

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE

<u>June 29-30, 2024</u>		<u>July 6-7, 2024</u>	
Envelopes Used	69	Envelopes Used	82
Envelope Collections	\$ 4,548.00	Envelope Collections	\$ 6,372.04
Plate Collections	\$ 488.57	Plate Collections	\$ 589.00
TOTAL	\$ 5,036.57	TOTAL	\$ 6,961.04

Our Response as Stewards

REFLECT—On the many gifts you have received from God. Including your financial blessings.

PRAY—About how God wants you to use the gifts he has given you.

RESPOND—By supporting the mission.

...making every effort to maintain the unity of the Spirit in the bond of peace. Eph 4:3

DIOCESE OF SAN DIEGO
2024 ANNUAL CATHOLIC APPEAL

READINGS & MASS INTENTIONS JULY 13-21, 2024

<p>Sunday: Am 7:12-15/Ps 85:9-10, 11-12, 13-14 (8)/ Eph 1:3-14 or 1:3-10/Mk 6:7-13</p> <p>Monday: Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23/ Mt 10:34—11:1</p> <p>Tuesday: Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8/Mt 11:20-24</p> <p>Wednesday: Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15/Mt 11:25-27</p> <p>Thursday: Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21/Mt 11:28-30</p> <p>Friday: Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16/ Mt 12:1-8</p> <p>Saturday: Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14/Mt 12:14-21</p> <p>Next Sunday: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/ Eph 2:13-18/Mk 6:30-34</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">DATE</th> <th style="text-align: left;">TIME</th> <th style="text-align: left;">INTENTION</th> </tr> </thead> <tbody> <tr> <td>Saturday, Jul 13</td> <td>5:30 pm</td> <td>†Cari Culver</td> </tr> <tr> <td>Sunday, Jul 14</td> <td>8:00 am</td> <td>†Beverly Bohacek</td> </tr> <tr> <td>Sunday, Jul 14</td> <td>10:30 am</td> <td>†Norma Pinal</td> </tr> <tr> <td>Monday, Jul 15</td> <td>7:30 am</td> <td>Rosary</td> </tr> <tr> <td>Tuesday, Jul 16</td> <td>8:00 am</td> <td>†Emmy Balzereit</td> </tr> <tr> <td>Wednesday, Jul 17</td> <td>8:00 am</td> <td></td> </tr> <tr> <td>Thursday, Jul 18</td> <td>8:00 am</td> <td>†Harold Hensle</td> </tr> <tr> <td>Friday, Jul 19</td> <td>8:00 am</td> <td>†John & Man Dao & Family</td> </tr> <tr> <td>Saturday, Jul 20</td> <td>5:30 pm</td> <td>†Harold Hensle</td> </tr> <tr> <td>Sunday, Jul 21</td> <td>8:00 am</td> <td></td> </tr> <tr> <td>Sunday, Jul 21</td> <td>10:30 am</td> <td>†Esther Villa</td> </tr> </tbody> </table>	DATE	TIME	INTENTION	Saturday, Jul 13	5:30 pm	†Cari Culver	Sunday, Jul 14	8:00 am	†Beverly Bohacek	Sunday, Jul 14	10:30 am	†Norma Pinal	Monday, Jul 15	7:30 am	Rosary	Tuesday, Jul 16	8:00 am	†Emmy Balzereit	Wednesday, Jul 17	8:00 am		Thursday, Jul 18	8:00 am	†Harold Hensle	Friday, Jul 19	8:00 am	†John & Man Dao & Family	Saturday, Jul 20	5:30 pm	†Harold Hensle	Sunday, Jul 21	8:00 am		Sunday, Jul 21	10:30 am	†Esther Villa
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PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Joyce Drexler
Mike Gust
Jim Hill
June Hill
Carmen Holt
Eugene Isaacs
Deacon Fred Thornton
Jason Laccone
Steven McMeekens
Rebekah Meyer
Suzie Pfingsten
Donald Rakestraw
Donna Rakestraw
Jack Welch
Kailyn & Charis Whaley


...may they find joy
in the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.


Deployed Military


Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Rebekah Meyer, BM2(sw)
Nicholas Palstorm, E8
Jacob Tweed, HM3
Mattison Underhill, USN





If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.


ANNOUNCEMENTS


 **Please Take Notice** The parish office will be closed Thursday, **July 18** through Monday, **July 22**. We will reopen at 9:00 AM on Tuesday, July 23. Thank you for your understanding.

 **Mark Your Calendars** There will be **NO** morning Mass **July 23-26** as Father David will be out of town. Please however consider joining us as we recite the rosary at 7:30 AM during these days.

 **OCIA** For any adults who are interested in learning more about, or joining, the Catholic Church, or for those who want to complete their sacraments, the Order of Christian Initiation for Adults (OCIA) will begin in September. Please check the parish webpage to complete the inquiry form, and please contact Fr. David if you have any questions.

 **Women's Auxiliary** Our July meeting will be on Wednesday, **July 24** at 5:30 PM in the parish hall. All women of the parish are welcome. Mark your calendar as we look forward to having you join us.

 **Peter's Pence** If you haven't had time to donate to Peter's Pence collection and would still like to envelopes are available at the entrances to the church. This annual collection is a worldwide collection that supports the charitable and evangelical works of the Church throughout the world. Please pray and ask the Lord how He is calling you to give towards His Kingdom and His work.

 **"Spiritual Rosary" Books** Queen of Angels has the "Spiritual Rosary" book available for purchase. This book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours for \$15.00. Limited supply, purchase yours now.



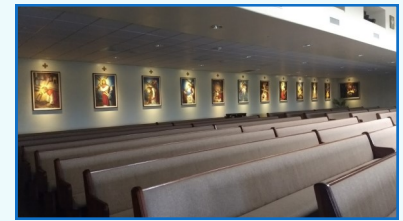
QUEEN OF ANGELS CATHOLIC CHURCH

MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish and regularly participating in the Liturgy here are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our Religious Education programs.

To register, please contact Father David at 619-445-2145 during regular business.

Welcome to **QUEEN OF ANGELS**, our hidden jewel in the Diocese of San Diego!



Registration for the 2024-2025 Year is officially OPEN!

The link to the registration form can be found on the parish website

queenofangels.org

PLEASE TAKE NOTE:

Registration is **FREE** from now until the end of July, so sign up early and sign up **NOW!**



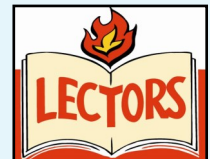
Faith Formation

We at Queen of Angels are always in need of more **Altar Servers, Communion Ministers, Lectors, Ushers & Choir Members.**

These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well.

If you can assist with any of these positions please contact the parish office at 619.445.2145.

We will work with your availability to serve at the Mass which you now attend.



ANNOUNCEMENTS**SAVE THE DATE!****July 28, 2024****After the 10:30AM Mass**

The Knights of Columbus will be hosting a

-SUMMER BBQ LUNCHEON-The fine Knight Chefs will be serving up Hamburgers & Hot Dogs
with all the yummy side

This event is

FREEBring your Parents, Grandparents & Children and enjoy a Summer BBQ Luncheon
with fellow Queen of Angel parishioners.**COME EAT & ENJOY!!!****Everyday Stewardship**

I recently got into an Uber car for a ride to the airport. I like talking with drivers if I sense they are open to it. On this particular day, the driver was very talkative and told me about how he was an inventor. He had several patents and was about to sell one of his inventions for a ton of money. We had a wonderful conversation, and he was such a warm and interesting person. I asked him why, with his good fortune with inventions and all the work he was doing aside from Uber, he was still driving. He smiled and said, "There are still some people I haven't met yet. I never know who is going to get into my car next."

What an amazing answer! Too often we live our lives in semi-solitude, walking around with blinders on so we don't make eye contact. We have our family and friends, but we don't get up each day wondering with excitement who we will meet that day.

God puts people into our path all the time. Maybe we need them or they need us. But we do not walk through this world alone. If we choose to not be mindful of who is in our midst, we miss the chance to receive whatever gifts they may have to give. In the same vein, they miss out on what we have to share with them if we stay closed and quiet. Pay attention to those around you. God may come to you in the words of a friend, the request of a homeless man, or in the wisdom of an Uber driver.

-Tracy Earl Welliver, MTS

ANNOUNCEMENTS

WELCOME TO QUEEN OF ANGELS CATHOLIC FAITH COMMUNITY

We warmly welcome all visitors to our parish, the heart of our catholic Faith-life in Alpine since 1951. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us a member of our parish family, using the registration form below or stopping by the Parish office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively.

Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs.

Register, Participate, and Share your Gifts and Talents.

REGISTRATION FORM FOR "NEW" PARISHIONERS

Information: (Please cut and drop in the offering basket)

Name _____ Home Phone _____

Street Address _____ Cell Phone _____

City, State & Zip _____ Email _____

(this registration form will be followed by a telephone call to obtain more information)

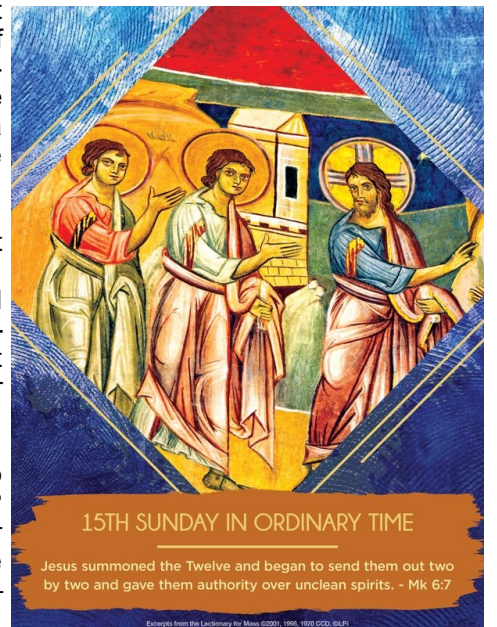
GOSPEL MEDITATION

July 14, 2024
15th Sunday in Ordinary Time

Once I asked a fallen-away Catholic friend of mine what he remembered about the parish priest from his youth. He said, "He was a gentle, nice guy. Kind of vanilla. Kept to himself." It struck me that he, perhaps like many, perceive Catholic priests as the following: lonely, harmless, and self-sufficient. As a challenge both to this perception (accurate or not) and to us priests who perhaps feel a pull in that uninspiring direction, stands the mighty image of what we see in the Gospel this Sunday.

Jesus sent out his apostles, "two-by-two, with power over demons, and without money belts." Two-by-two: they enjoyed deep fellowship and brotherhood. Power over demons: they were anything but harmless. These men wielded enormous power against evil. Without money belts: they were not self-sufficient. They needed others to help them. Not lonely, but in community. Not harmless but armed with massive spiritual energy. Not self-sufficient, but poor and in need of help.

This is a challenge to me, and perhaps to all of us, living in a rich, secularized, and individualized culture. Do I embrace my priestly ministry in deep fellowship with other priests? Do I speak and act boldly to drive out evil where it is found? Do I live poorly and simply, trusting in the help of those around me even for basic needs? The fruitfulness of priestly ministry largely depends on these three traits. Let's pray for all priests — and, by extension, all of us Christians — to live more like Jesus' communal, poor, and powerful apostles.



— Father John Muir
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ANNOUNCEMENTS**RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

By Colleen Jurkiewicz Dorman

Shake Off the Dust

Our kitchen floor is at least 35 years old, and it's the ugliest color to come out of the '80s. But it's a good, durable floor, and my husband, bless his heart, guards it like it was a finely finished hardwood imported from Brazil.

Every time the kids track mud and sand across its vinyl surface, he immediately gets down on his hands and knees and lovingly wipes the mess away. I'm too impatient to do this myself — we have kids, so we're going to have a dirty floor, is my attitude. But this is the hill upon which my husband dies. On hands and knees, scraping dirt off an almost 40-year-old floor, he is the silent, long-suffering sentry, and if it kills him, he will keep these floors pristine. He is Gandalf, and the dirt is the Balrog. You shall not pass.

"Shake the dust off your feet." This is what Christ tells his disciples to do when they — and his word — are rejected. Shake the dust off your feet in testimony against them. Why does he say that? It's not an act of dismissal. It's not a thumbed nose or a stuck-out tongue. No, it's an act of caution: Don't bring it with you. Leave it there.

When we walk through the world, we pick up a lot of dirt. Misguided notions, disordered priorities, habits, and desires that we never noticed until we realized they left a trail. We come into a situation intending to do what is right, but somehow it all goes sideways, and we walk away from it with detritus clinging to us in places we don't notice. They wouldn't listen. They'll see, we think. Oh, they'll see. They'll see how right I was. Pride and vengeance hitch a ride on the soles of our feet, and we track them all through the world.

What to do about this? You can be like me with my ugly old floor. You can shrug your shoulders and say, "It happens, I guess. I'm only human. I meant well."

But here's what would be better: be like my husband. Get down on your knees and get rid of the dirt. Stop the trail in its tracks.

"So they went off and preached repentance." — Mark 6:12

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RECOGNIZE GOD IN YOUR ORDINARY MOMENTS*What We Carry from Town to Town*

In my experience, there are two kinds of people: the folks who kick off their shoes the second they walk through the door, and the ones who don't.

People can feel strongly about this on both sides. The main thrust of the Shoes-Off Brigade seems to be this: we track a lot of weird stuff on the soles of our feet. Little reminders of all the places we've been — whether it's a private home or a public bathroom — cling to our shoes long after we leave.

This same theory applies to our spiritual lives. As human beings and as disciples, we visit a lot of figurative towns and pick up a lot of figurative dust. Sinfulness. Shame. Defeat. Anger. Fear. Doubt. No matter how hard we try to keep free of it, these things have a way of attaching themselves to us, sometimes without us even noticing. We need to take a good look at what unhelpful and unconstructive baggage from our past we're tracking into our present and future encounters.

What is the "town" God is asking you to visit today in His name? Is it a tough conversation with a friend, a brief witness to a stranger in the checkout line, a call to be present to someone in your family? Before you go, remember, shake off the dust. Don't let a past disappointment constrain you. Don't allow yesterday's failures or burdens to keep you from the joy of today's witness, whatever form it might take.

— Tracy Earl Welliver, MTS

ANNOUNCEMENTS

HOMEBOUND AND SHUT-IN PARISHIONERS



Homebound and Shut-In parishioners are brought Holy Communion by Fr. David and select members of the parish. If you are homebound, know some one in the parish that is, or have family members that are please contact the office at 619-445-2145 so that they can be placed on the Holy Communion List for the homebound/shut-ins.
Thank you!

“What is a confectioner’s favorite feast?”



“Our Lady of Mount Carmel.”

PRO-LIFE RESOURCES

Birthline San Diego: 858-270-2491
National Life Center: 800-848-5683
Culture of Life Family Services:
619-692-4401
College Area Pregnancy
Services “CAPS”: 619-337-8080

POST ABORTION
HEALING
& RECONCILIATION

Rachel’s Hope
858-581-3022
rachelshope.org

Rachel’s
Hope



Caregiver Resources

Queen of Angels has put together the following caregiving resources for assistance in your Caregiving needs. Please clip and save and refer to it as needed.

Caregiver Coalition of San Diego: This resource link brings you to an organization that focuses on all caregiver topics to assist others manage all aspects of caregiving. caregivercoalitionsd.org/resources.html.

Social Workers: They can provide guidance and additional information. Phone: 858-492-4400.
Example: Maybe a loved one needs a referral for neurological testing. Among other reasons, a diagnosis is important to have, because it may lead to more resources or sometimes funding for additional services.

In-Home Support Services (IHSS): Income based resource. Phone: 619-551-7400.

Southern Care Resource Center: They provide guidance, classes, and support groups. Phone: 858-268-4432.



ST. KIERAN CATHOLIC SCHOOL

619-588-6398 | SAINTKIERANCATHOLICSSCHOOL.ORG
1347 CAMILLO WAY EL CAJON, CA 92021



OPEN FOR REGISTRATION 2024-2025 SCHOOL YEAR

JOIN US

CATHOLIC VALUES **COLLEGE PREPARATORY**

- DAILY PRAYER
- SACRAMENTS & WEEKLY MASS
- CHRISTIAN ENVIRONMENT STRESSES RESPECT, REVERENCE, SERVICE AND PERSONAL GROWTH
- HIGH STANDARDS FOR RIGOROUS ACADEMIC GROWTH & ACHIEVEMENT
- ART, PE, MUSIC, ROBOTICS, ELECTIVES, AND LEADERSHIP OPPORTUNITIES
- AFTER SCHOOL SPORT PROGRAMS
- DEVELOPING LIFELONG LEARNERS AND RESPONSIBLE AND PATRIOTIC CITIZENS

