

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Rebecca Krawczak: **Faith Formation Coordinator**, rebeccaqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **Messenger Editor**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE



Collection of old Blessed Palm Leaves

Queen of Angels will be collecting old blessed palm leaves from last year's Palm Sunday. Look for the basket in the vestibule of the church to place the leaves in. Father David will burn the leaves and the ash will be added to our reserve.



READINGS & MASS INTENTIONS FEBRUARY MARCH 15-23, 2025

Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/
Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-36
Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38
Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/
Mt 23:1-12
Wednesday: 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5,
27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or
Lk 2:41-51a
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31
Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19,
20-21/Mt 21:33-43, 45-46
Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/
Lk 15:1-3, 11-32
Next Sunday: Ex 3:1-8a, 13-15/Ps 103:1-2, 3-4, 6-7, 8,
11 (8a)/1 Cor 10:1-6, 10-12/Lk 13:1-9 Scrutiny: Ex 17:3-7/
Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15,
19b-26, 39a, 40-42

DATE	TIME	INTENTION
Saturday,	Mar 15 9:00 AM	The Souls in Purgatory
Saturday,	Mar 15 5:30 PM	Dennis & Cathy Woestman
Sunday,	Mar 16 8:00 AM	†Beverly Bohacek
Sunday,	Mar 16 10:30 AM	†Leonor Noblejas
Monday,	Mar 17 7:30 AM	Rosary
Tuesday,	Mar 18 8:00 AM	Marion Montgomery
Wednesday,	Mar 19 8:00 AM	Olivia Valenzuela
Thursday,	Mar 20 8:00 AM	The Souls in Purgatory
Friday,	Mar 21 8:00 AM	Pope Francis
Saturday,	Mar 22 9:00 AM	The Souls in Purgatory
Saturday,	Mar 22 5:30 PM	The Sick of our Parish
Sunday,	Mar 23 8:00 AM	Hoban & Christine Blume
Sunday,	Mar 23 10:30 AM	†Rosemary Dawson

PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Nancy Clark
Mike Gust
June Hill
Eugene Isaacs
Jason Laccone
Katie Clark Larson
Dale Lee
Susan Lopez
Steve McMeeken
James Meek
Therese More
Sarah Rusinak
Renee Schmiedeberg
Pat Vacio
Kailyn & Charis Whaley

...may they find joy
in the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletinqofa@gmail.com.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Nicholas Palstorm, E8
Jacob Tweed, HM3



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS

WELCOME TO QUEEN OF ANGELS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".
Register, Participate, and Share your Gifts and Talents.



Stations of the Cross & Eucharistic Adoration During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. We will also have Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions.



Soup Supper Please join fellow Queen of Angels parishioners on Friday, **March 21** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by the

Office Staff.



Saturday Daily Mass During the Lenten Season Queen of Angels will now celebrate daily morning Mass on **Saturdays at 9:00 AM**. Please use this additional opportunity to receive the Eucharist and to deepen one's relationship with Jesus Christ especially during this Lenten Season,



Lenten Literature Make a point to stop by the donut/multi-purpose room any time after Mass to pick up material to enhance your **Lenten Journey**. We are offering resources for all ages.



A big **THANK YOU** to the Music Ministry for hosting and supplying the delicious soups and bread at our Soup Supper on March 14.



A heartfelt thank you to **Stephanie & Chris Maxin** for so generously restocking and updating our parish First Aid Kit.

"Nobody ever said.... 'Oh I'm glad I didn't get that first aid' when something happens." ~Audrey Prady



From now until April 13, you're invited to join other Christians from 7am - 7pm for 40 Days for Life - 40 days of peaceful prayer and fasting for an end to abortion.

We could still very much use more bodies for at least one hour in peaceful pray to end abortion

in the public right-of-way outside Planned Parenthood at 1685 E. Main Street in El Cajon.

If you'd like more information and especially if you'd like to participate, please contact: Yvonne Harris at yvonneqofa2569@gmail.com.

Or visit 40daysforlife.com/elcajon

Additional Opportunities for Reconciliation 2025

St. John of the Cross, Lemon Grove	March 17	7:00 PM
St. Martin of Tours, La Mesa	March 18	7:00 PM
St. Therese, San Diego	March 19	7:00 PM
Holy Trinity, El Cajon	March 24	7:00 PM
Our Lady of Grace, El Cajon	March 25	7:00 PM
Santa Sophia, Spring Valley	March 26	7:00 PM
Queen of Angels, Alpine	March 27	7:00 PM
Guardian Angels, Santee	March 31	7:00 PM
Our Lady of Perpetual Help, OLPH, Lakeside	April 2	10:00 AM
St. Luke, El Cajon	April 2	7:00 PM
St. Kateri Tekakwitha, Lakeside/Barona	April 3	7:00 PM
	April 3	7:00 PM

"Confession is the sacrament of the tenderness of God, his way of embracing us."

Pope Francis

The 2025 Annual Catholic Appeal

"Advancing Our Mission", has begun.

Queen of Angels assessment for 2025 is \$23,411.00.

Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

*"Like good stewards of the manifold grace of God, give one another with willful gladness each of you as if you had received the gift of God, which will never be lost."
—1 Peter 4:10*

If you cannot donate at this time, we ask you to pray for a successful 2025 Annual Catholic Appeal for our parish.



ANNOUNCEMENTS



**Knights of
Columbus®**
Council #10118

Recently hearing from one of our past recipients of the *Andrew Tompkins Memorial College Scholarship Award* validates the necessity and reaffirms that the Award is much appreciated in furthering the education of our youth today.

To the youth of our parish and their parents, please keep you eyes open because the applications for the 2025 scholarship year will be available soon.

Dear Knights of Columbus Council #10118 and Queen of Angels Parishioners, family, and friends,

What joy it is to be in community with a beautiful family we call Queen of Angels. I find myself reflecting with deep gratitude for the gift that it is to be known and loved by a community so dear to my heart. What an utter joy it is to be united to each of you through Christ in His family! My grandparents, Sam and Marge Guerra, have brought me to Queen of Angels since I was a little girl. I have been honored to receive my Sacraments from Baptism through Confirmation at our parish, as well as the blessing of coming to know each of you more intentionally as I've grown up.

I wanted to take a moment to honor the Knights of Columbus Council #10118, for generously supporting me in my academic endeavors the past four years through the Andrew Tompkins Memorial College Scholarship Award. This award is honorable, and I strongly encourage each prospective college student to apply for this opportunity as a young parishioner at Queen of Angels. The Knights of Columbus have provided for me in a very tangible way, that opened the doors to a deep understanding of Christ's burning desire for our hearts. I would like to credit the Knights of Columbus and their generous gift for providing a path for the Lord to enter my life and radically transform it during my time in college. Here's what this award has provided for me.

During my time as a student, the one thing that struck my heart the most was my encounter with Christ and the Catholic Faith in my time at San Diego State University. I am graduating in May with my Bachelor of Arts in Speech, Language and Hearing Sciences, and a Minor in Leadership Development. I have been involved with many different clubs, organizations, and research opportunities the past four years that have enhanced my academic experience at a distinguished university. Once I graduate, I will start working as a Catholic Missionary, continually asking the Lord to use me as His vessel for souls to encounter Him. The SDSU Catholic Newman Center has been a catalyst for growth in the spiritual life. It was here, through a lively community, that I was able to encounter Christ in a much deeper way. I came to understand who God is as a loving Father, who I am as His beloved daughter, how to love deeply in preparation for my vocation, and ultimately, strive to live a life that sprints toward Sainthood.

The Knights of Columbus reflect this type of community in our parish, they resemble a community on mission for Christ, that gives and supports in many ways through financial means and prayer. I am not sure if would have never had this kind of experience in college if it weren't for the generosity of the Knights of Columbus.

I deeply encourage all young parishioners who are attending university to apply for this award. Not only have I received the gift of education, but through it, I have received the gift of the one True Faith in the Catholic Church. College is a time where the world tells you, "you choose who you are". I would argue that it's a time that God pursues you and tells you who you are, and as you receive it, the greatest joy becomes clear. Know I am praying for all past, present, and future applicants to this award, for the Tompkins Family, the Knights of Columbus Council #10118, and all parishioners, family, and friends at Queen of Angels!

Holy Family, Saint Philomena, Saint Ignatius of Loyola and Our Lady, Queen of Angels, Pray for Us!

With deep gratitude,
Ava Guerra

ANNOUNCEMENTS



FEMININITY *of the church* A Catholic Women's Retreat



Saturday, March 29th 2025 | 9AM - 3PM
ST. JOHN OF THE CROSS 8086 Broadway, Lemon Grove, CA 91945

She is the bride of Christ. She is Mother to the faithful. Come and unite your femininity with hers. Embrace your feminine genius. Come meet us at the well!



Free admission, donations accepted. Continental breakfast, lunch & childcare provided. Walk-ins welcome, pre-registration by 3/22/25 encouraged. Scan to register or contact Maria for assistance: (619) 739-0455, womenatthewell.sd@gmail.com

"but whoever drinks the water I shall give will never thirst." -JOHN 4:14

2nd SUNDAY OF LENT



MINISTRIES

Do You Hear the Call?

MINISTRIES

We at Queen of Angels are always in need of more
Altar Servers, Communion Ministers, Lectors, Ushers & Choir Members.

These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well.

If you feel the call and can assist with any of these positions please contact the parish office at 619.445.2145.
We will work with your availability to serve at the Mass which you now attend.

ANNOUNCEMENTS**GOSPEL MEDITATION**

March 16, 2025
2nd Sunday of Lent
Luke 9:28b-36

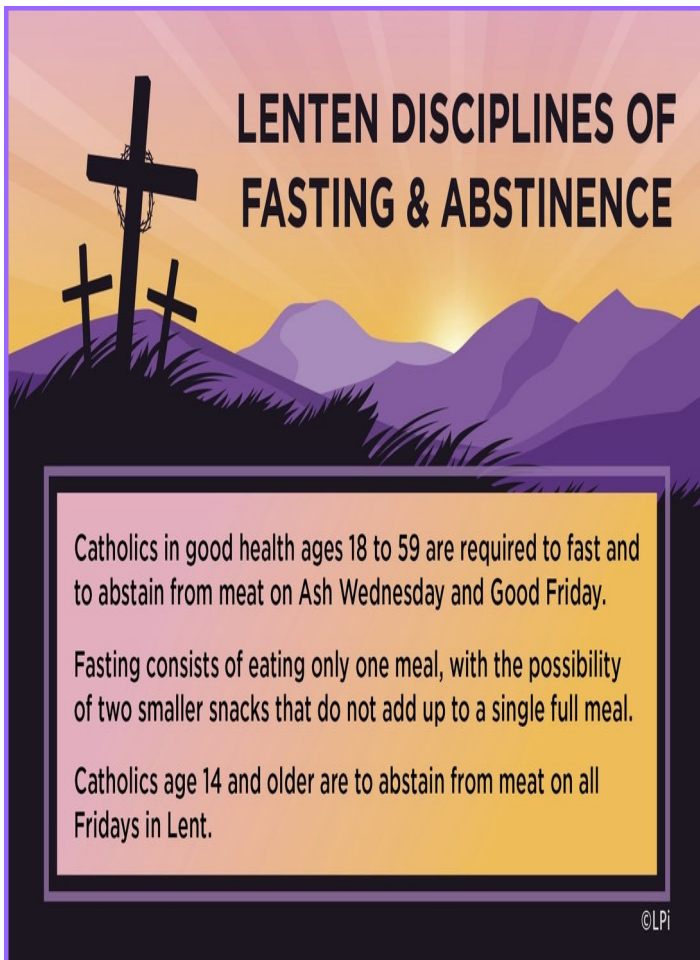
St. Thomas Aquinas said that friends share three things: time, possessions and secrets. For example, how do I know if you're my friend? Well, let's say we've been to Mexico together, you've tried my shaky attempts at pasta carbonara, and you know what ridiculous costume I wore in a music video I filmed in my early twenties. We, dear reader, are definitely friends. We've shared time, possessions and secrets.

How does friendship with Jesus develop? The same way. Jesus lives and eats with his disciples. Then he takes Peter, James and John to Mount Tabor and there reveals to them his deepest secret: his glorious, divine Sonship. The majesty of God shines from within his humanity in a way that goes beyond description. God the Father confirms this "secret," saying, "This is my chosen Son, listen to him" (Luke 9:35). It's all so precious that "they fell silent and did not at that time tell anyone." Do we take time to be alone with Christ, to allow him to mystically share this "secret" with us as his dear friends?

Lenten challenge: This week, identify one time when you experienced an awareness of some specific aspect of Jesus — perhaps on a retreat, at Mass, in prayer or in an act of service. Spend ten minutes consciously re-living that experience in your heart. If you can't recall one, set aside at least two hours this Lent as a mini retreat, either alone in nature or in the presence of the Blessed Sacrament. Focus on him and ask him to share the secrets of his heart with you. He will. Then, as his friend, share the secrets in your heart.

— *Father John Muir*

©LPi



**LENTE DISCIPLINES OF
FASTING & ABSTINENCE**

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

©LPi

A Prayer for Lenten Grace

Loving God,

During the sacred season of Lent, bring me closer to you.

Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life.

Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity.

Help me to fast from those things that threaten the well-being of body and soul, remind me of the grace and simplicity.

May this season be grace-filled time to rekindle my love for and faith in you.

Amen.

ANNOUNCEMENTS

Dear St. Patrick,
 In your humility you called yourself a sinner,
 but you became a most successful missionary
 and prompted countless pagans
 to follow the Savior.
 Many of their descendants in turn
 spread the Good News in numerous foreign lands.
 Through your powerful intercession with God,
 obtain the missionaries we need
 to continue the work you began.
 Amen.



SECOND SUNDAY OF LENT

D A Z Z L I N G S S S O K
 E A R N D Y N D U E S D O
 P C A R A I H S M U M I O
 A C N R Y H E A V Y Y A T
 R O P A S J J N J U R S C
 T M S I N J D T E I O G V
 U P U M W E B E H O L D O
 R L H E H R T P K G G E I
 E I P N E U V N L L I R C
 M S E T N S S Y U T A E E
 A H E N I A T N U O M T K
 C P L E Z L D U O L C L O
 E P S W D E R A E P P A P
 B S E S O M J O H N Z B S

ACCOMPLISH	ALTERED	APPEARED
BECAME	BEHOLD	CAME
CLOUD	COUNTENANCE	DAYS
DAZZLING	DEPARTURE	EIGHT
ELIJAH	GLORY	HEAVY
JAMES	JERUSALEM	JESUS
JOHN	MOSES	MOUNTAIN
PETER	PRAY	RAIMENT
SAID	SAYING	SLEEP
SPOKE	TALKED	TOOK
VOICE	WENT	WHEN

