

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**March 9-10, 2024**

Envelopes Used	74
Envelope Collections	\$ 9,769.02
Plate Collections	\$ 642.00
TOTAL	\$ 10,411.02

Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

**GOAL: \$25,607.00****READINGS & MASS INTENTIONS MARCH 16-24, 2024**

Sunday: Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 (12a)/Heb 5:7-9/Jn 12:20-33 Scrutiny: Ez 37:12-14/Ps 130: 1-2, 3-4, 5-6, 7-8 (7)/Rom 8:8-11/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

Monday: Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/ Ps 23:1-3a, 3b-4, 5, 6/Jn 8:1-11

Tuesday: 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

Wednesday: Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/Jn 8:31-42

Thursday: Gn 17:3-9/Ps 105:4-5, 6-7, 8-9/Jn 8:51-59

Friday: Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7/Jn 10:31-42

Saturday: Ez 37:21-28/Jer 31:10, 11-12abcd, 13/ Jn 11:45-56

Next Sunday, Palm Sunday of the Passion of the Lord:

Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39

<u>DATE</u>	<u>TIME</u>	<u>INTENTION</u>
Saturday, Mar 16	5:30 pm	Jackie Glick
Sunday, Mar 17	8:00 am	Pooya Javidan
Sunday, Mar 17	10:30 am	†Al Florance
Monday, Mar 18	7:30 am	Rosary
Tuesday, Mar 19	8:00 am	David Gross
Wednesday, Mar 20	8:00 am	†Fernando Luis Martinez
Thursday, Mar 21	8:00 am	Charles Brealey
Friday, Mar 22	8:00 am	Richard Duarte
Saturday, Mar 23	5:30 pm	Our Parish Family
Sunday, Mar 24	8:00 am	Our Parish Family
Sunday, Mar 24	10:30 am	Our Parish Family

Prayer Requests

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Bill Brundage
Katie Clark
Mike Gust
Jim Hill
Chik Hylton
Carmen Holt
Deacon Fred Thornton
Jason Laccone
Steven McMeeken
Becky Rangel
Steve Rodkey
Joan Smith
Jack Welch
Kailyn & Charis Whaley
Celeste Woestman

*...may they find joy in
the healing love of Christ.*



*Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.*

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Rebekah Meyer, BM2(sw)
Nicholas Palstorm, E8
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS

WELCOME TO QUEEN OF ANGELS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".
Register, Participate, and Share your Gifts and Talents.



Lenten Suppers Please join fellow Queen of Angels parishioners on Friday, **March 22** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by **Music Ministry**.



Stations of the Cross & Eucharistic Adoration During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. New this year, we will be having Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions.



Thank You A big **THANK YOU** to *Queen of Angels Office Staff* for hosting and suppling the delicious soups and bread at our Soup Supper on March 8.



Queen of Angels Women's Auxiliary **ATTENTION** all ladies of the Parish. Our next meeting will be on **March 27** at 5:30 PM in the parish hall. All woman of the parish are welcome to join in. Mark your calendar as we look forward to seeing you there!

Additional Opportunities for Reconciliation 2024

Our Lady of Grace, El Cajon March 20 7:00 PM

*"Confession is the sacrament of the tenderness of God,
his way of embracing us."*

Pope Francis



HOP On Over
to the



**2ND ANNUAL
QUEEN OF ANGELS
EASTER EGG HUNT**

Hosted by the Knights of Columbus

**On Easter Sunday, March 31
after the 10:30AM Mass
In the Church Playground**

BYOB (Bring Your Own Basket/Bag)

**All ages 16 years and younger welcomed.
Parents are highly encouraged
to supervise their children.**

LENT 2024

SACRAMENT OF RECONCILIATION

Tuesday-Friday at 7:30 AM; Saturday at 4:00 PM

FRIDAYS DURING LENT

(all Fridays during Lent are days of abstinence from meat)

ADORATION AFTER DAILY MASS until 9:30 AM

ADORATION BEFORE VIA CRUCIS at 5:30 PM

VIA CRUCIS (STATIONS OF THE CROSS) at 6:30 PM
followed by Lenten Soup Supper in
the Parish Hall

FIRST FRIDAY ADORATION & RECONCILIATION at
10:00 AM; MASS at 11:30 AM

EASTER TRIDUUM – MARCH 28-31

HOLY THURSDAY – MASS OF THE LORD'S SUPPER
at 7:00 PM

GOOD FRIDAY (day of fasting and abstinence)

OUTDOOR VIA CRUCIS at 12:00 PM

**COMMUNION SERVICE WITH VENERATION OF
THE CROSS** at 3:00 PM

HOLY SATURDAY – EASTER VIGIL MASS at 8 PM

EASTER SUNDAY – FIRST COMMUNION MASS at 8 AM;
MASS at 10:30 AM

**LENTEN PRAYER MATERIALS WILL BE AVAILABLE
IN THE DONUT/MULTI-PURPOSE ROOM.**



LENT

40 DAYS FOR LIFE

From now until March 19, you're invited to join other Christians from 7am - 7pm for 40 Days for Life - 40 days of peaceful prayer and fasting for an end to abortion.

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside Planned Parenthood at 1685 E. Main Street in El Cajon, and also to help spread the word about this important community outreach.

If you'd like more information and especially if you'd like to participate, please contact: Yvonne Harris at yvonne@goharris.net

Or visit 40daysforlife.com/elcajon

ANNOUNCEMENTS**GOSPEL MEDITATION***March 17, 2024
5th Sunday of Lent*

A middle-aged woman sat on the couch in my parish office and recounted to me a shocking list of terrible calamities in her life: addictions, terminal illnesses, financial loss, broken relationships, and so on. She smiled as she did so. "Please forgive me," I asked, "but you seem to be smiling as you share this." She said, "Father John, I am totally overwhelmed. But I'm smiling because I just can't wait to see what good things God does with this mess." She expected God would manifest His glory when she most needed it.

This week in the Gospel, God speaks from heaven for the third and final time in Jesus' earthly ministry. It's at a tough moment. Gentiles seek Jesus, who announces his terrible suffering, and then boldly prays, "Father, glorify your name!" John then writes: Then a voice came from heaven, "I have glorified it and will glorify it again." Was the task of drawing the whole non-Jewish world to himself overwhelming? Or was it the terrible specter of crucifixion? Whatever it was, the crushing weight triggers his turning to the Father with an unshakeable expectation of divine glory to burst through. And indeed, it did on Easter Sunday. In our burdens, our greatest strength is to turn to God and boldly ask Him for His glory.

Lenten challenge: This week, I invite you to list out everything which is a burden to you. Write it down. Then add these words: "Father, glorify Your name in all these things!" Put that paper in your pocket or purse when you come to Holy Week liturgies next week. You might smile at the most unlikely times.

— *Father John Muir*

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H O U R M S A V E A A C
M U S S T A N D I N G O
L L D A R K N E S S A M
I V O I C E M L W W I E
G J F D J U D G M E N T
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U S E A G L O R I F Y B
F J R V V S P O K E N L
A N G E L P U R P O S E
T H E N A M E C R O W D

FIFTH SUNDAY OF LENT

AGAIN	ANGEL	ANSWERED
CAME	COME	CROWD
DARKNESS	FATHER	GLORIFY
HEARD	HEAVEN	HOUR
JESUS	JUDGMENT	LIFTED
LIGHT	NAME	OTHERS
PURPOSE	SAID	SAKE
SAVE	SOUL	SPOKEN
STANDING	THEN	THUNDERED
TROUBLED	VOICE	WALK



ANNOUNCEMENTS

This Eucharistic Meditations is designed to help you spend 30 minutes to an hour in meditation and silent prayer with Jesus during Eucharistic Adoration. Even if you cannot be physically present in a church or adoration chapel with the Blessed Sacrament, you can unite yourself spiritually to the Eucharist as you spend this time in prayer.

FIFTH SUNDAY OF LENT: FOLLOWING WHERE GOD LEADS

WORK OF MERCY: Comfort the Sorrowful

THE GRACE I SEEK: to follow the lord wherever he leads me

IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.

Pause for a few moments, and allow yourself to become aware of Jesus' gift of himself in the Eucharist. Realize that, at this very moment, the Lord of Life is gazing upon you with great love. Allow yourself to receive his loving gaze. You are his beloved child. Rest in his loving gaze.

Thank Jesus for the gift of himself in the Eucharist.

ASK FOR THE GRACE: Jesus, help me follow you wherever you go.

SCRIPTURE MEDITATION

Read slowly, 3–4 times. Allow the words of Scripture to wash over your mind and heart. Allow the Holy Spirit to speak to you through this passage.

“But this is the covenant that I will make with the house of Israel after those days, says the LORD. I will place my law within them, and write it upon their hearts; I will be their God, and they shall be my people.” (Jeremiah 31:33)

FOR REFLECTION

Allow yourself to sit with these questions for a while, being attentive to how the Lord is speaking in your heart.

Today we hear the Lord promise us that he establishes a covenant with us. He promises to form our hearts and to be our God. In what areas of your life do you doubt his promise to be your God and to be present in your heart? Be specific and ask the Lord how he wants to be present in those places of your life.

SCRIPTURE MEDITATION

Read slowly, 3–4 times. Again, allow the words of Scripture to wash over your mind and heart. Let the Holy Spirit speak to you in a personal way through this passage.

“Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.” (John 12:26)

FOR REFLECTION

Today we are given quite the challenge: if we serve Jesus, we MUST follow him wherever he leads! However, he also promises that the Father honors all who do this. Do you sense a place in your life where Jesus is trying to lead you, but you are afraid to follow because you don't have all the answers yet? Give this fear to the Lord, asking for his loving presence to comfort you and encourage you.

Remain in silence with the Lord. Allow him to speak in the silence, in your heart. Receive his presence. If it helps, write down what you sense the Lord communicating to you during this time of prayer.

CLOSING PRAYER

By your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen. (Collect, Fifth Sunday of Lent)

LOVE IN ACTION

In the busyness of daily life, it can often be a challenge to look beyond our own struggles and difficulties to follow the Lord's command to care for others, especially when they are suffering. Is there someone in your life who is really struggling right now, perhaps with disappointment or grief? Ask the Lord how he wants you to comfort them, trusting that this will be part of following him more closely.



NATIONAL
**Eucharistic
Revival**

ANNOUNCEMENTS

Are You Asleep?

Today Jesus is called to the grave of a dear friend who had recently died. Martha cries out that if Jesus were closer, her brother Lazarus would not have died.

Remember from the First Sunday in Lent that death and sin are connected and that life is seen as living a faith-filled life? That is what is happening in this Gospel. Living as a disciple of Christ can give us the ability for a life everlasting in the presence of God.

What in our lives needs to be uncovered, as Lazarus is unwrapped of his burial clothes and retuned to live with his loved ones?

As we move closer to Easter Sunday, let us ask God to unwrap or unbind that which needs to be healed so that we may live a life that is pleasing to God.



If you would like to donate "Springtime Flowers" for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.) The suggested donation for each intention is \$15.00.

In memory of:

Donated by:



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ANNOUNCEMENTS




LENTEN PILGRIM WALK

for young adults

**US-MEX Border to
Sacred Heart, Coronado**
March 23, 2024

All young adults (ages 18-39) are invited to join this year's Lenten pilgrimage from the US/Mexico border to Sacred Heart Church in Coronado (with two alternate joining points along the way). Like Jesus journeying to Jerusalem, we will prepare to enter into Holy Week by detaching from everyday life and bringing our prayers before the Holy of Holies, the Tabernacle, culminating the pilgrimage with the Vigil Mass for Palm Sunday.

For more information visit events.moderncatholicpilgrim.com

 MODERN CATHOLIC PILGRIM

Beginning Experience Weekend

If you are grieving the loss of your marriage through *death, divorce or separation*, join us at the

Prince of Peace Abbey
in Oceanside, CA
on
May 3 to 5, 2024

A trained team leads participants through a healing and growth program. If you are ready to move through your feelings of grief, into the light of a new beginning and hope, this weekend may be for you.

Contact
beginningexperiencesd@gmail.com
or Vicki at 858-748-2273
to sign up or for more information.

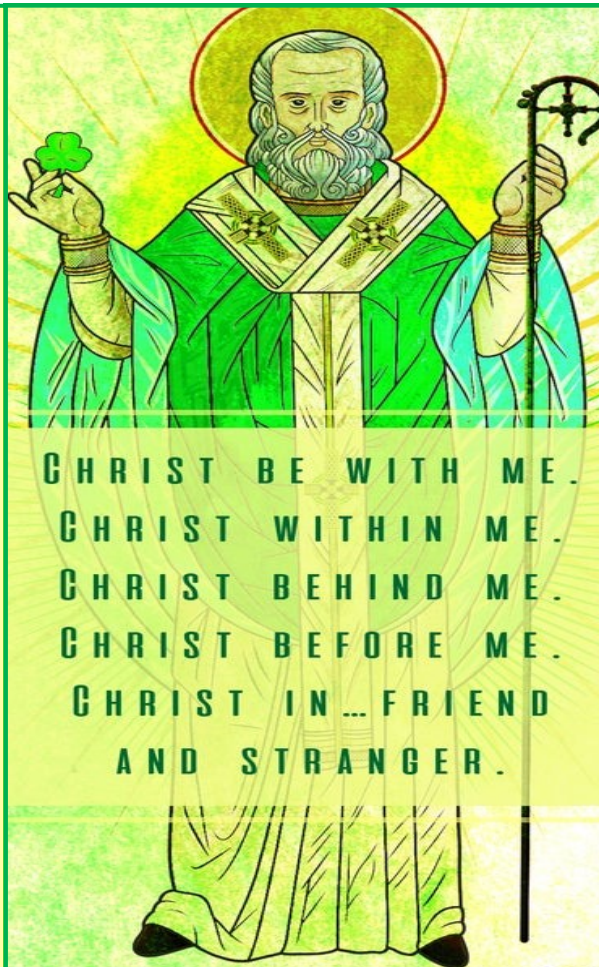


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