

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **The Messenger**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE

February 24-25, 2024

Envelopes Used 76
Envelope Collections \$ 3,961.00
Plate Collections \$ 1,553.00
TOTAL \$ 5,514.00



**STEWARDS OF
GOD'S INFLUENCE**

Time, Talents, Treasure and Testimony

READINGS & MASS INTENTIONS MARCH 2-10, 2024

Sunday: Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 (Jn 6:68c)/1 Cor 1:22-25/
Jn 2:13-25 *Scrutiny:* Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/
Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3,4/Lk 4:24-30
Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/
Mt 18:21-35
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/
Mt 5:17-19
Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23
Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14
and 17/Mk 12:28-34
Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14
Next Sunday: 2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5,
6 (6ab)/Eph 2:4-10/Jn 3:14-21 *Scrutiny:* 1 Sm 16:1b, 6-7,
10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/Jn 9:1-41
or 9:1, 6-9, 13-17, 34-38

DATE	TIME	INTENTION
Saturday, Mar 2	9:00 am	Our Parish Family
Saturday, Mar 2	5:30 pm	Celeste Woestman
Sunday, Mar 3	8:00 am	†Emiliana de Ocampo
Sunday, Mar 3	10:30 am	David Gloria
Monday, Mar 4	7:30 am	<i>Rosary</i>
Tuesday, Mar 5	8:00 am	Jack Welch
Wednesday, Mar 6	8:00 am	†Mark Houser
Thursday, Mar 7	8:00 am	†Mark Houser
Friday, Mar 8	8:00 am	†Ann-Marie Sommese
Saturday, Mar 9	5:30 pm	†Yair Yacov
Sunday, Mar 10	8:00 am	Chik Hylton
Sunday, Mar 10	10:30 am	†Harry Houghton, Jr.

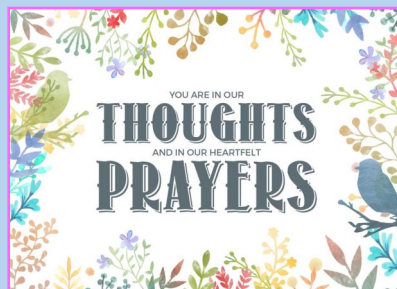
Prayer Requests

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Bill Brundage
Katie Clark
Mike Gust
Jim Hill
Chik Hylton
Carmen Holt
Deacon Fred Thornton
Jason Laccone
Steven McMeeken
Becky Rangel
Steve Rodkey
Joan Smith
Kailyn & Charis Whaley
Celeste Woestman

...may they find joy in the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletinqofa@gmail.com.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Rebekah Meyer, BM2(sw)
Nicholas Palstorm, E8
Jacob Tweed, HM3
Mattison Underhill, USN



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Monthly Tecate & ECPCC Collection Please leave your donations after all the Masses this weekend, **March 2-3**, in the "TECATE TREASURE CHEST" directly behind the church, near the back door of the multi-purpose room. You can access the chest any day of the week. Please remember to close the lid tightly when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPCC. As always, thank you for your support!



Soup Supper Please join fellow Queen of Angels parishioners on Friday, **March 8** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by **Holy Hearts Co-Op**.



Stations of the Cross & Eucharistic Adoration During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. New this year, we will be having Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions.



Friendly Reminder Queen of Angels switched over to a new email server last October. Make sure that when you email the office, you are using the updated email addresses which can be found on the front page of the bulletin and on the parish website.



Thank You A big **THANK YOU** to the *Women's Auxiliary* for hosting and suppling the delicious soups and bread at our Soup Supper on March 1.



Collection of old Blessed Palm Leaves Queen of Angels is still collecting old blessed palm leaves from last year's Palm Sunday. Look for the basket in the vestibule of the church to place the leaves in. Father David will burn the leaves and the ash will be added to our reserve.



SPRING FORWARD Don't forget to set your clocks forward one hour next weekend, **March 9-10**. **I SEE THE LIGHT!!**



Baptisms We congratulate the newest members of our parish. **Jayce Axl Navarette & Everleigh Rose Navarette** son and daughter of Jay Navarette & Ashley Richards were baptized on February 24, 2024. We lovingly welcome them into our Queen of Angels Faith Community!



PLEASE Consider Assisting Here at Queen of Angels there is always the need for more **Altar Servers, Ministries, Communion Ministers, Lectors and Ushers**. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David or call the office at 619.445.2145. We will work with your availability to serve at the Mass which you now attend.



Additional Opportunities for Reconciliation 2024

St. Martin of Tours, La Mesa	March 4	7:00 PM
St. Therese, San Diego	March 6	7:00 PM
St. Pius X, Jamul	March 7	7:00 PM
Our Lady of Perpetual Help, Lakeside	March 11	10:00 AM
Guardian Angels, Santee	March 11	7:00 PM
Holy Trinity, El Cajon	March 12	7:00 PM
St. Luke, El Cajon	March 14	7:00 PM
Our Lady of Grace, El Cajon	March 20	7:00 PM

"Confession is the sacrament of the tenderness of God, his way of embracing us."

Pope Francis

LENT 2024

SACRAMENT OF RECONCILIATION

Tuesday-Friday at 7:30 AM; Saturday at 4:00 PM

FRIDAYS DURING LENT

(all Fridays during Lent are days of abstinence from meat)

ADORATION AFTER DAILY MASS until 9:30 AM

ADORATION BEFORE VIA CRUCIS at 5:30 PM

VIA CRUCIS (STATIONS OF THE CROSS) at 6:30 PM followed by Lenten Soup Supper in the Parish Hall

FIRST FRIDAY ADORATION & RECONCILIATION at 10:00 AM; MASS at 11:30 AM

EASTER TRIDUUM - MARCH 28-31

HOLY THURSDAY - MASS OF THE LORD'S SUPPER at 7:00 PM

GOOD FRIDAY (day of fasting and abstinence)

OUTDOOR VIA CRUCIS at 12:00 PM

COMMUNION SERVICE WITH VENERATION OF THE CROSS at 3:00 PM

HOLY SATURDAY - EASTER VIGIL MASS at 8 PM

EASTER SUNDAY - FIRST COMMUNION MASS at 8 AM; MASS at 10:30 AM

LENTEN PRAYER MATERIALS WILL BE AVAILABLE IN THE DONUT/MULTI-PURPOSE ROOM.



ANNOUNCEMENTS

GOSPEL MEDITATION

March 3, 2024
3rd Sunday of Lent

I am the Lord your God ... You shall not have other gods beside me. —Ex 20:2-3

One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to “**have no other gods besides me.**” This is our “grip.” Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say “yes” to this fundamental question of our spiritual “grip,” then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshiping God alone, the better we navigate the complexity of life with panache, effectiveness, and love.

Lenten challenge: This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this “idol” to better hold on to God alone in faithful worship. Remember: the best love the basics.

— Father John Muir
©LPi



*MAY THE HEAVENS BE OPENED TO ANNE-MARIE SOMMESE,
AND THE ANGELS REJOICE WITH HER.*

MAY THE ARCHANGEL ST. MICHAEL CONDUCT HER TO THEE.

*MAY THY HOLY ANGELS COME FORTH TO MEET ANNE-MARIE, AND CARRY HER TO
THE CITY OF THE HEAVENLY JERUSALEM.*

*ETERNAL REST GIVE TO ANNE-MARIE, O LORD. AND MAY PERPETUAL LIGHT SHINE ON HER.
MAY SHE REST IN PEACE.*

AMEN.

It is with a heavy heart that we share the passing of our beloved sister in Christ,
Anne-Marie Sommesse on January 29, 2024.

A long-time parishioner, wonderful wife, mother and friend.
Anne-Marie and her fiery spirit will be dearly missed by all.

Funeral Services were held on Monday, February 26, 2024
Please keep Anne-Marie and all her family and friends in your prayers.



ANNOUNCEMENTS



"Heart of the Revival"



Dear Friends,

"What is wrong with me?" This question resounded in my heart as I trudged from the car to the quiet church on a Saturday afternoon in December. I was in my junior year of college and had just arrived home for Christmas. I felt burdened by my own sins and frustrated with myself.

As I slipped into the confessional, I was startled by the voice of the priest. Since he was behind the screen, I could not see him, but it was unmistakable that he was from Poland. I remember thinking for a second, "This couldn't be John Paul II??" It was *not* the late Holy Father (who had died eight months prior), but rather a priest *from* Poland, the land of my hero. Pope Saint John Paul II had inspired me to strive for greatness, encouraged me to live like a saint, and helped me believe in the Father's love for me.

Although I felt as if I were drowning in an ocean of shame as I confessed my sins, in an instant, as the priest spoke into the silence that followed my sincere confession, that ocean of shame became an ocean of mercy.

I can't remember *what* the priest said to me, but I can tell you what I heard: "You are good. You are made in God's image and likeness. You are loved. You do not have to commit that sin anymore."

As I knelt before the Blessed Sacrament to pray the prayers I'd received as my penance, I felt lighter. Not only had I encountered mercy in the confessional, I now knelt before Jesus in the Eucharist, who is *love and mercy himself*.

If you've been away from confession for a while, it is never too late to go back. No one is beyond forgiveness. God created each and every one of us out of love, for love. We are created good and have inherent dignity—which cannot be taken away.

Allow your ocean of shame to be transformed into an ocean of mercy so that you can fully enter into the great abyss of divine love that awaits you in the Most Holy Eucharist!

In Jesus,

Sister Alicia Torres, F.C.

Managing Editor



ANNOUNCEMENTS

The 2024 Annual Catholic Appeal “United in Christ”, has begun

Queen of Angels assessment for 2024 is \$25,607.00. Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year’s appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

If you cannot donate at this time, we ask you to pray for a successful 2024 Annual Catholic Appeal for our parish.



If you would like to donate “Springtime Flowers” for Easter in memory of a family member or a friend, please complete the following form and return it to the parish office or put it in the collection basket. All donations will be used for an assortment of Spring flowers and decorations for the church during Easter and the Easter Season. (Please use one form per donation.) The suggested donation for each intention is \$15.00.

In memory of:

Donated by:



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ANNOUNCEMENTS



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

WE NEED YOUR HELP!

From Now – March 24th
Covering prayer shifts,
from 7:00am–7:00pm every Tuesday until March 19th

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside Planned Parenthood at 1685 E Main St., El Cajon (near Greenfield and East Main Street next to McDonalds)

For more information or to schedule your prayer time sign-up after all Masses or contact Yvonne Harris at yvonne@goharris.net

www.40daysforlife.com/elcajon



Beginning Experience Weekend

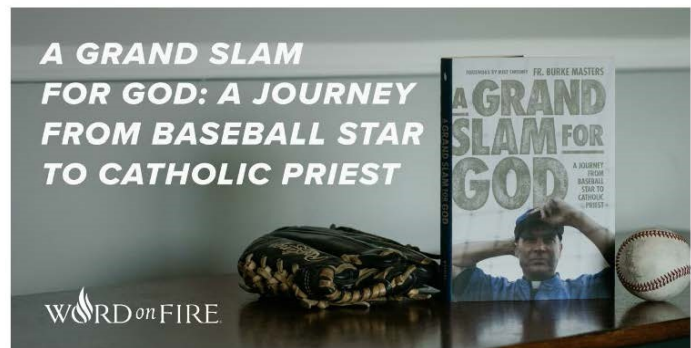
If you are grieving the loss of your marriage through *death, divorce or separation*, join us at the

**Prince of Peace Abbey
in Oceanside, CA
on
May 3 to 5, 2024**

A trained team leads participants through a healing and growth program. If you are ready to move through your feelings of grief, into the light of a new beginning and hope, this weekend may be for you.

Contact
beginningexperiencesd@gmail.com
or Vicki at 858-748-2273
to sign up or for more information

An evening with Father Burke Masters
"A Grand Slam for God"



Please join us for an evening with Father Burke Masters, author of the book "A Grand Slam for God: A Journey from Baseball Star to Catholic Priest."

Burke Masters had the perfect game plan for his life: to play Major League Baseball. As a star infielder for Mississippi State with a game-winning grand slam to help his team reach the College World Series, he was well on his way to the career of his dreams. But little did he know that his life-changing call would not be from a recruiter to become a Major League player—it would be from God to become a Catholic priest.

When: Wednesday, March 6th at 6:30pm
Where: Church of the Nativity
6309 El Apajo Road
Rancho Santa Fe, CA

Books will be available for sale at the event, with an opportunity for Father Masters to sign your copy after sharing the story of his journey. Look forward to seeing you there!