

**QUEEN OF ANGELS CATHOLIC CHURCH**

*2569 W. Victoria Dr. - Alpine, CA 91901*





**STEWARDSHIP OF TIME, TALENT & TREASURE****March 16-17, 2024**

Envelopes Used	72
Envelope Collections	\$ 4,339.00
Plate Collections	\$ 779.00
<b>TOTAL</b>	<b>\$ 5,118.00</b>

*Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.*

*We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.*

**GOAL: \$25,607.00****READINGS & MASS INTENTIONS MARCH 23-31, 2024**

**Sunday, Palm Sunday of the Passion of the Lord:** Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39

**Monday:** Is 42:1-7/Ps 27:1, 2, 3, 13-14/Jn 12:1-11

**Tuesday:** Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17/Jn 13:21-33, 36-38

**Wednesday:** Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34/Mt 26:14-25

**Thursday: Chrism Mass:** Is 61:1-3a, 6a, 8b-9/Ps 89:21-22, 25 and 27/Rv 1:5-8/Lk 4:16-21 *Evening Mass of the Lord's Supper:* Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18 /1 Cor 11:23-26/Jn 13:1-15

**Friday:** Is 52:13—53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25 (Lk 23:46)/Heb 4:14-16; 5:7-9/Jn 18:1—19:42

**Saturday: Easter Vigil:** Gn 1:1—2:2 or 1:1, 26-31a/Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 (30) or Ps 33:4-5, 6-7, 12-13, 20-22 (5b)/Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11 (1)/Ex 14:15—15:1/Ex 15:1-2, 3-4, 5-6, 17-18 (1b)/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13 (2a)/Is 55:1-11/Is 12:2-3, 4, 5-6 (3)/Bar 3:9-15, 32—4:4/Ps 19:8, 9, 10, 11 (Jn 6:68c)/Ez 36:16-17a, 18-28/Ps 42:3, 5; 43:3, 4 (42:2)/Rom 6:3-11/Mk 16:1-7

**Next Sunday, Divine Mercy Sunday:** Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 (24)/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7

<b>DATE</b>	<b>TIME</b>	<b>INTENTION</b>
Saturday, Mar 23	5:30 pm	Our Parish Family
Sunday, Mar 24	8:00 am	Our Parish Family
Sunday, Mar 24	10:30 am	Our Parish Family
Monday, Mar 25	7:30 am	Rosary
Tuesday, Mar 26	8:00 am	†Bill Glick
Wednesday, Mar 27	8:00 am	
Thursday, Mar 28	8:00 am	Our Parish Family
Thursday, Mar 28	8:00 pm	Our Parish Family
Friday, Mar 29	8:00 am	
Saturday, Mar 30	8:00 pm	Our Parish Family
Sunday, Mar 31	8:00 am	Our Parish Family
Sunday, Mar 31	10:30 am	Our Parish Family

**Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.**

Kelly Barker  
Bill Brundage  
Mike Gust  
Jim Hill  
Chik Hylton  
Carmen Holt  
Deacon Fred Thornton  
Jason Laccone  
Steven McMeeken  
Becky Rangel  
Joan Smith  
Jack Welch  
Kailyn & Charis Whaley  
Celeste Woestman

*...may they find joy in  
the healing love of Christ.*

**Deployed Military**

Meagan Abad, LT  
Matthew D. Fuller, PV2  
William W. Fuller II, PFC  
Edward R.M. Lopez, SSgt  
David J. McIntyre, PFC  
Rebekah Meyer, BM2(sw)  
Nicholas Palstorm, E8  
Jacob Tweed, HM3  
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).

**Names remain listed for four weeks and can be renewed by contacting  
Darlene Ames at [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com).**

## ANNOUNCEMENTS

### WELCOME TO QUEEN OF ANGELS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".  
Register, Participate, and Share your Gifts and Talents.



**Queen of Angels Women's Auxiliary** **ATTENTION** all ladies of the Parish. Our next meeting will be on **March 27** at 5:30 PM in the parish hall. All women of the parish are welcome to join in. Mark your calendar as we look forward to seeing you there!



**Youth Group** All middle and high school youths are invited to our next meeting on **March 27** at 7:00 PM. Bring a friend; bring two friends and join in some fun, music and fellowship.



**Faith Formation Schedule** Following is the schedule for classes during the Easter holiday:

**March 24: Palm Sunday, Regular Classes**

**March 31: Easter Sunday, No Class**

**April 7: Divine Mercy Sunday, No Class**

**April 14: Classes Resume**

**Easter Egg Hunt HOP On Over** to the 2nd Annual Queen of Angels **EASTER EGG HUNT** sponsored by the Knights of Columbus on **Easter Sunday, March 31** after the 10:30 AM Mass in the church playground. Bring Your Own Basket/Bag. All ages welcome; 16 years and younger. Parents are highly encouraged to supervise their children.



**Please Note:** The Parish Office will be closed **Monday, April 1 - Wednesday, April 3**. We will re-open at 9:00 AM on **Thursday, April 4**.



**Thank You** A big **THANK YOU** to *Queen of Angels Music Ministry* for hosting and suppling the delicious soups and bread at our Soup Supper on March 22.



### Holy Week ~ Triduum ~ Easter 2024

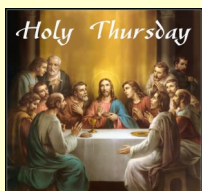
#### Palm Sunday ~ March 23 & 24

Mass with Processional Palms  
5:30 pm-Saturday,  
8:00 am & 10:30 am-Sunday



#### Holy Thursday ~ March 28

7:00 pm-Mass of the Lord's Supper  
Adoration from the Procession  
to the Tabernacle of Repose  
until Midnight



#### Good Friday ~ March 29

12:00 pm outdoor *Via Crucis*  
3:00 pm Communion Service with  
Veneration of the Cross



#### Holy Saturday ~ March 30

8:00 pm Easter Vigil Mass



#### Easter Sunday ~ March 31

8:00 am First Communion Mass,  
10:30 am Easter Sunday Mass



### QUEEN OF ANGELS CATHOLIC CHURCH

2569 W. Victoria Drive  
Alpine, CA 91901-3662

Office: (619) 445-2145

Email: parish@queenofangels.org

Website: www.queenofangels.org

#### Office Hours

Monday-Thursday: 9:00 am-2:00 pm

Friday: 9:00 am-Noon

#### Holy Sacrifice of the Mass

Saturday: 5:30 pm

Sunday: 8:00 & 10:30 am

#### Daily Mass

Tuesday-Friday: 8:00 am

#### Rosary

Monday-Friday: 7:00 am

#### First Friday Devotions

Adoration/Confession: 10:30 am

Mass: 11:30 am

#### First Saturday Devotions

Rosary: 8:30 am

Mass: 9:00 am

#### Confession

Tuesday-Friday: 7:30 am,

Saturday: 4:00 pm,

or by appointment

#### Baptism, Holy Matrimony & Funerals

Contact Fr. David

#### Clergy

Rev. David Exner: **Pastor**,  
frdexnerqofa@gmail.com

#### Parish Office Staff

Enriqueta Luquin: **Business Manager**,  
enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**,  
jacobqofa@gmail.com

Glenn D'Abreo: **Music Coordinator**,  
glennqofa@gmail.com

Darlene Ames: **The Messenger**,  
bulletinqofa@gmail.com



Mary, Queen of Angels, Pray for Us!

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**PASTOR'S PAGE**

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Friends,

We are often prone to hyperbole and exaggeration in our speech and in our writing, perhaps more so than ever with the advent and growth of social media over the last decade. Everything is seemingly always “the best this” or “the most that” or “the worst of that other thing.” So we might be rightly cautious about someone using superlatives to describe... well, basically anything these days.

Yet these next two weeks – and this cannot be overstated – are absolutely the HOLIEST weeks of the year. And it’s not even particularly close. In fact, after the appropriately named Holy Week (which contains the entirety of the Easter Triduum) and the Easter Octave (which stretches from Easter Sunday through the Second Sunday of Easter), the next closest feast or solemnity on the calendar is the equally significant, albeit for different reasons, Christmas Octave in December. And while Easter and Christmas both enjoy pride of place at the top of the “important liturgical feasts list,” Holy Week, and specifically the Easter Triduum, still stands alone because of how uniquely it tells the story of the great Paschal Mystery of Jesus Christ.

That mystery, brothers and sisters, really starts this weekend, as we symbolically enter Jerusalem, waving our palms and singing, “Hosanna in the highest!” to the King of kings. We enter it even more when we hear the Passion Narrative in the Gospel in full, and perhaps especially when we hear our own voices with the crowds, crying out, “Crucify him! Crucify him! Give us Barabbas!” We see the mystery really begin to unfold in all of its beautiful humility and power as we see the priest wash the feet of our brothers and sisters just as Jesus did for his disciples before the Last Supper. We walk with Jesus and are invited to pray with him in the garden (altar of repose) after our celebration of the Last Supper has concluded. We relive and remember Christ’s agony and passion, again hearing ourselves cry out, “Crucify him!” before being given the chance to approach the Cross with repentant hearts to venerate the Lord who was crucified upon it. And when the world thinks that God has died, we rise up after the sun has gone down and celebrate the rising of the Author of Life, and worship the One who destroyed death and the power of hell. We praise the Name of Him who triumphed over the grave, and we welcome into the family of God those who have been preparing to receive the sacraments of initiation over the past year. And then when the sun comes up, we continue to sing in celebration for the entire Easter Octave!

These coming weeks are truly very holy, and it is my hope and prayer that we enter this greatest and holiest of celebrations – the celebration of our redemption and salvation by the blood of Jesus – with hearts ready to receive the fullness of his love, poured out for us freely and joyfully, without any hesitation, or ever counting the cost.

Grace and peace to you,

*Fr. David*

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## ANNOUNCEMENTS

This Eucharistic Meditations is designed to help you spend 30 minutes to an hour in meditation and silent prayer with Jesus during Eucharistic Adoration. Even if you cannot be physically present in a church or adoration chapel with the Blessed Sacrament, you can unite yourself spiritually to the Eucharist as you spend this time in prayer.

### **PALM SUNDAY: TRUSTING THE LORD**

**WORK OF MERCY:** Forgive Injuries

**THE GRACE I SEEK:** to trust that Jesus is with me and is transforming my life even in my suffering

**IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.**

*Pause for a few moments, and allow yourself to become aware of Jesus' gift of himself in the Eucharist. Realize that, at this very moment, the Lord of Life is gazing upon you with great love. Allow yourself to receive his loving gaze. You are his beloved child. Rest in his loving gaze.*

*Thank Jesus for the gift of himself in the Eucharist.*

**ASK FOR THE GRACE:** Jesus, help me to trust you even when I am suffering

### **SCRIPTURE MEDITATION**

*Read slowly, 3–4 times. Allow the words of Scripture to wash over your mind and heart. Allow the Holy Spirit to speak to you through this passage.*

**"The LORD God is my help, therefore I am not disgraced; therefore I have set my face like flint, knowing that I shall not be put to shame."** (Isaiah 50:7)

### **FOR REFLECTION**

*Allow yourself to sit with these questions for a while, being attentive to how the Lord is speaking in your heart.*

Identify an area of your life where you feel shame or humiliation. Give this to the Lord, and ask how he wants to take away your disgrace. How does he want to be your "help" in the midst of this suffering, just as Isaiah says?

### **SCRIPTURE MEDITATION**

*Read slowly, 3–4 times. Again, allow the words of Scripture to wash over your mind and heart. Let the Holy Spirit speak to you in a personal way through this passage.*

**"When the great crowd that had come to the feast heard that Jesus was coming to Jerusalem, they took palm branches and went out to meet him, and cried out: 'Hosanna! Blessed is he who comes in the name of the Lord, the king of Israel.'" (John 12:12–13)**

### **FOR REFLECTION**

Coming into Jerusalem, Jesus was met with enthusiasm by those who would soon petition for his death. However, he wholeheartedly forgave them all on the Cross. Identify one person in your life whom Jesus is inviting you to forgive. Offer this person to the Lord in a concrete way, asking for the grace to unite your pain with his own pain on the Cross.

*Remain in silence with the Lord. Allow him to speak in the silence, in your heart. Receive his presence. If it helps, write down what you sense the Lord communicating to you during this time of prayer.*

### **CLOSING PRAYER**

Almighty ever-living God, who as an example of humility for the human race to follow caused our Savior to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen. (Collect, Palm Sunday)

### **LOVE IN ACTION**

Many saints and spiritual writers have encouraged an examination of your day, each day, as a central part of the spiritual life. It is not only a way to see how the Holy Spirit is moving in your life and how well (or not so well!) you are responding, but it is also a beautiful opportunity to forgive those who may have hurt you in some way. Try working an examen into your daily routine, and make it a way to forgive any hurts or injuries others may have inflicted on you throughout the day so you can live in greater freedom and peace.



NATIONAL  
**Eucharistic  
Revival**



## ANNOUNCEMENTS

### **PLEASE JOIN US!**

### ***Spring Campaign Closing Ceremony, Procession and Rosary***

**MONDAY, MARCH 25TH @ 6:00PM  
1625 E. MAIN STREET, EL CAJON**

**Meet on the sidewalk in front of East County Urgent Care / FPA  
(It is preferred you park near this area)**

**We will proceed in song up to Planned Parenthood**

**Dress comfortably and for the weather. Will Be held Rain or Shine!!**

**[40daysforlife.com/elcajon](http://40daysforlife.com/elcajon)**



*If you would like to donate "Springtime Flowers" for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.) The suggested donation for each intention is \$15.00.*

*In memory of:*

\_\_\_\_\_

*Donated by:*

\_\_\_\_\_



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\_\_\_\_\_



## ANNOUNCEMENTS

### DIVINE MERCY SUNDAY

**April 7, 2024**

**We will have a special hour of adoration from 2:00 pm – 3:00 pm on Divine Mercy Sunday.**

We will begin with exposition and the Divine Mercy Chaplet, and close with the Litany of the Sacred Heart of Jesus and benediction. Please join us as we come together and intercede for God's mercy.

The Second Sunday of Easter, April 7th this year, is designated as the Sunday of Divine Mercy. To encourage the celebration of God's infinite mercy, Pope St. John Paul II established this feast day and bestowed it with a plenary indulgence. This favor is granted to the faithful under the usual conditions:

- (1) Going to confession (within eight days, before or after, though before is typically better)
- (2) Receiving Holy Communion
- (3) Praying for the intentions of the Holy Father
- (4) Complete detachment from all sin, including venial sin

If one does not have complete detachment from all of his sins, he may still receive a partial indulgence.

Most of the requirements for a plenary indulgence are satisfied by attending Sunday Mass:

\*In the Penitential Rite we implore the mercy of God to be detached from all affection for sin.

\*In the general intercessions we pray for the Holy Father and his intentions, and for greater fidelity in our own lives to works of charity and mercy.

\*In the Creed and the Our Father, we thank God for His mercy and ask to be forgiven as we forgive those who sin against us.

\*We receive the Eucharistic Lord in Holy Communion.

The Lord Jesus gave the celebration of His Divine Mercy through private revelations to Saint Maria Faustina from 1925 until her death in Krakow in 1938. Jesus promised great graces to the faithful who keep this devotion. For more information please visit: [www.thedivinemercy.org](http://www.thedivinemercy.org)

### DIVINE MERCY NOVENA and CHAPLET

The Chaplet of Divine Mercy can be said at any time; however, Jesus encouraged us to pray it during the hour of mercy (3 pm, the hour He died on the Cross) and especially to pray it with and for those who are dying. He also asked Saint Faustina that the chaplet be recited as a novena, specifically on the nine days before the Feast of Divine Mercy, which places the start date on Good Friday every year. This year the novena of Divine Mercy starts on Friday March 29, 2024.

At Queen of Angels Church we will pray the Divine Mercy Chaplet 15 minutes before each weekend Mass on the Second Sunday of Easter (April 6-7).

*Jesus, I Trust in You*



### **Beginning Experience Weekend**

If you are grieving the loss of your marriage through *death, divorce or separation*, join us at the

***Prince of Peace Abbey in Oceanside, CA***

***on***

***May 3 to 5, 2024***

A trained team leads participants through a healing and growth program. If you are ready to move through your feelings of grief, into the light of a new beginning and hope, this weekend may be for you.

Contact [beginningexperiencesd@gmail.com](mailto:beginningexperiencesd@gmail.com) or Vicki at 858-748-2273 to sign up or for more information.