

QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive
Alpine, CA 91901
Office: 619-445-2145
www.queenofangels.org

Office Hours

Monday - Thursday:
9:00 am to 2:00 pm
Friday: 9:00 am to Noon

Holy Sacrifice of The Mass

Saturday: 5:30 pm
Sunday: 8:00 & 10:30 am

Daily Mass

Tuesday-Friday: 8:00 am

Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

Confession

Tuesday-Friday: 7:30 am,
Saturday: 4:00 pm,
or by appointment

Eucharistic Adoration

Friday: after 8:00 am Mass
until 9:30 am

First Friday Devotions

Adoration/Confession: 10:00 am
Mass: 11:30 am

First Saturday Devotions

Rosary: 8:30 am
Mass: 9:00 am

Baptism, Holy Matrimony & Funerals

Contact Fr. David

Clergy

Rev. David Exner: **Pastor**, frdexnerqofa@gmail.com

Parish Office Staff

Enriqueta Luquin: **Business Manager**, enriquetaqofa@gmail.com

Jacob Brown: **Administrative Assistant**, jacobqofa@gmail.com

Rebecca Krawczak: **Faith Formation Coordinator**, rebeccaqofa@gmail.com

Glenn D'Abreo : **Music Coordinator**, glennqofa@gmail.com

Darlene Ames: **Messenger Editor**, bulletinqofa@gmail.com

Parish Email: parishqofa@gmail.com

Women's Auxiliary: womensauxiliaryqofa@gmail.com

Knights of Columbus: knightsofcolumbusqofa@gmail.com

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. www.unplannedparenthood.org, 619-442-4357

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.

STEWARDSHIP OF TIME, TALENT & TREASURE**May 10-11, 2025**

Envelopes Used	87
Envelope Collections	\$ 7,354.27
Plate Collections	\$ 852.72
TOTAL	\$ 8,698.99
75th Anniversary	\$ 2,078.00
April Online	\$ 8,671.14

The 2025 Annual Catholic Appeal "Advancing Our Mission"

Queen of Angels assessment for 2025 is \$23,411.00.

Our Annual Catholic Appeal enables us to fund our Pastoral Center ministry offices and programs that help our community members to live their faith. They include schools and programs to support faith formation at all ages, to strengthen families, to promote a culture of life, to care for creation, to engage youth and young adults, to sustain our retired clergy and those preparing for the priesthood, and to extend a helping hand to the marginalized.

We ask you to prayerfully consider how the Lord is inviting you to give towards this year's appeal. Your continued generosity in support of our local Church is vital to the mission of the Universal Catholic Church.

"Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received."
— 1 Peter 4:10

If you cannot donate at this time, we ask you to pray for a successful 2025 Annual Catholic Appeal for our parish.

READINGS & MASS INTENTIONS FEBRUARY MAY 17-25, 2025

Sunday: Acts 14:21-27/Ps 145:8-9, 10-11, 12-13 (see 1)/Rv 21:1-5a/Jn 13:31-33a, 34-35

Monday: Acts 14:5-18/Ps 115:1-2, 3-4, 15-16/Jn 14:21-26

Tuesday: Acts 14:19-28/Ps 145:10-11, 12-13ab, 21/Jn 14:27-31a

Wednesday: Acts 15:1-6/Ps 122:1-2, 3-4ab, 4cd-5/Jn 15:1-8

Thursday: Acts 15:7-21/Ps 96:1-2a, 2b-3, 10/Jn 15:9-11

Friday: Acts 15:22-31/Ps 57:8-9, 10 and 12/Jn 15:12-17

Saturday: Acts 16:1-10/Ps 100:1b-2, 3, 5/Jn 15:18-21

Next Sunday: Acts 15:1-2, 22-29/Ps 67:2-3, 5, 6, 8 (4)/Rv 21:10-14, 22-23/Jn 14:23-29

	DATE	TIME	INTENTION
Saturday,	May 17	5:30 PM	Mother's Day Novena
Sunday,	May 18	8:00 AM	Mother's Day Novena
Sunday,	May 18	10:30 AM	Mother's Day Novena
Monday,	May 19	7:30 AM	Rosary
Tuesday,	May 20	8:00 AM	Jacque Luquin
Wednesday,	May 21	8:00 AM	Yvonne Harris
Thursday,	May 22	8:00 AM	LouAnn Yelvington
Friday,	May 23	8:00 AM	The Souls in Purgatory
Saturday,	May 24	5:30 PM	Therese More
Sunday,	May 25	8:00 AM	The Souls in Purgatory
Sunday,	May 25	10:30 AM	LouAnn Yelvington

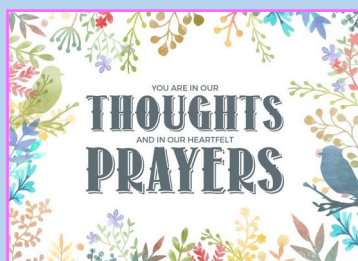
PRAYER REQUEST

Continue to Keep in Your Prayers and Hearts those on our Healing and Deployed Military Lists.



Kelly Barker
Nancy Clark
Mike Gust
June Hill
Eugene Isaacs
Jason Laccone
Katie Clark Larson
Dale Lee
Susan Lopez
Steve McMeeken
James Meek
Therese More
Sarah Rusinak
Renee Schmiedeberg
Pat Vacio
Kailyn & Charis Whaley

...may they find joy
in the healing love of Christ.



Names remain listed for four weeks and can be renewed by contacting
Darlene Ames at bulletinqofa@gmail.com.

Deployed Military

Meagan Abad, LT
Matthew D. Fuller, PV2
William W. Fuller II, PFC
Nicholas Johnson LT
Edward R.M. Lopez, SSgt
David J. McIntyre, PFC
Nicholas Palstorm, E8
Joshua Rosson, PFC
Jacob Tweed, HM3



If you have a friend or relative who is serving in our military and is deployed or will be deployed, please contact Darlene at bulletinqofa@gmail.com.

ANNOUNCEMENTS



Friendly Reminder In observance of the Memorial Day holiday, the parish office will be closed on Monday, **May 26**. We will reopen at 9:00 AM on Tuesday, **May 27**.



Women's Auxiliary If you haven't noticed the Woman's Auxiliary has been very busy around our Parish lately. If you would like to be part of this energetic and lively group of woman please join us at our next meeting on **May 28** at 5:30 PM in the parish hall. Hope to see you there!



"Spiritual Rosary" Books Queen of Angels has the "Spiritual Rosary" book available for purchase. This book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours for \$15.00. Limited supply, purchase yours now.



Coffee & Donuts Did you know all parishioners are invited to enjoy coffee, juice and donuts sponsored by our very own Knights of Columbus after all Sunday Masses in the Church multipurpose room? Why not consider treating yourself and your family to some delectable and satisfying morning treats. This is also a perfect time to meet fellow parishioners and promote fellowship outside of the Mass setting. Suggested donation is \$1 per item. *So, will I see you this Sunday?*

Easter Blessings



Heavenly Father, we thank You for the gift of Pope Leo XIV. Grant him wisdom, courage, and compassion as he shepherds Your people. Guide him with the Holy Spirit, empowering him to lead the Church with unity, holiness, and fidelity.

May he be a faithful successor to Saint Peter, a humble servant of Your Word, and a fearless herald of Your Divine Mercy and Truth. Strengthen him with Your grace, that he may be a beacon of hope and joy for all who seek Him.

We entrust him to the maternal care of the Blessed Virgin Mary and to the prayers of all the saints.

Amen.

In celebration of our **75th Anniversary** as a parish, we will be hosting a variety of parish events throughout the remainder of the calendar year.

Dates to Remember

June 7-8: Meet & Greet Weekend

June 8: Pentecost Church Potluck

August 24-25: Queenship of Mary Weekend
(BIG Celebration)

Please note that the 75th Anniversary envelopes by the church entrances are for if you would like to donate to this specifically. Please also stay posted for further updates and information on these parish celebrations.



BULLETIN SUBMISSIONS must be requested in advance, NO later than the close of day Monday, prior to the desired Sunday.

Please send requests via email to
bulletinqofa@gmail.com

All submissions are subject to approval
By Father David.



PASTOR'S PAGE

Friends,

As per usual, I'm several weeks late to the party as regards a proper response, but I would like to reflect, if I may, on the earthquake that hit Julian (and us) on April 14th. As I understand it, the initial magnitude was measured at 6.0, then downgraded to 5.1, and finally revised to 5.2, which is apparently where it now stands. I won't pretend that I know how they measure that, or how one decides to reduce that number, but while that isn't the strongest earthquake I've ever experienced (more on that later), it is the strongest one I can remember.

Firstly, I have to say that I happened to be sitting in the rectory chapel at the time, and while several thoughts quickly ran through my mind, one of them rather comically resembled what Yelena Belova says in the movie *Black Widow*: "This would be a cool way to die."

But secondly, I would like to revisit what I mentioned in passing before, how the earthquake on April 14th, while probably the strongest earthquake I can *remember*, is not the strongest earthquake I've *lived through*. Back in 1995, my (military) family lived in Japan, and we were approximately 200 miles away from the 7.0 "Great Hanshin Earthquake" that claimed the lives of at least 5000 people. But I don't remember anything about it except for the interaction with my parents over breakfast later that morning (the earthquake began at 5:46 AM local time and lasted under a minute). I can recall sitting around the table, and my parents looking at all of us with an amused look on their faces before they finally asked, "So...? You guys are okay? You're all finally awake?" All of us looked at them, somewhat bewildered, and asked, "What are you talking about?" That's when we found out about the earthquake. My parents had apparently woken up the moment the earthquake started and immediately ran to check on all of us, only to find every single one of their five kids sound asleep and completely unconcerned with the 7.0 earthquake that was shaking our house.

Here's the takeaway... Part of the reason that my siblings and I all slept through the earthquake, despite its great strength, was because we were deep sleepers, and because it was a short earthquake (unlike the April 14th one here, with all of its aftershocks). But I think even more than that, we all slept so soundly despite the earthquake because we knew we were loved. A child who knows he is loved, and who knows he is under the protection of someone who loves him, will sleep soundly because he fears nothing. I would submit that the more we recognize how beloved by God each of us are, and the more we learn to acknowledge and accept the Father's love for us, the less we will fear all of the things that keep us up at night. *Gates of Fire*, one of my favorite historical novels, finally concludes that the opposite of fear is not courage; it is **love**. I am inclined to agree, and so too, I think, is John the Beloved Disciple, who hints at this when he writes, "There is no fear in love, but perfect love casts out fear" (1 Jn 4:18a). When God tells us, over and over again, "Do not be afraid," do I listen to Him, or to my fears? It's a question worth asking – and a question, I might add, that demands an answer, because God is love, and perfect love casts out fear (cf. 1 Jn 4:8, 18).

Fear not,

Fr. David

ANNOUNCEMENTS

WELCOME TO QUEEN OF ANGELS CATHOLIC FAITH COMMUNITY

We warmly welcome all visitors to our parish, the heart of our Catholic Faith-life in Alpine since 1951. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us a member of our parish family, using the registration form below or stopping by the Parish office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively.

Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs.

Register, Participate, and Share your Gifts and Talents.

REGISTRATION FORM FOR "NEW" PARISHIONERS

Information: (Please cut and drop in the offering basket)

Name _____ Home Phone _____

Street Address _____ Cell Phone _____

City, State & Zip _____

Email _____

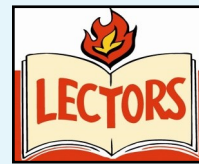
(this registration form will be followed by a telephone call to obtain more information)

We at Queen of Angels are always in need of more
Altar Servers, Communion Ministers, Lectors, Ushers & Choir Members.

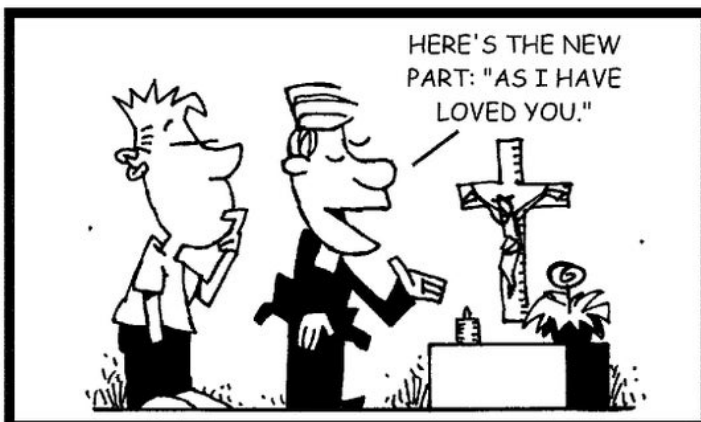
These volunteer positions are a vital and integral part of
celebrating Mass and are not only necessary but rewarding as well.

If you can assist with any of these positions please contact
the parish office at 619.445.2145.

We will work with your availability to serve at the Mass which you now attend.



5TH SUNDAY OF EASTER



ANNOUNCEMENTS**GOSPEL MEDITATION**

May 18, 2025
5th Sunday of Easter
John 13:31-35

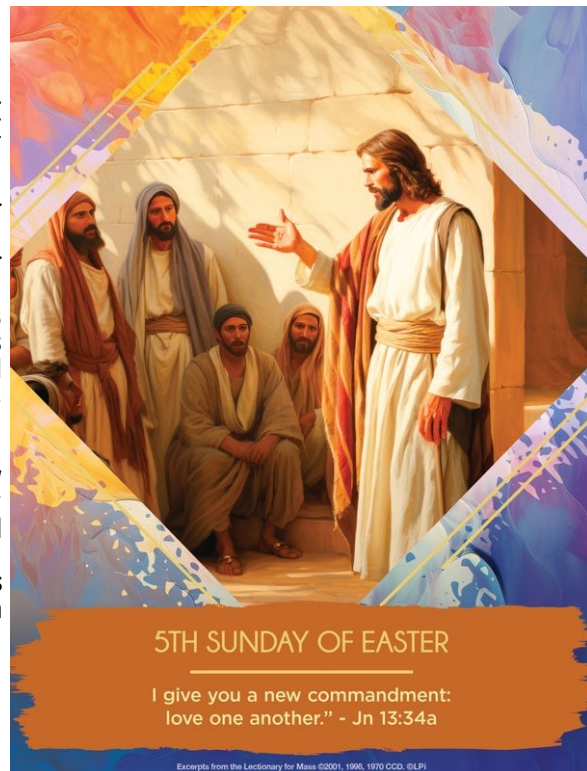
I've always found it amazing that Jesus never says to his disciples the straightforward and bumper sticky words "I love you" or "I will always love you" (a la Dolly Parton's song). Why doesn't Jesus say, "I love you"?

Well, actually he does, but in particular ways. He says, "As the Father loves me, so I love you" (John 15:9) thereby rooting his love for us in the space of the Holy Trinity. This week he commands, "Love another as I have loved you" (John 13:34). He presents his love for us as a completed action which continues into the present moment. How has he loved us? By becoming one of us, one with us, and finally giving his life for us in his suffering on the cross. We weren't there when he did that, but neither were his Apostles (except one). Still, that action is his great "I love you" to us.

His love is also hedged in a command: "Love one another." So how can we practically follow it? The great St. John XXIII wrote in his diary that each day he followed this rule: "Only for today, I will do one good deed and not tell anyone about it." The hidden nature of a good deed is a sign that it is truly loving. This week, take on St. John XXIII's practical method of following Jesus' great commandment of love. It's a splendid way to say, "I love you."

— Father John Muir

©LPi

**Faith Formation**

Registration for the 2025-2026 Year will officially begin on May 31, 2025!

Registration is done online. The link to registration can be found on the parish website

queenofangels.org

PLEASE TAKE NOTE:

Registration is **FREE** from now until the July 31,
so sign up early and sign up **NOW** to avoid any charges!

After July 31 charges per child will occur

ANNOUNCEMENTS

May-Mental Health Awareness Month

WORKSHOP SERIES

San Diego Diocesan
MENTAL HEALTH
MINISTRY NETWORK

MENTAL HEALTH MINISTRY 101

May 20: Why Mental Health Ministry?
May 27: Developing a Parish Mental Health Ministry

6:30 PM – 8:30 PM

Diocesan
Pastoral Center
3888 Paducah Dr.
San Diego Ca. 92117



Please register with QR Code or visit
tinyurl.com/buildmentalhealthministry

FOR MORE INFORMATION CALL JOHN PRUST (858)490-8256

Saint Dymphna

Patroness of those who suffer with mental and nervous disorders. Saint Dymphna has become increasingly popular in recent years as someone to turn to when experiencing worry, fear, and anxiety. Saint Dymphna can be invoked for help with a range of mental issues, from daily stress to the more serious anxiety disorders.

Her Story: Saint Dymphna was born in the 7th century to a royal family in Ireland. Her mother was a devout Catholic, but her father Damon was not religious. The upbringing and care from her mother instilled a deep faith in Dymphna.

However, her mother died when Dymphna was around fourteen years old. In his grief, Damon suffered from severe mental illness to the point of near insanity. He decided to marry Dymphna to replace his wife, but the girl fled to Belgium with two family servants and a priest, Saint Gerebernus. Unfortunately, Damon tracked down his daughter. After killing the priest, the soldiers were ordered to cut off Dymphna's head if she refused to marry her father.

Remaining true to her faith, the teenager refused to comply. Damon's response was to kill his daughter by his own hand. Dymphna is the patron saint for mental illness as well as therapists, incest victims, and the loss of parents (more on Saint Dymphna).



Prayer to St. Dymphna:

Good Saint Dymphna, great wonder-worker in every affliction of mind and body, I humbly implore your powerful intercession with Jesus through Mary, the Health of the Sick, in my present need. (Mention it.) Saint Dymphna, martyr of purity, patroness of those who suffer with nervous and mental afflictions, beloved child of Jesus and Mary, pray to Them for me and obtain my request.

(Pray one Our Father, one Hail Mary and one Glory Be.)

Saint Dymphna, Virgin and Martyr, pray for us.

Source: GetFed! a service of The Catholic Company



**DIOCESE OF
SAN DIEGO**

**OFFICE FOR
FAMILY LIFE &
SPIRITUALITY**

Are you a Licensed Mental Health Professional?

Consider Joining the Catholic Diocese of San Diego Mental Health Referral Network

The Diocese of San Diego's Office for Family Life & Spirituality coordinates a network of mental health professionals to support Catholic families and individuals seeking mental health care that aligns with and respects our Catholic beliefs and values. We are always looking for more clinicians who would like to be vetted and participate in our network.



In March, our mental health ministry leaders gathered at St. Didacus Parish to hear a presentation on understanding the basics of psychosis and schizophrenia.