

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Rebecca Krawczak: **Faith Formation Coordinator**, rebeccaqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **Messenger Editor**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

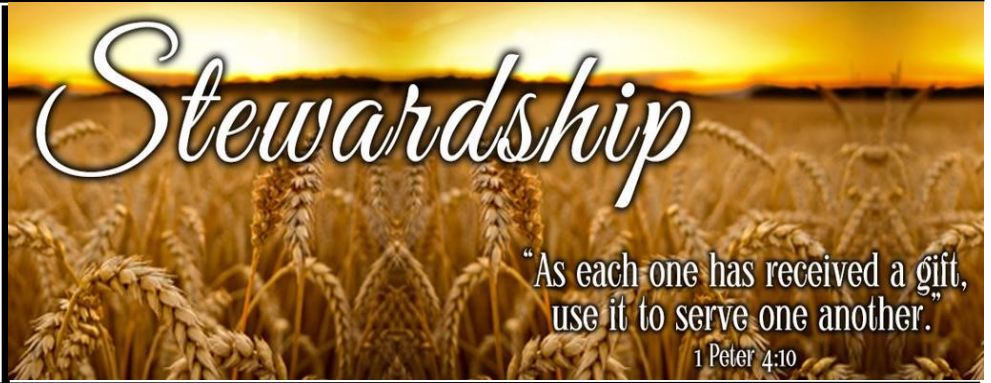
Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE

February 8-9, 2025

Envelopes Used 77
Envelope Collections \$ 6,001.27
Plate Collections \$ 659.00
TOTAL \$ 6,660.27



READINGS & MASS INTENTIONS FEBRUARY 15-23, 2025

Sunday: Jer 17:5-8/Ps 1:1-2, 3, 4, 6, (40:5a)/
1 Cor 15:12, 16-20/Lk 6:17, 20-26
Monday: Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17, 20-21/
Mk 8:11-13
Tuesday: Gn 6:5-8; 7:1-5, 10/Ps 29:1a and 2, 3ac-4,
3b and 9c-10/Mk 8:14-21
Wednesday: Gn 8:6-13, 20-22/Ps 116:12-13, 14-15,
18-19/Mk 8:22-26
Thursday: Gn 9:1-13/Ps 102:16-18, 19-21, 29 and
22-23/Mk 8:27-33
Friday: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/
Mk 8:34—9:1
Saturday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19
Next Sunday: 1 Sm 26:2, 7-9, 12-13, 22-23/
1 Cor 15:45-49/Lk 6:27-38

DATE	TIME	INTENTION
Saturday, Feb 15	5:30 PM	†Beverly Bohacek
Sunday, Feb 16	8:00 AM	Daniel Lee
Sunday, Feb 16	10:30 AM	†Tom & Toshiko Brown
Monday, Feb 17	7:30 AM	<i>Rosary</i>
Tuesday, Feb 18	8:00 AM	Pope Francis
Wednesday, Feb 19	8:00 AM	The Souls in Purgatory
Thursday, Feb 20	8:00 AM	Cardinal Robert W. McElroy
Friday, Feb 21	8:00 AM	The Souls in Purgatory
Saturday, Feb 22	5:30 PM	†Bill Glick
Sunday, Feb 23	8:00 AM	†Beverly Bohacek
Sunday, Feb 23	10:30 AM	Ron Cuevas

PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



*Kelly Barker
Nancy Clark
Mike Gust
June Hill
Eugene Isaacs
Jason Laccone
Katie Clark Larson
Dale Lee
Susan Lopez
Steve McMeeken
James Meek
Therese More
Renee Schmiedeberg
Kailyn & Charis Whaley*

*...may they find joy
in the healing love of Christ.*



Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletinqofa@gmail.com.

Deployed Military

**Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Nicholas Palstorm, E8
Jacob Tweed, HM3**



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Please Note: The parish office will be closed on Monday, **February 17**, in observance of Presidents' Day. We will re-open on Tuesday, February 18, at 9:00 AM.



Volunteers Needed Queen of Angels will be continuing our tradition of offering Soup Suppers during the Lenten Season on Fridays after Stations of the Cross. In order for this to be successful we need volunteers. If you or your ministry community would like to host a Friday, please contact Darlene Ames at 619-445-2145 or bulletin@queenofangels.org to sign up. Available dates are:

- March 14
- March 28
- April 4
- April 11



stock, supply and update our Parish First Aid kit located in the hall. This kit is available for use by all ministries and individuals whenever a minor cuts or scraps occurs, that unexpected headache shows up and other minor emergencies. If you or your ministry has a few hours to update and restock the kit please contact Darlene Ames at bulletinqofa@gmail.com. Thank you.



The Magnificat Lenten Companion Are you looking for a way to develop a more fervent practice of your Catholic faith this Lenten season? Let *The Magnificat Lenten Companion* be your guide. This booklet is available in the vestibule of the church. Suggested donation \$1.00.



PLEASE Consider Assisting! We here at Queen of Angels are always in need of Altar Servers, Communion Ministers, Lectors, Ushers and Choir Members. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David in the parish office at 619-445-2145. We will work with your availability to serve at the Mass which you now attend. Note: We can use volunteers for all Masses so if you can assist just only once a month it would be greatly appreciated.

Parish Hall First Aid Kit Every few years there is a need to re-

Latest Bible Study, ***Revelations: The Kingdom Yet to Come***

Revelation: The Kingdom Yet to Come is an intriguing bible study program that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven.

Begins **Thursday, February 20, 2025** from **6 PM-8 PM** for approximately 10 weeks in the parish hall.

Registration is free. The study guide is \$27.95 and can be purchased at ascensionpress.com/collections/revelation-the-kingdom-yet-to-come.

The 2025 Annual Catholic Appeal ***“Advancing Our Mission”***, has begun

Queen of Angels assessment for 2025 is \$23,411.00. Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith.

They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

If you cannot donate at this time, we ask you to pray for a successful 2025 Annual Catholic Appeal for our parish.



MARCH

- 7: Deanery Youth Night at OLPH~6:30-8 PM
- 14: Bowling at Viejas Bowl~6:30-9 PM

APRIL

- 4: Deanery Youth Night at OLPH~6:30-8 PM
- 11: Deanery Service Project at OLG~6:30-8 PM

MAY

- 2: Sky Zone in Chula Vista~TBA
- 9: Dance & Social Night at St. Martin's~7-9 PM

Please RSVP for every event by sending an email to rebeccaqofa@gmail.com.

Permission forms are required for each event and are available in the parish office and via email.

PASTOR'S PAGE

Friends,

I had a fairly ridiculous thought this past week that, and the more I played around with it, the more it started making a bizarre amount of sense. Basically, it was that the old cartoon with Roadrunner and Wile E Coyote is a comically tragic allegory of how we live our lives... if we put ourselves in the shoes of Wile E (figurative shoes, of course, because no self-respecting coyote wears shoes in real life). Like Wile E, we often make the mistake of expending every resource we have in the vain pursuit of lasting happiness, something that is ultimately unattainable. Every attempt we make to grasp at happiness and seize it for our own, like all of the AC-ME anvils, canons, rockets, and dynamite that Wile E uses in his doomed attempts to catch Roadrunner, literally blows up in our face and crushes our dreams, causing us greater harm and ironically pushing us even further from our desired objective. Even the rare times that we almost achieve it, we still manage to fail. In fact, it seems that the one thing we can always count on is happiness pulling away from us and vanishing across the horizon in a cloud of dust in less time than it takes to blink. Do we, deep down, recognize the pain that he is experiencing – no, not an anvil landing on our head (hopefully), but the pain of unfulfilled goals, crushed dreams, and exploding expectations? Are we perhaps quietly relieved that we get to watch this age-old tragedy play out in a cartoon instead of in our own lives? I hope we're not laughing at Wile E's pain, even if he is a coyote, but I think we recognize something in the shared experience of humanity, that painful experience of broken hope, comically portrayed in the form of a coyote who just... can't... catch... his elusive prey.

The bad news is that, like poor Wile E, we will never catch happiness, our "Roadrunner." The good news, however, is that happiness, at least as the world understands it, was not what we were created for, nor was it ever meant to be the goal! Happiness in this world, just like the world itself, is fleeting and temporal. There is no lasting happiness to be found in it; happiness will always eventually disappear in a cloud of dust. But what God does offer us, and what He created us for, is BEATITUDE, is JOY! Joy is not contingent upon my circumstances, but upon God Himself and His abiding love for me. Moreover, joy is not something I can grasp or seize. Because of original sin, our first posture is that of Wile E – a posture, by the way, that he borrowed from our first parents in the garden when they failed to trust in God's love and took from the tree – of reaching, grasping, and grabbing. We must instead allow God, by His grace, to change our posture to that of Mary at the Annunciation ("Behold, I am the handmaid of the Lord; let it be to me according to your word" Lk 1:38) and that of Jesus in the Garden of Gethsemane ("Abba, Father, all things are possible to you; remove this chalice from me; yet not what I will, but what you will" Mk 14:36). Both Jesus and His Mother not only submit to God's will, they actively cooperate with it. The difference here is between the grasping of our first parents (and Wile E) versus the active receptivity of Mary and the active offering of himself as a gift of love that Jesus makes back to the Father in the Paschal Mystery. Neither pursued happiness. Both pursued God's will, and so both received joy.

My invitation, dear brothers and sisters, is that we ask for the grace to imitate the receptivity of Mary and the act of self-gift to God of Jesus Christ. Abandon the doomed pursuit of "Roadrunner." The dynamite always blows up in our own face. Rather, "seek first His kingdom and His righteousness, and all these things shall be yours as well" (Mt 6:33). We were not created to clutch vainly at happiness, but to receive the joy of God's presence. So ask... and receive (cf. Mt 7:7-11).

With great joy,
Fr. David

ANNOUNCEMENTS



MAR * DI * GRILL



MAR * D * GRILL: Noun

1. A pre-Lenten BBQ celebration filled with grilled food that precedes **FAT TUESDAY** but not meant to replace it

SAVE THE DATE!

Please Join Us On

Sunday, March 2 after the 10:30 AM Mass
for an afternoon celebration to kickoff the Lenten Season with a

Pre-Fat Tuesday Mardi Grill

Hosted by the

Knights of Columbus



More information & Menu to follow.
Please see the bulletin for further details.



ON SUNDAY, FEBRUARY 9 THE QUEEN OF ANGELS WOMEN'S AUXILIARY HOSTED THE FAITH IN FORMATION GATHERING WITH A VALENTINE'S THEME. THE MENU CONSISTED OF PANCAKES WITH VARIOUS TOPPINGS, JUICE AND COFFEE. YUM!! IT WAS A BEAUTIFUL GATHERING SHARING FOOD AND FELLOWSHIP FOR THE CHILDREN AND THEIR PARENTS.

THANK YOU WOMAN'S AUXILIARY; WE LOOK FORWARD TO NEXT MONTH'S GATHERING.



ANNOUNCEMENTS

THE
SEVEN LAST WORDS
WITH SCOTT HAHN

This lent, be with Christ at the foot of the cross. Join Dr. Scott Hahn in a weekly Lenten video series from the St. Paul Center and explore the final words that Jesus uttered while He hung dying on the Cross.

The Seven Last Words
Discover the Heart of Our Savior

Jesus' final utterances from the Cross have been a subject of meditation for the greatest Catholic mystics from St. Bonaventure to St. Alphonsus Liguori to Ven. Fulton Sheen.

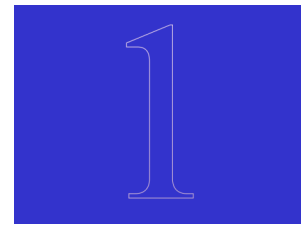
In The Seven Last Words—a weekly Lenten video series from the St. Paul Center—Dr. Scott Hahn explores the final words that Jesus uttered while He hung dying on the Cross, and shows how those words reveal the heart of our salvation.



One 30-minute video per week for you to reflect on and implement throughout your Lenten observance.



Scott Hahn will guide you to discover the powerful meaning behind Christ's seven last words.



A single, life-changing journey into the heart of our Savior's love for you.

To sign up visit: stpaulcenter.com/lent/#signup



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

WE NEED YOUR HELP!

Starting March 5th – April 13

Covering prayer shifts,
from 7:00am – 7:00pm every Tuesday for 5 weeks

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside
Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

For more information or to schedule your prayer time sign-up after all Masses, sign up at
40daysforlife.com/en/elcajon or contact Yvonne Harris at yvonneqofa2569@gmail.com.

www.40daysforlife.com/elcajon

Join us for our Opening Ceremony & Sidewalk Prayer Procession:

Tuesday, March 4th at 6:00 PM,

Meet on the sidewalk at Family Planning Associates (FPA) (Near East County Urgent Care)

1625 E. Main Street, El Cajon

(Dress according to the weather, this is an outside event rain or shine!)

ANNOUNCEMENTS



Do you need Retrouvaille?

Has your romance faded? Do you argue without reaching resolution? Are you more like roommates than soul mates? Have you grown apart? Is your marriage in crisis?

Why wait for a better marriage?

Retrouvaille can help you:

Rebuild your emotional connection. Learn healthy communication methods. Manage conflicts effectively. Forgive and rebuild trust.

Experience the joy of rediscovering your love.

Join us May 4-5, 2025

To register for more information about an upcoming Retrouvaille Weekend program for couples, call 951-259-9474 or visit our website: www.helpourmarriage-sandiego.org

EXPERIENCE THE HEALING
POWER OF CHRIST



Contact Janelle at ljperegoy@sdccatholic.org.

**JOIN US FOR THIS UNIQUE
RETREAT FOR ADULTS
WITH
DIVORCED OR
SEPARATED PARENTS**

Register at
<https://rcbo.org/acod>

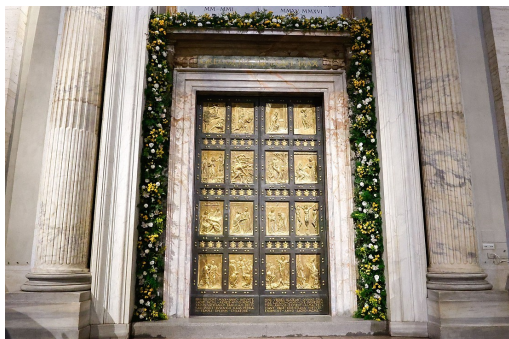


**OFFICE FOR
FAMILY LIFE**
DIOCESE OF ORANGE

<p>MARCH 28-30, 2025</p> <p>LESTONNAC RETREAT CENTER TUSTIN</p>	<p>\$375 Single Occupancy, \$325 Single Occupancy, \$125 for commuters Price increases after Feb.15.</p>
---	--



**LIFE-GIVING
Wounds**



San Diego Jubilee 2025

At the Diocese of San Diego, St. Joseph Cathedral has been designated as the pilgrimage church for local faithful during the Jubilee Year. Catholics are encouraged to make a symbolic pilgrimage from Waterfront Park through Beech Street or another appropriate point.

Visit <https://sdccatholic.org/jubilee-year-2025/>