

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Rebecca Krawczak: **Faith Formation Coordinator**, rebeccaqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **Messenger Editor**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**July 12-13, 2025**

Envelopes Used	78
Envelope Collections	\$ 4,508.00
Plate Collections	\$ 984.00
TOTAL	\$ 5,492.00
75th Anniversary	\$ 4,203.00

Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

"Like good stewards of the manifold grace of God, serve one another with whatever gift you have received."

GOAL: \$23,411.00 PLEDGE: \$13,862.90 BALANCE: \$ 9,548.10

READINGS & MASS INTENTIONS JULY 19-27, 2025

Sunday: Gn 18:1-10a/Ps 15:2-3, 3-4, 5 (1a)/
Col 1:24-28/Lk 10:38-42

Monday: Ex 14:5-18/Ex 15:1bc-2, 3-4, 5-6/Mt 12:38-42

Tuesday: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6,
8-9/Jn 20:1-2, 11-18

Wednesday: Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26,
27-28/Mt 13:1-9

Thursday: Ex 19:1-2, 9-11, 16-20b/Dn 3:52, 53, 54, 55,
56/Mt 13:10-17

Friday: 2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/
Mt 20:20-28

Saturday: Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15/Mt 13:24-30

Next Sunday: Gn 18:20-32/Ps 138:1-2, 2-3, 6-7,
7-8 (3a)/Col 2:12-14/Lk 11:1-13

DATE	TIME	INTENTION
Saturday, Jul 19	5:30 PM	Ethan & Suzanne Ransom
Sunday, Jul 20	8:00 AM	†Thomas Seculoff
Sunday, Jul 20	10:30 AM	†Ester Villa
Monday, Jul 21	7:30 AM	Rosary
Tuesday, Jul 22	7:30 AM	Rosary
Wednesday, Jul 23	7:30 AM	Rosary
Thursday, Jul 24	7:30 AM	Rosary
Friday, Jul 25	7:30 AM	Rosary
Saturday, Jul 26	5:30 PM	Forest & Sarah Pierce
Sunday, Jul 27	8:00 AM	Henry & Alison Krause
Sunday, Jul 27	10:30 AM	Nonie Beach

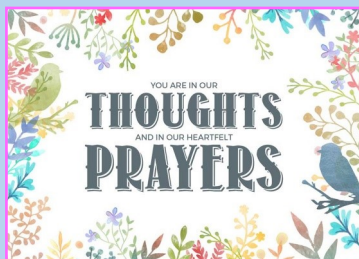
PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those
on our Healing and Deployed Military Lists.



Nonie Beach
Nancy Clark
Nathan Farmer
Mike Gust
June Hill
Eugene Isaacs
Jason Laccone
Dale Lee
Steve Mc Meeken
Jerry Price
Renee Schmiedeberg
Kailyn & Charis Whaley

...may they find joy
in the healing love of Christ.

**Deployed Military**

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Nicholas Johnson LT
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Nicholas Palstorm, E8
Joshua Rosson, PFC
Jacob Tweed, HM3



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Mark Your Calendars There will be NO morning Mass **July 22-25** as Father David will be out of town. Please however consider joining us as we recite the rosary at 7:30 AM during these days.



Women's Auxiliary If you haven't noticed the Woman's Auxiliary has been very busy around our Parish lately. If you would like to be part of this energetic and lively group of women please join us at our next meeting on **July 23** at 5:30 PM in the parish hall. Hope to see you there!



Faith Formation Registration for the 2025-2026 Year is officially **OPEN!** Registration is done online. The link to registration can be found on the parish website queenofangels.org. **PLEASE TAKE NOTE:** Registration is **FREE** from now until **July 31**, so sign up early and sign up **NOW** to avoid any charges! After July 31 charges per child will occur.



Keeping Family Records Up To Date If any of your personal information has changed, please let the Parish Office know via email or you can also make the changes on your offering envelope. It is important that we keep our family records current. Thank You.



Peter Pence Queen of Angels will continue to support our Holy Father Pope Leo in his annual worldwide collection that supports the charitable and evangelical works of the Church throughout the world in the Peter's Pence collection until July 31. Please pray and ask the Lord how He is calling you to give towards His Kingdom and His work, and please use the envelopes in the pews and by the entrances for this special collection.

In celebration of our **75th Anniversary** as a parish, we will be hosting a variety of parish events throughout the remainder of the calendar year.

Dates to Remember

August 24: Queenship of Mary Celebration
Parish Feast 4 PM-7 PM
(more info to follow)

September 21: Exaltation of the Cross,
Blessing of Catechist & Ministers

Please note that the 75th Anniversary envelopes by the church entrances are for if you would like to donate to this specifically. Please also stay posted for further updates and information on these parish celebrations.



BULLETIN SUBMISSIONS must be requested in advance, NO later than the close of day Monday, prior to the desired Sunday.

Please send requests via email to
bulletinqofa@gmail.com

All submissions are subject to approval by Father David.

KNIGHTS OF COLUMBUS

Andrew Tompkins Memorial College Scholarship Award

to practicing Catholics and members of Queen of Angels Parish. Applicants must be a senior in a Catholic, Public, Charter or accredited Home High School or a full-time student at an accredited College or Trade School.

Applications are available online at queenofangels.org.

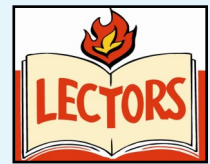
**Applications must be completed and
POSTMARKED NO LATER THAN JULY 31, 2025.**

**We at Queen of Angels are always in need of more
Altar Servers, Communion Ministers, Lectors,
Ushers & Choir Members.**

**These volunteer positions are a vital and integral part of
celebrating Mass and are not only necessary but
rewarding as well.**

**If you can assist with any of these positions please contact
the parish office at 619.445.2145.**

**We will work with your availability to serve at the Mass
which you now attend.**



ANNOUNCEMENTS

5 Key Symbols of Grace in the Bible

Clement Harrold
July 11, 2025

There are many different ways to define grace. One simple way of thinking about it is as a divine gift. The *Catechism of the Catholic Church* explains, "Grace is *favor*, the *free and undeserved help* that God gives us to respond to his call to become children of God, adoptive sons, partakers of the divine nature and of eternal life" (1996). Every hour of every day, God is sending us free gifts to help us on our journey back to Him. And throughout the Scriptures, He provides us with a host of symbols which help convey the beauty and the power of this amazing grace.

1. Wood

Already in the opening pages of the Bible, we have the tree of life, which serves as an image of the eternal union which Adam and Eve were called to enjoy with God (see Gen 2:9). Later on in Genesis, we have Noah's ark, which many of the Church Fathers viewed as a powerful symbol of God's grace: by the wood of the ark, humanity is rescued from the waters of death (see Gen 6). We can also think of the wood which Isaac carried when he went up Mount Moriah with his father Abraham (see Gen 22:6). The wood of Isaac's sacrifice was itself a foreshadowing of the wood which Christ carried up Calvary some 2,000 years later. Of course, there is no greater symbol of grace than the wood of Christ's Cross. As the Church proclaims in her liturgy every Good Friday, "Behold the wood of the Cross, on which hung the salvation of the world!"

2. Water

Water is the most common substance on the planet. Yet despite—or rather because of—this, it stands out in the Scriptures as a potent symbol of God's life-giving grace. As the *Catechism* explains, "Since the beginning of the world, water, so humble and wonderful a creature, has been the source of life and fruitfulness" (1218). We see this in the narrative of Noah's flood, when the waters prove to be a source not only of death but also of spiritual renewal. In the Exodus narrative, water again plays a central role both at the Red Sea and at the river Jordan. For the Church Fathers, these two bodies of water represented the two poles of the Christian life: we are immersed in the waters of the Red Sea at our baptism; this is followed by our earthly pilgrimage through the desert; and finally at the end of our lives we (hopefully) cross the river Jordan into the Promised Land of heaven. The Old Testament's rich symbolism surrounding water is continued in the New Testament, particularly at the crucifixion when blood (signifying the Eucharist) and water (signifying baptism) flow from Christ's side (see John 19:34).

3. Fire

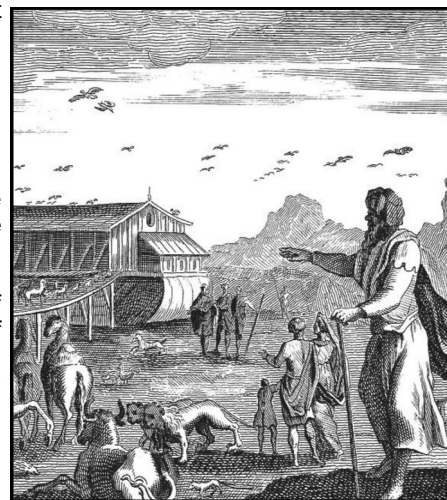
In the Scriptures it's not only water but also fire that conveys the saving presence and power of God. As the *Catechism* observes, "While water signifies birth and the fruitfulness of life given in the Holy Spirit, fire symbolizes the transforming energy of the Holy Spirit's actions" (696). It was a pillar of fire which guided the Israelites by night during their sojourn through the wilderness (see Exod 13:31-32). Fire is also associated with the greatest prophets, including Elijah, who "arose like a fire, and his word burned like a torch" (Sir 48:1), as well as John the Baptist, who points forward to Christ as the one who "will baptize you with the Holy Spirit and with fire" (Matt 3:11). This fire imagery is picked up by Jesus Himself when He exclaims, "I came to cast fire upon the earth; and would that it were already kindled!" (Luke 12:49).

4. Cloud

It was a pillar of fire which guided the Israelites by night, but it was a pillar of cloud which guided them by day. Throughout the Scriptures, the divine presence is made known in the form of a cloud, as the *Catechism* explains: "In the theophanies of the Old Testament, the cloud, now obscure, now luminous, reveals the living and saving God, while veiling the transcendence of his glory" (697). The cloud appears with Moses on Mount Sinai (see Exod 24:15-18), and again at the tent of meeting (see Exod 33:9-10), and again with Solomon at the dedication of the Temple (see 1 Kgs 8:10-12). In the New Testament, the cloud likewise appears on various occasions, including at the Transfiguration. The Greek word used to describe how a cloud "overshadowed" Christ and His disciples on Mount Tabor is the same verb used by the angel Gabriel announcing to Mary that she will bear the God-man in her womb: "The Holy Spirit will come upon you, and the power of the Most High will overshadow you" (Luke 1:35).

5. Bread & Wine

Throughout both the Old and New Testaments, bread and wine feature prominently as symbols of God's grace. Bread plays an important role in the life of God's people, whether it be the manna which the Israelites received from heaven (see Exod 16), or the bread of the Presence which was kept continuously in the tent of meeting (see Lev 24), or the abundance of loaves which Jesus miraculously produces at the feeding of the 5,000 and 4,000 (see Matt 14:13-21; 15:29-39). Wine, too, is a frequent motif in the Scriptures as a symbol of divine joy and spiritual blessings (see Joel 2:24; 3:18; Amos 9:13-14). Jesus makes use of this imagery in the wedding at Cana, when He supplies the guests with an overabundance of the finest wine (see John 2:1-12). Of course, nowhere in the Bible do bread and wine symbolize divine grace more powerfully than at the Last Supper, when Jesus gives us His Body and Blood under the outward appearances of bread and wine (see Luke 22:19-20; cf. *Catechism* 1333-35).



ANNOUNCEMENTS



VACATION BIBLE SCHOOL IS COMING AND WE ARE STILL IN NEED OF HIGH SCHOOL AND ADULT VOLUNTEERS!



July 28-August 1, 2025

9:00am—12:00pm

For children entering Kindergarten — 8th Grade

(The TRUE NORTH Program focuses on helping kids discover their true direction through faith in Jesus.)



We have a great group of middle school junior leaders, but are still in need of a few high school and adult volunteers. Aside from being a fun time and great opportunity to build community and leadership skills, VBS is also a great way for the high school students to earn service hours. Adults and teens are needed to help lead small groups and lead a few of the activity stations. All materials are provided, all that is needed is a willingness to serve and a heart for the kiddos you will be working with.

We will have a training session on the **Saturday, July 26th from 9 AM -11 AM** in the Parish Hall to go over the specifics. If you are available, please consider giving of your time to help serve in this special way!

SUMMER OF 25 HIGH SCHOOL MINISTRY



July

24th, Thursday: Game Night! Join us for food and fun @ Queen of Angels 7 - 8:30 p.m. Please bring a snack to share.

These events are open to all high schoolers including incoming freshman. The activities marked as a deanery event are a collaboration with other parishes in the East County area. Permission slips are required and are available by emailing rebeccaqofa@gmail.com.

National Natural Family Planning Awareness Week

National Natural Family Planning (NFP) Awareness Week will take place from **Sunday, July 20 to Saturday, July 26, 2025.**

The week is an educational campaign that highlights the anniversary of the papal encyclical *Humanae Vitae*, which was published on July 25, 1924. The encyclical outlines Catholic beliefs on human sexuality, marriage, conjugal love, and responsible parenthood. The week also marks the feast of Sts. Joachim and Anne, the parents of the Virgin Mary.

NFP has often been called the "Church's best kept secret." There is a lot of misunderstanding about what NFP actually is, so this is a great time of year to learn more! There are some incredible resources out there that have been developed to 1) teach NFP to couples all stages of their relationship, 2) provide on-going support to couples practicing NFP, and 3) assist parishes in building NFP ministries. For further information, contact nfp@uscbb.org.



ANNOUNCEMENTS**WELCOME TO****QUEEN OF ANGELS CATHOLIC CHURCH**

We warmly welcome all visitors to our parish, the heart of our Catholic Faith-life in Alpine since 1951. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us a member of our parish family, using the registration form below or stopping by the Parish office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively. All Catholic adults living in the parish and regularly participating in the Liturgy here are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs.

Register, Participate, and Share your Gifts and Talents.

To register, please fill out the form below or contact the office at 619-445-2145 during regular business.

Welcome to **QUEEN OF ANGELS**, our hidden jewel in the Diocese of San Diego!

REGISTRATION FORM FOR "NEW" PARISHIONERS

Information: (Please cut and drop in the offering basket or bring into the office)

Name _____ Home Phone _____

Street Address _____ Cell # _____

City, State & Zip _____ Email _____

(this registration form will be followed by an email to obtain more information)

Devotions, *Explained!*
St. Bridget Prayers

Mini Explanation — The St. Bridget Prayers evoke the imagery of Christ's suffering and death, plead for the forgiveness of the supplicant's sins, for a happy death, for fear and love of the Lord, and for a renunciation of worldly desires.

St. Bridget Prayers, *Explained!*

St. Bridget of Sweden (d. 1373) was a noblewoman of the Middle Ages whose renowned mysticism centered on the passion of Christ. A mother of eight and an attendant at the royal court in Sweden, as a widow she founded the Order of the Most Holy Savior, advocated for reform in the church and for the return of the Pope to Rome from France.

The St. Bridget Prayers refer to 15 prayers attributed to Bridget which evoke the imagery of Christ's suffering and death, plead for the forgiveness of the supplicant's sins, for a happy death, for fear and love of the Lord, and for a renunciation of worldly desires.

For many years, these prayers were associated with divine promises, though in 1954 the Catholic Church declared that it could not be said that these promises were of supernatural origin. The prayers themselves remain beloved and popular devotions to Christ's passion.

ANNOUNCEMENTS

N U L T H L U P V E Y N
L C C S T T V A T O O K
A A L T T R L S R W S H
U L O O E E O S E I M B
G F R O N T O A E F D A
H I D D T U K I L E O E
A P P E A R E D I M B K
S R L B B N D U F A H T
T E S E R V A N T K S R
E P A H A T H R E E V T
N A R O H E A T D O O R
E R A L A S P R I N G I
D E H D M M E Y E S G S

SIXTEETH SUNDAY OF ORDINARY TIMES

ABRAHAM	APPEARED	BEHOLD
CALF	DOOR	EYES
FRONT	HASTENED	HEAT
LAUGH	LIFTED	LOOKED
LORD	MAKE	PASS
PREPARE	RETURN	SAID
SARAH	SERVANT	SPRING
STOOD	TENT	THREE
TOOK	TREE	WIFE



PUZZLE

Unscramble words from today's Gospel:

journey	woman	listening	Martha	chosen
village	Mary	serving	anxious	better

jnreyou	<u>j o u r n e y</u>
vagelli	_____
wamno	_____
rayM	_____
lentsingi	_____
sigvern	_____
hartMa	_____
axinosu	_____
ceshon	_____
bretet	_____

MISSION

Ask your family to join you in reading the Bible or praying at meal time.

GROWING WITH THE Gospel

CYCLE C

COLOR

Read the Gospel of the week and color the image.

