

# QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619-445-2145  
[www.queenofangels.org](http://www.queenofangels.org)

## Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

## Holy Sacrifice of The Mass

Saturday: 5:30 pm  
Sunday: 8:00 & 10:30 am

## Daily Mass

Tuesday-Friday: 8:00 am

## Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

## Confession

Tuesday-Friday: 7:30 am,  
Saturday: 4:00 pm,  
or by appointment

## Eucharistic Adoration

Friday: after 8:00 am Mass  
until 9:30 am

## First Friday Devotions

Adoration/Confession: 10:00 am  
Mass: 11:30 am

## First Saturday Devotions

Rosary: 8:30 am  
Mass: 9:00 am

## Baptism, Holy Matrimony & Funerals

Contact Fr. David

## Clergy

Rev. David Exner: **Pastor**, [frdexnerqofa@gmail.com](mailto:frdexnerqofa@gmail.com)

## Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriquetaqofa@gmail.com](mailto:enriquetaqofa@gmail.com)

Jacob Brown: **Administrative Assistant**, [jacobqofa@gmail.com](mailto:jacobqofa@gmail.com)

Glenn D'Abreo : **Music Coordinator**, [glennqofa@gmail.com](mailto:glennqofa@gmail.com)

Darlene Ames: **The Messenger**, [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com)

**Parish Email:** [parishqofa@gmail.com](mailto:parishqofa@gmail.com)

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619-442-4357

## Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

**STEWARDSHIP OF TIME, TALENT & TREASURE****January 13-14, 2024**

Envelopes Used	69
Envelope Collections	\$ 7,004.00
Plate Collections	\$ 393.00
<b>TOTAL</b>	<b>\$ 7,397.00</b>

**ANNUAL CATHOLIC APPEAL 2023****PRAISE GOD!!** We reached our goal!!

Through your generosity, Queen of Angel's has reached our goal for the Annual Catholic Appeal assessment for 2023. Many thanks and God bless to all who pledged support and contributed to this year's campaign.

But someone will say, "You have faith and I have works." Show me your faith without your works, and I will show you my faith by my works.  
James 2:18

**GOAL: \$27,804.00 PLEDGED: \$ 28,229.48**

Funds raised over the goal will be returned to Queen of Angels!

**READINGS & MASS INTENTIONS JANUARY 20-28, 2024**

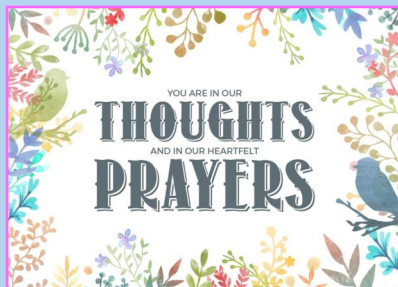
**Sunday:** Jon 3:1-5, 10/Ps 25:4-5, 6-7, 8-9 (4a)/  
1 Cor 7:29-31/Mk 1:14-20  
**Monday:** 2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/  
Mk 3:22-30  
**Tuesday:** 2 Sm 6:12b-15, 17-19/Ps 24:7, 8, 9, 10/  
Mk 3:31-35  
**Wednesday:** 2 Sm 7:4-17/Ps 89:4-5, 27-28, 29-30/  
Mk 4:1-20  
**Thursday:** Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/  
Mk 16:15-18  
**Friday:** 2 Tm 1:1-8 or Ti 1:1-5/Ps 96:1-2a, 2b-3,  
7-8a, 10/Mk 4:26-34  
**Saturday:** 2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15,  
16-17/Mk 4:35-41  
**Next Sunday:** Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/  
1 Cor 7:32-35/Mk 1:21-28

<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Jan 20	5:30 pm	Celeste Woestman
Sunday, Jan 21	8:00 am	Chik Hylton
Sunday, Jan 21	10:30 am	†Nancy Silva
Monday, Jan 22	7:30 am	Rosary
Tuesday, Jan 23	8:00 am	Jacob Pickett
Wednesday, Jan 24	8:00 am	The Souls in Purgatory
Thursday, Jan 25	8:00 am	Jason Silva
Friday, Jan 26	8:00 am	Michelle Blakeley
Saturday, Jan 27	5:30 pm	†Margaret (Aunt Peggy) O'Husky
Sunday, Jan 28	8:00 am	†Evelyn Peoples
Sunday, Jan 28	10:30 am	†Al Florance

*Prayer Requests*Continue to Keep in Your Prayers and Hearts those  
on our Healing and Deployed Military Lists.

Kelly Barker  
Bill Brundage  
Katie Clark  
Mike Gust  
Jim Hill  
Chik Hylton  
Carmen Holt  
Jason Laccone  
Steven McMeeken  
Becky Rangel  
Steve Rodkey  
Joan Smith  
Kailyn & Charis Whaley  
Celeste Woestman

...may they find joy in  
the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

Deployed Military

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
David J. McIntyre, PFC  
Rebekah Meyer, BM2(sw)  
Nicholas Palstorm, E8  
Jacob Tweed, HM3  
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

## ANNOUNCEMENTS



**Queen of Angels Women's Auxiliary** **ATTENTION** all ladies of the Parish. Our first meeting of the 2024 year will be on **January 24** at 5:30 PM in the parish hall. All women of the parish are welcome to join and there's no better time than the new year. So mark your calendar as we look forward to seeing you there!



**Youth Group** Our next meeting will be on Wednesday, **January 24** at 7:00 PM in the parish hall. All middle school and high school youths are invited. Bring a friend or two and join in some fun, music and fellowship.



**Spiritual Rosary Books** The Scriptural Rosary book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours. Books are \$15.00 each.

**Please Remember** Upon leaving Mass, please make sure all Missalettes, Hymnals, Prayer Cards, and donation envelopes are put back neatly in the pew backs. It only takes a few seconds and greatly enhances the appearance of the church when arriving to celebrate Mass. Thank You~



### **First Friday to Adore the Sacred Heart of Jesus-February 2**

9:30 AM—Rosary  
10:00 AM—Adoration/Reconciliation  
11:30 AM—Mass



### **First Saturday Devotions to the Immaculate Heart of Mary-February 3**

8:30 AM—Rosary  
9:00 AM—Mass  
9:30 AM—Devotions  
4:00 PM—Adoration/Reconciliation

*Are You A*

## *Daughters of God?*

*Join us on*

*Saturday January 27, 2024*

*from 8:30 AM to 3:00 PM*

*At*

## *The First Annual Women of the Parish Retreat*

Sponsored by the  
**Queen of Angels Women's Auxiliary**

Registration is \$20 per person after all Masses  
For more information contact one of the Woman's Auxiliary Members after Mass.

(A light breakfast and lunch will be provided)



## **Bible Studies**

### **WHEN YOU PRAY: A CLEAR PATH TO A DEEPER RELATIONSHIP WITH GOD**

There is still time to join in the latest Bible Study which began on **January 9**. Meet in the Parish Hall on Tuesdays from 6pm-8pm.

[ascensionpress.com/collections/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god/products/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god-study-set-with-digital-access](https://ascensionpress.com/collections/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god/products/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god-study-set-with-digital-access):  
\$26.95 study set with digital access

[ascensionpress.com/collections/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god](https://ascensionpress.com/collections/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god):  
\$24.95 study set only

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### **REVELATION, THE KINGDOM YET TO COME**

There is still time to join in the latest Bible Study which began on **January 16**. Meet in the Parish Hall on Tuesdays from 9am-11am.

[ascensionpress.com/collections/revelation-the-kingdom-yet-to-come/products/revelation-the-kingdom-yet-to-come-study-set-1](https://ascensionpress.com/collections/revelation-the-kingdom-yet-to-come/products/revelation-the-kingdom-yet-to-come-study-set-1):  
\$29.95 with digital access

[ascensionpress.com/products/copy-of-revelation-the-kingdom-yet-to-come-study-set](https://ascensionpress.com/products/copy-of-revelation-the-kingdom-yet-to-come-study-set):  
\$27.95 study set only

Note: (We will be using a video that the Church purchased about 10 years ago so if you buy a new study guide there may be some slight variations).

FOLLOW ME AND I WILL MAKE YOU FISHERS OF MEN

MATTHEW 4:19





## ANNOUNCEMENTS

### ST. PAUL CENTER *presents*



### 2024 LENT CHALLENGE

*This Lent, join Scott Hahn and John Bergsma as they lead us out of exile and on the journey home.*

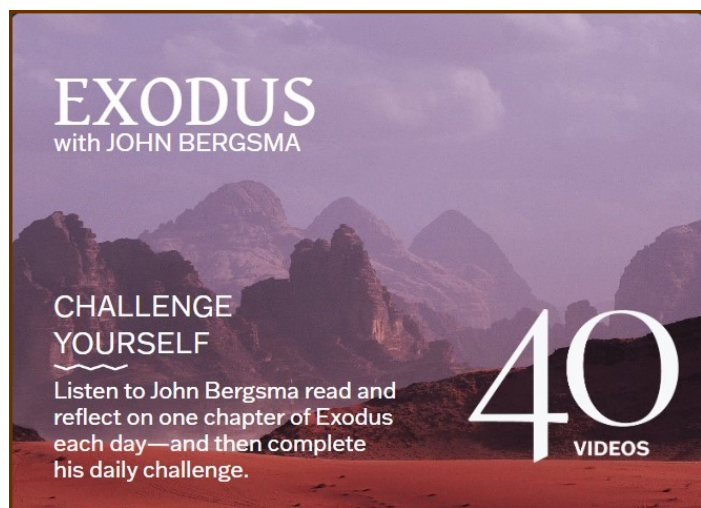
***Like the Israelites of old, we are not home. And yet, there is great hope in our sojourning - in our movement back to God.***

Each day of Lent, spend ten minutes with John Bergsma as he reads and reflects on one chapter of the Book of Exodus and then gives you a daily challenge to complete.

Once a week, join Scott Hahn as he delivers an inspiring series of 8 talks based on his new book *Catholics in Exile* – filmed with a live audience at the new St. Paul Center headquarters.

Exodus & Exile will officially begin on **Ash Wednesday-February 14th** and end on **Easter Sunday-March 31st**

For more information and to sign up visit: [www.stpaulcenter.com/exodus/](http://www.stpaulcenter.com/exodus/)



## ANNOUNCEMENTS



### "Revival's in the Air"

[EucharisticRevival.com](http://EucharisticRevival.com)

[Eucharist.Formed.org](http://Eucharist.Formed.org)



Dear Friends,

Every morning my alarm goes off, just like it does, I'm sure, for you. Each morning when I hear that alarm I have two choices: hit the snooze bar and roll over, or turn off the alarm and enter into the day where Jesus is already waiting for me. We all know that it isn't always that simple.

Sometimes we really need the extra rest. Sometimes we're ready to bounce right up and face the day head-on. And sometimes we just hit the snooze bar.... It is on those days that I end up scrambling to get going instead of having an orderly start to the new day.

As we enter into this new year, I know the Lord Jesus wants us to experience more order and, ultimately, more peace in our lives. As I'm writing this, I'm thinking about the Order of the Mass, and how the succession of prayers and rituals in the Mass are a wonderful model for ordering our lives.

We begin with the Sign of the Cross, recalling the presence of the Trinity in our lives... and we can do the same thing every morning after we turn off that alarm by praying a Morning Offering. The next thing we do at Mass is participate in the penitential act, asking for mercy for the many times we have failed to love. Asking for forgiveness in our daily lives is sometimes difficult, but it leads to greater harmony and mutual understanding. At the end of the day, we can always pray an Act of Contrition, pleading for mercy after having looked back over all that the day has brought!

Next in the Order of Mass, we enter more deeply into the Liturgy of the Word, hearing the Word of God proclaimed to us. Every time we read the Bible at home, it enriches our lives and nourishes our relationship with God *and* our experience of the Mass! This is such a strong way to begin the day. The more we allow the Word of God to wash over us, the more we can hear the Lord's still, quiet voice speaking in our hearts.

Finally, we enter into the Liturgy of the Eucharist, and participate in the one Sacrifice of Jesus... and every day, with Jesus, we can choose to make a gift of ourselves to others. I'm reminded of Mother Teresa's words, "Charity begins at home." How different life is when I make little sacrifices of love for those closest to me!

This, my friends, is what it looks like to live a "Eucharistic life," allowing our minds and hearts to be transformed by Jesus in the Eucharist!

I have so much hope for all this new year has in store for us as we live this Eucharistic Revival together. Won't you join me in allowing the pattern of the Mass to become the pattern of our lives so that we may, with Jesus, offer our very selves *for the life of the world?*

In Jesus,

*Sister Alicia Torres, F.E.*

MANAGING EDITOR

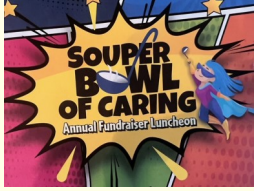
#### [Morning Offering](#)

O Jesus, through the Immaculate Heart of Mary,  
I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart  
in union with the Holy Sacrifice of the Mass throughout the world,  
for the salvation of souls, the reparation of sins, the reunion of all Christians,  
and in particular for the intentions of the Holy Father this month.  
Amen.

#### [Act of Contrition](#)

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments,  
but most of all because they offend Thee, my God, who art all good and deserving of all my love.  
I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin.  
Amen.

(A traditional version)

**ANNOUNCEMENTS**

Father Joe's Villages Ladies Guild  
INVITES YOU TO UNLEASH YOUR SOUPER POWERS

**"A SOUPER BOWL OF CARING"**

Monday, February 12, 2024

**St. Gregory the Great Catholic Church Parish Hall**  
**11451 Blue Cypress Drive, San Diego, CA 92131**

Join the annual Ladies Guild fundraiser for a fundraiser/soup and salad luncheon and auction, benefiting the children sheltering at Father Joe's Villages

**\$60.00 per person ; Make checks payable to Village Ladies Guild, credit cards also accepted**

**Mail reservations by Jan.31 to Brenda Lane, 1205 Pacific Highway #902, San Diego, CA 92101**

**Further information contact: Margie Mills-margie.r.mills@gmail.com**



*week of prayer  
for christian unity  
2024*

The Week of Prayer for Christian Unity (WPCU), **January 18-25, 2024**, is an ecumenical opportunity for Christians around the world to take part in an octave of prayer for visible unity. Through our observance of the WPCU, Christians move toward the fulfillment of Jesus' prayer to the Father "that they all may be one" (cf. John 17:21).

This year's theme is "You shall love the Lord your God ... and your neighbor as yourself." The theme highlights the call to charity, mercy and justice which is shared by all Christians as brothers and sisters in Christ.

The United States Conference of Catholic Bishops has published materials for use during the WPCU, including reflections for the week of prayer: [www.usccb.org/committees/ecumenical-interreligious-affairs/week-prayer-christian-unity-2024](http://www.usccb.org/committees/ecumenical-interreligious-affairs/week-prayer-christian-unity-2024).

Additionally, the Graymoor Ecumenical and Interreligious Institute has published sample prayers for the general intercessions which may be used during the week's liturgies: [geii.org/week\\_of\\_prayer\\_for\\_christian\\_unity/prayer\\_worship/sample\\_prayers.html](http://geii.org/week_of_prayer_for_christian_unity/prayer_worship/sample_prayers.html).

**ST. MARTIN OF TOURS ACADEMY**

*Thinking of a Catholic School?*

Join us at our **Open House**  
on

**January 28, 2024; from 10am -12pm**

Saint Martin of Tours Academy (K-8) and Preschool (ages 3-5) in La Mesa, fully accredited by the Western Catholic Education Association and Western Association of Schools and Colleges, offer students the best in education in a family oriented environment that is Christ-centered and peace-filled. We invite you to tour the school on Sunday, January 28 at 10am. An interest meeting will be held in the school library at 11am. We are currently accepting applications for the next school year.

Email: [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org) for more information or visit [www.stmartinacademy.org](http://www.stmartinacademy.org).

## ANNOUNCEMENTS



The Day of Prayer for the Legal Protection of  
Unborn Children

The over 60 million abortions since the 1973 decisions of *Roe v. Wade* and *Doe v. Bolton* reflect with heartbreaking magnitude what Pope Francis means by a "throwaway culture." However, we have great trust in God's providence. We are reminded time and again in Scripture to seek the Lord's help, and as people of faith, we believe that our prayers are heard.

And while, on June 24, 2022, the *Dobbs v. Jackson Women's Health Organization* decision overturned *Roe v. Wade*, right now state and federal laws, in many instances, are still hostile to preborn children. So, great prayer and advocacy is still very needed.

The General Instruction of the Roman Missal, no. 373, designates **January 22** as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children": "In all the Dioceses of the United States of America, January 22 shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion."



**January 16-24, 2024**

9 Days for Life is an annual novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

On January 22, 1973, the Supreme Court legalized abortion throughout the United States in its companion decisions *Roe v. Wade* and *Doe v. Bolton*. Since that time, millions of children have lost their lives, and millions of women and families have been wounded by abortion.

On June 24, 2022, the *Dobbs v. Jackson Women's Health Organization* decision overturned *Roe v. Wade*, and we praise God for the great opportunity state and federal legislators now have to protect pre-born children. While God, in His mercy, ended the nearly fifty-year nationwide regime of abortion on demand, right now state and federal laws, in many instances, are still hostile to pre-born children. So, great prayer and advocacy is very needed.

The General Instruction of the Roman Missal (GIRM), No. 373, designates January 22 as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn children."

Sign up to receive the daily prayers via email or text message!

[www.usccb.org/resources/9-days-life-novena](http://www.usccb.org/resources/9-days-life-novena) or <https://www.respectlife.org/9-days-for-life>

### Children of the Immaculate Heart

has served survivors of sex trafficking in San Diego for 10 years through our St. Bakhita Program for women and their children. We provide holistic care by addressing the physical, emotional, social and spiritual wellbeing of the person to focus on a person's strengths. We are now offering immediate assistance in our emergency mobile clinic that provides help with getting services, food, clothing, and toiletries.



Our 11th Annual Holy Hearts Gala benefiting human trafficking survivors is **February 10th, 2024** from 6 p.m. to 9 p.m. at St. Therese of Carmel Catholic Church, 4355 Del Mar Trails Rd., San Diego, CA 92130. *The evening includes appetizers, dinner, dessert, wine, beer, a live band, and a silent auction.* Our keynote speaker is Auxiliary Bishop Ramon Bejarano and we will hear a special talk from a Client of Children of the Immaculate Heart. RSVP is required. Tickets are \$75.00 per person until January 15, 2024 and \$85.00 per person after January 15, 2024. To RSVP <https://www.childrenoftheimmaculateheart.org/events.html> or call 619-431-5537.