

# QUEEN OF ANGELS CATHOLIC CHURCH

2569 W Victoria Drive  
Alpine, CA 91901  
Office: 619-445-2145  
[www.queenofangels.org](http://www.queenofangels.org)

## Office Hours

Monday - Thursday:  
9:00 am to 2:00 pm  
Friday: 9:00 am to Noon

## Holy Sacrifice of The Mass

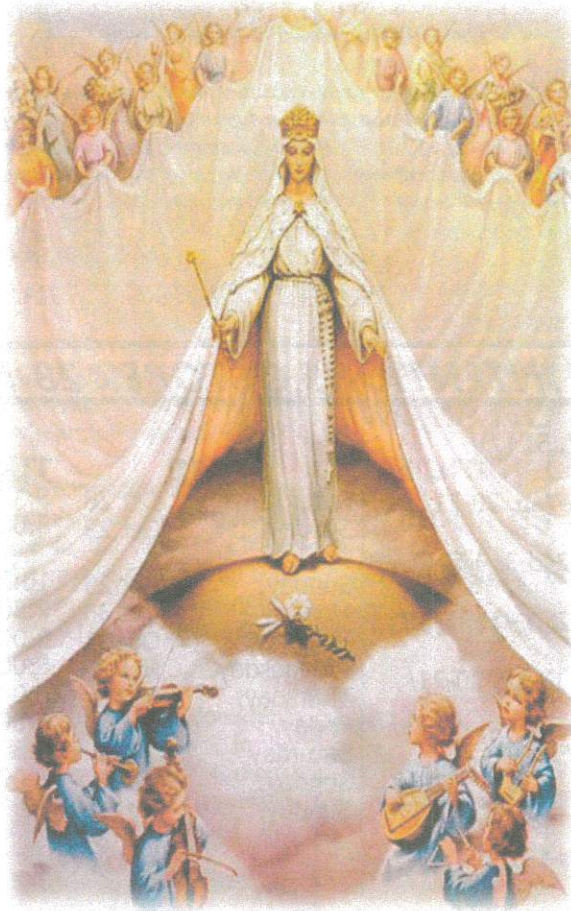
Saturday: 5:30 pm  
Sunday: 8:00 & 10:30 am

## Daily Mass

Tuesday-Friday: 8:00 am

## Rosary

Monday-Friday: 7:30 am



Mary, Queen of Angels, pray for us!

## Confession

Tuesday-Friday: 7:30 am,  
Saturday: 4:00 pm,  
or by appointment

## Eucharistic Adoration

Friday: after 8:00 am Mass  
until 9:30 am

## First Friday Devotions

Adoration/Confession: 10:00 am  
Mass: 11:30 am

## First Saturday Devotions

Rosary: 8:30 am  
Mass: 9:00 am

## Baptism, Holy Matrimony & Funerals

Contact Fr. David

## Clergy

Rev. David Exner: **Pastor**, [frdexnerqofa@gmail.com](mailto:frdexnerqofa@gmail.com)

## Parish Office Staff

Enriqueta Luquin: **Business Manager**, [enriquetaqofa@gmail.com](mailto:enriquetaqofa@gmail.com)

Jacob Brown: **Administrative Assistant**, [jacobqofa@gmail.com](mailto:jacobqofa@gmail.com)

Glenn D'Abreo : **Music Coordinator**, [glennqofa@gmail.com](mailto:glennqofa@gmail.com)

Darlene Ames: **The Messenger**, [bulletinqofa@gmail.com](mailto:bulletinqofa@gmail.com)

**Parish Email:** [parishqofa@gmail.com](mailto:parishqofa@gmail.com)

If you're worried about an unplanned pregnancy, you may be experiencing a personal crisis full of concerns about your future. Pregnancy Care Clinic can assist you. [www.unplannedparenthood.org](http://www.unplannedparenthood.org), 619-442-4357

## Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at the Child and Youth Protection Office, Victims Assistance Coordinator, at 858-0490-8353.



**STEWARDSHIP OF TIME, TALENT & TREASURE****Oct 21-22, 2023**

Envelopes Used

Envelope Collections \$ 4,346.00  
 Plate Collections \$ 536.05  
**TOTAL \$ 4,882.05**

*Queen of Angels 2023 Annual Catholic Appeal*  
**"Living our Faith",**  
*We ask you to prayerfully consider how much you can give to this year's appeal.*  
*Your continued generosity in support of our local Church is vital*  
*to the mission of the Universal Catholic Church.*  
*If you cannot donate at this time, we ask you to pray for a successful 2023*  
*Annual Catholic Appeal for our parish.*

**GOAL: \$26,004.00**  
**PLEDGE: \$ 18,161.04      BALANCE: \$ 7,842.96**

**READINGS & MASS INTENTIONS OCTOBER 28-NOVEMBER 5, 2023**

**Sunday:** Ex 22:20-26/Ps 18:2-3, 3-4, 47, 51 (2)/  
 1 Thes 1:5c-10/Mt 22:34-40  
**Monday:** Rom 8:12-17/Ps 68:2 and 4, 6-7ab, 20-21/  
 Lk 13:10-17  
**Tuesday:** Rom 8:18-25/Ps 126:1b-2ab, 2cd-3, 4-5, 6/  
 Lk 13:18-21  
**Wednesday:** Rv 7:2-4, 9-14/Ps 24:1bc-2, 3-4ab, 5-6/  
 1 Jn 3:1-3/Mt 5:1-12a  
**Thursday:** Wis 4:7-14/Ps 25:6, and 7b, 17-18, 20-21/  
 Rom 5:17-21/Mt 11:25-30  
**Friday:** Rom 9:1-5/Ps 147:12-13, 14-15, 19-20/  
 Lk 14:1-6  
**Saturday:** Rom 11:1-2a, 11-12, 25-29/Ps 94:12-13a,  
 14-15, 17-18/Lk 14:1, 7-11  
**Next Sunday:** Mal 1:14b—2:2b, 8-10/Ps 131:1, 2, 3/  
 1 Thes 2:7b-9, 13/Mt 23:1-12

	<b>DATE</b>	<b>TIME</b>	<b>INTENTION</b>
	Saturday, Oct 28	5:30 pm	Pastor Rolland Slade (Rolly)
	Sunday, Oct 29	8:00 am	Faith Formation Teachers & Volunteers
	Sunday, Oct 29	10:30 am	†Al Florance
	Monday, Oct 30	7:30 am	Rosary
	Tuesday, Oct 31	8:00 am	The Souls in Purgatory
	Wednesday, Nov 1	8:00 am	
	Thursday, Nov 2	8:00 am	All Souls' Novena
	Friday, Nov 3	8:00 am	All Souls' Novena
	Saturday, Nov 4	5:30 pm	All Souls' Novena
	Sunday, Nov 5	8:00 am	All Souls' Novena
	Sunday, Nov 5	10:30 am	All Souls' Novena

*Prayer Requests*

*Continue to Keep in Your Prayers and Hearts*  
*those on our Healing and Deployed Military Lists.*



Kelly Barker  
 Bill Brundage  
 Bernadette Gross  
 Mike Gust  
 Jim Hill  
 Carmen Holt  
 Jason Laccone  
 Steven McMeeken  
 Becky Rangel  
 Steve Rodkey

Joan Smith  
 Kailyn & Charis Whaley  
 Celeste Woestman

*...may they find joy in*  
*the healing love of Christ.*



*Names remain listed for four weeks and can be renewed by contacting*  
*Darlene Ames at bulletinqofa@gmail.com.*

**Deployed Military**

Meagan Abad, LT  
 Matthew D. Fuller, PV2  
 William W. Fuller II, PFC  
 Edward R.M. Lopez, SSgt  
 David J. McIntyre, PV2  
 Rebekah Meyer, BM2(sw)  
 Jacob Tweed, HM3  
 Mattison Underhill, USN



If you have a friend or relative who is  
 serving in our military and is deployed  
 or will be deployed, please contact  
 Darlene at bulletinqofa@gmail.com.



## ANNOUNCEMENTS



**Faith Formation** Faith Formation will begin Sunday, **November 5** from 9:15 am-10:15 am in the parish hall. Please be prompt. Also, pray for all children, as well as the teachers and volunteers for a rewarding and successful year.



**Important Staff Email Notice** Effective immediately, parish staff email addresses have been updated. The new addresses can be found on the front of the bulletin or on the parish website. Please update your contact information to reflect these changes. Thank You.



### All Saints' Day

Please remember that Wednesday, **November 1st**, All Saints' Day, is a Holy Day of Obligation. We will have Mass at 8 AM and 6 PM here at Queen of Angels. Please be sure to make time to go to Mass, here or elsewhere, for the Holy Day.



**All Souls' Novena** If you wish to include your deceased loved ones in the All Souls' Day Novena, there are envelopes at the entrance to the church. Please write the names of your loved ones on the envelope and drop it in the collection basket or bring it to the office. **Deadline** to return your envelope is **October 27**. The novena will start on Wednesday, **November 1**.



**Monthly ECPCC Collection** Please leave your donations after all the Masses next weekend, **November 4-5**, in the newly named "**ECPCC COLLECTION CHEST**" directly behind the church. You can access the chest any day of the week. Please remember to close the lid when you are finished, and **PLEASE** only leave maternity and baby clothing.



**Spiritual Rosary Books** ARE BACK IN STOCK! The Scriptural Rosary book is the modern version of the way the rosary was once prayed throughout Western Europe in the late Middle Ages. This book is for everyone as it helps one to keep thinking about the Mysteries of each decade of the Rosary, while reciting the rosary. The books are available in the office during normal business hours. Books are \$15.00 each.



**flocknote** **Flocknote** If you have not signed up for Flocknote, please do so! It is the simplest way for you to stay up to date as changes come up during the week. Visit our webpage at [queenofangels.org](http://queenofangels.org) and click on the Flocknote link to sign up.

**PLEASE Consider Assisting!** We here at Queen of Angels are always in need of *Altar Servers, Communion Ministers, Lectors and Ushers*. These volunteer positions are a vital and integral part of celebrating Mass and are not only necessary but rewarding as well. If you would like to assist with any of these positions please contact Father David in the parish office at 619-445-2145. We will work with your availability to serve at the Mass which you now attend. Note: We specifically need volunteers for the 8AM Mass. If you can assist just only once a month it would be greatly appreciated.



Due to Scheduling Conflict there will be NO First Friday or Saturday Devotions this month. Join us as we recite the Rosary on Saturday at 8:30 AM. Thank you for your understanding.

Our next youth group meeting, open to middle school and high school, will be this Wednesday, **November 8** at 7 PM in the parish hall.

Come and bring a friend for an evening of fun and fellowship!

### **Music/Faith/Fun Activities**

If you have any questions or for more information contact Father David at 619-445-2145.



## COME PRAY WITH US!



From **Now – November 5**

Prayer shifts run from 7:00am – 7:00pm every day for 40 Days. **Queen of Angels' prayer day is Tuesday**

Please join us for at least one hour in peaceful pray to end abortion in the public right-of-way outside Planned Parenthood at 1685 E Main St., El Cajon  
(near Greenfield and East Main Street next to McDonalds)

Along with our neighboring parishes, we will be manning the sidewalk outside the Planned Parenthood in El Cajon on Tuesdays. If you are interested in getting involved, please contact Vicki at 619-647-5793 ASAP to schedule your prayer time

For more information visit [elcajon40days@hotmail.com](mailto:elcajon40days@hotmail.com) or [www.40daysforlife.com/elcajon](http://www.40daysforlife.com/elcajon)



**ANNOUNCEMENTS****GOSPEL MEDITATION**October 29, 2023  
30th Sunday in Ordinary Time

In our secularized culture, we all struggle with belief in God, at least to some degree. An atheist man named Robert Bridges once wrote to his friend, the Jesuit poet Gerard Manley Hopkins, asking how he could possibly learn to believe in God. Hopkins pithily responded: "Give alms." Would that help someone tempted by atheism today, like you and me?

I think so, and here's why. This week Jesus speaks of love for God and neighbor. These dual commands were nothing new when Jesus used them to sum up the Jewish law. What is new is the way he links them together in mutual dependency. In Jesus, God and man have become one. Human-love and God-love are now inseparably married forever.

The newness of the God-man means that there is now a permanently counter-intuitive way into the knowledge and love of God: love of our neighbor. To experience charity is to know God. That's what Hopkins was getting at for his friend. How we treat our fellow human beings is inseparable from faith in God. Do you want to have a stronger sense of God's loving presence and goodness? Commit to serving someone today and this week. Love him or her. Don't wait for love for God to appear in your heart before loving others. Jesus has united divine and human love. If you want to believe more in God, give alms.

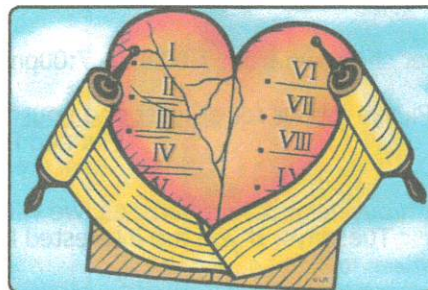
— Father John Muir

©LPi

**Thirtieth Sunday in Ordinary Time**

S	E	C	O	N	D	T	I	K	A	E	Y
L	U	O	S	O	T	N	D	K	T	O	A
P	H	A	R	I	S	E	E	S	R	M	L
F	I	R	S	T	K	M	A	P	A	A	A
D	P	L	F	S	D	D	I	C	E	E	W
M	R	L	A	E	D	N	T	N	H	D	Y
V	O	I	G	U	I	A	M	E	D	E	E
G	P	K	C	Q	E	M	A	C	D	O	R
Q	H	E	A	R	D	M	G	P	R	P	T
N	E	I	G	H	B	O	R	L	O	V	E
S	T	G	C	D	E	C	N	E	L	I	S
Y	S	R	Q	Q	A	P	C	O	V	I	T
T	P	W	K	V	B	A	L	T	N	B	A

ASKED	CAME	COMMANDMENT
DEPEND	FIRST	GREAT
HEARD	HEART	LAWYER
LIKE	LORD	LOVE
MIND	NEIGHBOR	PHARISEES
PROPHETS	QUESTION	SADDUCEES
SAID	SECOND	SILENCED
SOUL	TEACHER	TEST





## ANNOUNCEMENTS



NATIONAL  
**Eucharistic  
Revival**

*Revival's in the Air*

[EucharisticRevival.com](http://EucharisticRevival.com) (website)

[Eucharist.Formed.org](http://Eucharist.Formed.org) (platform)

### THE EUCHARIST AND ART

By Dr. Jem Sullivan, Ph.D.

*The Gathering of Manna* by a follower of Pieter Coecke van Aelst, c. 1532–1535, Philadelphia Museum of Art

The prayers of the Mass direct our gaze to the presence of the angels at every Eucharistic Celebration. In the Preface, for instance, the priest invites the faithful to join the angels in prayer: "And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim: Holy, Holy, Holy Lord God of Hosts..." (Common Preface I). And in Eucharistic Prayer I, the priest prays these words, "In humble prayer we ask you, almighty God: command that these gifts be borne by the hands of your holy Angel to your altar on high..." As the *Catechism of the Catholic Church* notes, "In her liturgy, the Church joins with the angels to adore the thrice-holy God" (CCC 335).

"Bread of Angels" is one of many titles of the Eucharist. It evokes the manna from heaven that God gave the Israelites in the desert. A painting by a follower of the renowned sixteenth-century Flemish court painter Pieter Coecke van Aelst visualizes the sixteenth chapter of Exodus that prefigures the Bread of Angels, the Eucharist.

A landscape of fields, trees, lakes, mountains, and hills leads the eye to the distant sky overcast with clouds. From a break in the clouds, a shower of round white flakes of bread fall gently to the ground. In the far distance, two figures raise their hands to the sky to catch the falling manna from heaven. On the right, two men and a young child repeat the same action, stretching their hands to heaven to catch the descending bread.

On the left, we see a well-dressed figure, clothed in regal robes with staff in hand. He turns to speak to a man while pointing to the heavenly shower that covers the landscape. Perhaps it is Moses, staff in hand, alerting Aaron to the miracle unfolding before them. At the center of the scene, an elegant kneeling woman, dressed in gold and wrapped in a delicate white robe, gazes at the sky as bread falls onto the tray she holds in her right hand.

Just as for Moses and the Israelites, God's providential care continues in the age of the Church through the Bread of Angels, the Eucharist, that nourishes us on our journey through history. Jesus gives himself to us as our true food for the daily journey of life.

Jem Sullivan, Ph.D., is an associate professor at The Catholic University of America and author of *Way of Beauty: Re-kindling Eucharistic Amazement with Visio Divina* from *Our Sunday Visitor*.





## ANNOUNCEMENTS



## Halloween Candy Collection for Casa de los Pobres



QUEEN OF ANGELS IS HAPPILY COLLECTING LEFTOVER HALLOWEEN CANDY ("TREASURE") AND TOOTHBRUSHES & TOOTHPASTE WHICH IS USED FOR THE CHRISTMAS DISTRIBUTION AT THE CASA DE LOS POBRES (HOUSE OF THE POOR) IN TIJUANA, MEXICO.

THIS IS A SPECIAL TREAT FOR THOSE WHO HAVE SO LITTLE.

DONATIONS OF LEFTOVER OR EXTRA PURCHASED CANDY AND TOOTHPASTE & TOOTHBRUSHES CAN BE DROPPED OFF IN THE DESIGNATED MARKED **RED** BUCKETS IN THE CHURCH MULTI-PURPOSE ROOM, THE PARISH HALL OR THE PARISH OFFICE DURING NORMAL BUSINESS HOURS.

DEADLINE FOR COLLECTION IS **THURSDAY, NOVEMBER 9.**

**The Diocese candy collection is coordinated by Casa de los Pobres USA and the Notre Dame Alumni Club of San Diego.**

The Sisters of the Franciscan Missionaries of Our Lady Queen of Peace coordinate an annual Christmas distribution where 1,700+ impoverished families receive a chicken, rice, beans, canned vegetables, fruit, and a bag of your donated candy to make Christmas festivities a little sweeter! Families also receive blankets, jackets, shoes, and toys for the children!

For more information about the Casa de los Pobres, visit [www.casadelospobresusa.com](http://www.casadelospobresusa.com)

If you would like to help sort and bag the candy on November 19th, or for more information visit [www.signupgenius.com/go/20F0C49A4A822A3FB6-2023#](http://www.signupgenius.com/go/20F0C49A4A822A3FB6-2023#/)/ or [bit.ly/2023Candy](http://bit.ly/2023Candy)

*"There are concrete ways of teaching love. When these children grow up, they will know what it means to give."*  
Saint Mother Teresa of Calcutta

Conference Hours:  
8:30am - 5:30pm  
Rosary 8:30am  
Closing Mass 6:00pm

Celebrant for  
closing Mass:  
Auxiliary Bishop  
Ramón Bejarano

### Guest Speakers/Singers:



Fr. Chris Alar, MIC



Fr. Donald Calloway, MIC



Jesse Romero



Auxiliary Bishop  
Ramón Bejarano



Donna Lee  
Music Ministry



JESUS, I TRUST IN YOU

## 24th Annual Divine Mercy Conference Saturday, November 18th, 2023

### The Magnolia

Performing Arts Center - 210 E. Main St., El Cajon, CA

For more information call Carol:

**(619) 276-6637**

Register on-line only: [www.SDDivinemercy.com](http://www.SDDivinemercy.com)

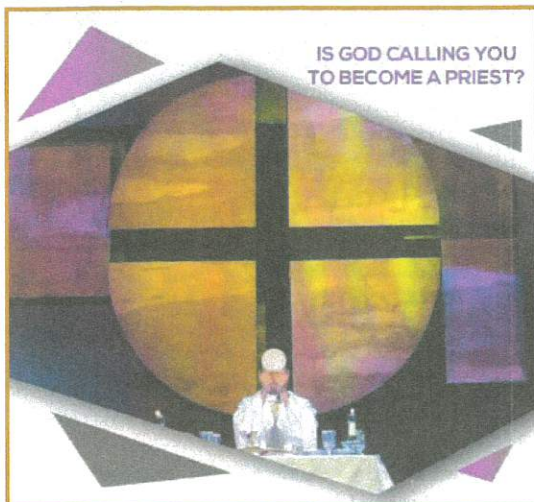




## ANNOUNCEMENTS

A big Thank You to all of our parishioners who supported the Knights of Columbus 4th Annual Cornhole Tournament. The weather was PERFECT, the beer was cold and a good time was had by all! The competition was fierce; congratulations to the winning teams.

Thank You ALL!!  
Queen of Angels Knights of Columbus



IS GOD CALLING YOU  
TO BECOME A PRIEST?

## EXPLORER DAY

November 4, 2023 8:30am - 3:30pm

Explorer Day provides men an opportunity to learn more about the priesthood and how to discern God's call

TO REGISTER, CONTACT YOUR PARISH PRIEST

FOR MORE INFORMATION, CONTACT CARMEL MAGLALANG  
858-490-8389 • [cmaglalang@sdccatholic.org](mailto:cmaglalang@sdccatholic.org)



LET'S GROW YOUR BUSINESS  
Place Your Ad Here  
and Support Our Parish!

CONTACT ME  
**Jose Altamirano**

jaltamirano@4LPi.com  
(800) 950-9952 x2118

**Virginia Fellows,**  
C.P.A.  
Income Tax Service  
Accounting  
For Over 44 Years  
**619-445-3480**  
\* Parish Member \*

**IF YOU LIVE ALONE**

**MDMedAlert!**™ As Low As

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

**CALL NOW! 800.808.9294**

md-medialert.com

**\$19<sup>95</sup>**  
/mo.



"We believe we have the best food in town"  
Free Wifi



**BANQUET ROOM • COCKTAILS  
BEER • WINE**

Open Daily at 11:30AM  
BongiovannisItalianRestaurant.com

15244 Olde Hwy.80 • El Cajon  
Family owned and operated since 1972

**\$2 OFF** ANY LARGE 14" PIZZA  
**\$2 OFF** LARGE ANTIPASTO SALAD



**ALPINE COUNTRY DAY SCHOOLS**

INFANT • PRE-SCHOOL • FULL DAY • SCHOOL AGE

SERVING THE EAST COUNTY SINCE 1975

445-3333 • 1508 Midway Dr. • Alpine • alpinecountryday.com

State Lic. #370805460 /#376600139 /#376600234



**Alpine Physical Therapy  
& Wellness Center, Inc.**

Alpine 2549 Alpine Blvd. Phone: (619) 445-3168 Fax: (619) 445-5368  
Julian 2216 Main St. Julian, CA 92036 Phone: (760) 765-0806 Fax: (760) 765-0807

Parishioner - Matt Kraemer, PT, NCS

We provide the  
RightCare, Quality in  
Home Care for your  
loved ones



In-home care is the perfect choice for those who want  
to remain independent but are challenged by activities  
of daily living.

**SERVICES WE PROVIDE:**

- Safety Supervision • Family Respite Care
- Daily Health Reminders • Meal Preparation
- Fall Prevention • Laundry & Linens
- Light Exercise • Transportation
- Shopping & Errands • Light Housekeeping



A global network where most offices are independently owned and operated. Parishioner

525 W. Bradley Ave El Cajon CA 92020 | 619.937.2330  
www.homecare-sd.com

**HOLY CROSS CATHOLIC  
CEMETERY & MAUSOLEUM**



45th & Hilltop Drive, San Diego, CA 92102  
No Interest Budget Plan | Up to 5 years to pay

**Call 264-3127** Se Habla Español

**ALPINE**  
LANDSCAPE MATERIALS  
**619-445-0213 • 1117 Tavern Rd.**  
Mon. - Fri. 7am-4pm • Sat 7am-3pm

**catholicmatch<sup>®</sup>**  
California



CatholicMatch.com/CA



**Chris Wiley** Branch Manager

USD Grad and Notre Dame Dad!

**619-846-8695 • NMLS#: 240137**



**PRMI** Primary Residential  
Mortgage, Inc.

**VA - USDA - FHA - Conventional - REVERSE**

PRMI NMLS: 3094. Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act 4130403



**1903-A ALPINE BLVD. • 619-445-8907**



TEXT A PICTURE  
OF YOUR JUNK  
FOR A FREE  
QUOTE TODAY!

**CALL OR TEXT  
619-403-1502**



Place Your Ad Here and  
Support our Parish!

Instantly create and  
purchase an ad with

**AD CREATOR STUDIO**



4lpi.com/adcreator



For ad info. call 1-800-950-9952 • www.4lpi.com

Queen of Angels, Alpine, CA

A 4C 05-1800