts (cf. Ecc 1-2) to grasp at the joy we know we were created for, we latch on to all sorts of things: puzzles, cheese, dreams, peculiarities, and evidently even hangovers and pharmacists. We do this because we know we were made for something more, something bigger and greater and more magnificent than this world can offer, but when we look around the world we can’t seem to find it, whatever “it” is. If we’re being honest, we don’t even know exactly what we’re looking for most of the time, just that our elusive prey goes by the name “happiness.” Or so we think, anyway. What we are really searching for is JOY.*

Saint Augustine of Hippo put it thus:

“Late have I loved you, O Beauty ever ancient, ever new, late have I loved you! You were within me, but I was outside, and it was there that I searched for you. In my unloveliness I plunged into the lovely things which you created. You were with me, but I was not with you. Created things kept me from you; yet if they had not been in you they would have not been at all. You called, you shouted, and you broke through my deafness. You flashed, you shone, and you dispelled my blindness. You breathed your fragrance on me; I drew in breath and now I pant for you. I have tasted you, now I hunger and thirst for more. You touched me, and I burned for your peace.”

The psalmist put it perhaps even more mystically (Ps 42:1-2), even as he, like Saint Augustine would do some thousand years later, realizes what – or rather, **Who** – *his heart has always yearned for*:

As the deer longs for flowing streams,
so longs my soul for you, O God.
My soul thirsts for God, for the living God.
When shall I come and behold the face of God?

My dear brothers and sisters, it is good for us to celebrate and to enjoy the good things on God’s earth. It is good for us to remember the reasons we have to be happy while we sojourn here. But it is far more important, and far better for us, to keep our eyes on Jesus Christ, and to remember **Who** it is that we are really seeking. Because the source of the joy we seek, the joy we know we were created for, is not a thing; He is a Person. We are searching for nothing less than God Himself.

Keep up the search,

Fr. David



ANNOUNCEMENTS



"Revival's in the Air"

EucharisticRevival.com

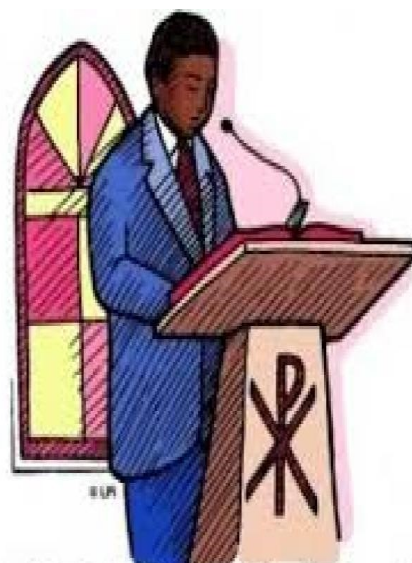
Eucharist.Formed.org



Universal Prayer, (Prayer of the Faithful)

The Universal Prayer is the last part of the Liturgy of the Word. In the *General Instruction of the Roman Missal*, it states "In the Universal Prayer of Prayers of the Faithful, the people respond in some sense to the Word of God which they have received in faith and, exercising the office of their baptismal Priesthood, offer prayers to God for the salvation of all. It is desirable that there usually be such a form of prayer in Masses celebrated with the people, so that petitions may be offered for holy Church, for those who govern with authority over us, for those weighed down by various needs, for all humanity, and for the salvation of the whole world" (*GIRM*, 69).

These prayers are offered in a general way for the community at large or for some special celebrations such as a wedding or confirmation. After praying the Creed together in Unity, this is just another opportunity for us to join our prayers together, and to stand together in faith as we ask God for what we need. As we come to pray as a community, and not just individually every Sunday. We hope in great faith God hears and accepts our petitions. Let us pray for the needs of the Church this Sunday, knowing that we unite our prayers always.



S I C K S I M O N M A N Y
A C A M E T I S S A I D J
F L S Y R H D Y E R M G A
L E T O V E J N V P M A M
I F E V E R O A E R E T E
F T O L D E H G N E D H S
T H T O O K N O I A I E U
E A O I A D L G N C A R N
D N G H B R O U G H T E D
E D E P O S S E S S E D O
M O T H E R - I N - L A W
O O H O U S E C I T Y A N
N R E N T E R E D G E E W
S T R A N D R E W E N T S

FIFTH SUNDAY IN ORDINARY TIME

ANDREW	BROUGHT	CAME
CAST	CITY	DEMONS
DOOR	ENTERED	EVENING
FEVER	GATHERED	HAND
HOUSE	IMMEDIATELY	JAMES
JOHN	LEFT	LIFTED
MANY	MOTHER-IN-LAW	POSSESSED
PREACH	SAID	SERVED
SICK	SIMON	SUNDOWN
SYNAGOGUE	THERE	TOGETHER
TOLD	TOOK	WENT

ANNOUNCEMENTS

**THE QUEEN OF ANGELS WOMEN'S AUXILIARY WOULD LIKE TO THANK ALL OUR SISTERS
IN CHRIST WHO PARTICIPATED IN OUR 1ST ANNUAL WOMAN'S RETREAT.
MAY YOU CONTINUE TO BE BLESSED KNOWING THAT YOU ARE
"A DAUGHTER OF GOD".
GOD BLESS YOU ALL!**

**Singing in Church**

Leonard Bernstein, the late great American composer and performer, contributed greatly to our culture. He composed, directed, and played the piano for all his life. The greatest thing he did for us was to give one-hour teaching sessions on TV aimed especially at our young people. He taught the fundamentals of music, gave lessons on the history of music, and above all, showed young people how music is intrinsically woven into our psyches.

It would be very difficult to find a human being who can do without music. Whether we like it or not, our hearts beat with a steady rhythm. Mosquitos buzzing around our ears make a musical sound. Birds sing to attract mates and companions. Music is all around us. We sing to babies to put them to bed. We sing at tail-gate parties and gatherings around a campfire. Above all, we sing when we are in love. We sing to the object of our affection. It is estimated that 90% of all vocal music is written about love.

In St. John's first letter he says, "God is Love". He offers no explanations. He simply makes a statement. We are told to love God. We try our hardest to love God. We come to church to show our love for God. Perhaps to deepen our love for God. This is, perhaps, the greatest argument for singing in church. We should sing to the primary object of our love – GOD. One doesn't have to be a Taylor Swift a Beyonce or Bocelli. One simply must sing from the heart. We must sing to our common beloved.

Please allow me to encourage you to sing heartily in church. Sing whether you know the music or not. Sing whether you feel like it or not. Like smiling, singing does wonders for the psyche. If you are talented and can carry a tune, please consider joining the choir, where you will have the profound task of leading others to sing for our loving God. And, our God whose love for us, is not achievable by any one of us, will smile for your effort.

Where words fail, music speaks,

Glenn D'Abreo
Music Coordinator



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ST. PAUL CENTER *presents* 2024 LENT CHALLENGE



This Lent, join Scott Hahn and John Bergsma as they lead us out of exile and on the journey home. Like the Israelites of old, we are not home. And yet, there is great hope in our sojourning - in our movement back to God.

Each day of Lent, spend ten minutes with John Bergsma as he reads and reflects on one chapter of the Book of Exodus and then gives you a daily challenge to complete.

Once a week, join Scott Hahn as he delivers an inspiring series of 8 talks based on his new book *Catholics in Exile* – filmed with a live audience at the new St. Paul Center headquarters.

Exodus & Exile will officially begin on **Ash Wednesday-February 14th** and end on **Easter Sunday-March 31st**

For more information and to sign up visit: www.stpaulcenter.com/exodus/





11th Annual Gala

"A heart at peace gives life to the body" ~ Proverbs 14:30



Save the Date

February 10th, 2024 from 6 P.M. to 9 P.M.
Saint Therese of Carmel Catholic Church
4355 Del Mar Trails Road
San Diego, CA 92130

Speakers

Auxiliary Bishop Bejarano
and
a CIH Client Graduate

Scan the QR code for more information





WORLD DAY OF THE SICK MASS



**SATURDAY, FEB. 10, 2024
10:00 A.M.**
GOOD SHEPHERD PARISH
8200 GOLD COAST DRIVE, SAN DIEGO, CA 92126



Main Celebrant:
Aux. Bishop Felipe Pulido



**You are not alone.
Join the community
& experience spiritual
healing and comfort!**

Livestream
<https://sdcatholic.org/event/world-day-of-the-sick-mass/>

MULTILINGUAL MASS

- ANOINTING OF THE SICK
- BLESSING WITH WATER FROM LOURDES
- BLESSING OF CAREGIVERS AND MINISTERS OF THE SICK
- CELEBRATING THE 4TH ANNIVERSARY OF THE CARING FOR THE WHOLE PERSON INITIATIVE



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LIFE, PEACE & JUSTICE
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