

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Rebecca Krawczak: **Faith Formation Coordinator**, rebeccaqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **Messenger Editor**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

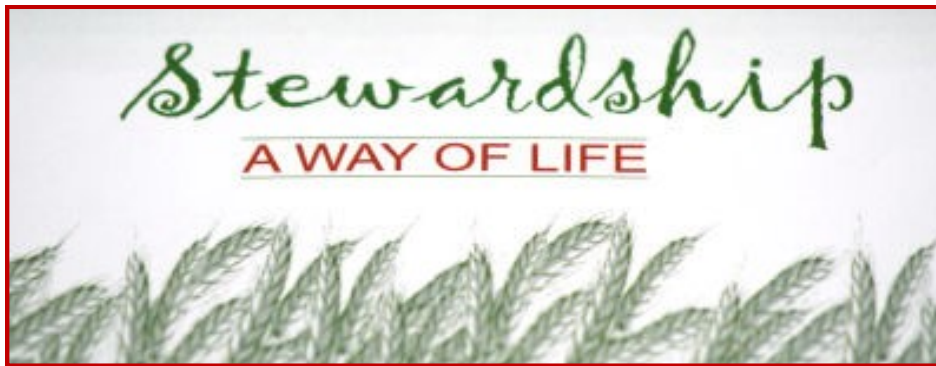
Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE



Collection of old Blessed Palm Leaves

Queen of Angels will be collecting old blessed palm leaves from last year's Palm Sunday. Look for the basket in the vestibule of the church to place the leaves in. Father David will burn the leaves and the ash will be added to our reserve.



READINGS & MASS INTENTIONS FEBRUARY MARCH 1-9, 2025

Sunday: Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 (see 2a)/
1 Cor 15:54-58/Lk 6:39-45
Monday: Sir 17:20-24/Ps 32:1-2, 5, 6, 7/Mk 10:17-27
Tuesday: Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23/
Mk 10:28-31
Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and
17/2 Cor 5:20—6:2/Mt 6:1-6, 16-18
Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25
Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15
Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32
Next Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15
(see 5b)/Rom 10:8-13/Lk 4:1-13

DATE	TIME	INTENTION
Saturday, Mar 1	9:00 AM	All Expectant Mothers
Saturday, Mar 1	5:30 PM	The Souls in Purgatory
Sunday, Mar 2	8:00 AM	Pope Francis
Sunday, Mar 2	10:30 AM	†Vincent Paradise
Monday, Mar 3	7:30 AM	Rosary
Tuesday, Mar 4	8:00 AM	The Souls in Purgatory
Wednesday, Mar 5	8:00 AM	Our Parish Family
Wednesday, Mar 5	6:00 PM	Our Parish Family
Thursday, Mar 6	8:00 AM	The Souls in Purgatory
Friday, Mar 7	11:30 AM	†Beverly Bohacek
Saturday, Mar 8	9:00 AM	The Souls in Purgatory
Saturday, Mar 8	5:30 PM	Pope Francis
Sunday, Mar 9	8:00 AM	The Sick of the Parish
Sunday, Mar 9	10:30 AM	The Souls in Purgatory

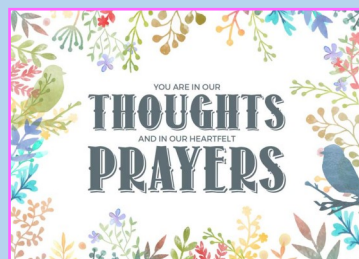
PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Nancy Clark
Mike Gust
June Hill
Eugene Isaacs
Jason Laccone
Katie Clark Larson
Dale Lee
Susan Lopez
Steve McMeeken
James Meek
Therese More
Sarah Rusinak
Renee Schmiedeberg
Kailyn & Charis Whaley

...may they find joy
in the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting Darlene Ames at bulletinqofa@gmail.com.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Nicholas Palstorm, E8
Jacob Tweed, HM3



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Volunteers Needed We still need volunteers to fill the remaining last two Soup Supper dates for our Lenten Season on Fridays after Stations of the Cross. If you or your ministry community want to host and have yet to sign up, please do so as soon as possible by contacting Darlene Ames at 619-445-2145 or bulletin@queenofangels.org to sign up. Remaining available dates are:

March 14 & March 28



Lenten Literature Try and stop by the donut/multi-purpose room any time after Mass to pick up material to enhance your **Lenten Journey**. We are offering resources for all ages.



Monthly ECPC Collection Please leave your donations after all the Masses this weekend, **March 1-2**, in the "ECPC COLLECTION CHEST" directly behind the church, near the back door of the multi-purpose room. Drive your car around to the back and it will be just a few steps away. You will be able to access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing for the ECPC. As always, thank you for your support!



Please Take Note There will be no OCIA class on Tuesday, **March 4 & 11**. Class will resume March 18 at 6 PM.



Stations of the Cross & Eucharistic Adoration During the Lenten Season Stations of the Cross will be recited every Friday at 6:30 PM in the church. We will also have Eucharistic Adoration before Stations of the Cross, beginning at 5:30 PM. Please consider being a part of these special devotions.



Soup Supper Please join fellow Queen of Angels parishioners on Friday, **March 7** after the 6:30 PM Stations of the Cross for our Lenten Soup Supper sponsored by the *Knights of Columbus*.



Parish Hall First Aid Kit Every few years there is a need to restock, supply and update our Parish First Aid kit located in the hall. This kit is available for use by all ministries and individuals whenever a minor cuts or scraps occurs, that unexpected headache shows up and other minor emergencies. If you or your ministry has a few hours to update and restock the kit please contact Darlene Ames at bulletinqofa@gmail.com. Thank you.



The Magnificat Lenten Companion Are you looking for a way to develop a more fervent practice of your Catholic faith this Lenten season? Let *The Magnificat Lenten Companion* be your guide. This booklet is available in the vestibule of the church. Suggested donation \$1.00.



the WORD among us Is a daily approach to prayer, meditation and scripture to enhance your Catholic faith this Lenten season. This booklet is available in the vestibule of the church. Suggested donation \$1.00.



First Friday to Adore the Sacred Heart of Jesus-March 7

9:30 AM—Rosary
10:00 AM—Adoration/Reconciliation
11:30 AM—Mass



**Masses on March 5, 2025
Ash Wednesday are:
8:00 AM & 6:00 PM**



Ashes will be distributed at all Masses.
This is a Day of Fasting and Abstinence.

Lenten Prayer materials is available in the church donut/multi-purpose room.

Additional Opportunities for Reconciliation 2025

St. Pius X, Jamul	March 6	7:00 PM
St. John of the Cross, Lemon Grove	March 17	7:00 PM
St. Martin of Tours, La Mesa	March 18	7:00 PM
St. Therese, San Diego	March 19	7:00 PM
Holy Trinity, El Cajon	March 24	7:00 PM
Our Lady of Grace, El Cajon	March 25	7:00 PM
Santa Sophia, Spring Valley	March 26	7:00 PM
Queen of Angels, Alpine	March 27	7:00 PM
Guardian Angels, Santee	March 31	7:00 PM
Our Lady of Perpetual Help, Lakeside	April 2	10:00 AM
St. Luke, El Cajon	April 2	7:00 PM
St. Kateri Tekakwitha, Lakeside/Barona	April 3	7:00 PM
	March 7	7:00 PM

The 2025 Annual Catholic Appeal "Advancing Our Mission", has begun.

Queen of Angels assessment for 2025 is \$23,411.00. Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

"Like good stewards of the grace of God, serve one another in fear and trembling. Each of you has received what you have been entrusted with. If you cannot donate at this time, we ask you to pray for a successful 2025 Annual Catholic Appeal for our parish."
—1 Peter 4:10

ANNOUNCEMENTS

Friends,

While I understand that we have not even gotten to Lent, let alone Easter, one of my favorite parts of the Easter Vigil Mass is how we are able to walk through the story of salvation history revealed in and foreshadowed by seven Old Testament readings before we even get to the crucifixion and resurrection of Jesus. However, because of the nature (and, to be perfectly honest, the length) of the Easter Vigil, it is difficult to justify taking longer to teach and contemplate this beautiful unfolding of salvation history and the prophecies that were given to humanity to prepare us for the coming of the Messiah and his sacrifice. To that end, over the course of the next seven Sundays, I want to look at each of the Easter Vigil OT readings in turn, so that, throughout the forty days of Lent, we can contemplate God's plan to save us in the Paschal Mystery of Jesus Christ.

OT Reading I – Genesis 1:1-2:2

There are honestly too many things to talk about in the Genesis account of creation, but for our purposes today, specifically as we are paying attention to the history of salvation, it is important for us to hone in on the end of the reading, which actually reveals two very important details that will impact everything else that comes after.

The first detail is found in Gen 1:26-27. *Then God said, "Let us make man in our image, after our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the earth, and over every creeping thing that creeps upon the earth." So God created man in his own image, in the image of God he created him; male and female he created them.* Within the context of creation, this reveals that God creates humanity as the crown, and we might also say the ruler or steward, of creation. It is only before he creates humanity that we get to hear God's inner dialogue, and it is only humanity that God pronounces to be made in his own image and likeness. This has a big impact on our story, since when man sins in Gen 3, all of creation – which is under his dominion – falls with him. It also gives us a hint as to why God never gives up on us, because we are made in his own image and likeness. The rest of Sacred Scripture is the unfolding of this story, namely, that of the Heavenly Father who will go to any length to save his lost children.

The second detail is found in Gen 2:2. *And on the seventh day God finished his work which he had done, and he rested on the seventh day from all his work which he had done.* Already in the beginning of the story, we are introduced to the Lord's covenant rest, which will become the foundation of both the Sabbath and the Jubilee. It is also covenantal language, which serves to remind us, among other things, that we need to rest in the Lord. Why? Because as important as all of our work is – and it is important – it is not anything we do that allows us to enter into God's family, which is to say that it is not anything we do that saves us. From the beginning, even before the fall of humanity, God is already telling us that we need him if we want to enter into his covenant rest – a covenant rest that will finally be fulfilled in his own Son.

Grace and peace to you,

Fr. David

ANNOUNCEMENTS



MAR * DI * GRILL



MAR * D * GRILL: Noun

1. A pre-Lenten BBQ celebration filled with grilled food that precedes **FAT TUESDAY** but not meant to replace it

Please Join Us On

Sunday, March 2 after the 10:30 AM Mass
for an afternoon celebration to kickoff the Lenten Season with a

Pre-Fat Tuesday Mardi Grill

Hosted by the
Knights of Columbus

Menu will include Hamburgers & Hotdogs with all the fixins & Jambalaya!
Chips & Refreshments will also be available



See you there!



*MAY THE HEAVENS BE OPENED TO JOAN SMITH AND THE ANGELS REJOICE WITH HER.
MAY THE ARCHANGEL ST. MICHAEL CONDUCT HER TO THEE.
MAY THY HOLY ANGELS COME FORTH TO MEET JOAN, AND CARRY HER TO THE CITY OF
THE HEAVENLY JERUSALEM.
ETERNAL REST GIVE TO JOAN, O LORD. AND MAY PERPETUAL LIGHT SHINE ON HER.
MAY SHE REST IN PEACE.
AMEN.*



It is with a heavy heart that we share the passing of our beloved sister in Christ,
Joan Smith on February 11, 2025.



Prior to her relocation to Good Samaritan Retirement Center, Joan was a long-time Queen of Angels parishioner for more than 30 years. She was a permanent fixture at daily Mass, rosaries, and both the 5:30 PM and 8:00 AM Masses. She volunteered at the church in various capacities, taught Faith Formation for many years and she participated in several bible studies. Before she became unsteady on her feet, she also served as a Eucharistic Minister. She typically arrived for Mass an hour early so she could hobble around straightening up the books in each of the pews (and likely to claim her favorite seat, front and center.)

Funeral Services will be held on March 28, 2025 at 11:00 AM, preceded by Rosary at 10:30 AM at Immaculata Catholic Church.

Please keep Joan and all her family and friends in your prayers.

ANNOUNCEMENTS

This lent, be with Christ at the foot of the cross. Join Dr. Scott Hahn in a weekly Lenten video series from the St. Paul Center and explore the final words that Jesus uttered while He hung dying on the Cross.

The Seven Last Words Discover the Heart of Our Savior

Jesus' final utterances from the Cross have been a subject of meditation for the greatest Catholic mystics from St. Bonaventure to St. Alphonsus Liguori to Ven. Fulton Sheen.

In The Seven Last Words—a weekly Lenten video series from the St. Paul Center—Dr. Scott Hahn explores the final words that Jesus uttered while He hung dying on the Cross, and shows how those words reveal the heart of our salvation.

30—One 30-minute video per week for you to reflect on and implement throughout your Lenten observance.

7—Scott Hahn will guide you to discover the powerful meaning behind Christ's seven last words.

1—A single, life-changing journey into the heart of our Savior's love for you.

To sign up visit: stpaulcenter.com/lent/#signup



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

WE NEED YOUR HELP!

Starting March 5th – April 13

Covering prayer shifts,
from 7:00 am – 7:00 pm every Tuesday for 5 weeks

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside
Planned Parenthood at 1685 E Main St., El Cajon
(near Greenfield and East Main Street next to McDonalds)

For more information or to schedule your prayer time sign-up after all Masses, sign up at
40daysforlife.com/elcajon or contact Yvonne Harris at yvonneqofa2569@gmail.com.

www.40daysforlife.com/elcajon

Join us for our Opening Ceremony & Sidewalk Prayer Procession:

Tuesday, March 4th at 6:00 PM,

Meet on the sidewalk at **Family Planning Associates (FPA) (Near East County Urgent Care)**
1625 E. Main Street, El Cajon

(Dress according to the weather, this is an outside event rain or shine!)

SPRING FORWARD

Don't forget to set your clocks forward one hour next weekend, March 8-9.

You can cut all the flowers but you cannot keep spring from coming

— Pablo Neruda



ANNOUNCEMENTS



Do you need Retrouvaille?

Has your romance faded? Do you argue without reaching resolution? Are you more like roommates than soul mates? Have you grown apart? Is your marriage in crisis?

Why wait for a better marriage?

Retrouvaille can help you:

Rebuild your emotional connection. Learn healthy communication methods. Manage conflicts effectively. Forgive and rebuild trust.

Experience the joy of rediscovering your love.

Join us May 4-5, 2025

To register for more information about an upcoming Retrouvaille Weekend program for couples, call 951-259-9474 or visit our website: www.helpourmarriage-sandiego.org

EXPERIENCE THE HEALING POWER OF CHRIST



Contact Janelle at jperegoy@sdccatholic.org.

JOIN US FOR THIS UNIQUE RETREAT FOR ADULTS WITH DIVORCED OR SEPARATED PARENTS

Register at
<https://rcbo.org/acod>



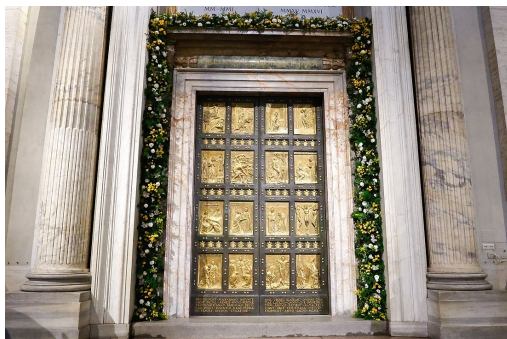
OFFICE FOR FAMILY LIFE

DIOCESE OF ORANGE

MARCH 28-30, 2025	LESTONNAC RETREAT CENTER TUSTIN	<p>\$375 Single Occupancy, \$325 Single Occupancy, \$125 for commuters Price increases after Feb.15.</p>
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LIFE-GIVING Wounds



Jubilee 2025 Links

The Vatican Jubilee Website: www.iubilaeum2025.va/en.html

U.S. Conference of Catholic Bishops Website: www.usccb.org/jubilee2025

Catholic Diocese of San Diego Website: sdccatholic.org/jubilee-year-2025/

“May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven...” Pope Francis